# THE OPIOID EPIDEMIC

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WHAT IS AN OPIOID DISORDER AND WHAT CAN WE DO TO PREVENT IT?

Learn more with these fun facts

### What is an Opioid?

-Substances that act on opioid receptors to produce morphine-like effects

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What is the problem Many people in Arkansas are developing opioids disorders and are getting addicted.

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## How are people getting Opioids?

About 64-82% of people are prescribe opioids in Arkansas alone.

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About 21-29% of patients prescribed opioids for chronic pain develop some form of opioid absue disorder

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# What can we do to prevent Opioid disorder

Because so many people are expose due to prescription opiates the best solution would be to prescribe less opioids and find alternatives for them.

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### **Methods for Change**

- -Learn proper opioid disposal methods
- -Finds alternatives for opioids such as Kratom
- -Make sure to Discuss the potential risks with

your doctor

#### Goal

My goal is to reduce the amount of people who are being exposed to opioids

#### Measurement of Success

If everyone started taking proper step to prevent the over-exposure of opioids less people would become addicted.

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Nurses Working Together to Fight the Opioid Epidemic - ProQuest , The Opioid Epidemic: What Does it Mean for Nurses? - ProQuest <a href="https://nida.nih.gov/publications/research-reports/misuse-prescription-drugs/what-classes-presription-drugs-are-commonly-misused-https://www.cdc.gov/drugoverdose/rxrate-maps/index.hmtl">https://www.cdc.gov/drugoverdose/rxrate-maps/index.hmtl</a>