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| For Academic Affairs and Research Use Only |
| Proposal Number | EBS06 |
| CIP Code:  |  |
| Degree Code: |  |

**Program Modification Form**

**[ X] Undergraduate Curriculum Council**

**[ ] Graduate Council**

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| **Modification Type: [ ]Admissions, [ ]Curricular Sequence, or [x ]Other**  |

Signed paper copies of proposals submitted for consideration are no longer required. Please type approver name and enter date of approval.

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| Amanda Wheeler Gryffin | 2/19/2021 |

**Department Curriculum Committee Chair** |

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**COPE Chair (if applicable)** |
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| Paul Finnicum | 2/17/2021 |

**Department Chair**  |

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**Head of Unit (if applicable)**   |
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| Wayne Wilkinson | 3/2/2021 |

**College Curriculum Committee Chair** |

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**Undergraduate Curriculum Council Chair** |
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| Mary Elizabeth Spence | 3/3/2021 |

**Office of Assessment** *(only for changes impacting assessment)* |

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**Graduate Curriculum Committee Chair** |
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| Lance G. Bryant | 3/4/2021 |

**College Dean** |

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| \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Enter date |

**Vice Chancellor for Academic Affairs** |
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**General Education Committee Chair (if applicable)**   |  |

1. **Contact Person** (Name, Email Address, Phone Number)

Paul Finnicum, pfinnicu@astate.edu, 870-680-8113

1. **Proposed Change** (for undergraduate curricular changes please provide an 8-semester plan (appendix A), if applicable)

The proposed change is a move to an online program.

1. **Effective Date**

8/16/2021

1. **Justification –** *Please provide details as to why this change is necessary.*

The BS in Health Promotion became an officially recognized program beginning 1997-98. From fall 2016 to fall 2019 enrollment has dropped from 22 to 12. We believe an online program will increase enrollment for health promotion majors.

The Bureau of Labor and Statistics Occupational Outlook Handbook indicates health educator’s job outlooks are better than average (<https://www.bls.gov/ooh/community-and-social-service/health-educators.htm>) and that provides support for our belief that the health promotion program is viable, but needs to seek the larger markets that online learning provides.

In addition to moving the program online, in 2015, two program consultants suggested that we consider differentiating the Health Promotion program from the Exercise Science program as this was an issue/concern expressed by the majority of the students and by some of the alumni. Specific interest was expressed in the ability to explore more of a “public health” focus with a greater selection of content areas of promoting healthy behavior. That is what we are doing with some course additions/deletions.

**Bulletin Changes**

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| **Instructions**  |
| **Please visit** [**http://www.astate.edu/a/registrar/students/bulletins/index.dot**](http://www.astate.edu/a/registrar/students/bulletins/index.dot) **and select the most recent version of the bulletin. Copy and paste all bulletin pages this proposal affects below. Please include a before (with changed areas highlighted) and after of all affected sections.** **\*Please note: Courses are often listed in multiple sections of the bulletin. To ensure that all affected sections have been located, please search the bulletin (ctrl+F) for the appropriate courses before submission of this form.**  |

Before:

**Major in Health Promotion**

**Bachelor of Science**

A complete 8-semester degree plan is available at https://www.astate.edu/info/academics/degrees/

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| **University Requirements:**  |
| See University General Requirements for Baccalaureate degrees (p. 42)  |
| **First Year Making Connections Course:**  | **Sem. Hrs.**  |
| HPES 1013, Introduction to HPESS (Making Connections)  | **3**  |
| **General Education Requirements:**  | **Sem. Hrs.**  |
| See General Education Curriculum for Baccalaureate degrees (p. 78) **Students with this major must take the following:** *BIO 2203 AND 2201, Human Anatomy and Physiology I and Laboratory* *MATH 1023, College Algebra or MATH course that requires MATH 1023 as a prerequisite* *COMS 1203, Oral Communication (Required Departmental Gen. Ed. Option)*  | **35**  |
| **Major Requirements:** Grade of “C” or better required for all Major Requirements  | **Sem. Hrs.**  |
| BIO 2223 **AND** 2221, Human Anatomy and Physiology II and Laboratory  | 4  |
| CIT 1503, Microcomputer Applications  | 3  |
| ES 3543, Human Anatomy and Anatomic Fundamentals of Motion  | 3  |
| ES 3553, Basic Physiology of Activity  | 3  |
| ES 3623, Techniques of Physiological Fitness Assessment  | 3  |
| ES 3653, Techniques of Aerobic Conditioning  | 3  |
| ES 4693, Techniques of Strength Training and Conditioning  | 3  |
| GCOM 3673, Desktop Publishing & Publication Design  | 3  |
| HLTH 2513, Principles of Personal Health  | 3  |
| HLTH 2523, First Aid and Safety  | 3  |
| HLTH 3523, Public and Community Health  | 3  |
| HLTH 3533, Strategies for Teaching Health Education  | 3  |
| HLTH 3563, Human Sexuality  | 3  |
| HLTH 4513, Consumer Health  | 3  |
| HLTH 4523, Current Issues in Health  | 3  |
| HLTH 4543, Drug Use and Abuse  | 3  |
| HLTH 4633, Health Promotion Assessment and Planning  | 3  |
| HLTH 4643, Health Promotion Implementation and Evaluation  | 3  |
| HPES 1883, Foundations of HPESS *Must be completed ONLY if HPES 1013 is not completed as the First Year Making Connec­tions Course.*  | 0-3  |
| HPES 4896, Internship in HPESS **OR** HPES 4863, Internship in HPESS I **AND** HPES 4893, Internship in HPESS II  | 6  |
| HP 2013, Medical Terminology  | 3  |
| NS 2203, Basic Human Nutrition  | 3  |
| NRS 3353, Aging and the Older Adult **OR** SOC 4353, Sociology of Aging  | 3  |
| PE 1002, Concepts of Fitness  | 2  |
| **Sub-total**  | **72-75**  |
| **Electives:**  | **Sem. Hrs.**  |
| Electives  | **7-10**  |
| **Total Required Hours:**  | **120** |

Proposed:

**Major in Health Promotion**

**Bachelor of Science**

A complete 8-semester degree plan is available at https://www.astate.edu/info/academics/degrees/

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| **University Requirements:**  |
| See University General Requirements for Baccalaureate degrees (p. 42)  |
| **First Year Making Connections Course:**  | **Sem. Hrs.**  |
| HPES 1013, Introduction to HPESS (Making Connections)  | **3**  |
| **General Education Requirements:**  | **Sem. Hrs.**  |
| See General Education Curriculum for Baccalaureate degrees (p. 78) **Students with this major must take the following:** *BIO 2203 AND 2201, Human Anatomy and Physiology I and Laboratory* *MATH 1023, College Algebra or MATH course that requires MATH 1023 as a prerequisite* *COMS 1203, Oral Communication (Required Departmental Gen. Ed. Option)*  | **35**  |
| **Major Requirements:** Grade of “C” or better required for all Major Requirements  | **Sem. Hrs.**  |
| CIT 1503, Microcomputer Applications  | 3  |
| GCOM 3673, Desktop Publishing & Publication Design  | 3  |
| HLTH 2513, Principles of Personal Health  | 3  |
| HLTH 2523, First Aid and Safety  | 3  |
| HLTH 2533, Mental HealthHLTH 2543, Stress ManagementHLTH 3513, Multicultural HealthHLTH 3523, Public and Community Health  | 333 3 |
| HLTH 3533, Strategies for Teaching Health Education  | 3  |
| HLTH 3563, Human Sexuality HLTH 3573, Health Behavior Theories | 33  |
| HLTH 4513, Consumer Health  | 3  |
| HLTH 4523, Current Issues in Health  | 3  |
| HLTH 4543, Drug Use and Abuse  | 3  |
| HLTH 4633, Health Promotion Assessment and Planning  | 3  |
| HLTH 4643, Health Promotion Implementation and Evaluation  | 3  |
| HPES 1883, Foundations of HPESS *Must be completed ONLY if a First Year Making Connec­tions Course has not been taken.*  | 0-3 |
| HPES 4896, Internship in HPESS **OR** HPES 4863, Internship in HPESS I **AND** HPES 4893, Internship in HPESS II  | 6  |
| COMS 4403, Seminar in Health CommunicationHP 2013, Medical Terminology 3  | 3  |
| NS 2203, Basic Human Nutrition  | 3  |
| NRS 3353, Aging and the Older Adult **OR SOC 4353 Sociology of Aging**OESH 3013, Occupational Health and Safety 3PE 1002 Concepts of Fitness 2  | 3  |
|  |  |
| **Sub-total**  | **71-74**  |
| **Electives:**  | **Sem. Hrs.**  |
| Electives  | **8-11**  |
| **Total Required Hours:**  | **120** |

**Appendix A, 8-Semester Plan**

(**Referenced in #2** - **Undergraduate Proposals Only)**

*Instructions: Please identify new courses in italics*.

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| **Arkansas State University-Jonesboro** |
| **Degree: Bachelor of Science Major: Health Promotion** |
| **2021-22** |
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| Students requiring developmental course work based on low entrance exam scores (ACT, SAT, ASSET, COMPASS) may not be able to complete this program of study in eight (8) semesters. Developmental courses do not count toward total degree hours. **Students having completed college level courses prior to enrollment will be assisted by their advisor in making appropriate substitutions. In most cases, general education courses may be interchanged between semesters.** A minumum of 45 hours of upper division credit (3000-4000 level) is required for this degree. Mandatory state and institutional assessment exams will be required during your degree program. ***Failure to participate in required assessments may delay graduation.*** |
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| **Year 1** |   | **Year 1** |
|  |  |  |
| **Fall Semester** |   | **Spring Semester** |
| **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |   | **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |
| **HPES 1013** | Intro to HPESS | **3** | x |   | **CHEM 1013 or 1043 or PHSC 1014 or 1203 or GEOL 1003 or PHYS 1103 or 2034 or 2054** | Gen Chemistry I or Fund. Concepts or Environmental Geology or Energy and the Environment or Intro to Space or Physical Science or University Physics I or General Physics | **3** |   |
| **COMS 1203** | Oral Communication | **3** | x |   | **CHEM 1011 or 1041 or PHSC 1201 or GEOL 1001 or PHYS 1101** | Lab for above | **1** |  |
| **BIO 2203** | Human Anatomy & Physiology I | **3** | X |   | **ENG 1013** | Composition II | **3** | x |
| **BIO 2201** | Human Anatomy & Physiology I Lab | **1** | x |   | **MATH 1023** | College Algebra | **3** | x |
| **ENG 1003** | Composition I | **3** | x |   | **HIST 2763 or 2773 or POSC 2103** | US to 1876 or Since 1876 or Intro to US Govt. | **3** | x |
| **ANTH 2233 or ECON 2313 or 2333 or GEOG 2613 or HIST 1013 or 1023 or 2763 or 2773 or CMAC 1003 or POSC 1003 or 2103 or PSY 2013 or SOC 2213** | Cultural Anthropology or principles of Macroeconomics or Economic Issues & Concepts or Intro to Geography or World Civilization to or Since 1660 or US History to our since 1876 or Mass Communication or Intro to Politics or Intro to US Govt. or Intro to Psychology or Intro to Sociology (select one not previously taken) | **3** | x |   | **ART or MUS or THEA 2503** | Fine Arts Visual or Music or Theatre | **3** | x |
| **Total Hours** |   | **16** |   |   | **Total Hours** |   | **16** |   |
| **Year 2** |   | **Year 2** |
| **Fall Semester** |   | **Spring Semester** |
| **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |   | **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |
| **HP 2013** | Medical Terminology | **3** |   |   | **PE 1002** | Concepts of Fitness | **2** |   |
| ENG 2003 or 2013 or PHIL 1103 | Intro to Literature I or II or Intro to Philosophy | **3** | X  |   | ***HLTH 2523*** | First Aid & Safety  | **3** |   |
| **CIT 1503** | Microcomputer Applications | **3** |  |   | *HLTH 2543* | *Stress Management* | **3** |  |
| **NS 2203** | Basic Human Nutrition | **3** |   |   | **HPES 1883 or electives** | Foundations of HPESS or electives as needed | **3** |  |
| *HLTH 2533* | *Mental Health* | **3** |   |   | **electives** | Select any | **2** |  |
|  |   |  |   |   | **ANTH 2233 or ECON 2313 or 2333 or GEOG 2613 or HIST 1013 or 1023 or 2763 or 2773 or CMAC 1003 or POSC 1003 or 2103 or PSY 2013 or SOC 2213** | Cultural Anthropology or principles of Macroeconomics or Economic Issues & Concepts or Intro to Geography or World Civilization to or Since 1660 or US History to our since 1876 or Mass Communication or Intro to Politics or Intro to US Govt. or Intro to Psychology or Intro to Sociology (select one not previously taken) | **3** | x |
| **Total Hours** |   | **15** |   |   | **Total Hours** |   | **16** |   |
| **Year 3** |   | **Year 3** |
| **Fall Semester** |   | **Spring Semester** |
| **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |   | **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |
| **HLTH 2513** | Principles of Personal Health | **3** |   |   | **HLTH 3513** | *Multicultural Health* | **3** |  |
| ***HLTH 3553*** | *Health Behavior Theories*  | **3** |   |   | **HLTH 3533** | Strategies in Health | **3** |   |
| **HLTH 3523** | Public and Community Health | **3** |   |   | **HLTH 3563** | Human Sexuality  | **3** |   |
| **GCOM 3673** | Desktop Publishing | **3** |   |   | **OESH 3013** | *Occupational Health and Safety* | **3** |   |
| **NRS 3353 or SOC 4353** | Aging | **3** |   |   | **electives** | select any | **3** |   |
| **Total Hours** |   | **15** |   |   | **Total Hours** |   | **15** |   |
|   |   |   |   |   |   |   |   |   |
| **Year 4** |   | **Year 4** |
| **Fall Semester** |   | **Spring Semester** |
| **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |   | **Course No.** | **Course Name** | **Hrs** | **Gen Ed** |
| ***COMS 4403***  | *Seminar in Health Communication* | **3** |   |   | **HLTH 4643** | HP Implementation and Evaluation | **6** |   |
| **HLTH 4523** | Current Issues | **3** |   |   | **HLTH 4513** | Consumer Health | **3** |   |
| ***HLTH 4543*** | Drug Use and Abuse | **3** |   |   | ***HPES 4896*** | Internship | **3** |   |
| **HLTH 4633** | HP Assessment and Planning | **3** |   |   |  |  |  |   |
| **electives** | select any | **3** |   |   |  |  |  |  |
| **Total Hours** |   | **15** |   |   | **Total Hours** |   | **12** |   |
|  |  |  |  |  |  |   |  |  |
| **Total Jr/Sr Hours** | **45** |  |  | **Total Degree Hours** | **120** |  |
|  |  |  |  |  |  |  |  |  |
| **Graduation Requirements:** |   |   |   |  |  |  |   |
|   |  |  |  |  |   |   |   |   |
| 2.00 GPA at ASU |  |  |  |  |  |  |  |   |
| 2.00 GPA Overall |  |  |  |  |  |  |  |   |
| Maximum of 31 credit hours via correspondence, extension, examination, PLA, Military or similar means; CLEP (30 hrs max)  |  |  |  |  |  |  |  |   |
| 45 JR/SR Hours ***after completing 30 hours*** |  |  |  |  |  |  |  |   |
| 120 Total Credit Hours |  |  |  |  |  |  |  |   |
| 18 of last 24 hours must be ASU-Jonesboro courses |  |  |  |  |  |  |  |   |
| Minimum of 57 hours from 4-year institutions |  |  |  |  |  |  |  |   |
| 32 Resident Hours if completing second degree and first degree was not from ASU-J |  |  |  |  |  |  |  |   |
| **Course/Grade Requirements** |  |  |  |  |  |  |  |   |
| C or better in major courses |  |  |  |  |  |  |  |   |
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