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| For Academic Affairs and Research Use Only | |
| CIP Code: |  |
| Degree Code: |  |

**New Course Proposal Form**

**[X] Undergraduate Curriculum Council**

**[ ] Graduate Council**

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| **[X] New Course or [ ]Experimental Course (1-time offering) (Check one box)** |

Signed paper copies of proposals submitted for consideration are no longer required. Please type approver name and enter date of approval.

Email completed proposals to [curriculum@astate.edu](mailto:curriculum@astate.edu) for inclusion in curriculum committee agenda.

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| Wayne W. Wilkinson 3/8/2018 **Department Curriculum Committee Chair** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **COPE Chair (if applicable)** |
| Kris Biondolillo 3/9/2018 **Department Chair:** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **Head of Unit (If applicable)** |
| Wayne W. Wilkinson 3/30/2018 **College Curriculum Committee Chair** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **Undergraduate Curriculum Council Chair** |
| Lance G. Bryant 3/30/2018 **College Dean** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **Graduate Curriculum Committee Chair** |
| |  |  | | --- | --- | | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Enter date |   **General Education Committee Chair (If applicable)** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Enter date…  **Vice Chancellor for Academic Affairs** |

1. Contact Person (Name, Email Address, Phone Number)

Dr. Sharon J. Davis, [sharondavis@astate.edu](mailto:sharondavis@astate.edu), 972-3190

2. Proposed Starting Term and Bulletin Year

Fall 2018 (Bulletin Year 2018-2019)

3. Proposed Course Prefix and Number (Confirm that number chosen has not been used before. For variable credit courses, indicate variable range. *Proposed number for experimental course is 9*. )

COUN 3283

4. Course Title – if title is more than 30 characters (including spaces), provide short title to be used on transcripts. Title cannot have any symbols (e.g. slash, colon, semi-colon, apostrophe, dash, and parenthesis). Please indicate if this course will have variable titles (e.g. independent study, thesis, special topics).

Introduction to Substance Use Disorders

5. Brief course description (40 words or fewer) as it should appear in the bulletin.

An overview of Substance Related and Addictive Disorders, including various models of conceptualizing substance use disorders, prevention approaches, evidence-based treatments, and the impact of family and culture from a counseling perspective.

6. Prerequisites and major restrictions. (Indicate all prerequisites. If this course is restricted to a specific major, which major. If a student does not have the prerequisites or does not have the appropriate major, the student will not be allowed to register).

1. **Yes / No** Are there any prerequisites? NO
   1. If yes, which ones?

Enter text...

* 1. Why or why not?

Enter text...

1. **Yes / No** Is this course restricted to a specific major? NO
   1. If yes, which major? Enter text...

7. Course frequency(e.g. Fall, Spring, Summer). *Not applicable to Graduate courses.*

Summer

8. Will this course be lecture only, lab only, lecture and lab, activity, dissertation, experiential learning, independent study, internship, performance, practicum, recitation, seminar, special problems, special topics, studio, student exchange, occupational learning credit, or course for fee purpose only (e.g. an exam)? Please choose one.

Lecture

9. What is the grade type (i.e. standard letter, credit/no credit, pass/fail, no grade, developmental, or other [please elaborate])

Standard letter

10. **Yes / No** Is this course dual listed (undergraduate/graduate)? NO

11. **Yes / No** Is this course cross listed? NO

*(If it is, all course entries must be identical including course descriptions. Submit appropriate documentation for requested changes. It is important to check the course description of an existing course when adding a new cross listed course.)*

**11.1** – If yes, please list the prefix and course number of cross listed course.

Enter text...

**11.2** – **Yes / No** Are these courses offered for equivalent credit?

Please explain. Enter text...

12. **Yes / No** Is this course in support of a new program? YES

a. If yes, what program?

Certificate Program in helping professions to be proposed fall 2018

13. **Yes / No** Does this course replace a course being deleted?

a. If yes, what course?

NO

14. **Yes / No** Will this course be equivalent to a deleted course?

a. If yes, which course?

NO

15. **Yes / No** Has it been confirmed that this course number is available for use? YES

*If no: Contact Registrar’s Office for assistance.*

16. **Yes / No** Does this course affect another program?

If yes, provide confirmation of acceptance/approval of changes from the Dean, Department Head, and/or Program Director whose area this affects.

NO

**Course Details**

17. Outline (The course outline should be topical by weeks and should be sufficient in detail to allow for judgment of the content of the course.)

**Tentative Schedule of Topics and Assignments**

(Topic dates are subject to change)

**Date** **Topic** **Reading**

Day 1 Overview and History of SUD Hanson et al., Chs 2&3

Day 2 How and why drugs work Hanson et al., Ch 5

Day 3 Types of drugs & their effects Blackboard PowerPoint

Day 4 Intro to Evidence-based Practices Thombs Ch. 1

Day 5 Models of SUD Thombs Ch. 2

Day 6 Assessing SUD Capuzzi & Stauffer, Ch 4

Day 7 Alcoholics Anonymous Blackboard PowerPoint

Day 8 Prevention Approaches Thombs Ch. 3

Day 9 Understanding Co-occurring Disorders Thombs Ch. 4

Day 10 Blackboard Discussion

Day11 Conditioning Approaches Thombs Ch. 6

Day 12 Cognitive Models Thombs Ch. 7

Day13 The Family System Thombs Ch. 8

Day 14 Social and Cultural Influences Thombs Ch. 9

Day 15 Changing Addictive Behavior Thombs Ch. 10

Day 16 **Finals Exam**

18. Special features (e.g. labs, exhibits, site visitations, etc.)

NONE

19. Department staffing and classroom/lab resources

Regular Classroom Only

1. Will this require additional faculty, supplies, etc.?

NO

20. **Yes / No** Does this course require course fees? NO

*If yes: please attach the New Program Tuition and Fees form, which is available from the UCC website.*

**Course Justification**

21. Justification for course being included in program. Must include:

a. Academic rationale and goals for the course (skills or level of knowledge students can be expected to attain)

Currently, the psychology and counseling department does not offer an undergraduate course in alcohol and drugs. Students from this department often go to work in fields where they come into contact with individuals with substance use disorders and this course will prepare them to work with this population. Specifically, this course will provide an overview of the the etiology and cultural impact of substance use disorders and will familiarize students with case management for persons with substance use disorders.

b. How does the course fit with the mission established by the department for the curriculum? If course is mandated by an accrediting or certifying agency, include the directive.

Arkansas State University aims to educate leaders, enhance intellectual growth, and enrich lives. Congruent with this global goal, the mission of the Clinical Mental Health Counseling program is to prepare students to become culturally competent counselors with a strong professional identity who lead through service and advocacy and can effectively work with diverse populations in various settings including community and social service agencies, school-based settings, in-patient facilities and private practices This course fits with this mission by training undergraduate students to serve as qualified paraprofessionals working alongside graduate trained counselors in the field, serving people with substance use disorders .

c. Student population served.

Undergraduates

d. Rationale for the level of the course (lower, upper, or graduate).

There currently is no undergraduate course on substance use in the Department of Psychology and Counseling. The Clinical Mental Health Counseling Program is developing a Certificate in Mental Health which will be available to undergraduate students at Astate. This course will be offered as an elective for that Certificate.

**Assessment**

**University Outcomes**

22. Please indicate the university-level student learning outcomes for which this new course will contribute. Check all that apply.

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| * 1. **X** Global Awareness | * 1. **[ ]** Thinking Critically | * 1. **[ ]** Information Literacy |

**Relationship with Current Program-Level Assessment Process**

23. What is/are the intended program-level learning outcome/s for students enrolled in this course? Where will this course fit into an already existing program assessment process?

1. Students will gain foundational knowledge and develop basic interpersonal communication skills appropriate for application in a variety of para-professional helping careers or entry into a graduate program in the helping professions.
2. Student will demonstrate an understanding of self-awareness, interpersonal and group interactions, and mental health issues from a multicultural, wellness-focused, and developmental perspective.

This course is intended to address objective #1.

24. Considering the indicated program-level learning outcome/s (from question #23), please fill out the following table to show how and where this course fits into the program’s continuous improvement assessment process.

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| **Program-Level Outcome 1 (from question #23)** | Students will gain foundational knowledge and develop basic interpersonal communication skills appropriate for application in a variety of para-professional helping careers or entry into a graduate program in the helping professions. |
| Assessment Measure | Direct: Case Management Plan Indirect: In-Class Discussions; Blackboard Discussions |
| Assessment  Timetable | Summer semester: Midterm & Finals Week |
| Who is responsible for assessing and reporting on the results? | Course Instructor |

*(Repeat if this new course will support additional program-level outcomes)*

**Course-Level Outcomes**

25. What are the course-level outcomes for students enrolled in this course and the associated assessment measures?

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| **Course-Level Outcome 1** | Students will understand the etiology and cultural impact of substance use disorders |
| Assessment Measure | Direct: Midterm & Final Exams Indirect: In-Class Discussions; Blackboard Discussions |
| Assessment  Timetable | Summer semester: Midterm & Finals Week |
| Who is responsible for assessing and reporting on the results? | Course Instructor |

*(Repeat if this new course will support additional program-level outcomes)*

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| **Course-Level Outcome 2** | Students will be able to create a case management plan for an individual with a substance use disorders. |
| Assessment Measure | Direct: Case Management Plan Indirect: In-Class Discussions; |
| Assessment  Timetable | Summer semester: Weekly & at Finals Week |
| Who is responsible for assessing and reporting on the results? | Course Instructor |

*(Repeat if this new course will support additional program-level outcomes)*

**Bulletin Changes**

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| **Instructions** |
| **Please visit** [**http://www.astate.edu/a/registrar/students/bulletins/index.dot**](http://www.astate.edu/a/registrar/students/bulletins/index.dot) **and select the most recent version of the bulletin. Copy and paste all bulletin pages this proposal affects below. Follow the following guidelines for indicating necessary changes.**  **\*Please note: Courses are often listed in multiple sections of the bulletin. To ensure that all affected sections have been located, please search the bulletin (ctrl+F) for the appropriate courses before submission of this form.**  - Deleted courses/credit hours should be marked with a red strike-through (~~red strikethrough~~)  - New credit hours and text changes should be listed in blue using enlarged font (blue using enlarged font).  - Any new courses should be listed in blue bold italics using enlarged font (***blue bold italics using enlarged font***)  *You can easily apply any of these changes by selecting the example text in the instructions above, double-clicking the ‘format painter’ icon 🡪 , and selecting the text you would like to apply the change to.*  *Please visit* [*https://youtu.be/yjdL2n4lZm4*](https://youtu.be/yjdL2n4lZm4) *for more detailed instructions.* |

*The bulletin can be accessed at http://www.astate.edu/a/registrar/students/*

**Teaching Internship (TIPE)**

**TIPE 4825. Physical Education Teaching Internship in the Secondary School** Ten semester hours. Full semester teaching internship. Fall, Spring.

**TIPE 4826. Physical Education Teaching Internship in the Secondary School** Twelve semester hours. Full semester of teaching internship. Fall, Spring.

**DEPARTMENT OF PSYCHOLOGY AND COUNSELING**

***Counseling (COUN)***

COUN 3283, Introduction to Substance Use Disorders. An overview of Substance Related and Addictive Disorders, including various models of conceptualizing substance use disorders, prevention approaches, evidence-based treatments, and the impact of family and culture. Summer.

**Psychology (PSY)**

**PSY 1013. Making Connections Psychological Wellness** Required course for first semester freshmen. Core content includes transition to college, academic performance skills, problem solving, critical thinking, self management, group building skills, and university policies. Content related to the departmental majors is also included. Fall.

**PSY 2013. Introduction to Psychology** Study of the important scientific, principles of individual human behavior from biological, cognitive, social, and behavioral perspectives. Fall, Spring. (ACTS#: PSYC 1103)

**PSY 2023. Psychology as a Science and a Profession** An overview of psychology as a science and as a profession encompassing psychological research methods, an exploration of the major and skills required for successful completion, areas of specialization, careers in psychology, and post-graduate opportunities. Prerequisite, PSY 2013. Fall, Spring.