



Bachelor of Science in Health Promotion

Problems Or Questions Regarding Registration? Please Email Us At OnlineAdvising@astate.edu

Must Have 35 Hours of General Education Courses for a Bachelor's Degree at Arkansas State University

X = Offered Every Year
XE = Offered "Even" Years (e.g. 2022, 2024 etc.)
XO = Offered "Odd" Years (e.g. 2023, 2025 etc.)

			Fall Term 1	Fall Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
CORE COURSES (71-74 Credit Hours)								
COMS	4403	Seminar in Health Communications		X				
ISBA	1503	Microcomputer Applications					X	
GCOM	3673	Desktop Publishing & Publication Design	X			X		
HLTH	2513	Principles of Personal Health	X					
HLTH	2523	First Aid & Safety				X		
HLTH	2533	Mental Health					X	
HLTH	2543	Stress Management						X
HLTH	3513	Multicultural Health			X			
HLTH	3523	Public & Community Health		X				
HLTH	3533	Strategies for Teaching Health Ed			X			
HLTH	3563	Human Sexuality	X					
HLTH	3573	Health Behavior Theories		X				
HLTH	4513	Consumer health						X
HLTH	4523	Current Issues in Health					X	
HLTH	4543	Drug Use & Abuse			X			
HLTH	4633	Health Promotion Assessment & Planning		X			X	
HLTH	4643	Health Promotion Implementation & Eval			X			X



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CORE COURSES (continued)

HP	2013	Medical Terminology		X		X		X
HPES	1883	Foundations of HPESS	X		X		XO	
HPES	4863	Internship in HPESS I		X		X		X
HPES	4893	Internship in HPESS II	X		X		X	
NS	2203	Basic Human Nutrition		XE		XE		XO
OESH	3013	Occupational Health & Safety				X		
PE	1002	Concepts of Fitness	XO		XO		XE	

IMPORTANT: Students Must Take One of the Two Below Courses

NRS	3353	Aging & the Older Adult		X	X			
SOC	4353	Sociology of Aging						X

PROGRAM REQUIRED GENERAL EDUCATION (3 Credit Hours)

COMS	1203	Oral Communication	X		X		X	
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