

# STATEside News



Arkansas State University, College of Nursing and Health Professions, State University, AR 72467-0910

Spring 2014

Jonesboro, AR

STATEside News

## BS in Health Studies to be Offered

The Bachelor of Science in Health Studies degree serves a three-fold purpose for students: 1) planning to seek employment in a health or health-related area upon graduation; 2) desiring a bachelor's degree following an associate's degree in health disciplines and 3) planning a health career that requires a post-baccalaureate plan of study.

This degree does not lead to a professional credential or state licensure. It does prepare students for roles in community health, support services, health care navigation, claims services, medical sales and patient services. Online certification is available in some areas such as compliance officer, health advocate and coding specialist.

The value of this degree is that it provides a baseline of skills and education in areas that are of tremendous importance to the health of Arkansans. A basic foundation of knowledge will allow the graduate to bridge from health to health care, which will be important in a diverse array of health settings.

Two separate degree tracks are proposed for the BSHS - the professional track and non-professional track. The professional track requires students to have an Associate of Applied Science (AAS) degree in an allied health related field (e.g., Physical Therapist Assistant, Clinical Laboratory, Nursing, Radiologic Technology.) The non-professional track does not require students to hold an AAS degree.

For more information contact Valerie Long at [vlong@astate.edu](mailto:vlong@astate.edu) or call (870) 972-3112.



ARKANSAS STATE UNIVERSITY

College of  
Nursing & Health Professions

## Dean's Corner

Happy 2014! There is much going on but my notes today will focus on the first director of this college, then division, Dr. Leon E. Eldredge, Jr. He passed away in Jonesboro on September 12, 2013, after spending much of his retirement life in Florida. His official title at ASU was Director, Division of Nursing and he served in that capacity from 1968-1973. But that is such a small part of the story. Thomas Lowry, who was in his first class of nursing students, sent this to me one day, "The starter of the program was an extremely small man that had trained at Bellview in New York, back in the day, and was retired from the military. He was the starter of a new school of nursing (it was an associate degree) with a very small staff. There were 35 of us, 5 males and 30 women, most all were starting a new career and had grown children. The rest of us were college aged. He was so driven for our success that we were accredited prior to our graduation. He told us we were the first school to accomplish that task. He taught us all to respect all human kind and ourselves." Mr. Lowry sent that note to me shortly after Leon had passed away—but he didn't know that Dr. Eldredge had died. When I informed him of his passing he went on to write, "He was the person in my life that gave me a chance. As I was walking across campus one day lost in thought a campus newspaper was blown into my leg. I picked it up and saw that a school of nursing was to start in the fall. I had wanted to go to nursing school and then become a CRNA but my father died and I got lost among the war in Nam and my pointless wanderings. I put the paper under my arm and even though I was wearing only a pair of overalls and barefoot, I walked into his office and we met. He truly took a chance on me and I have carried my respect for him ever since. He had great humor. One thing I will never forget was him putting me, on the first two days in the hospital, at the delivery table to help the OB deliver a 10 lb. baby. Then the next day he sent me, by request of the staff, into a reverse isolation room and I had no idea where or what I was about to see or do. The staff placed my hand across an

elderly gentleman's body and as I smiled at the man, they said now roll him toward you. I saw bone and muscle from shoulder to foot—the most unreal decubitus ulcer I ever saw. I felt he had introduced me to life and death all at once."

Dr. Eldredge kept very good records. In fact, when I arrived there was a scrapbook of sorts and boxed newspaper clippings and other documents from his work beginning in 1968. Of interest, nursing salaries for associate and diploma nurses were \$7,500 per year and for baccalaureate prepared nurses, \$8,500 per year. He noted the program philosophy for this degree was to "prepare persons for patient side nursing rather than supervisory hospital work". In Craighead County, there were 51 RNs for the population of 51,500—a shortage of 150 RNs. He completed an annual report each year which described the student body, curriculum, clinical facilities, accreditation, program activities, donations, staff activities, activities of the chairman and miscellaneous. In the first year of program operations the program used St. Bernards Hospital, doctors' offices, public health maternal clinic, Extendicare Jonesboro and the university laboratory as clinical sites. The program hosted two dinner meetings that year which netted \$10,000 from the Northeast Arkansas Hospital Association and \$250 from a local MD in support of a faculty member earning an advanced degree. They made 3,000 copies of their first one-page informational recruitment brochure, which was followed by a reprinting of 3,500 copies. The chair had recorded six pages of special meetings and functions that comprised his year of work. Almost every year he noted, "faculty recruitment continues to be a problem". And so the scrapbook goes in describing all

*cont. on p. 4*

Susan Hanrahan,  
Dean  
College of Nursing  
& Health Professions



# STATEside News

## COLLEGE NEWS

**DR. SHAWN DRAKE, DR. REBECCA MATTHEWS** and B. Parker had a paper titled, "Healthy Ager Service Learning Project: Emergent Themes on Interprofessional Healthcare Team Experience" accepted for publication in the Journal of Nursing and Health Care Vol. 1 No. 1 and a book chapter titled, "Community Campus, Service Learning Partnership for Interprofessional Education in the Health Sciences" published in Contemporary Issues in Nursing: An International Perspective. They also presented "It Takes a Village to Keep an Older Adult Healthy" at the ASA 2013 Aging in America conference on March 14 in Chicago, IL.

**DR. STEPHEN GUFFEY, BILL PAYNE, Z. Qian, K.**

Martin, L. James, and C. Dodson co-authored a manuscript accepted for publication in the International Journal of Research in Medical Sciences titled, "Enhancing the Effectiveness of Light as an Inhibitor of *Candida Albicans*: Combination 624-nm and 850 nm Wavelengths Delivered at Low Rates" and an article titled, "Evidence of Resistance Development by *Staphylococcus Aureus* to an In-Vitro, Multiple Stage Application of 405-Nanometer Light from a Supraluminous Diode Array" published in Photomedicine and Laser Surgery, Vol 31, Issue 4, p. 179-182. They also had a manuscript titled, "Delaying the Onset of Resistance Formation: Effect of Manipulating Dose,

Wavelength and Rate of Energy Delivery of 405, 464, and 850-Nanometer Light for *Staphylococcus Aureus*" accepted for publication in April 2014 and a manuscript titled, "Inactivation of *Candida Albicans* Following Exposure to 624-Nanometer Light from a Supraluminous Diode Array" accepted for publication in Spring 2014.

**DR. CATHY YOUNG**, Dr. Eric Cave and Dr. Jason Barrett-Fox led a discussion for Arkansas State's Women and Gender Studies Program on rape of soldiers within the United States military on Tuesday, September 24, 2013. The discussion followed the viewing of "The Invisible War," a documentary on the topic.

## CLINICAL LAB SCIENCE

**THE NATIONAL ACCREDITING AGENCY FOR CLINICAL LABORATORY SCIENCES** has granted continuing accreditation for the Clinical Laboratory Technician program until October 31, 2020, and the Clinical Laboratory Scientist program until October 31, 2018.

**ANNETTE BEDNAR** had an article titled, "Healthy Ager Program Provides Opportunities for Clinical Laboratory Sciences Students" published in the Arkansas Geriatric Education Newsletter, Vol XIV,

No 1, Oct 21, 2013. She was selected to co-present an educational session titled, "So You're a New Faculty Member... Navigating the World of Academia!" at the ASCLS Clinical Laboratory Educators' Conference being held in San Jose, CA in Feb 2014.

**BILL PAYNE** made an oral presentation and a poster presentation titled, "Visible and Infrared Light: A Non-Pharmaceutical Approach to Antibiotic Resistance" at the Annual Symposium on Advances

in Skin and Wound Care on October 24-27, 2013, in Orlando, FL. Both presentations were co-authored by **DR. STEPHEN GUFFEY**.

**DR. STACY WALZ** will present an educational session titled "Monos and Eos and Basos, Oh My!" at the Annual Meeting of the Wisconsin Chapter of the American Society for Clinical Laboratory Science, in Milwaukee, WI on April 2-3, 2014.

## COMMUNICATION DISORDERS

**MERRILL CATT** presented "Therapy on a DIME" at the American Speech-Language-Hearing Association Convention in Chicago, IL on December 14-16, 2013. She also presented "ASU Live: Making a Statement with Communication" at the Arkansas Speech-Language-Hearing

Association in Little Rock on October 18 and at the ASU Jane H. LeBlanc Conference in June 2013.

CD Academic scholarship awardees are **MAARTEN BELS**—George Herndon Graduate Scholarship in Communication Disorders. **STEPHANIE SIMPSON**—Jane H. LeBlanc Graduate

Clinical Scholarship in Communication Disorders. **NICHOLE VAUGHN**—L. H. Sternheimer Family Scholarship in Communication Disorders.

**NSSLHA** participated in a food drive in November and delivered 262 pounds of food to the NEA Food Bank.

## DISASTER PREPAREDNESS AND EMERGENCY MANAGEMENT

**DR. DEBORAH PERSELL** was appointed Chair of the Basic Disaster Life Support Committee for the National Disaster Life Support Foundation.

**DR. DEBORAH PERSELL, DR. BRAD HOLLOWAY, BRENT COX** and **KAYLEIGH WILSON** attended the International Preparedness for Response to Emergencies and Disasters III conference on January 12 - 15, in Tel Aviv, Israel. The following presentations were made at the event:

- "Methodology for Hospital Preparedness Gap Analysis," co-authored by **DR. DEBORAH PERSELL, BRENT COX** and **DR. BRAD HOLLOWAY**.
- "Disaster Camp – An Exercise in Emergency

Preparedness for 7th & 8th Graders," co-authored by **DR. DEBORAH PERSELL, BRENT COX, DR. BRAD HOLLOWAY, KAYLEIGH WILSON, PAM TOWERY** and **KEVIN McMASTERS**.

- "Expanding Phenomenology Techniques to Group Interviews with Faith-Based Volunteers in a Post Katrina New Orleans," co-authored by **DR. DEBORAH PERSELL, Krystle George, KAYLEIGH WILSON, Emily Garner, Jennifer Moon, and Naga Reddammagari**.
- "Disaster Camp – Adolescent Hazardous Material Awareness and Training," co-authored by **BRENT COX** and **DR. DEBORAH PERSELL**.

• "School Crisis Teams – Utilizing Students in Preparedness and Response Activities" by **BRENT COX**.

• "Utilizing iPad Technology in Online Education within Disaster Preparedness and Emergency Management," co-authored by **KAYLEIGH WILSON, and DR. DEBORAH PERSELL**.

• "Coping with Fear in Disaster Camp: An Exercise in Emergency Preparedness for 7th & 8th Graders," co-authored by **DR. BRAD HOLLOWAY, John Bolding** and **DR. DEBORAH PERSELL**.

• "Disaster Services Training: Implications and Implementation," co-authored by Molly Brown, **DR. BRAD HOLLOWAY, Dr. Deborah Persell & Jody Carter**.

## NURSING

**BRENDA ANDERSON** made a poster presentation titled, "Second Degree Accelerated BSN Program: Student Perception of a Night Clinical Rotation" at the Hawaii Nurse & Nurse Educator Conference in Honolulu, HI on November 13-15, 2013.

**BRENDA ANDERSON, DR. LIBBY NIX, BLINDA NORMAN** and Dawn McPike co-authored an article titled,

"An Evidence Based Approach to Undergraduate Physical Assessment Practicum Course Development" that was accepted for publication in Nurse Education in Practice, 49 (6) (2010), pp. 305-310.

**DR. LIBBY NIX** earned her Ph.D. in Public Health from Walden University. Dr. Nix also presented a poster titled, "Community Nursing: Engaging

Students into a Home Health Simulation Experience" at the Nurse Educator's Conference on November 12 - 15, 2013 in Honolulu, HI.

**DR. SUSIE SNELGROVE, C. Beck, A. Green, and JC McSweeney** co-authored an article titled, "Resident to Resident Violence Triggers in Nursing Homes" that was published in Clinical Nursing

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Research, (22) 4), 461-474. She is also serving on the Leadership Workgroup of the Arkansas

### NUTRITIONAL SCIENCE

**PAM TOWERY** presented "Recovery after Stroke: Healthy Eating" to the Stroke Support Group at Arkansas Methodist Medical Center on October 30 and "Holiday Survival: Keeping off the Pounds" at the

Action Coalition as the representative from the Northeast region of the state. The Coalition

provides leadership for the Arkansas implementation of the IOM Future of Nursing Report.

Delta Health Disparities Conference on November 13, 2013. She had an article titled "Nutrition Considerations in Aging," published in the Arkansas Geriatric Education Center Newsletter, Vol XIII, No 3, April 1, 2013.

**KELLY TIDWELL** conducted a Lunch and Learn session for faculty, staff and students on October 3, 2013, titled "Healthy Swaps."

### PHYSICAL THERAPY

**DR. ROY ALDRIDGE, JR.** presented, "The Effects of Hippotherapy on United States Veterans with Orthopedic Issues" at the American Hippotherapy Association Conference in St. Louis, MO on April 8, 2013.

**DR. ALDRIDGE, KRISTIE VINSON, DR. CRISTY PHILLIPS,** and Jacquie Dubara co-authored a poster presentation titled, "The Effect of Vestibular Input on Performance in Middle Grade Children" that was presented at the Association of Schools of Allied Health Professions conference on October 24, 2013 in Orlando, FL.

**DR. SHAWN DRAKE,** BJ Krabak, and KJ Hancock had an article titled, "Comparison of Dryland Training Program Between Age Groups of swimmers" published in Physician Medicine and Rehabilitation

2013, Vol 5, p. 303-309. **DR. DRAKE** also had an article titled, "Preparation for Exercise Testing" published in ACSM's Resource Manual for guidelines for Exercise Testing and Prescriptions, 7th Ed, published by Wolter Kluwer, Lippincott Williams & Wilkins, 2013, p. 324-334, and an article titled, "Case Study of Exercise Prescription for Health Fitness Specialist" published in the ACSM Certification Review, 4th ed, by Wolters Kluwer, Lippincott Williams & Wilkins, 2013, P. 79-80.

**DR. STEPHEN GUFFEY** had an article titled, "Combined 624-nm Illumination at Low Rates leads to Enhanced Inhibition of Candida Albicans" accepted for publication in the International Journal of Research in Medical Sciences.

**DR. CRISTY PHILLIPS, DR. ROY ALDRIDGE, JR.,** Dr. Shivan Haran, Cecelia Clark, Chelsea Moser, and Haley Petrus co-authored "Characterizing Seated Force Distribution Patterns of Hippotherapy Participants" and "Force Dissipating Effects of Properly and Improperly Worn Concussion Helmets" that were presented at the International Neurology Conference in Chicago, IL, in June 2013.

**THE 3RD ANNUAL PHYSICAL THERAPIST ASSISTANT ALUMNI DAY** was held on August 31, 2013. Forty-seven attended CEU courses offered and many more attended the tailgate sponsored by TherEx, Inc. The 4th Annual PTA Alumni Day will begin a new tradition of awarding outstanding alums the Howlin' PTA Award.

### RADIOLOGIC SCIENCE

**MRI STUDENTS** and **FACULTY** hosted a Registry Review at the ASU Convocation Center, which was attended by technologists as far away as Kentucky and Missouri.

**CHERYL DUBOSE** presented, "Radiology Faculty

Perception and Use of Social Media" at the ASHP meeting in Orlando, FL on October 24, 2013. She also had an article titled, "Faculty Use of Social Media in the Imaging and Radiologic Sciences" published in Radiologic Science and Education Vol 18,

p 5-22. She served on the American Society of Radiologic Technologists MRI Practice Standards Subcommittee and was selected to participate in the American Society of Radiologic Technologists Leadership Academy.

### SOCIAL WORK

**DR. REJOICE ADDAE** and Dr. Valtreasa Tolliver-Cook presented "Spiritually Sensitive Practice: Implications for Social Work Education and Practice" at the 42nd Annual Alabama/Mississippi Social Work Education Conference on October, 18, 2013 in Natchez, MS.

**DR. KAREN ALLEN** and Dr. Danielle Wozniak co-authored an abstract titled, "The Integration of Healing Rituals in Group Treatment for Women Survivors of Domestic Violence" that was published in Social Work in Mental Health online on September 6, 2013.

**DR. KAT CARRICK** presented "Using Avatars for Innovative Teaching Strategies to Train Medical

Staff on Appropriate Interactions with LBGTQ Patients" at GLMA's 31st Annual Conference on September 21, 2013 in Denver, CO.

**DELTA HEALTH DISPARITIES CONFERENCE 2013-** The ASU Department of Social Work sponsored a new Delta Health Disparities Conference open to the public on November 13th, 2013, with free workshops to help raise awareness of issues that affect health in the Arkansas Delta such as race, income, obesity, nutrition, HBP and HIV. The Keynote speaker was Dr. Stephen L. Forsell, co-director of the Institute for Health Promotion and Disease Prevention in Minority Communities at George Washington University. Each of the

214 conference participants received a "Health Passport" and participation in workshops or the free health screenings stations earned a stamp. Health Passports were traded in for tickets with more than \$1,000 in incentive gift certificate prizes awarded to conference participants. The Arkansas Department of Health, Division of AIDS, STD, & Hep C, & Northeast Arkansas Regional AIDS Network provided free confidential HIV and STD testing, as well as offering prevention counseling to 127 individuals. The conference included 10 workshops geared for continuing professional training. A silent auction generated \$350 for a student HIV scholarship.

### GRANTS/CONTRACTS

**DR. KAT CARRICK** submitted a grant proposal for \$19,991 to the March of Dimes Chapter Community Grants Program for "Healthy Mommas & Healthy Babies: Risk Reduction for High Risk Pregnancies in North East Arkansas: Increasing Opportunities for Community Outreach and Healthcare Provider Education."

**BRENT COX** submitted a \$5,000 Ralph E. Powe Junior Faculty Enhancement Award for his

project titled, "Hospital Decontamination Standardized Policy and Procedure."

**DR. REBECCA MATTHEWS** submitted a grant proposal for \$27,291 to Arkansas Biosciences Institute for a project titled, "Web-Based Applications for Inter-professional Collaboration and Patient Engagement."

**DR. SUSAN MOTTS** was awarded a grant for \$23,270 for fiscal year 2014 and \$26,730 for fiscal year 2015

from Arkansas Biosciences Institute for a project titled, "Prepulse Inhibition of Startle Circuitry in Rats."

**DR. DEBORAH PERSELL** submitted a grant proposal for \$19,096, titled, "1st Responder LIVE (Learning in Virtual Environments)," to FEMA Homeland Security.

**TITLE IVE** has received a grant award since 1994. Over this 20 year period, the university has received \$8,105,779 for their public welfare work.

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### GOOD-BYE TO:

**DR. GAURI BHATTACHARYA**, Associate Professor of Social Work

**PENNY HEAD**, Assistant Professor of

Physical Therapy

**LYN HUBBARD**, Associate Professor of Medical Imaging and Radiation Sciences

**SANDRA WORLOW**, Director of the Beck PRIDE Center for Wounded Veterans

### WELCOME TO:

**TYLER CARTER**, Temporary Assistant Professor of Medical Imaging and Radiation Sciences

**TERESA FISHER**, Temporary Assistant Professor of Nursing

**MANDY KOEKEMOER**, Temporary Assistant Professor of Nursing

**VERONICA MANNING**, Full-time Assistant Professor of Medical Imaging and Radiation Sciences

**LYNDA NASH**, Director of the Beck PRIDE Center for Wounded Veterans

**AUDREY SKAGGS**, Temporary Assistant Professor of Clinical Laboratory Science

### IN SYMPATHY:

**DR. LORETTA BREWER** on the loss of her father, George Wright.

**CATHY HALL** on the loss of her brother, Russell Patton.

**DONNA PARKER** on the loss of her father, Don Hass.

**DEBBIE SHELTON** on the loss of her sister, Penny Jane Gibson.

**WAYNE BAKER**, former College Advocacy Board member, on the loss of his wife, Virginia.

**THE FAMILY OF LORI ANN BISHOP**, a junior Socia Work student.

**THE FAMILY OF DIONNA DUKE**, a nursing student at the West Memphis campus.

**THE FAMILY OF LEON ELDRIDGE**, the first Director,

Division of Nursing. He served from 1968-1972.

**THE FAMILY OF THOMAS LIGON**, a junior BSN student.

**THE FAMILY OF LINDSEY RUSSELL**, a graduate of the Nurse Anesthesia program.

**THE FAMILY OF PATSY ANN WOOD**, a 1982 graduate of the AASN program.

## STUDENT NEWS

### Bolding Receives ORTT Travel Funds

**JOHN BOLDING**, a DPEM major, was chosen by the Office of Research & Technology Transfer (ORTT) as a recipient of \$400 from the ASU Undergraduate Research Travel Funds for the 2013/2014 academic year.

### Who's Who Awardees

Congratulations to Randi Wright, a senior nursing major with a minor in Homeland Security and Disaster Preparedness, who was named the Outstanding Who's Who recipient for 2013.

Other Who's Who recipients from the college are:

Sarah Beeler, Nursing  
Morgan Caples, Communication Disorders  
Sarah Fagan, Radiologic Sciences  
Mandi Funderburg, Nursing  
Kourtney Hatcher, Radiologic Sciences  
Andria Hutchison, Communication Disorders

Kristen Lindeman, Nursing  
Ashley Middleton, Social Work  
Reid Shelton, Radiologic Sciences  
Krista Turner, Radiologic Sciences

### Nursing Students Earn Awards at State Convention

200 ASU students attended the Arkansas Nursing Student's Association 62nd Annual Convention on October 9-11, 2013 in Little Rock, AR. They earned many awards, including the Chapter of Excellence Award. Given to only one chapter, it is the highest award a chapter can earn at the state level.

#### Individual Awards:

- Terrisena Freeman - Courageous Heart Awards (\$750)
- Kristen Lindeman - District III Scholarship (\$500)

#### Elected Positions:

- Clara Deere - ANSA Secretary
- Jessica Blackman - ANSA District III Director

#### Chapter Awards:

- Best Newsletter
- Image of Nursing
- Financial Excellence
- Chapter of Excellence

### Veteran to Perform Research on Landfills

The A-State Technology Department received a check for \$13,600 from Saline County Regional Solid Waste District for a research study on landfills by Beck PRIDE Center participant and combat veteran **KEITH ARNOULT**, a junior manufacturing industrial technology major with a minor in renewable energy. Arnould is also working on a journal review of his research.

**THE STUDENT NUTRITION & DIETETICS ASSOCIATION** sent care packages containing almost 90 pounds of snack food items to overseas military personnel. Briana Barrentine coordinated and led the effort.

## Dean's Corner

*Cont. from p. 1*

year of the program operation until his departure in 1973—all in all, a real treasure chest of findings.

Dr. Eldredge stayed a very busy man. Just to give you a snapshot of one year of activities, he gave seven presentations, did three workshops (two out of state), four accreditation site visits, was a board member for the Jonesboro community Agencies, Civitan Club, Cerebral Palsy Foundation, District #9 Nurses Association, Arkansas League for Nursing and served on a number of other committees. In that same year, he filed for one

of the vacant Jonesboro District School Board seats. In 1972 he visited with then-Governor Dale Bumpers to try to secure monies necessary in order to move the Division to a College of Nursing. In December of 1972, Dr. Carl Reng, ASU President, announced they would renovate State Hall, formerly known as the Commons Building (now CNHP), into a center for nursing costing \$450,000. Dr. Eldridge also played Bob Cratchit in "The Christmas Carol". Another year the program hosted the 60th annual Arkansas Nurses Convention on the ASU campus. Outside of the dean's office, Dr. Eldredge gifted a painting to the college that he created capturing Florence Nightingale

holding a lantern. He was obviously a man of diverse talents—very visionary and quite productive in his time at ASU. The thing you have to remember is this is only a small snapshot of his life—a mere five years. Wow!

So, our salute to a man who left many special memories. He was the right person to establish nursing on this campus and as Thomas attested, was someone you would never forget. He is survived by three children. His daughter, Susan Baker, lives in Jonesboro and is in the process of establishing a scholarship in his memory. Leon E. Eldridge 1929 - 2013.

### CNHP to Sponsor 5th Trip to China

By Ray Winters, Chair Medical Imaging & Radiation Sciences

In May students and faculty from the College of Nursing and Health Professions will take a ten day trip to China. This trip will expose current and future health care providers to Chinese methods of delivering healthcare while allowing them to learn and appreciate Chinese culture.

This year's group will be led by Dr. Pat Walls of the Social Work Department. The group will leave May 12 and return May 22. Students may obtain up to three hours college credit for the experience. Guiding the group will be John Pate, who works for A-State in China. Pate is a native Arkansan who has lived in China for seven years.

The 10-day trip will begin in Shanghai, a truly cosmopolitan city and the jewel of all Chinese cities. There they will tour the Yueyang Hospital, center of traditional Chinese medicine. Other plans for Shanghai include touring the national museum of Chinese culture, touring the Bund and a night river cruise. The group will then fly to Xi'an to tour the ancient capital of three dynasties, including its historic, intact, city wall and bell tower, attend a traditional Chinese dinner show and see the Terra Cotta Warriors. The group will fly to Beijing and tour the antique district, the Hutong district, shop at the famous "Silk Alley" market, tour the Great Wall, Forbidden City and more. Woven through the itinerary are experiences at Chinese hotels and Chinese cuisine.

The cost is very reasonable. Current students are eligible to apply for travel assistance monies through the Office of International Programs. Alumni of any CHNP programs

are welcome to go, as well as their spouses, friends and family. There are 40 slots available and reservations should be made soon. If you think you are interested and want more information or to be placed on a waiting list, contact Ray Winters at 870-972-3329 or [rwinters@astate.edu](mailto:rwinters@astate.edu).

### ASU C.A.R.E. Update

by Dr. Brad Holloway, Director

In the month of October, ASU CARE provided a variety of services to 435 clients and in November, the number increased to 506 who either received direct services or who participated in activities provided by ASU CARE staff.

Beginning in the Fall of 2013, ASU CARE welcomed seven AmeriCorps Members with the North Jonesboro Neighborhood Initiative who were assigned to our site. ASU CARE also welcomed Holly Johnson who is serving as the Office Manager while Dr. Brad Holloway has continued to serve as the director of the program.

The ASU CARE staff collaborated with a number of community organizations to provide needed services that included tutoring at the Hispanic Center and at the Computer Lab in the Jonesboro Urban Renewal and Housing Authority (JURHA). Tutoring services were provided to more than 45 different clients at both sites and continues to grow. Collaboration with the Community Services Center on Magnolia Road has continued to serve a large number of clients at the Clothes Closet, the Food Bank and to those in need of help with budgeting, resume building or other advocacy and referral services. More than 250 clients were served at the center in the month of November alone, with plans for ASU CARE to expand the individual services offered. ASU CARE has also assisted the Stone Street Church in distributing food from the pantry at that location.

The staff has also provided direct services three days per week to the Ridgcrest Nursing home where they organized activities for the residents.

ASU CARE hosted a Health Fair that had more than 140 people in attendance. A holiday dinner was provided for local residents in November with 44 clients being served.

ASU CARE is located on the corner of Marshall and Belt in North Jonesboro and we can be reached at (870) 932-0080 or by email at [bholloway@astate.edu](mailto:bholloway@astate.edu).

### Disaster Camp

The Regional Center for Disaster Preparedness is pleased to once again offer Disaster Camp, July 14-18, 2014. Disaster Camp is a week-long 1/2 day camp geared toward students who will be entering the seventh or eighth grade in the fall. The camp incorporates computer technology, science and all types of disasters, as well as individual disaster planning, first aid, CPR and coping strategies. The camp finale will be an earthquake simulation. Campers will enjoy diverse methods of instruction and learning, including utilization of geographic information systems to learn which natural hazards pose the most significant regional threats. Activities include games in which campers can win disaster preparedness supplies, like a shower in a bag, and making disaster kits that they will take home. Changing nutritional needs during a disaster because of extreme temperatures will be addressed through snacks provided and food safety during disasters will be emphasized.

Cost of the camp is \$75/camper. For registration information please contact Skyla Talley at 870-680-8286 or email [stalley@astate.edu](mailto:stalley@astate.edu).



The 1974 discovery of buried vaults at Xi'an filled with thousands of terra cotta warriors stunned the world. Photo courtesy of Smithsonian.com.



View of the Shanghai skyline. Photo courtesy of Time.com City Guides.

### Title IV-E Arkansas Academic Partnership in Public Child Welfare

#### Happy 20th Anniversary, ASU Title IV-E Child Welfare Program!

In 1993, the Social Work program at Arkansas State University was invited to participate in a new and exciting statewide initiative with the University of Arkansas and the Division of Children and Family Services (DCFS), aimed at improving the lives of children and families across the state. The year 2014 marks the 20th anniversary of the Title IV-E Child Welfare Program at ASU-making it the second oldest, continually running, grant on campus.

The program has evolved over those 20 years. Program elements have included:

- \*Development and supervision of the Greene and Craighead County Juvenile Court units for student placement;
- \*Development and supervision of multi-county, in-school placements for students;
- \*Infusion of child welfare content across disciplines through the on-going support of an A-State interdisciplinary team of faculty and program staff members;
- \*The instruction of several thousand A-State interdisciplinary students in child abuse and neglect, child welfare, seminar, practice and human development courses;
- \*Development and delivery of educational and training curricula on campus as well as with DCFS staff and community providers of Northeast Arkansas;
- \*Foundational and advanced practice instruction/coaching for hundreds of DCFS staff out in the field;
- \*Thousands of dollars in stipends for students who enter the child welfare workforce;
- \*Co-development of a Child Advocacy minor;
- \*Co-development of a multi-disciplinary Family Studies course;
- \*Presentation of routine "Lunch and Learn" events for A-State students;
- \*Financial and program support of an annual foster parent conference;
- \*Support of several large conferences on child welfare topics, which are open to students, faculty, DCFS staff/foster parents and community providers;
- \*Participation in federal, state and regional policy development;
- \*Leadership in senior honors thesis activities;

\*Financial support of university faculty who pursue continuing education in child welfare related conferences.

The Title IV-E program at A-State has received accolades from the state contracting agency, DCFS, and from the prime contract PI as a leader in the state's response to the educational/training needs of students, faculty, DCFS field staff/supervisors/foster parents, and to professionals from all types of community service agencies. Tremendous support from current and past A-State administrators, deans, department chairs and faculty have enabled the program to grow each year. The program staff members have worked diligently through the years to provide excellent education and training to the regional and state child welfare workforce. Our thanks to all for this exceptional work!

### CNHP Honors Alumni During Homecoming

Five outstanding graduates of Arkansas State University's College of Nursing and Health Professions (CNHP) were honored as distinguished alumni during Homecoming activities Saturday, Oct. 12.

The five distinguished alums are Tiffany Felty (Department of Social Work), Paula Smith (School of Nursing), Amy Shollenbarger (Department of Communication Disorders), Melanie Edens (Department of Medical Imaging and Radiation Sciences) and Stephanie Hedger Privett (Department of Physical Therapy).

Felty graduated from A-State in 2006 with a Bachelor's degree in Social Work and subsequently obtained a Master's degree in Social Work from the University of Arkansas in 2007. She has been a therapist at Families Inc. since 2007, and is an active board member of the Mission Outreach Homeless Shelter.

In addition, she has served as field instructor for social work interns at Families Inc. since 2008 and has served as an adjunct faculty field liaison since 2010, teaching a field seminar class every semester. She has also participated on several social work department committees, including the MSW Admissions Committee, Field Advisory Committee, Community Advisory Committee and Search Committee.

Smith holds a Bachelor of Science degree in Nursing from Arkansas State University and a Master of Nursing Science degree from the University of Arkansas for Medical Sciences (UAMS). She is a registered nurse practitioner and has been the state school nurse consultant to the Arkansas Department of Health and the Arkansas Department of Education since 2007. She has previously worked as a tenured assistant

professor of nursing at Arkansas State, a high school biology teacher, emergency room nurse and a school nurse.

Smith has been a content reviewer of numerous nursing textbooks. Currently, she chairs the legislative task force studying school nursing in Arkansas as required by Act 414 of 2013. In addition, Smith has served as a resource for the development and implementation of policies, including the passage of the Anthony Hobbs Act, which funded the placement of automatic external defibrillators on school campuses. Smith led the development of rules, training guides and statewide training of glucagon administration following the passage of a glucagon administration law in 2011. She is the recent recipient of the 2013 National Outstanding State School Nurse Consultant Award by the National Association of State School Nurse Consultants (NASSNC).

Shollenbarger earned her undergraduate degree in speech-language pathology from Harding University in 1993 and was admitted to the communication disorders master's degree program at Arkansas State in June 1994. She earned her Masters of Communication Disorders degree in August of 1995 and began her professional career with the Paragould Public Schools that fall term. Shollenbarger remained a productive public school speech-language pathologist until she accepted a faculty position at A-State.

Shollenbarger is also enrolled in the Consortium Ph.D. Program in Communication Sciences and Disorders at UAMS, University of Central Arkansas and the University of Arkansas-Little Rock. She continues to make progress toward her doctoral degree. In the fall term of 2013, she accepted a tenure-track faculty position with the Communication Disorders Department at ASU.

Edens receives the distinguished alumnus award from the Department of Medical Imaging and Radiation Sciences.

A 1999 graduate of the Associate Degree in Radiography, Edens went on to become nationally registered in both radiography and computed tomography. She began her career at the then-Methodist Hospital in 1998 while still a student and has remained since. Since becoming director of radiology 11 years ago, she has been a member of the American College of Healthcare Executives and earned the 2007 "Outstanding Young Executive Award."

In the Jonesboro community, Edens has been busy. She has previously volunteered with the American Cancer Society, the American Heart Association and the Salvation Army. She currently sits on the Environmental Committee for the Jonesboro Chamber of Commerce.

Privett is the recipient of the Physical Therapy distinguished alumni for 2013. She graduated with an Associate's of Applied Science degree in 2000 and a Bachelor's of Science degree in 2012. She has worked at HealthSouth Rehabilitation Hospital in Jonesboro for 11 years as a physical therapist assistant during which time she has served as center coordinator for clinical education as well as a clinical instructor.

Privett has been a mentor and speaker to groups and individuals about breast cancer and/or BRCA1 gene mutation. She has a passion for treating and managing lymphedema and edema using kinesiotape and manual compression as well as Parkinson's disease.

### Lyn Hubbard Retires

by Dr. Susan Hanrahan

Evelyn Lyn Hubbard began as a temporary instructor in Radiologic Technology in July 1991. She received her first full-time contract the following year—a mere 21 years ago. She received her AAS degree in Radiologic



Technology from DeKalb College/Emory University Hosp in 1973, her BSE in Education in 1992 and MSE in Curriculum and Instruction in 1995 from A-State. She moved from the instructor to the Assistant Professor rank in 1995 and earned tenure in 2000. She has maintained the title of Clinical Coordinator since her arrival at A-State. Prior to coming to A-State she provided RadTech services at NEA Internal Med Center, Vaughn Regional Med Center in Selma, AL, Selma Orthopedics, Emory University Hospital and was the chief Rad Tech for the Breast Cancer Demonstration Project in Atlanta from 1973-1975. She has taught an array of courses across her career. She had published in the journals of Oncology Nursing Forum, Radiologic Sciences Education and Seminars in Rad Tech and presented at professional forums and continuing education seminars. She earned advanced credentials in Mammography in 1991, was a reviewer for Mosby Publishing, served as an adviser for an undergraduate honors thesis, co-author of a textbook chapter and was awarded a number of grants, all related to work in breast cancer.

Lyn completed lots of service work—she worked to introduce young students to the imaging world—groups like Women in Tech and Science and through HPPI (Health Professions Partnership Initiative). She served the department on just about every

committee and she is most noted in serving the college in her planning for the annual clinical instructors seminar, Convocation of Scholars banquet and our first college fundraising gala at the JCC. She was active professionally with the NEA Society of Rad Techs, the AR Society of Rad Techs, served on the Arkansas State Licensure Committee and was a member of Kappa Delta Pi, Alpha Eta, Delta Kappa Gamma, American Registry of Rad Techs, American Society of Rad Techs, and Association of Educators in Rad Sciences. She was the Darmon A Rhinehart Memorial Lecturer—a special privilege in the Rad Tech world. In the community, she was active in a number of things but let me point out a couple—with the Craighead Chapter of the American Cancer Society as a BOD and Founder of the Parent Support Network (for families of children born with disabilities). One of my first real working events with Lyn was when she wanted to bring the Tribe of Warrior Women photo essay breast cancer exhibit to Jonesboro. We made that happen in 1997 and I can still recall the impact on those who visited the show—we had lots of tissue boxes around the room.

Lyn did all of her work in a very organized fashion, well in advance, in great detail and with good communication—all perfect elements for success. There is a lot more to Lyn as most of you know. She is an artist—I have four of her flower radiographs above my fireplace. She has a wonderful family including a very cute grandson. I can say it will be very difficult for someone to follow in her footsteps and she will be missed by many in our region and community.

### Beck PRIDE Update

by Lynda Nash, Director

The Beck PRIDE Center ended 2013 with a Christmas party for veterans and their families. A student veteran played Santa Claus for the children. Local coupon clippers had organized and provided toys and personal care products as part of Christmas for 16 children of needy veterans. The monthly meetings of the Order of the Purple Heart Association and the Disabled American Veterans Association are hosted by the Beck PRIDE Center. Both associations also provided gifts, groceries and financial assistance to selected veterans based upon need.

Sandra Worlow, LCSW, resigned as director and returned to mental health practice. Lynda Nash, LCSW, CCDP assumed the director's position effective October 21, 2013. Cory Lawson, graduate assistant, joined the staff in November and is working on the research project supported by the Department of Defense Grant.

"A Resource Guide for Arkansas Veterans and Active Duty Service Members" was compiled by student Melanie McCarty as part of an independent study class. Mrs. McCarty is also the spouse of a wounded veteran. The guide is available in both print and electronic formats.

A mental health support group for PTSD meets weekly at Beck PRIDE Center and is staffed by the Memphis Veterans Center. Plans have been completed to offer an anger management group for veterans and a marriage enhancement group for couples starting in January, 2014.

The Beck PRIDE Center currently services 196 active participants and their families. Three participants graduated in December. In addition, there are 96 veterans enrolled in the research project.

### Clinical/Field Instructor's Seminar Planned

The 17th Annual Clinical/Field Instructor's Seminar has been planned for February 21, 2014 at the Fowler Center.

The seminar offers clinical/field instructors and academic faculty an opportunity to come together to discuss common issues and concerns, as well as discipline specific advancements and changes.

Speakers will include Brad Parsons, CEO/Administrator of NEA Baptist Memorial Hospital, Daya Shipman, Vice President - Internal Audit/Corporate Compliance Officer of St. Bernards Healthcare, and Beth Murff, MSN, RN, CCRN, Patient Safety Officer at St. Bernards Medical Center.

### New Study Abroad Program Offered

The College of Nursing and Health Professions is offering a new study abroad course that provides an opportunity for students to study the healthcare system in the United Kingdom. Dr. Marilyn Duran and Ray Winters will lead the three-week course offered in summer 2014 in London, England. Students will visit hospitals, medical museums and attend healthcare lectures at Regent's University London. There are currently 13 Nursing and nine Rad Science students enrolled in the program.

For more information on the program, contact Dr. Marilyn Duran, Chair of the School of Nursing, at (870) 972-3074 or by email at mduran@astate.edu.



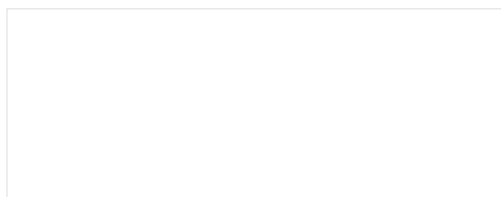
ARKANSAS STATE UNIVERSITY

*College of*

**Nursing & Health Professions**

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# Spring 2014

## Schedule of Events

January 14	Women and Heart Disease: Symptoms, Perceived Causes and Tailoring Effective Treatment VTC
January 21	Classes Begin
January 21	Eat Wisely for Heart Health VTC
January 24	Behavioral Non-Pharmacologic Management of Alzheimer's Disease VTC
January 28	Motivational Interviewing for Women's Cardiac Health
February 6	Interventions to Improve Medication Adherence VTC
February 13	New Prevention Guidelines for Cholesterol, Obesity and Healthy Living VTC
February 18	Healthy Babies/Healthy Bellies Prenatal Program Brown Bag Series - Exercise and Pregnancy
February 20	Team-Based Care for Hypertension Management VTC
February 21	Clinical Instructors Seminar, ASU Fowler Center
February 27	All that Wheezes is not Asthma: Diagnosis and Management of Heart Failure for the General Practitioner
February 28	Legal Planning Issues Concerning Alzheimer's Disease
March 18	Healthy Babies/Healthy Bellies Prenatal Program Brown Bag Series - Substance Abuse in Pregnancy
March 24-29	Spring Break
April 4	Future Directions & Research Update of Alzheimer's Disease VTC
April 15	Healthy Babies/Healthy Bellies Prenatal Program Brown Bag Series - Breastfeeding
April 21	Convocation of Scholars
May 12 - 22	CNHP China Experience Trip
May 21	Billy Joe Emerson Grief Seminar
May 17	Commencement (ASU Jonesboro)
July 14-18	Disaster Camp