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| For Academic Affairs and Research Use Only | |
| CIP Code: |  |
| Degree Code: |  |

**New Course Proposal Form**

**[ ] Undergraduate Curriculum Council**

**[ x] Graduate Council**

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| --- |
| **[x ] New Course or [ ]Experimental Course (1-time offering) (Check one box)** |

Signed paper copies of proposals submitted for consideration are no longer required. Please type approver name and enter date of approval.

Email completed proposals to [curriculum@astate.edu](mailto:curriculum@astate.edu) for inclusion in curriculum committee agenda.

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| Evi Tayor 1/10/2019 **Department Curriculum Committee Chair** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **COPE Chair (if applicable)** |
| Evi Taylor 1/10/2019 **Department Chair:** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **Head of Unit (If applicable)** |
| Evi Taylor 1/18/2019 **College Curriculum Committee Chair** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **Undergraduate Curriculum Council Chair** |
| Susan Hanrahan 1/28/19 Enter date… **College Dean** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **Graduate Curriculum Committee Chair** |
| |  |  | | --- | --- | | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Enter date |   **General Education Committee Chair (If applicable)** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **Vice Chancellor for Academic Affairs** |

1. Contact Person (Name, Email Address, Phone Number)

Dr. Cheryl Knight [cknight@astate.edu](mailto:cknight@astate.edu) 870-219-4333

2. Proposed Starting Term and Bulletin Year

Fall 2019

3. Proposed Course Prefix and Number (Confirm that number chosen has not been used before. For variable credit courses, indicate variable range. *Proposed number for experimental course is 9*. )

SW 6083

4. Course Title – if title is more than 30 characters (including spaces), provide short title to be used on transcripts. Title cannot have any symbols (e.g. slash, colon, semi-colon, apostrophe, dash, and parenthesis). Please indicate if this course will have variable titles (e.g. independent study, thesis, special topics).

Trauma Focused Practice

5. Brief course description (40 words or fewer) as it should appear in the bulletin.

Introduce current bio-ecological evidence based research and practice in the field of social work trauma to enhance assessment and intervention skills in working with persons who have experienced trauma.

6. Prerequisites and major restrictions. (Indicate all prerequisites. If this course is restricted to a specific major, which major. If a student does not have the prerequisites or does not have the appropriate major, the student will not be allowed to register).

1. **Yes / No** Are there any prerequisites? Yes
   1. If yes, which ones?

Graduate Social Work Students Only

* 1. Why or why not?

This is a graduate course

1. **Yes / No** Is this course restricted to a specific major? Yes
   1. If yes, which major? Social Work

7. Course frequency(e.g. Fall, Spring, Summer). *Not applicable to Graduate courses.*

Enter text...

8. Will this course be lecture only, lab only, lecture and lab, activity, dissertation, experiential learning, independent study, internship, performance, practicum, recitation, seminar, special problems, special topics, studio, student exchange, occupational learning credit, or course for fee purpose only (e.g. an exam)? Please choose one.

Lecture

9. What is the grade type (i.e. standard letter, credit/no credit, pass/fail, no grade, developmental, or other [please elaborate])

Standard letter

10. **Yes / No** Is this course dual listed (undergraduate/graduate)? NO

11. **Yes / No** Is this course cross listed? NO

*(If it is, all course entries must be identical including course descriptions. Submit appropriate documentation for requested changes. It is important to check the course description of an existing course when adding a new cross listed course.)*

**11.1** – If yes, please list the prefix and course number of cross listed course.

Enter text...

**11.2** – **Yes / No** Are these courses offered for equivalent credit?

Please explain. Enter text...

12. **Yes / No** Is this course in support of a new program? NO

a. If yes, what program?

Enter text...

13. **Yes / No** Does this course replace a course being deleted? NO

a. If yes, what course?

Enter text...

14. **Yes / No** Will this course be equivalent to a deleted course? NO

a. If yes, which course?

Enter text...

15. **Yes / No** Has it been confirmed that this course number is available for use? Yes

*If no: Contact Registrar’s Office for assistance.*

16. **Yes / No** Does this course affect another program? NO

If yes, provide confirmation of acceptance/approval of changes from the Dean, Department Head, and/or Program Director whose area this affects.

Enter text...

**Course Details**

17. Outline (The course outline should be topical by weeks and should be sufficient in detail to allow for judgment of the content of the course.)

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| Week 1 Overview of Trauma |
| Week 2 History of Trauma Work in Social Work |
| Week 3 Basic Principles of Traumatic Stress   * Epidemiology * Psychological and Social Theories |
|  |
| Week 4 Basic Principles of Traumatic Stress   * Neurobiological Implications * Physical Health Implications |
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| Week 5 Assessments and Diagnostic Considerations |
|  |
| Week 6 Trauma Interventions   * Early intervention * Prolonged Exposure Therapy * CBT |
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| Week 7 Trauma Interventions   * Cognitive Processing Therapy * EMDR |
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| Week 8 Trauma Interventions   * Narrative Exposure Therapy (NET) * Brief Eclectic |
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| Week 9 Trauma Interventions   * STAIR Narrative * Mindfulness |
|  |
| Week 10 Pharmacological Treatment Approaches  Group Therapy |
|  |
| Week 11 Vicarious Trauma  Secondary Trauma  Disenfranchised Grief |
|  |
| Week 12 Natural Disasters  Trauma – Accidents  Trauma- Abuse Related |
|  |
| Week 13 Considerations in Trauma Practice |
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| Week 14 Special Populations and Trauma |

18. Special features (e.g. labs, exhibits, site visitations, etc.)

NO

19. Department staffing and classroom/lab resources

NO

1. Will this require additional faculty, supplies, etc.?

NO

20. **Yes / No** Does this course require course fees? NO

*If yes: please attach the New Program Tuition and Fees form, which is available from the UCC website.*

**Course Justification**

21. Justification for course being included in program. Must include:

a. Academic rationale and goals for the course (skills or level of knowledge students can be expected to attain)

Trauma treatment is a growing area of research and skills training in the field of Social Work and students preparing to enter the field need this knowledge base. Students will learn diagnostic assessment skills working with adults, adolescents and children who have experienced trauma. Intervention skills will also be taught in regard to different types of trauma.

b. How does the course fit with the mission established by the department for the curriculum? If course is mandated by an accrediting or certifying agency, include the directive.

The social work department at Arkansas State University offers a graduate degree that emphasizes trauma- infused cognitive behavioral therapy; and while this is highlighted in several existing courses in the department, there is currently no specific course in this area being offered.

c. Student population served.

Required course for graduate students

d. Rationale for the level of the course (lower, upper, or graduate).

Graduate – teaches skills and interventions that can only be utilized by a social worker with a Master’s degree.

**Assessment**

**Relationship with Current Program-Level Assessment Process**

22. What is/are the intended program-level learning outcome/s for students enrolled in this course? Where will this course fit into an already existing program assessment process?

Social work education is a competency-based approach that prepares students with the knowledge, skills, and values required for professional practice

23. Considering the indicated program-level learning outcome/s (from question #23), please fill out the following table to show how and where this course fits into the program’s continuous improvement assessment process.

*For further assistance, please see the ‘Expanded Instructions’ document available on the UCC - Forms website for guidance, or contact the Office of Assessment at 870-972-2989.*

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| **Program-Level Outcome 1 (from question #23)** | Social Work Competency 6: Engage with Individuals, Families, Groups, Organizations and Communities; Social Work Competency 7: Assess Individuals, Families, Groups, Organizations and Communities; and Social Work Competency 8: Intervene with Individuals, Families, Groups, Organizations and Communities. |
| Assessment Measure | Evidence-based trauma treatment presentation with video role play and assessment/treatment plan. Reflection paper. Exams. In- class activities |
| Assessment  Timetable | Throughout the semester |
| Who is responsible for assessing and reporting on the results? | The assessment coordinator is responsible for assessing, evaluating, and analyzing results, and developing action plans. |

*(Repeat if this new course will support additional program-level outcomes)*

**Course-Level Outcomes**

24. What are the course-level outcomes for students enrolled in this course and the associated assessment measures?

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| **Outcome 1** | Students will demonstrate advanced knowledge and diagnostic skills in assessment of trauma across the life span. |
| Which learning activities are responsible for this outcome? | Evidence-based trauma treatment presentation with video role play and assessment/treatment plan. Reflection Paper. Class activities. |
| Assessment Measure | Students will complete course with an average of 85% or higher |

*(Repeat if needed for additional outcomes)*

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| **Outcome 2** | Students will demonstrate the differential use of intervention skills for specific types of trauma. |
| Which learning activities are responsible for this outcome? | Evidence-based trauma treatment presentation with video role play and assessment/treatment plan. Reflection Paper. Class activities. |
| Assessment Measure | Students will complete course with an average of 85% or higher |

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| **Outcome 3** | Demonstrate trauma focused skills in risk assessment, crisis intervention, safety planning and treatment for client systems at risk of self-harm. |
| Which learning activities are responsible for this outcome? | Evidence-based trauma treatment presentation with video role play and assessment/treatment plan. Reflection Paper. Class activities. |
| Assessment Measure | Students will complete course with an average of 85% or higher |

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| **Outcome 4** | Students will demonstrate skills in at least one trauma treatment modality. |
| Which learning activities are responsible for this outcome? | Evidence-based trauma treatment presentation with video role play and assessment/treatment plan. Reflection Paper. Class activities. |
| Assessment Measure | Students will complete course with an average of 85% or higher |

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| **Outcome 5** | Students will learn to learn develop a trauma focused therapeutic environment and develop rapport building specific to trauma clients. |
| Which learning activities are responsible for this outcome? | Evidence-based trauma treatment presentation with video role play and assessment/treatment plan. Reflection Paper. Class activities. |
| Assessment Measure | Students will complete course with an average of 85% or higher |

**Bulletin Changes**

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| **Instructions** |
| **Please visit** [**http://www.astate.edu/a/registrar/students/bulletins/index.dot**](http://www.astate.edu/a/registrar/students/bulletins/index.dot) **and select the most recent version of the bulletin. Copy and paste all bulletin pages this proposal affects below. Follow the following guidelines for indicating necessary changes.**  **\*Please note: Courses are often listed in multiple sections of the bulletin. To ensure that all affected sections have been located, please search the bulletin (ctrl+F) for the appropriate courses before submission of this form.**  - Deleted courses/credit hours should be marked with a red strike-through (~~red strikethrough~~)  - New credit hours and text changes should be listed in blue using enlarged font (blue using enlarged font).  - Any new courses should be listed in blue bold italics using enlarged font (***blue bold italics using enlarged font***)  *You can easily apply any of these changes by selecting the example text in the instructions above, double-clicking the ‘format painter’ icon 🡪 , and selecting the text you would like to apply the change to.*  *Please visit* [*https://youtu.be/yjdL2n4lZm4*](https://youtu.be/yjdL2n4lZm4) *for more detailed instructions.* |

Paste bulletin pages here...

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| **University Requirements:** |  |
| See Graduate Degree Policies for additional information (p. 47) |  |
| **Foundation Curriculum** | **Sem. Hrs.** |
| SW 5003, Human Behavior and the Social Environment I | 3 |
| SW 5023, Foundations of Social Work Practice I | 3 |
| SW 5043, Foundations of Social Work Practice II | 3 |
| SW 5053, Social Welfare Policy and Services | 3 |
| SW 5063, Social Justice and Diversity | 3 |
| SW 5333, Human Behavior and the Social Environment II | 3 |
| SW 5803, Full-time Foundation Field I | 3 |
| SW 5813, Full-time Foundation Field II | 3 |
| Social Work Elective | 3 |
| **Sub-total** | **27** |
| **Concentration Curriculum:** | **Sem. Hrs.** |
| SW 6003, Psychopathology for Social Workers | 3 |
| SW 6013, Social Work Ethics | 3 |
| SW 6023, Social Work Evaluation and Research | 3 |
| SW 6033, Clinical Practice with Individual | 3 |
| SW 6043, Clinical Practice with Families | 3 |
| SW 6053, Clinical Practice with Groups | 3 |
| SW 6063, Social Work Policy Analysis | 3 |
| SW 6073, Integrative Research Project | 3 |
| ***SW 6083, Trauma Focused Practice*** | ***3*** |
| Select one of the following options:  Option 1:  SW 6803, Full-time Advanced Field I  SW 6813, Full-time Advanced Field II  Option 2:  SW 681V, Part-time Advanced Field I  SW 682V, Part-time Advanced Field II  SW 683V, Part-time Advanced Field III  SW 684V, Part-time Advanced Field IV | 6 |
| Social Work Elective | 3 |
| **Sub-total** | *36* |
| Total Required Hours | ***63*** |