



Bachelor of Science in Health Promotion

Problems Or Questions Regarding Registration? Please Email Us At OnlineAdvising@astate.edu

Must Have 35 Hours of General Education Courses for a Bachelor's Degree at Arkansas State University

X = Offered Every Year

XE = Offered "Even" Years (e.g. 2022, 2024 etc.)

XO = Offered "Odd" Years (e.g. 2023, 2025 etc.)

| | | | Fall Term 1 | Fall Term 2 | Spring Term 1 | Spring Term 2 | Summer Term 1 | Summer Term 2 |
|--|------|---|----------------|----------------|------------------|------------------|------------------|------------------|
| CORE COURSES (71-74 Credit Hours) | | | | | | | | |
| COMS | 4403 | Seminar in Health Communications | | X | | | | |
| ISBA | 1503 | Microcomputer Applications | | | | | X | |
| GCOM | 3673 | Desktop Publishing & Publication Design | X | | | X | | |
| HLTH | 2513 | Principles of Personal Health | X | | | | | |
| HLTH | 2523 | First Aid & Safety | | | | X | | |
| HLTH | 2533 | Mental Health | | | | | X | |
| HLTH | 2543 | Stress Management | | | | | | X |
| HLTH | 3513 | Multicultural Health | | | X | | | |
| HLTH | 3523 | Public & Community Health | | X | | | | |
| HLTH | 3533 | Strategies for Teaching Health Ed | | | X | | | |
| HLTH | 3563 | Human Sexuality | X | | | | | |
| HLTH | 3573 | Health Behavior Theories | | X | | | | |
| HLTH | 4513 | Consumer health | | | | | | X |
| HLTH | 4523 | Current Issues in Health | | | | | X | |
| HLTH | 4543 | Drug Use & Abuse | | | X | | | |
| HLTH | 4633 | Health Promotion Assessment & Planning | | X | | | X | |
| HLTH | 4643 | Health Promotion Implementation & Eval | | | X | | | X |



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|---|------|------------------------------|-------------|-------------|---------------|---------------|---------------|---------------|
| CORE COURSES (continued) | | | | | | | | |
| HP | 2013 | Medical Terminology | | X | | X | | X |
| HPES | 1883 | Foundations of HPESS | X | | X | | XO | |
| HPES | 4863 | Internship in HPESS I | | X | | X | | X |
| HPES | 4893 | Internship in HPESS II | X | | X | | X | |
| NS | 2203 | Basic Human Nutrition | | XE | | XE | | XO |
| OESH | 3013 | Occupational Health & Safety | X | | X | | | |
| PE | 1002 | Concepts of Fitness | XO | | XO | | XE | |
| IMPORTANT: Students Must Take One of the Two Below Courses | | | | | | | | |
| NRS | 3353 | Aging & the Older Adult | | X | X | | | |
| SOC | 4353 | Sociology of Aging | | | | | | X |
| PROGRAM REQUIRED GENERAL EDUCATION (3 Credit Hours) | | | | | | | | |
| COMS | 1203 | Oral Communication | X | X | X | X | X | X |