

**Arkansas State University  
Physical Therapist Assistant Program  
Application Packet**

Dear Applicant,

Thank you for expressing an interest in the Physical Therapist Assistant Program at Arkansas State University (A-State). Enclosed are the forms and instructions necessary to initiate the application process for this program. Please review the entire packet and read the instructions carefully before completing the forms.

The Physical Therapist Assistant Program at A-State is an associate-level program that begins in the first summer term each year, is one year in length, is designed to prepare a generalist physical therapist assistant and to foster lifelong learning and development. The Associate in Applied Science (AAS) degree is awarded upon successful completion of the program. In addition to classroom and laboratory experiences, each student engages in 16 weeks of full-time clinical education experiences.

Admission to the Physical Therapist Assistant Program is a competitive process. Up to thirty (30) students are admitted each year on the Jonesboro campus and up to twelve (12) students on the Mountain Home campus. In order to produce graduates who will be competent to serve in the many roles required of a physical therapist assistant, the faculty values a mature applicant, one who has demonstrated his/her academic and cognitive abilities as well as his/her personal and professional potential. Applicants to the program should possess the following minimum qualifications:

- Be an A-State System student. If you are not currently an A-State student but have been a student in the past, you are qualified to submit a PTA application. For admissions information, contact the Admissions Office, PO Box 1630, State University-Jonesboro, AR 72467. Phone: 800-382-3030  
[www.astate.edu/info/admissions](http://www.astate.edu/info/admissions)
- Be aware of the Abilities and Skills of the Physical Therapist Assistant (page 2 of this packet)
- Complete the required prerequisite coursework (see page 5 of this packet) prior to admission

**The application deadline for any given year is March 1. All application materials must be received on or before March 1 of each year. Any application materials received after this date will be classified as late and will not be processed for the class beginning in that year. In addition, the Admissions Committee must be able to verify that the applicant has made application to A-State. Applicants for whom the Admissions Office has not received a completed application packet by March 1 will not be considered to have completed the application process. Therefore, those applications may not be processed for that year. Out-of-state applicants should submit their A-State applications early enough to avoid this problem.**

Pre-application advising is available for all students interested in the Physical Therapist Assistant Program. Please contact the Department of Physical Therapy office to speak with a faculty advisor.

**Contact information:**

**Physical Therapist Assistant Program  
College of Nursing and Health Professions  
Arkansas State University  
PO Box 910  
State University-Jonesboro, AR 72467  
Phone: 870-972-3591  
Fax: 870-972-3652  
Internet: [www.astate.edu/conhp/pt](http://www.astate.edu/conhp/pt)**

Arkansas State University is an equal opportunity institution and will not discriminate on the basis of race, color, religion, sex, national origin, age, disability or other unlawful factors in employment practices.

## **ABILITIES AND SKILLS OF THE PHYSICAL THERAPIST ASSISTANT**

The A-State Physical Therapist Assistant Program affirms that all students enrolled in the physical therapist assistant program must possess the intellectual, ethical, physical, and emotional capabilities required to undertake the full curriculum and to achieve the levels of competence required by the faculty for safe professional practice.

A student desiring to become a physical therapist assistant candidate must have the abilities and skills necessary for use of the physical therapy process. These skills and abilities include observation, communication, motor ability, conceptualization, integration and quantification, and behavioral/social acceptability. Technological compensation can be made for some handicaps in certain areas, but a candidate should be able to perform in a reasonable independent manner. The use of a trained intermediary is not acceptable because a candidate's judgment must not be mediated by someone else's power of observation and selection.

The following abilities and skills are necessary to meet the requirements of the curriculum:

### Observation:

The candidate must be able to observe a patient accurately at a distance and close at hand. Observation necessitates the functional use of the sense of vision and tactile sensation. It is enhanced by the functional sense of smell.

### Communication:

The candidate must be able to speak, hear, and to observe patients in order to elicit information, describe changes in mood, activity, and posture, and perceive nonverbal communications. A candidate must be able to communicate effectively and sensitively with patients. Communication includes not only speech, but also reading and writing. The candidate must be able to communicate effectively and efficiently in oral and written form with all members of the health care team.

### Motor:

Candidates should have sufficient motor function to elicit information from patients by palpation, auscultation, percussion, and other assessment maneuvers. A candidate must have sufficient motor skill to gain access to clients in a variety of care settings and to manipulate the equipment central to the treatment of patients receiving physical therapy. Such actions require coordination of both gross and fine muscular movement, equilibrium, and functional use of the senses of touch and vision. Examples of required fine motor skills would include assessment of vital signs, application of dressings, debridement of wounds, tissue palpation and manual testing. Examples of required gross motor skills would include, but not be limited to, positioning clients in bed, gait training, transfer training, balance training, therapeutic exercise, and maneuvering in confined spaces. In addition, the candidate should be able to lift and carry a minimum of 35% of his or her own body weight. Also the candidate should be able to sit, bend, reach and/or walk and stand for most of the day.

### Intellectual-Conceptual, Integrative, and Quantitative Abilities:

These abilities include measurement, calculation, reasoning, analysis, synthesis, and evaluation. Problem solving, the critical skill demanded of physical therapist assistants, requires all of these intellectual abilities. In addition, the candidate should be able to comprehend three-dimensional relationships and to understand the spatial relationships of structures.

### Behavioral and Social Attributes:

A candidate must possess the emotional health required for full utilization of his or her intellectual abilities, the exercise of good judgment, the prompt completion of all responsibilities attendant to the care of patient, and the development of mature, sensitive, and effective relationships with patients and coworkers. Candidates must be able to tolerate physically taxing workloads and to function effectively under stress. They must be able to adapt to changing environments, to display flexibility, and to learn to function in the face of uncertainties inherent in the clinical problems of many patients. Compassion, integrity, concern for others, interpersonal skills, interests, and motivation are all personal qualities necessary for physical therapy.

**Arkansas State University  
Physical Therapist Assistant Program  
Application Checklist**

The Admissions Committee of the A-State Physical Therapist Assistant Program suggests that students interested in making application to the program follow the checklist below to help ensure that all necessary application steps are completed in an appropriate and timely manner. This checklist is for personal use only and need not be submitted with the application materials. **The deadline for all materials to be received is March 1 of any given year.**

**Check those items submitted to the Admissions Office, Arkansas State University, PO Box 1630, State University-Jonesboro, AR 72467.**

- A-State Application for Undergraduate Admission and associated documents and fees.** The undergraduate application should be completed first. A student cannot be fully admitted to the Physical Therapist Assistant Program until he/she has been admitted to the university. Undergraduate application packets can be requested by mail at the above address, requested by phone at 1-800-382-3030 (toll-free) or downloaded from the Admissions Office's web site at [www.astate.edu/info/admissions](http://www.astate.edu/info/admissions). **If you have been issued an A-State ID number in the past, but are not currently enrolled as an A-State student, you have met this requirement. You do not need to be currently enrolled in classes to be an eligible applicant.**

**Check those items submitted to the Physical Therapist Assistant Program:**

- Physical Therapist Assistant Application for Admission (page 4 of this packet)**
- Completed Prerequisite Coursework Worksheet (page 5 of this packet)**
- Transcript from each college/university attended (unofficial copies are acceptable)**
- Volunteer Evaluation of Physical Therapist Assistant Applicant (page 6 of this packet)**
- Observation Evaluation of Physical Therapist Assistant Applicant (page 7 of this packet)**  
**OR Reference Evaluation (if unable to observe due to COVID-19 restrictions (page 9 of this packet))**
- Completed Demographics Form (page 8 of this packet)**

Application materials can be submitted to the PT office, the office of the PTA Program Director or mailed in one envelope to Physical Therapist Assistant Program, College of Nursing and Health Professions, P.O. Box 910, Arkansas State University, State University-Jonesboro, AR 72467. Submitted materials become the property of the Department of Physical Therapy. We recommend that applicants make copies of all submitted materials for their personal records.

### **Admissions Process**

Applicants will be scored on the following items:

- Academic/Cognitive Measures
  - Cumulative GPA (all applicants: 10%)
  - Prerequisite Coursework GPA (all applicants: 25%)
  - Reading Comprehension Test (top applicants: 25%)
- Non-Cognitive Measures
  - Volunteer Form (all applicants: 10%)
  - Observation Form OR Reference Form\* (all applicants: 10%)  
**\*for those students unable to observe due to accessibility related to COVID-19 restrictions**
  - Interview (top applicants: 20%)

All applicants will be considered based on cumulative GPA, prerequisite GPA, volunteer form and observation form (or reference form). The top applicants will then be scheduled for the Reading Comprehension Test. Those applicants scoring above the minimal acceptable score (college sophomore level) will then be invited to participate in the interview process. The final cohort of students will be selected following the interview. The remaining interviewed applicants will be placed on the alternate list.

**Arkansas State University  
Physical Therapist Assistant Program  
Application for Admission**

(Please check the appropriate campus) Jonesboro \_\_\_\_\_ Mt Home \_\_\_\_\_

Name: Last \_\_\_\_\_ First \_\_\_\_\_ ASU ID \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Please list all colleges/universities attended.

Name of Institution	Location	Dates of Attendance	Degree Received, if any

**Additional application points are given to applicants who are proficient in the Spanish language:**

Hay actualmente una necesidad en la región ASU para abastecedores de asistencia médica que son muy competentes en el hablar de la lengua española. Por favor compruebe aquí si usted es muy competente en español. El crédito de sobresueldo es dado a candidatos que pueden demostrar la habilidad española. La prueba de habilidad española es dada en el campus ASU por nuestra facultad de idioma extranjero. Por favor póngase en contacto con el programa de Terapia Físico directamente para quedar una fecha y el tiempo en tomar el examen de habilidad de lengua español. (Indicate with an "X" if you are fluent in the Spanish language) \_\_\_\_\_

**I have read the Abilities and Skills of the Physical Therapist Assistant on page 2 of the application packet and by my signature am indicating that I possess the necessary abilities and skills.**

\_\_\_\_\_  
Signature Date

**Students with criminal backgrounds may not be able to complete clinical education coursework required by the PTA program or meet the criteria for professional licensure. Therefore, the top applicants will be given conditional admittance pending criminal background checks. If a student has a criminal record, it is the responsibility of the student to inquire with the respective state board of physical therapy in which the student plans to apply for licensure as to whether a criminal record may limit the student's ability to obtain licensure as a physical therapist assistant or practice in certain settings.**

**I have read and understand that a criminal background check will be conducted if I am accepted into the PTA program. Any cost associated with this process is my responsibility.**

\_\_\_\_\_  
Signature Date

**Arkansas State University  
Physical Therapist Assistant Program  
Prerequisite Coursework Worksheet**

In the table below, please indicate the courses that you have taken that meet the prerequisite coursework requirements for the Physical Therapist Assistant Program. Applicants who are uncertain if a course they have taken meets one of the prerequisites should consult a faculty advisor by contacting the Department of Physical Therapy office at 870-972-3591. **Write IP (in progress) for prerequisite courses in which you are currently enrolled.** Students admitted to the PTA Program will be required to submit proof of successful completion of all prerequisite coursework prior to being allowed to begin PTA coursework. Failure to successfully complete the prerequisites will result in the student being denied a spot in the PTA Program.

<b>Prerequisite Course</b>	<b>Course Number and Name</b>	<b>Institution</b>	<b>Semester/Year course taken</b>	<b>Credit Hours</b>	<b>Letter Grade</b>
ENG 1003 Composition I					
ENG 1013 Composition II					
MATH 1023 College Algebra					
POSC 2103 American Govt <b>OR</b> HIST 2763 <b>OR</b> HIST 2773 U.S. History					
PSY 2013 Intro to Psychology					
PTA 1013 Making Connections in Rehab Services					
BIO 2203 Human A&P I					
BIO 2201 Human A&P I lab					
PHYS 2133 Survey of Physics <b>OR</b> PHYS 2054 General Physics I					

(Will be calculated by PTA Admissions Committee)

Prerequisite GPA: \_\_\_\_\_

Cumulative GPA: \_\_\_\_\_

**Arkansas State University  
Physical Therapist Assistant Program  
Volunteerism Evaluation of Physical Therapist Assistant Applicant**

**To Be Completed By Applicant:**

Applicant's Name: \_\_\_\_\_

I understand that this evaluation is confidential. I waive my rights of access under the Family Education Rights and Privacy Act of 1974, or other laws, regulations or policies. (Applicants are NOT permitted to read evaluation.)

Applicant's Signature: \_\_\_\_\_

**To the Evaluator:** The above-named applicant to the Arkansas State University Physical Therapist Assistant Program is requesting an evaluation of his/her volunteer performance from you. The applicant is required to spend 4-6 hours volunteering in a setting or for an agency of his/her choice. During this volunteer experience, please take note of the following qualities and evaluate the applicant accordingly. Your assistance in the application process is greatly appreciated.

After completing this form, please place it in an envelope, seal the envelope and sign it across the seal. Then return it to the applicant who will forward it to the Physical Therapist Assistant Program Director, unopened, with the remaining application materials. This procedure allows the applicant to know that he/she has all necessary documents to submit a complete application packet by our deadline. Please confirm with the applicant the due date for this letter of evaluation. Thank you for your assistance.

I. Rate to what extent the applicant appears to possess the attributes listed below. Please use the following scale:

**0=not observed, 1=below average, 2=average, 3=above average, 4=outstanding**

<b>Exhibited interest in and knowledge of this volunteer activity</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Interacted appropriately with staff</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Communicated effectively</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Was on time and appeared to be dependable</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Exhibited professionalism (attitude, dress, etc)</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Demonstrated sincerity, enthusiasm, patience, etc</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Exhibited evidence of psychological maturity and stability</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Raised relevant questions</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Recognized own stressors or problems in this setting</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Demonstrated initiative</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

II. General Comments: You may use this space below to make further comments about the applicant if you so desire.

Evaluator's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please print name: \_\_\_\_\_ Title: \_\_\_\_\_

Organization: \_\_\_\_\_

**Arkansas State University  
Physical Therapist Assistant Program  
Observation Evaluation of Physical Therapist Assistant Applicant**

**(If unable to observe due to COVID-19 restrictions, complete the Reference Evaluation, p. 9)**

**To Be Completed By Applicant:**

Applicant's Name: \_\_\_\_\_

I understand that this evaluation is confidential. I waive my rights of access under the Family Education Rights and Privacy Act of 1974, or other laws, regulations or policies. (Applicants are NOT permitted to read evaluation.)

Applicant's Signature: \_\_\_\_\_

**To the Evaluator:** The above-named applicant to the Arkansas State University Physical Therapist Assistant Program is requesting an observation evaluation from you. The applicant is required to spend 4-6 hours observing a PT or PTA in a clinical setting. During this observation, please take note of the following qualities and evaluate the applicant accordingly. Your assistance in the application process is greatly appreciated.

After completing this form, please place it in an envelope, seal the envelope and sign it across the seal. Then return it to the applicant who will forward it to the Physical Therapist Assistant Program Director, unopened, with the remaining application materials. This procedure allows the applicant to know that he/she has all necessary documents to submit a complete application packet by our deadline. Please confirm with the applicant the due date for this letter of evaluation. Thank you for your assistance.

I. Rate to what extent the applicant appears to possess the attributes listed below. Please use the following scale:

**0=not observed, 1=below average, 2=average, 3=above average, 4=outstanding**

<b>Exhibited interest in and knowledge of physical therapy</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Interacted appropriately with patients and staff</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Communicated effectively</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Was on time and appeared to be dependable</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Exhibited professionalism (attitude, dress, etc)</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Demonstrated sincerity, enthusiasm, patience, etc</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Exhibited evidence of psychological maturity and stability</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Raised relevant questions</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Recognized own stressors or problems in the clinical setting</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Demonstrated initiative</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

III. General Comments: You may use this space below to make further comments about the applicant if you so desire.

Evaluator's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please print name: \_\_\_\_\_ Title: \_\_\_\_\_

Organization: \_\_\_\_\_

**Arkansas State University**  
**Physical Therapist Assistant Program**  
**Demographics Form**

For reporting and accreditation purposes, we ask that you complete the following page and return it with your application. Information contained on this page is not used in making application decisions.

Today's date: \_\_\_\_\_

I am applying for the PTA class that begins in the summer of \_\_\_\_\_ (indicate year).

- **Are you currently a student at ASU?** Yes      No
  
- **Gender:**      Male      Female
  
- **Age:** \_\_\_\_\_
  
- **Racial/Ethnic Information:**
  - White/non-Hispanic
  - Black/non-Hispanic
  - Hispanic
  - American Indian
  - Asian/Pacific Islander
  - Other (please specify) \_\_\_\_\_
  - Dual ethnicities
  
- Please write in the city (\_\_\_\_\_), county (\_\_\_\_\_ ) and state (\_\_\_\_\_ ) of your home. If you live **outside the U.S.**, please indicate your city (\_\_\_\_\_ ) and country (\_\_\_\_\_).
  
- Please indicate in the space below how you first learned about the Arkansas State University Physical Therapist Assistant Program.
  
  
  
  
  
  
  
  
  
  
- Did you participate in your high school's MASH program sponsored by Farm Bureau?      Yes      No
  - If so, in what city did you participate? \_\_\_\_\_



**Arkansas State University**  
**Physical Therapist Assistant Program**  
**Reference Evaluation of Physical Therapist Assistant Applicant**  
**(To be completed only if unable to observe due to COVID-19 restrictions)**

**To Be Completed By Applicant:**

Applicant's Name: \_\_\_\_\_

I understand that this evaluation is confidential. I waive my rights of access under the Family Education Rights and Privacy Act of 1974, or other laws, regulations or policies. (Applicants are NOT permitted to read evaluation.)

Applicant's Signature: \_\_\_\_\_

**To the Evaluator:** The above-named applicant to the Arkansas State University Physical Therapist Assistant Program is requesting a reference evaluation from you. If you do not know the applicant well enough to complete the following form, please return it to him/her. It is more helpful for the applicant and the Admissions Committee to have a recommendation from someone who knows him or her well, so please consider this carefully.

Reference evaluations play an important role in our selection process, and we greatly appreciate your thoughtful and frank appraisal of the applicant. This form has been designed to obtain the specific information we desire, therefore it is important that you utilize it primarily in your evaluation and submit additional letters **ONLY** if you need to present information not covered on the form.

After completing this form, please place it in an envelope, seal the envelope and sign it across the seal. Then return it to the applicant who will forward it to the Physical Therapist Assistant Program Director, unopened, with the remaining application materials. This procedure allows the applicant to know that he/she has all necessary documents to submit a complete application packet by the deadline. Please confirm with the applicant the due date for this letter of evaluation. Thank you for your assistance.

I. Rate to what extent the applicant appears to possess the attributes listed below. Please use the following scale:

**0=not observed, 1=below average, 2=average, 3=above average, 4=outstanding**

<b>Exhibits interest in and knowledge of physical therapy</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Interacts appropriately with others</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Communicates effectively</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Is dependable</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Exhibits professionalism (attitude, dress, etc)</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Demonstrates sincerity, enthusiasm, patience, etc</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Exhibits evidence of psychological maturity and stability</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Is inquisitive</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Recognizes own stressors/deals with stress appropriately</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Demonstrates initiative</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

III. General Comments: You may use this space below to make further comments about the applicant if you so desire.

Evaluator's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please print name: \_\_\_\_\_ Title: \_\_\_\_\_