Arkansas State University Spring 2021 COVID-19 Workflow

If a student or employee tests positive for COVID-19:

Complete the COVID-19 Self-Reporting Form at AState.edu/COVIDSelfReport

Begin your 10-day isolation period immediately.

10 days from the onset of symptoms. or 10 days from the date of test.

ADH will contact individual for contact tracing.

An A-State Medical Team member will contact individual to begin campus community contact tracing.

If a student or employee has direct contact with a COVID-19 positive individual:

Complete the COVID-19 Self-Reporting Form at AState.edu/COVIDSelfReport

Begin your quarantine period immediately.

With the start of the Spring 2021 semester, A-State has adopted the revised CDC minimum of 10 days of quarantine, without COVID-19 testing if no symptoms have occurred.

A 7-day quarantine is allowed if no symptoms have occurred AND a negative COVID-19 test.

The COVID-19 test MUST be collected at least 5 days after exposure. PCR test is preferred, but rapid PCR and antigen tests acceptable.

ADH or NYIT will contact individual for contact tracing.

An A-State Medical Team member will contact the individual and complete an interview to determine:

• Will the individual complete a COVID-19 test?
• What symptoms are present?
• Will this person qualify for a 7 or 10-day quarantine period?

The A-State Medical Team member will follow the quarantined individual throughout the 7-10 days and monitor their progress and COVID-19 testing.

While 7 and 10-day quarantine is now acceptable, the Arkansas Department of Health recommends that 14 days is the safest option for quarantine, but no longer required.