

# Margaret A. Hance

## Curriculum Vitae

### CONTACT

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mhance@astate.edu

### EDUCATION

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- Ph.D., Experimental Psychology** 2019  
East Tennessee State University, Johnson City, TN  
Dissertation: Introducing A New Prevention of True Self and Cognitive Dissonance Intervention to Improve Help-Seeking for Females with a Risk of an Eating Disorder  
Advisor: Dr. Ginette Blackhart
- M.A., General Psychology** 2016  
Stephen F. Austin State University, Nacogdoches, TX  
Thesis: Facebook and Body Satisfaction: Contextual and Person-Centered Moderators  
Advisor: Dr. Sarah Savoy
- B.A., Psychology,** 2013  
Lyon College, Batesville, AR  
Senior Thesis: Body Image and Avatar Creation  
Advisor: Dr. Jennifer Daniels

### RESEARCH INTERESTS

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Primary Interests: Body image, social media, eating disorders, help-seeking, anxiety, depression

Secondary Interests: Online dating, experimental methodology, interpersonal communication (verbal and nonverbal)

### MANUSCRIPTS (PUBLISHED)

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Hance, M.A., \*Coleman, H., \*Hooker, S., \*Millard, S. (2025). TikTok, the importance of physical appearance, and anxiety: Let us TikTok about body image. *Journal of Media and Communications*, 17(4), 98-103.

Blackhart, G., \*Hernandez, D., \*\*Wilson, E., & Hance, M.A. (2021). The impact of rejection sensitivity on self-disclosure within the context of online dating. *Cyberpsychology, Behavior, and Social Networking*, 24(10).

Hance, M.A., Blackhart, G., & Dew, M. (2018). Free to be me: The relationship between the true self, rejection sensitivity, and use of online dating sites. *The Journal of Social Psychology*, 158(4), 421-429.

Ripley, K. R., Hance, M. A., Kerr, S. A., Brewer, L. E., & Conlon, K. E. (2018). Uninformed consent? The effect of participant characteristics and delivery format on informed consent. *Ethics & Behavior*, 28(1), 517-543.

Savoy, S., **Hance, M.A.**, Pelfrey, S., Khaleghi, N., Zelman, R. (2019). Normative feedback and intentions to help friends with bulimic symptoms. *Journal of American College Health*, 108.

Williams-Whitley, A., Parkinson, P., Gotay, S., & **Hance, M.A.** (2026). Resisting burnout: The role of community in easing emotional exhaustion for black woman doctoral students in CES. Under review at the *International Journal for Advancement in Counseling*

### **BOOK CHAPTERS (Published)**

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**Hance, M.A.**, Hernandez, D., & Blackhart, G. (2021). Gender differences in response to peer rejection. In T. K. Shackelford & V. A. Weekes-Shackelford (Eds.), *Encyclopedia of Evolutionary Psychological Science*. Springer.

### **MANUSCRIPTS (IN PREPARATION)**

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**Hance, M.A.**, \*Millard, S., & Curtis, J. Ozempic and social media on well-being outcomes.  
Hodges, Q., Millard, S., **Hance, M.A.** From attachment to appearance: Exploring the impact of maternal bonds, perceived intelligence, and self-esteem on body image

### **CONFERENCE PRESENTATIONS**

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\*Babodilla, G., **Hance, M.A.**, Brewer, L.E. (2016). Social Interaction and Food Consumption among College Students. Poster presented at the annual East Texas Psi Chi Conference, Longview, TX.

Cortez, M., Escobar, H., **Hance, M.A.**, & Tempelmeyer, T. (2019) Tinder usage and beliefs in a just world: An exploratory study. Poster accepted to the Society for Personality and Social Psychology Conference. Portland, Oregon.

Cortez, M., **Hance, M.A.**, Brewer, L.E., Middlebrook, S. (2016) Seriously, Another Shooting? The Effects of Race Perceptions on Mass Shooters. Paper presented at the annual Southwestern Psychological Association Conference, Dallas, TX.

Daniels, J., **Hance, M.A.**, Yonts, N. (2013). *Can't Panic in a Hammock: Student Perception, Attitude, and Opinions of Hammocks on College Campus*. Poster presented at the annual Teaching of Psychology conference, Atlanta, GA. **Funded through the ENO Hammock Company.**

\*\*Dromgoole, B. & **Hance, M.A.** (2020). *Investigating Social Media Exposure and Well-Being between Maladaptive and Non-Maladaptive Users*. Poster accepted at the Southwestern Psychological Association Conference. Poster was not presented, because of COVID-19. **Awarded the Psi Chi: SWPA Regional Research Award**

\*\*Dromgoole, B., \*\*Ratz, K., & **Hance, M.A.** (2020). *The Effectiveness of Informed Consent Formatting*. Poster presented at the annual Southwestern Psychological Association Conference, Virtual.

\*\*Eblen, A., Shollenberger, A., Brantley, S., & **Hance, M.A.** (2025). Mental Health Differences in Caregivers of Individuals with Fluent Versus Nonfluent Aphasia. Paper accepted at the American Speech, Language and Hearing Association.

\*Glass, A., **Hance, M.A.**, Blackhart, G. (2018). *The Impact of Maladaptive Social Media Use on Mental Well-Being*. Poster presented at Society of Personality and Social Psychology International Conference, Atlanta, GA.

- Hance, M.A.,** Blackhart, G., Dew, M. (2017) *Free to be Me: The relationship between the true self, rejection sensitivity, and use of online dating sites*. Paper presented at the Appalachian Science and Research Forum, Johnson City, TN. (2018, January) Poster presented at the Society of Personality and Social Psychology, Atlanta, GA.
- Hance, M.A.,** Blackhart, G., & Savoy, S. (2020). *Introducing a new prevention of true self and cognitive dissonance intervention to improve help-seeking for female college students with a risk of an eating disorder*. Poster presented at the Society of Personality and Social Psychology International Conference. New Orleans, LA.
- Hance, M.A.,** Daniels, J. (2014). *Is My Sims Character Hotter than Me?: Media Influence on Body Image*. Presented at Southwestern Psychological Society Association, Fort Worth, TX. Poster presented at Society of Personality and Social Psychology International Conference, Austin, TX.
- Hance, M.A.,** Daniels, J., \*Boiling, K., (2015). *Connect with Kinect®: Interpersonal Rapport and Mimicry with Xbox Connect*. Poster presented at Southeastern Psychological Society Association, Hilton Head, SC.
- Hance, M.A.,** \*Hernandez, D., Blackhart, G. (2019). Free to be me but only online: Examining true self, self-disclosure, and rejection sensitivity within online dating. Poster presented at the Society of Personality and Social Psychologists, Portland, OR.
- Hance, M.A. & \*\*Jones, J. (2023). Filters and feelings: TikTok on anxiety and the importance of physical appearance. Paper presented at the Southwestern Psychological Association Regional Conference. Frisco, TX.**
- Hance, M.A. & \*Madsen, H. (2024). Fitspo and Instagram: An experimental method comparing the effects of immediate engagement. Poster presented at the Society of Personality and Social Psychology International Conference. San Diego, CA.**
- Hance, M.A.,** \*Millard, S., \*Weathers, K., & Curtis, J. (2025). From Filters to Pharmaceuticals: The Intersection of Social Media Habits, Ozempic Desire, and Eating Disorder Risk. Symposium presented at the Society of Southeastern Social Psychology Regional Conference. St. Petersburg, Florida.
- Hance, M. A.,** Ripley, K. R., Kudera, K., Savoy, S., & Polewan, R. J. (2015). *Through Thick and Thin: Relationship and Body Image Satisfaction*. Poster presented at the annual meeting of the Southwestern Psychological Association, Wichita, KS.
- Hance, M.A.,** Pelfrey, S., Kaleghi, N., Tryals, D., Sandridge, S., & Savoy, S (2016). *Negative Body Talk and Moderating the Role of Social Exclusion*. Poster presented at the annual Southwestern Psychological Association Conference, Dallas, TX.
- Hance, M.A.,** Savoy, S., & Daniels, J. (2015). *Just Like You-Only Better: Examining Avatar Creation and Its Correlates*. Paper presented at Southwestern Psychological Society Association, Wichita, KS.
- Hance, M.A. & Savoy, S. (2016). Coping with a Copycat: Social Exclusion and Mimicry. Poster presented at Society of Personality and Social Psychology International Conference, San Diego, CA.**
- \*\*Henson, M., \*\*Jackson, J., **Hance, M.A.** (2024). *Financial social comparison and materialism: A correlational study*. Poster presented at the Southwestern Psychological Association Regional Conference. San Antonio, TX.
- \*Hernandez, D., **Hance, M.A.,** & Blackhart, G. (2018 November). Let's get personal: The relationship between rejection sensitivity, true self, and self-disclosure in online environments. Paper presented at the SoCon Undergraduate Research Forum (SURF). Spartanburg, SC.

- \*\*Higden, B., Curtis, J., **Hance, M.A.** (2021). *Video game play and well-being outcomes during COVID-19*. Poster presented at the Society of Personality and Social Psychology International Conference. Virtual.
- \*\*Hodges, Q., \*Robb, A., & **Hance, M.A.** (2025 February). *Mother knows best?: Maternal attachment on perceived intelligence and intelligence esteem*. Poster accepted at the Society of Personality and Social Psychology International Conference. Denver, CO.
- \*Hodges, Q., \*Robb, A., & **Hance, M.A.** (2024 April). *Like mother like daughter: Maternal attachment on body image and eating disorder behaviors*. Poster presented at the Southwestern Psychological Association Regional Conference. San Antonio, TX.
- \*Hooker, S. & **Hance, M.A.** (2024). *The avatar study: The impact of avatar creation time*. Poster presented at the Society of Personality and Social Psychology International Conference. San Diego, CA.
- \*Hooker, S. & **Hance, M.A.** (2024). *Avatar creation and body image: Attachment to ideal avatars*. Poster presented at the Southwestern Psychological Association Regional Conference. San Antonio, TX.
- \*\* Jackson, J. **Hance, M.A.**, Curtis, J., \*Weathers, K., \*Millard, S. (2026). *Rate my bias: Unmasking sexism in professor evaluations*. Poster presented at the Southeastern Psychological Association Regional Conference. New Orleans, LA.
- Job, S.A., Hoots, V. M., **Hance, M. A.**, & Williams, S. L. (2017). *Media exposure, anticipated stigma, and spiritual well-being in the LGBTQ+ population following the 2016 Presidential Election*. Paper presented at the meeting of the Appalachian Student Research Forum, Johnson City, TN. **Awarded 2<sup>nd</sup> place in Graduate Oral Competition.**
- \*Madsen, H., \*Hooker, S., & **Hance, M.A.** (2024). *TikTok on body image and well-being*. Poster presented at the Society of Personality and Social Psychology International Conference. San Diego, CA.
- \*\*Nix, R. & **Hance, M.A.** (2021). *Stress Eating and the COVID-19 Pandemic*. Poster presented at the Southwestern Psychological Association, Virtual.
- Pelfrey, S., Thomas, T., Sanchez, E., **Hance, M.A.**, Savoy, S. (2017). *How Anti-Fat Bias in the World of Harry Potter Affects Muggles*. Paper presented at the annual Southwestern Psychological Association Conference, San Antonio, TX.
- Ripley, K. R., **Hance, M. A.**, Brewer, L. E., & Conlon, K. E. (2015). *Are You Reading This? Informed Consent, Reading Comprehension, and Personality*. Paper presented at the annual meeting of the Southwestern Psychological Association, Wichita, KS. **Awarded the Psi Chi: SWPA Regional Research Award.** Paper presented at the annual Stephen F. Austin Graduate Research Conference, Nacogdoches, TX. **Awarded the Dean's Research Award: Best Paper.**
- Ripley, K.R., **Hance, M.A.**, Kerr, S., Brewer, L.E., & Conlon, K.E (2016). *Are You Reading This? Informed Consent Forms and Reading Comprehension*. Paper presented at the annual meeting of the Southeastern Psychological Association, New Orleans, LA.
- Ripley, K.R., **Hance, M.A.**, Kerr, S., Brewer, L.E., & Conlon, K.E (2016) *No, You Didn't Read This! Informed Consent, Format, and Delivery Method*. Paper presented at the annual meeting of the Southwestern Psychological Association, Dallas, TX. **Awarded the Psi Chi: SWPA Regional Research Award.**

- \*Robb, A. & **Hance, M.A.** (April 2025). Predictors in Help-Seeking Intentions for Friends with Eating Disorders. Poster presented at the American Anxiety and Depression Association National Conference, Las Vegas, NV.
- Savoy, S., **Hance, M.A.**, Boethel, A., Cortez, M., & Morgan, N. (2015). *Descriptive norms for disordered eating: Barriers to treatment and peer help-seeking intentions*. Paper presented at the annual meeting of the Southwestern Psychological Association, Wichita, KS.
- Savoy, S., & **Hance, M.A.** (2016). *Beliefs about encouraging peers to seek help for disordered eating*. Poster presented at the annual meeting of Society of Personality and Social Psychology, San Diego, CA.
- \*Tryals, D., **Hance, M.A.**, Morgan, N., Boethel, A., & Savoy, S. (2015). *Weight as a moderator of appearance-related identity and physiological stress response*. Poster presented at the annual meeting of the Southwestern Psychological Association, Wichita, KS.
- \*Wade, K., & **Hance, M.A.** (2025 April). Immersive mindfulness: The efficacy of virtual reality in meditation. Poster presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
- \*Wilson, E., **Hance, M.A.**, \*\*Dromgoole, B., Blackhart, G. (2020) Can one like social media too much: Examining maladaptive social media patterns and well-being. Poster presented at the Society of Personality and Social Psychology. New Orleans, Louisiana.
- \*\*Wilson, E. & **Hance, M.A.** (2021). Disclosing unwanted sexual experiences: Can it alleviate the psychological consequences of sexual trauma? Paper presented at the Southwestern Psychological Association regional conference.
- \*\*Wilson, E. & **Hance, M.A.** (2021) Maladaptive social media and well-being. Paper presented at the Southwestern Psychological Association Regional Conference. **Finalist for the SWPA Outstanding Graduate Research Award.**
- \*\*Wilson, E., Darby, Q., & **Hance, M.A.** (2021). *The role of trauma in social media*. Poster presented at the Society of Personality and Social Psychology International Conference. Virtual.
- \*Wilson, E., Hernandez, D., **Hance, M.A.**, Blackhart, G. (2018). *Online versus offline communication: The relationship between rejection sensitivity and self-disclosure*. Poster presented at Society of Southeastern Social Psychologists. Raleigh, North Carolina.
- \* *demonstrates undergraduate student project*
- \*\* *demonstrates graduate student project*

## INVITED TALKS

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- Hance, M.A.** & Nelson, D. (2022 March). *Purpose of the Plate*. Talk presented at the Arkansas State University Student Life, Jonesboro AR.
- Hance, M.A.** (2021 April). *Reducing the Stigma around Eating Disorders*. Talk presented at the Alpha Kappa Alpha Sorority, Jonesboro AR.
- Brooks, B., **Hance, M.A.**, Job, S. (2018 March). *How to be an Ally 101*. Talk presented at East Tennessee State University for Civility Week.
- Hance, M.A.** (2018 March). *You May "Like" Social Media, But Does Social Media "Like" You?* Talk presented at Lyon College, Batesville, AR.

**Hance, M.A.**, Driggers-Jones, L., Brooks, B., Jones, M. (2017 February). *Graduate Students' Guide to getting into Grad School*. Talk presented at East Tennessee State University.

Ripley, K. R., **Hance, M. A.**, Brewer, L. E., & Conlon, K.E. (2015 November). *Are You Reading This? The Issues and Importance of Informed Consent Forms*. Talk presented at the annual Angelina College, Lufkin, TX.

## **RESEARCH EXPERIENCE**

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**Laboratory Director**, The Social Media Lab, Arkansas State University 2019-present  
**Laboratory Manager**, Self and Relations Lab, East Tennessee State University 2016-2019  
 Principal Investigator: Ginette Blackhart, Ph.D.  
**Laboratory Manager**, Department of Psychology, Stephen F. Austin State University 2015–2016  
 Principal Investigator: Sarah Savoy, Ph.D.

## **LICENSURES AND CERTIFICATIONS**

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Collaborative Institutional Training Initiative (CITI)

- Social Behavioral Research
- Internal Review Board Member
- HIPPA Compliance

National Institute of Health Training of Extramural Research (NIH)

## **STATISTICAL & COMPUTER EXPERIENCE**

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- SPSS Statistical Analysis Package
- EQS Statistical Analysis Package
- JASP Statistical Analysis Package
- *Desire2Learn* classroom software
- *Canvas* classroom software
- *Blackboard* classroom software
- Microsoft
  - Word
  - Excel
  - PowerPoint
- BIOPAC-Psychophysiological Data Acquisition Device
- Online Surveying Software
  - Qualtrics
  - Survey Monkey
- Zotero Software
  - Article Organization Software
- Sona Participant Pool Management
- Google
  - Documents
  - Sheets

## **TEACHING EXPERIENCE**

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**Instructor** 2024-present  
 Research Design in Psychology  
 Department of Psychology and Counseling  
 Arkansas State University

**Instructor** 2023  
 Professional Writing and Thesis Development  
 Department of Psychology and Counseling  
 Arkansas State University

**Instructor** 2023  
 Personality Psychology

Department of Psychology and Counseling  
Arkansas State University

**Instructor** 2022-present  
Social Psychology  
Department of Psychology and Counseling  
Arkansas State University

**Instructor** 2020-2024  
Foundations of Social Psychology (Graduate)  
Department of Psychology and Counseling  
Arkansas State University

**Instructor** 2020-present  
Abnormal Psychology  
Department of Psychology and Counseling  
Arkansas State University

**Instructor** 2020-present  
Quantitative Methods for Behavioral Sciences  
Department of Psychology and Counseling  
Arkansas State University

**Instructor** 2019-present  
Introduction to Psychology  
Department of Psychology and Counseling  
Arkansas State University

**Instructor** 2018-2019  
Social Psychology  
Department of Psychology  
East Tennessee State University

**Instructor** 2017-2018  
Introduction to Psychology  
Department of Psychology  
East Tennessee State University

**Lab Instructor** 2014–2015  
Research Design – Supervising Faculty Member: Lauren E. Brewer, Ph.D.  
Department of Psychology  
Stephen F. Austin State University, Nacogdoches, TX

**Lab Instructor** 2015-2016  
Senior Research Seminar – Supervising Faculty Member: Lauren E. Brewer, Ph.D.  
Department of Psychology  
Stephen F. Austin State University, Nacogdoches, TX

## **ADVISING**

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Undergraduate 2019-2025

- Quantity: 47

Graduate

2019-2022

- Quantity: 3

Research Committees

2019-present

## Undergraduate Honors Thesis Committee:

- Britany Ammons
- Megan Gunnel
- Sarah Hooker (Chair)
- Quinn Hodges
- Sarah Millard (Chair)
- Allie Robb (Chair)
- Jaylee Tribble

## Graduate Thesis Committee:

- Billy Dromgoole (Chair)
- Allyson Eldgen (Communication Disorders-outside member)
- Mary Henson
- Blake Higdon (Chair)
- Brandon Higdon
- Jaden Jackson
- Emily Johnson
- Elizabeth Wilson (Chair)

**WORK EXPERIENCE**


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<b>Associate Professor</b> Arkansas State University Jonesboro, AR	2024- present
<b>Assistant Professor</b> Arkansas State University Jonesboro, AR	2019-2024
<b>Adjunct Lecturer</b> East Tennessee State University Johnson City, TN	2018-2019
<b>Graduate Assistant</b> East Tennessee State University Johnson City, TN	2016-2019
<b>Graduate Assistant</b> Stephen F. Austin State University Nacogdoches, TX	2014–2016

**HONORS & AWARDS**

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College of Education and Behavioral Sciences Research Grant	2024
Promotion to Associate Professor, Arkansas State University	2024
Honors College Professor of the Year, Arkansas State University	2021
Psychology Department Teaching Award: Associate Level, East Tennessee State University	2019
Senior Representative for Graduate Student/Faculty Board, ETSU	2018-2019
Psychology Department Research Award, East Tennessee State University	2018
Psychology Department Teaching Award: Assistant Level, East Tennessee State University	2017
Graduate Assistantship, East Tennessee State University	2016-2019
SWPA Regional Research Award, Psi Chi-Southwestern Psychological Association	2016
Travel Funding Award, Psi Chi at Stephen F. Austin State University	2015
Dean's Research Award for Best Paper, Stephen F. Austin State University	2015
Graduate Assistant of the Year, Stephen F. Austin State University	2015
SWPA Regional Research Award, Psi Chi-Southwestern Psychological Association	2015
Psychology Graduate Student with the Highest GPA, Stephen F. Austin State University	2015
Dean's Research Award: Best Paper	2015
Psi Chi: SWPA Regional Research Award	2015
Graduate Assistantship, Stephen F. Austin State University	2014-2016
Hall of Leaders, Lyon College	2013
Undergraduate Research Assistantship, Lyon College	2013
Who's Who Among Students in American Universities and Colleges, Lyon College	2012

**HONOR SOCIETIES AND SERVICE**

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**Honor Societies**

Member of Mortar Board Honor Society	2012
<ul style="list-style-type: none"> <li>Alumni Relations Coordinator, 2012</li> </ul>	
Member of Psi Chi International Honor Society in Psychology	2011-Present
<ul style="list-style-type: none"> <li>Vice President, 2015</li> </ul>	

**University Service**

Internal Review Board Member, Arkansas State University (A-State)	2024-present
Contingency Fund Committee Chair, A-State Psychology and Counseling Department	2023-2025
Recruitment Committee Chair, A-State Psychology and Counseling Department	2023-2025
Research Participant Coordinator, A-State Psychology and Counseling Department	2022-present
General Education Committee Member, A-State University	2022-present
Student Travel Committee, A-State College of Education and Behavioral Sciences	2022-2024
Curriculum Committee, A-State Psychology and Counseling Department	2020-present
Council on Professional Education Member, A-State College of Education and Behavioral Sciences	2020-2022
Child Welfare Committee, A-State University	2019-2023
Health Psychology Taskforce Chair, A-State Psychology and Counseling Department	2019

## **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

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Society for Personality and Social Psychology (SPSP)  
Society of Southeastern Social Psychologists (SSSP)  
Southwestern Psychological Association (SWPA)  
Southeaster Psychological Association (SEPA)  
Society of Teaching Psychology Association (STP)  
Social Psychology Health Network (SPHN)