



Bachelor of Science in Nutrition & Dietetics

Problems Or Questions Regarding Registration? Please Email Us At OnlineAdvising@astate.edu

Must Have 35 Hours of General Education Courses for a Bachelor's Degree at Arkansas State University

X = Offered Every Year

XE = Offered "Even" Years (e.g. 2022, 2024 etc.)

XO = Offered "Odd" Years (e.g. 2023, 2025 etc.)

			Fall Term 1	Fall Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
MAJOR REQUIREMENTS (48 HOURS)								
NS	3113	Life Cycle Nutrition			X			X
NS	3123	Nutritional Biochemistry			X			X
NS	3133	Food Service Management	X			X		
NS	3143	Food Science & Lab		X			X	
NS	3153	Food & Society	X			X		
NS	3163	Nutrition Education			X			X
NS	3243	Quantity Foods	X			X		
NS	3253	Nutrition Assessment			X			X
NS	3263	The Nutrition Care Process			X			X
NS	4413	Medical Nutrition Therapy I	X			X		
NS	4453	Community Nutrition		X			X	
NS	4463	Sports Nutrition			X			X
NS	4523	Medical Nutrition Therapy II	X			X		
NS	4533	Infant & Child Nutrition		X			X	
NS	4553	Nutrition Counseling		X			X	
NS	4573	Intro to Nutrition Research		X			X	
REQUIRED ELECTIVES (18 HOURS)								
Please See Degree Works, Course Catalog, or Academic Advisor for list of Electives								



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REQUIRED SUPPORT COURSES (16 HOURS)								
BIO	2201	Human Anatomy & Physiology I Lab		X				
BIO	2203	Human Anatomy & Physiology I		X				
BIO	2221	Human Anatomy & Physiology II Lab			X			
BIO	2223	Human Anatomy & Physiology II			X			
CHEM	3003	Survey of Organic Chemistry	X					
NS	2203	Basic Human Nutrition		X		X		X
STAT	3233	Applied Statistics I			X		X	
GENERAL EDUCATION REQUIREMENTS (35 HOURS TOTAL)								
Students with this major MUST take the following								
BIO	2101	Microbio for Nursing & Allied Health Lab	X			X		
BIO	2103	Microbio for Nursing & Allied Health	X			X		
CHEM	1041	Fundamental Concepts of Chem Lab		X				
CHEM	1043	Fundamental Concepts of Chemistry		X				
COMS	1203	Oral Communication	X	X	X	X	X	X
MATH	1023	College Algebra	X		X		X	
PSY	2013	Introduction to Psychology	X		X		X	
SOC	2213	Introduction to Sociology	X		X			
MAKING CONNECTIONS (3 HOURS)								
UC	1013	Making Connections		X		X		