

SEPTEMBER 2022

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We Have a New Location!

The Beck Center for Veterans have a new home on campus. This is the LTC Frederick C. Turner Jr. Military Science building. The building is at the corner of Marion Berry Parkway and Aggie Road. There are visitor parking spots on Aggie Road or you can enter the parking lot from University Loop. If you are using GPS, enter "1915 Aggie Road" for directions to the parking lot.



Upcoming Events:

9/12/22 Student Vets Meeting 9/15/22

0900 Physical and Occupational Therapy 0900 VA Campus Outreach

1100 Food Distribution

9/20/22 Memphis VAMC Legal Clinic

9/21/22 SVO Potluck

9/24/22 Physical and Occupational Therapy

10/8/22 Veteran Outreach in Blytheville

Veteran's Village Update



Veterans village is now at full capacity. The center still receives multiple requests for applications throughout the week.

Keeping In Touch

My last day at the Beck Center for Veterans is September 30, 2022. This has been an incredible experience and I feel fortunate to have been a part of a unique opportunity to make a difference for military veterans and their family. Before I leave, I want to let you all know how much I have enjoyed my time working for Arkansas State University. I have had several different positions and have been here since 2003. I assumed the Director's position at the Beck Center in 2013. I will miss seeing everyone each day, but I look forward to seeing what you can continue to accomplish.

I hope to keep in touch and feel free to reach out at nash527@gmail.com at any time. Thank you again for the opportunities and experiences!

~ Lynda Nash



MONTHLY RECURRING EVENTS

Military Order of the Purple Heart
Meetings are the second Monday monthly at 6:30 p.m.

Combat Veteran Support Group

Thursdays @ 11:00 a.m.

Group is currently meeting in person on the first Thursday Monthly and via zoom the remainder of the month Please contact Sharon DeBerry

sharon.deberry@va.gov

Disabled American Veterans (DAV)Meetings are the third Saturday monthly at 10 a.m.

Guitar Class

Classes will resume on Tuesday, September 20 at 6 pm.

Student Veteran Organization (SVO)

Meetings are the second Monday monthly at 3:30 p.m.

Service Dog Class

Training days are every Monday at 6 p.m. located at the Jonesboro VFW Post 300 N, Airport Rd, Jonesboro, AR 72401

A songwriting workshop is being offered for veterans through the Johnny Cash home program. Five veterans will be selected and matched with a songwriter. The program is scheduled for November 11 in the evening and all day on the 12th at the Johnny Cash home in Dyess. There is no cost other than getting yourself to Dyess.

Service Dog Classes

If you are interested in participating in classes, please contact the Beck Center at (870) 972-2624, or email Michelle Hill at dog.trainer.girl@gmail.com

"Have your pet spayed or neutered!" - Bob Barker

Northeast Arkansas Project Healing Waters

What is Project Healing Waters Fly Fishing? We are a national non-profit with programs in all 50 states.

What do we do?

We work with men and women with all types of disabilities. We teach regularly scheduled classes in fly fishing basics, fly casting, fly tying, and, in many programs, rod building. We also offer fishing outings.

How do we do it?

Volunteers from local fly fishing clubs teach the classes at the VA, DoD, WTU and other locations. We organize fishing trips, both one-day and multi-day. Everything is provided to all participants at no cost.

How to sign up?

If you are a disabled veteran or on active duty receiving treatment for a disabling condition, you may be eligible to join a Project Healing Waters Fly Fishing program.

For more information, please contact:

Tim Norman at (870) 243-0187 or timothy.norman0187@gmail.com

Group is currently meeting via Facebook Live on Thursday evenings @ 7:00pm on Northeast Arkansas Project Healing Waters Facebook page. If you are in need of supplies, please contact Tim Norman.

Volunteers are needed to drive the DAV van to Little Rock and Memphis. If you can help out, please contact Johnathon Mullins at (870) 972-3326.

Food Pantry in Craighead County:

Salvation Army — 800 Cate Ave, Jonesboro Food Pantry: Tuesdays and Thursdays 9 a.m. - 2 p.m. 870-932-3785

Nettleton Baptist Church— 7001 E Johnson, Jonesboro Third Wednesday of the month 1 -3 p.m. 870-932-4960

The food pantries listed here are community based and not associated with a veterans organization. Please contact them for additional information.



Meet Our Fall 2022 Staff

Lenzy McCullough is our new office administrative specialist. He will be the lovely voice you hear answering our calls and the smiling face greeting you at the front counter. Lenzy is a veteran as well. He has been with the Beck Center for over a year.

Phyllis Mobley is a former Arkansas Better Chance
Child Care provider, and a soul proprietor for 19
years. She has a Bachelor's Degree in Business
Administration, an Associate's in Applied Science,
and a Child Development Associate's. Her Hobbies
are making floral arrangements and sewing. Her new
declaration is she appreciates America's veterans,
and their contribution to keeping America safe.

Andy Andros is a "Life Long Learner." He holds an Associates degree in behavioral studies, bachelor's degree in Biblical Studies, and master's degrees in Religious Education and Education. Andy has pastored 5 churches over 33 years and has since retired. He has often said that helping veterans is one of his greatest accomplishments. If you want to just talk or get claims and benefits started, or percentage increased, come by and see Andy.

Our volunteers and staff are eager to be of assistance to you. Services include assistance with VA.gov and claims, individual, group, and family counseling, educational groups, crisis intervention, and community education. Call (870) 972-2624 today to set up an

Occupational Therapy students are conducting mini workshops on Thursdays at the Beck Center. Topics include learning coping skills, financial management, overcoming physical ailments/challenges, and allowing yourself to make time for fun. Please join us on Thursdays starting at 9:00 am.

Free Guitar Classes for Veterans!

Free Guitar lessons for Veterans have resumed on Tuesday nights at 6 pm. All Veterans and their families are welcome and encouraged to enroll. Guitars for adults and children will be supplied in limited numbers due to a generous gift by Mrs. Charlotte Beck. Classes will involve learning your favorite songs, the art of playing guitar, good times, and as you might imagine, lots of laughs and outrageous moments. Music demands teamwork, discipline, commitment, determination, collaboration, and the pursuit of the beautiful side of the human spirit. We will seek joy, peace, and all the wonderful things that come from making music together.

Classes are provided by The Arkansas State University Guitar Outreach programs Dr. Tim Crist with recent certification by The Guitar Foundation of America (GFA) as the first program of its kind in the region and only the ninth program nationally to be selected by the GFA.

For more information and to register, please contact us at the Beck Center for Veterans at (870) 972-2624.

Beck Center for Veterans

Physical Address: 1921 Aggie Road, Jonesboro, AR 72401 Mailing Address: P.O.Box 2347

> State University, AR 72467 BeckCenter4Vets@astate.edu

Director Lynda Nash, LCSW, CCDP-D

870.972.2624

lnash@astate.edu



Supportive Services For Veteran Families

The Supportive Services for Veteran Families (SSVF) is a homeless prevention program designed to assist Veteran families at risk of homelessness to maintain their housing and to rapidly re-house Veteran families who have recently become homeless in Arkansas.

Program Philosophy

Prevention services focus on "Would this individual or family be homeless but for this assistance?" SSVF is "person-centered." The Veteran defines his/her household; services are focused on the household's needs as they define them.

Who is eligible?

Low-income Veterans or Veteran Families who are considered literally homeless (by VA guidelines) or are considered to be at risk of becoming homeless.

For more information , or to request assistance, please call one of the following offices or visit ssvfarkansas.org online.

Little Rock Office (501) 916-2514
Fayetteville Office (479) 249-9872
Jonesboro Office (870) 558-5100
El Dorado Office (870) 686-7993

COVID-19 Local Vaccine Distribution

Each week, vaccine clinics will happen in each of the five public health regions. Some clinics will be first-come, first-served, but reservations can be made at others. See the table below for full details, or call the ADH vaccine clinic call center at 1-800-803-7847.

Other locations in Jonesboro:
Walk-in vaccine clinic at Jonesboro United Way Building, 407 Union Street between 8:30am to 3:30pm September 23,

The U.S. Department of Education is offering a time-limited waiver that helps borrowers overcome issues that have prevented many from qualifying for Public Service Loan Forgiveness (PSLF). Service members and veterans must act by Oct. 31 to take advantage of temporary changes that make it easier to get credit under PSLF.

The temporary PSLF waiver has made it easier than ever for service members and veterans with qualifying periods of service to apply for forgiveness. Watch our webinar "Update on Public Service Loan Forgiveness" to learn more about how the PSLF effects service members and veterans.

Veterans with qualified service should apply prior to the Oct. 31 deadline. Learn more about how veterans can use the form DD-214 to certify military service by reading our article "ED to Accept DD-214s in Certifying Military Service for Public Student Loan Forgiveness."

For help filing for the PSLF use the PSLF Help Tool provided by Federal Student Aid.

Beck Center for Veterans September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Combat Vet Support @ 11 at the Beck Center Occupational Therapy 9-3	2	3
4	5 Service Dog Training @ 6 p.m. at the Jonesbo- ro VFW		7	8 Combat Vet Support @ 11 via Zoom Occupational Therapy 9-3	9	10
11	12 Student Veterans Org Regular Meeting @ 3:30 Service Dog Training @ 6 p.m. at the Jonesboro VFW	13	14	OT students classes starting at 9:00 Combat Vet Support @ 11 via Zoom Occupational Therapy 9-3 VA Education Benefits 9-2	16	17 DAV Meeting @ 10
18	19 Service Dog Training @ 6 p.m. at the Jonesbo- ro VFW	20 SVO Potluck at Noon Guitar with Vets @ 6 p.m. in the Day Room	21	22 OT students classes starting at 9:00 Combat Vet Support @ 11 via Zoom Occupational Therapy 9-3	23	24
25	Service Dog Training @ 6 p.m. at the Jonesboro VFW	27 Guitar with Vets @ 6 p.m. in the Day Room	28.	29 OT students classes starting at 9:00 Combat Vet Support @ 11 via Zoom Occupational Therapy 9-3	30 Board Meeting 10:00— 1:00	

Beck Center for Veterans October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Service Dog Training @ 6 p.m. at the Jonesboro VFW	4 Guitar with Vets @ 6 p.m. in the Day Room	5	6 OT students classes starting at 9:00 Combat Vet Support @ 11 via Zoom	7	8
9	Service Dog Train- ing @ 6 p.m. at the Jonesboro VFW	11 Guitar with Vets @ 6 p.m. in the Day Room	12	OT students classes starting at 9:00 Combat Vet Support @ 11 via Zoom	14	15 DAV Meeting 1000
16	17 Service Dog Training @ 6 p.m. at the Jonesboro VFW	SVO Potluck at Noon Guitar with Vets @ 6 p.m. in the Day Room	19	20 OT students classes starting at 9:00 Combat Vet Support @ 11 via Zoom	21	22
23	24 Service Dog Training @ 6 p.m. at the Jonesboro VFW	25 Guitar with Vets @ 6 p.m. in the Day Room	26	27 OT students classes starting at 9:00 Combat Vet Support @ 11 via Zoom	28	29
30	31					11/05/2022 Jonesboro Veterans Day parade 10:00 a,