

Kelly A. Carlson, Ph.D., PMHNP-BC, CARN-AP, CNE

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Objective

Obtain a professional nursing position incorporating teaching, research and clinical expertise.

Education

DOCTOR OF PHILOSOPHY IN NURSING | 2012 | UNIVERSITY OF TENNESSEE, KNOXVILLE, TN

Major: Nursing

Minor: Epidemiology

Health Policy Certificate

MASTER OF SCIENCE IN NURSING | 2008 | UNIVERSITY OF TENNESSEE, KNOXVILLE, TN

Major: Psychiatric Mental Health Nursing

BACHELOR OF SCIENCE IN NURSING | 2007 | UNIVERSITY OF TENNESSEE, KNOXVILLE, TN

Major: Nursing

Summa Cum Laude

DIPLOMA IN NURSING | 1984 | NEWTON-WELLESLEY HOSPITAL SCHOOL OF NURSING

NEWTON LOWER FALLS, MA

Licensure

Advanced Practice Registered Nurse

Psychiatric Mental Health Nurse Practitioner Certification (ANCC) #2018009783 DEA#

MC6123490

MCSR# MCS003202B

APRN AR 227920

APRN MA 168436

APRN TN 1 3 9 5 6

Current Positions

ASSISTANT PROFESSOR

GRADUATE PSYCHIATRIC MENTAL HEALTH NURSING PROGRAM

TRACK COORDINATOR

|SCHOOL OF NURSING| ARKANSAS STATE UNIVERSITY, JONESBORO, AR | **2023-** |

Teaching DNP courses on-line, graduate psychiatric mental health nursing.

Course development.

PSYCHIATRIC NURSE PRACTITIONER |MCLEAN HOSPITAL, BELMONT, MA | **2020- |**

Residential treatment center providing medication management, treatment planning and oversight of MA MAP program for unlicensed staff. On-call position at MCL Southeast covering Inpatient Unit (Adults) and ART in Middleboro. Responsible for patient care management and weekend rounding on all inpatients. Admissions and crisis intervention.

Past Teaching Experience

ASSOCIATE PROFESSOR, PROGRAM DIRECTOR DNP ONLINE TRANSDISCIPLINARY ADDICTION CERTIFICATE PROGRAM, GRADUATE PSYCHIATRIC MENTAL HEALTH NURSING PROGRAM

|DEPARTMENT OF NURSING| REGIS COLLEGE, WESTON, MA | 2022- |

Teaching graduate psychiatric mental health nursing and DNP courses on-line, coordinating nursing DNP poster sessions, co-teaching transdisciplinary addictions hybrid courses. Mentoring DNP students in a 500-student department. Curriculum development. Overseeing 8 FT and 20 adjunct faculty.

ASSOCIATE PROFESSOR, PROGRAM DIRECTOR PMHNP PROGRAM ONLINE GRADUATE PSYCHIATRIC MENTAL HEALTH NURSING PROGRAM

DEPARTMENT OF NURSING| REGIS COLLEGE, WESTON, MA | **2020-2022** |

Coordinating nursing Clinical Seminar, co-teaching transdisciplinary addictions hybrid courses. Mentoring DNP students. Curriculum development. Overseeing 6 FT and 15 adjunct faculty.

GRADUATE CLINICAL FACULTY, GRADUATE PSYCHIATRIC MENTAL HEALTH NURSING | DEPARTMENT OF NURSING| REGIS COLLEGE, WESTON, MA | **2018- 2020|**

Teaching synchronous on-line graduate PMHNP clinical seminars.

COORDINATOR, CENTER FOR INTERDISCIPLINARY HEALTH STUDIES AND PRACTICE | SCHOOL OF EDUCATION, HEALTH AND LIFE SCIENCES, WORCESTER STATE UNIVERSITY| **2015-16 |**

Assisting with the creation of a new center for interdisciplinary scholarship and service. Working with the Dean of the School of Education, Health and Life Sciences, in collaboration with community partners such as Worcester Division of Public Health.

ASSISTANT PROFESSOR | DR. LILLIAN R. GOODMAN DEPARTMENT OF NURSING, WORCESTER STATE UNIVERSITY | **2014-16 |**

Psychiatric nursing coordinator in the undergraduate program classroom and clinical instruction. Supervising up to 5 adjuncts in psychiatric and substance use treatment settings. Teaching graduate and undergraduate research, senior capstone, group communication, pharmacology, and advanced pharmacology in-person and hybrid online platform. Directing graduate and undergraduate research projects. Role in developing cross cultural exchange and on-line classroom with Letterkenney Institute, Donegal, Ireland.

GRADUATE PRECEPTOR| UNIVERSITY OF TENNESSEE, KNOXVILLE, COLLEGE OF NURSING, KNOXVILLE, TN | **2009-13 |**

Clinical preceptor for Master level nurse practitioner students. Instruction and supervision treating children and adults on a mental health outpatient clinic.

CLINICAL NURSING INSTRUCTOR | UNIVERSITY OF TENNESSEE, KNOXVILLE, COLLEGE OF NURSING, KNOXVILLE, TN | **2008-13 |**

Psychiatric/mental health nursing educator providing instruction to undergraduate BSN students on psychiatric, clinical stabilization and substance use units.

Past Clinical Experience

NURSING PROFESSIONAL DEVELOPMENT SPECIALIST

APPOINTMENT: RESEARCH ASSOCIATE | MCLEAN HOSPITAL, BELMONT, MA | **2016-2021** |

Developing professional educational programming for nursing staff, coordinating student placements and teaching orientation classes for new employees. Supporting interdisciplinary quality improvement and research projects. Primary nurse planner. Student/preceptor placement coordinator.

PSYCHIATRIC NURSE PRACTITIONER |PENINSULA OUTPATIENT, KNOXVILLE, TN | **2013-14** |

Nurse practitioner position coordinating nurse-led psychiatric care for Medicaid clients of all ages in an outpatient setting. Managing up to 3 RNs doing clinic-based medication management.

PSYCHIATRIC NURSE PRACTITIONER |PENINSULA OUTPATIENT, LENOIR, TN | **2009-14** |

Nurse practitioner position delivering psychiatric primary care, medication management and therapy with children and adolescents insured primarily through Medicaid, in a rural outpatient setting. Developed group therapy program for children.

PSYCHIATRIC NURSE |PENINSULA HOSPITAL, LOUISVILLE, TN | **2006-09** |

Psychiatric/mental health nurse providing acute, inpatient care across the lifespan. Member of the restraint and seclusion prevention task force, developing educational resources for staff nurses.

PSYCHIATRIC NURSE | METRO-WEST MEDICAL CENTER, NATICK, MA| **1998-2006** |

Child Development Unit: Charge RN responsible for managing acute care and therapeutic milieu. Worked with MA Department of Mental Health, public health initiative to reduce and eliminate restraint and seclusion on child and adolescent inpatient psychiatric units.

PSYCHIATRIC VISITING NURSE | MILFORD-MENDON VNA, MENDON, MA | **1994-98** |

HIV Case management, psychiatric group home consultation.

PSYCHIATRIC NURSE | METRO-WEST MEDICAL CENTER, NATICK, MA | **1989-94** |

Psychiatric nurse on adult and adolescent unit, primary care including case coordination, family therapy, emergency room evaluations, and substance abuse therapy group leadership responsibility.

CHARGE NURSE/LONG-TERM CARE | INTERNATIONAL SPECIALISTS, NEWTON | **1987-89** |

Per Diem RN in long-term facilities, primarily with geriatric populations.

NURSE TELEMETRY STEP DOWN UNIT | MARLBORO HOSPITAL, MARLBORO, MA | **1984-87** |

Nurse on medical/surgical/ telemetry unit.

Other

Certified Nurse Educator | 2019 |

Partners' Trauma Informed Care Committee | 2018- present |

Certified EPIC Trainer | 2018- present |

Peer Reviewer ANA MA Approver Unit | 2017- present |

Certified Non-Violent Crisis Intervention Trainer | 2016- present |

Peer-Reviewed Publications

Gibson, M. & Carlson, K. (in press). Big Bill, Bigger Consequences: One Big Beautiful Bill Act (OBBA) and Opioid Use Treatment a Critical Review. *Policy, Politics, & Nursing Practice*.

Carlson, K. & Potter, C. (2021). Empowering nurses: Communicating potential medication misuse. *Journal of the American Psychiatric Nurses Association*.
<https://doi.org/10.1177/10783903211028635>

Carlson, K., Kingsley, J., Birnbaum, S., Strimaitis, C., Quinn, T., Espinoza, R. (2020). Nature-based group therapy: A grounded theory study. *Western Journal of Nursing Research*.
<http://doi.org/10.1177/0193945920929950>

Carlson, K., & Kieran, K. (2019). Narratives of neonatal abstinence syndrome. *Archives of Psychiatric Nursing*, 3, 275-283. <https://doi.org/10.1016/j.apnu.2019.02.003>

Shattell, M., Carlson, K., & Bartlett, R. (2018). Final chapter in the McLean Hospital School of Nursing Alumni Association. *Journal of Psychosocial Nursing and Mental Health Services*, 56(8), 2-4. DOI: 10.3928/02793695-20180723-04

Hall, J., & Carlson, K. (2016). Marginalization: A revisitation with integration of scholarship on globalization, intersectionality, privilege, microaggressions and implicit biases. *Advances in Nursing Science*, 39, 200-15. DOI: 10.1097/ANS.000000000000123

Carlson, K., & Hall, J. (2014). Preventing restraint and seclusion: A multilevel grounded theory analysis. *Sage On-line*. DOI: 10.1177/2158244014556641

Thomas, S. P., Phillips, K., Carlson, K., Shieh, E., Kirkwood, E., Cabage, L. and Worley, J. (2012). Childhood experiences of perpetrators of child sexual abuse. *Perspectives in Psychiatric Care*, 48, 1-15.

Carlson, K., & Hall, J. M. (2011). The concept of manliness related to the phenomenon of crying: A Bourdieusian Approach. *Journal of Holistic Nursing Education*, 19(1), 197-200.
Bourdieusian Approach (2011). *Journal of Holistic Nursing Education*, 19(1), 197-200.
Carlson, K., & Hall, J. M. (2011). The concept of manliness related to the phenomenon of crying: A Bourdieusian Approach. *Journal of Holistic Nursing*, 29, 198-200.

Book Reviews

Carlson, K., & Hobson, J. (2016). [Review of the book, Psychiatric drug withdrawal: A guide for prescribers, therapists, patients and their families, by Peter R. Breggin]. *Issues in Mental Health Nursing*, 37, 280-281.

DOI:10.3109/01612840.2016.1150741

Carlson, K. (2016). [Review of the book, The essence of nursing practice: Philosophy and perspective]. *Issues in Mental Health Nursing*, 37, 133.

DOI: 10.3109/01612840.2015.1128295

Carlson, K. & Mastrototaro, A. (2015). [Review of the book, The art of communication in nursing and healthcare, by T. Raphael-Grimm]. *Issues in Mental Health Nursing*, 35, 566. DOI:

10.3109/01612840.2015.1053773

Carlson, K. (2014). [Review of the book, Transforming interprofessional partnerships: A new framework for nursing and partnership-based health care, by R. Eisler. & T. Potter]. *Issues in Mental Health Nursing*, 35, 643. DOI: 10.3109/01612840.2014.929367

Carlson, K. (2014). [Review of the book Nurses and families: A guide to family assessment and intervention (6th ed.), by M. Wright & M. Leahey]. *Issues in Mental Health Nursing*, 35, 565

DOI: 10.3109/01612840.2014.918471

Carlson, K. (2014). [Review of the book Spiritual care in everyday nursing practice: A new approach, by Janice Clarke]. *Issues in Mental Health Nursing*, 35, 410.

DOI: 10.3109/01612840.2014.899302

Carlson, K. & Lakeman, R. (2014). [Review of the book Mental health services in Europe: Provision and practice, edited by Brimblecomb, R. & Nolan, P.]. *Issues in Mental Health Nursing*, 35, 152-153. DOI: 10.3109/01612840.2013.847512

Carlson, K. (2014). [Review of the book Autism and spirituality, by Olga Bogdashina]. *Issues in Mental Health Nursing*. 35, 316. DOI: 10.3109/01612840.2014.890474

Beebe, L. & Carlson, K. (2009). [Review of the book Child anxiety disorders: A family-based treatment manual for practitioners, by J. Wood & B. McLeod]. *Issues in Mental Health Nursing*, 30, 415.

Carlson, K. (2008). [Review of the book Unlocking the mysteries of eating disorders: A life-saving guide to your child's treatment and recovery, by D. Herzog, D. Franko, & P. Cable].

Issues in Mental Health Nursing, 29, 1045-1046.

Dissertation

Carlson, Kelly A. (2012). How do psychiatric healthcare workers prevent the use of restraint and seclusion? University of Tennessee: Knoxville, TN

http://trace.tennessee.edu/utk_graddiss/1580

Other Publications

Myers, C., Carlson, K. Gunther, M., and Phillips, K. (2012, December). Tennessee Action Coalition: Survey results. *Tennessee Nurse*, p. 6.

Carlson, K. (2010, December). Opportunities for Tennessee nurses: Crafting health care reform. *Tennessee Nurse*, pp. A1, A8.

Presentations

"Connecting the notes in psychiatric mental health nursing," R. Sanford, K. Carlson American Psychiatric Nursing Association 38th Annual Conference. Psychiatric-Mental Health Nurses: Revolutionizing Access to Person-Centered Care, October 9-12, 2024, (poster).

"Nature-based interventions for mental health," World Conference on Forests for Public Health, October 25-28, 2021, (presentation).

"Evolving technological practices during the pandemic: Risks and rewards," K. Carlson, D. Scott. American Psychiatric Nursing Association 35th Annual Conference. Psychiatric-Mental Health Nurses: Revolutionizing Access to Person-Centered Care, October 13-16, 2021, (poster).

"Psychiatric nurses' knowledge of misused and diverted medications," K. Carlson, C. Potter. APNA eLearning Center. January 8, 2021, (enduring presentation).

"Psychiatric nurses knowledge of misused prescription medications," K. Carlson and C. Potter. American Psychiatric Nursing Association 34th Annual Conference. Proud Partners in the Journey to Whole Health, September 30 - October 4, 2020, (poster).

"Nature-based group therapy: Patient reflections," K. Carlson, J. Kingsley, S. Birnbaum, C. Stramatis, R. Espinoza, T. Quinn. McLean Research Day 2020. January 29, 2020 (presentation).

"Adverse childhood experiences, serious mental illness/substance use disorders and tailoring first episode psychosis (FEP) programs to serve women," K. Bolton, K. Carlson, and C. Chance. Substance Abuse and Mental Health Services Administration. August 27, 2019. (webinar).

"Collaborating with geropsych units: When to refer and how to smooth transitions," A. Huntington, K. Carlson, and A. Kenney. A Map Through the Maze: Conference for Alzheimer's Care Professionals. May 22, 2019. DCU Center, Worcester, MA (panel presentation).

"Complexities and care: Orienting to a geropsychiatric unit," K. Carlson and A. Huntington, American Psychiatric Nursing Association 32th Annual Conference. Trusted Agents of Change: Nurses Balancing Inequities in Mental Health Care. October 24-27, 2018. Columbus Convention Center, Columbus, OH (poster).

"Grounding techniques in the garden," K. Carlson and J. Kingsley, American Psychiatric Nursing Association 32th Annual Conference. Trusted Agents of Change: Nurses Balancing Inequities in Mental Health Care. October 24-27, 2018. Columbus Convention Center, Columbus, OH (poster).

"Bringing Recovery Oriented Practice to McLean: The Work of the Interdisciplinary Recovery Oriented Practice (IROP) Committee," K. Carlson, B. Chandler, L. Flaherty, A. Gerken, J. Kropinger, N. Van Kirk, and D. Weene, McLean Hospital Grand Rounds lecture series 2017-2018 McLean Forum. October 26, 2017. McLean Hospital Belmont, MA (panel presentation).

"Grounding techniques in the garden," J. Kingsley, T. Snyder and K. Carlson, 5th Annual Partners Trauma Informed Care Symposium. November 13, 2017. McLean Hospital, Belmont, MA (poster).

"Trauma-informed care: Philosophy, experience and culture," K. Carlson and M. Olivier, American Psychiatric Nursing Association 31th Annual Conference. Whole Health Begins with Mental Health. October 18-21, 2017. Phoenix Convention Center, Phoenix, AZ (poster).

"Narratives of neonatal abstinence syndrome," K. Carlson and M. Valle, American Psychiatric Nursing Association 30th Annual Conference. Psychiatric-Mental Health Nursing: Inspiring Leadership Every Day. October 19-22, 2016. Connecticut Convention Center, Hartford, CT (poster).

"Psychiatric-mental health nursing education and international experiences," International Society of Psychiatric-Mental Health Nurses 18th Annual Meeting. April 12-15, 2016. Minneapolis, MN (oral presentation).

"Improving community health through an innovative collaboration between academics and practitioners through the Worcester Academic Health Department," 2016 Community Engagement and Research Symposium, University of Massachusetts Medical School, Worcester, MA, March 31, 2016 (panel presentation).

"Psychiatric nurses, inter-professional collaboration and social capital," International Society of Psychiatric-Mental Health Nurses 17th Annual Meeting, Seattle, WA, March 28, 2015 (oral presentation).

"Preventing Restraint and Seclusion: Policy Implementation in a Locale," International Society of Psychiatric-Mental Health Nurses 15th Annual Meeting, San Antonio, TX, April 19, 2013 (oral presentation).

"How Do Psychiatric Healthcare Workers Prevent the Use of Restraint and Seclusion? It's Just the Business we are in," American Psychiatric Nurses Association 26th Annual Meeting, Pittsburgh, PA, November 7-10, 2012 (poster).

"Survey Results of the Tennessee Action Coalition," C. Myers, K. Carlson, M. Gunther, and K. Phillips, TN Nurses Association Annual Convention, Nashville, TN, October 19-21, 2012 (poster and oral presentations).

"How Do Psychiatric Healthcare Workers Prevent the Use of Restraint and Seclusion?" International Society of Psychiatric-Mental Health Nurses 14th Annual Meeting, Atlanta, GA, March 27-31, 2012 (poster).

"Childhood Experiences of Perpetrators of Child Sexual Abuse," S. Thomas, K. Carlson, E. Kirkland, K. Phillips, and B. Shieh, International Society of Psychiatric-Mental Health Nurses 14th Annual Meeting, Atlanta, GA, March 27-31, 2012 (oral presentation).

“Narratives of Childhood by Perpetrators of Child Sexual Abuse,” S. Thomas, K. Carlson, S. Powers, and K. Phillips, Southern Nurses Research Society 25th Annual Conference, Jacksonville, FL, February 16-19, 2011 (poster).

HONORS AND AWARDS

- 2018 Partners in Excellence Award, Teamwork, McLean Hospital, Belmont, MA
- 2017 Partners in Excellence Award, McLean Hospital, Belmont, MA
- 2014 Leadership Award, TN Chapter of APNA, Knoxville, TN
- 2013 Best Student Poster Discussion, Southern Nurses Research Society, Little Rock, AR
- 2012 Martha E. Rogers Award for Excellence in Scholarship
- 2012 Best Poster Presentation, International Society of Psychiatric Nursing, Atlanta, GA
- 2012 Best Student Poster, American Psychiatric Nurses Association, Pittsburg, PA
- 2012 Sigma Theta Tau Research Award, Gamma Chi Chapter
- 2011 Chancellor’s Honors Award, University of Tennessee, Knoxville
- 2011 Health Policy Fellow, George Mason University Summer Program, Washington, DC
- 2011 Best Poster Presentation, International Society of Psychiatric Nurses, Tucson, AZ
- 2010 Barton Nursing Scholarship, University of Tennessee
- 2010 Chancellor’s Honors Award, University of Tennessee
- 2009 Wallace and Katie Dean Fellowship Award, University of Tennessee
- 2008 Dean’s Award for Clinical Excellence
- 2008 Phi Kappa Phi
- 2006 Sigma Theta Tau
- 2003 Distinguished Service Award (Unit) MA Department of Mental Health, Boston, MA

OTHER EXPERIENCES AND PROFESSIONAL MEMBERSHIPS

- 2021 NONPF Co-Chair Addictions SIG
- 2017 Peer Reviewer, Approver Unit, ANA MA
- 2016 Reviewer, *Advances in Nursing Science*
- 2013 TN Chapter President, American Psychiatric Nurses Association
- 2013 Book Reviewer, *Issues in Mental Health Nursing*
- 2013 Corresponding Secretary, TNA, District 2
- 2012 Board Member, APNA TN Chapter
- 2011 Delegate, District 2, Tennessee Nurses Association
- 2010 Board of Directors, TNA District 2
- 2009 Reviewer, *Issues in Mental Health Nursing*
- 2008 Member ANA
- 2008 Member, International Society of Psychiatric Nurses
- 2007 Member, American Psychiatric Nurses Association

