

STATEside News



Arkansas State University, College of Nursing and Health Professions, State University, AR 72467-0910

Spring 2021

Jonesboro, Ark.

STATEside News

RESEARCH BRIEF

Dr. Scott Bruce is an associate professor for the Masters of Athletic Training program and assistant dean of research for CNHP. He has answered a few questions about research.

What kind of research are your students doing?

Primarily, it is related to concussions and to injury prediction modeling. Specifically, examining those with a concussion history and examining what deficits they might have that increase their risk for musculoskeletal injuries. Some of these deficits are in areas that when watching them perform, you cannot see the deficits because they are not obvious. We are working to quantify visuomotor reaction time (VMRT) and whole-body reactive agility (WBRA). Current research has shown those with a history of concussion have slowed VMRT and WBRA and those with slowed VMRT or WBRA also have an increased risk of musculoskeletal injuries.

You mentioned that you are quantifying reaction time and reactive agility. What is the difference between them and how are you specifically assessing these factors?

Thanks to the college, we were able to purchase a Reflexion Edge and a TRAZER® unit. The Reflexion Edge is a 2' H x 6' L lightboard, with 2400 LED lights used to assess VMRT. The Reflexion Edge uses illuminated targets and the player touches the lights to turn them off. The Reflexion Edge has a variety of tasks available which require both single-task and dual-task processing to challenge the student-athletes' cognitive processing.

The TRAZER unit assesses WBRT by also using both single-task and dual-task processing activities. The unit projects an avatar of the participant on a large television screen. The participant is instructed to respond to a series of randomized virtual targets by moving their body to eliminate the target.

Are you doing research with all of the sports or just those sports that have greater injury risk?

Thus far, in the two years of data collection we have baseline tested over 330 student-athletes. We test all of the student-athletes from football, women's soccer, women's volleyball, both basketball teams and the baseball team.

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ARKANSAS STATE UNIVERSITY

College of
Nursing & Health Professions

Dean's Corner

This is a column I have dreaded writing for a long time, but I announced to the college in the fall that this would be my last year at A-State, culminating on June 30. Some of you will remember that I came to A-State on July 1, 1995, the same day as our new president at that time, Dr. Les Wyatt. Dr. Eugene Smith had returned to the University as interim president while the university searched for its new leader. I came as an interim in 1995 because that transition was just occurring and was hired permanently in 1996 after a national search. In this newsletter, I have written a column about some of the things that I think were significant during the 26-year timeframe. It certainly brought back a lot of memories.

In this message I want say thank you to a lot of people (even though I know I will forget some). Administrative support was critical for me during my tenure so a special shout out to Drs. Wyatt, Robert Potts, Dan Howard, Lynita Cooksey, Suzanne Williams and Glen Jones. They all worked with me on various projects that were important to the college and ultimately, the university. Many fellow deans helped me navigate the waters of my early tenure specifically Drs. Keith Rogers, Roger Roderick and Al Mink (RIP) to name a few. In addition there was a fellow female journeyman who was successfully moving her work forward for the benefit of the state in an era of very limited resources - Dr. Ruth Hawkins. In the larger community, it was important to establish and build relationships with our health care entities. I am most grateful to Ben Owens, St. Bernards, who 'pushed' me to do things I might have not done or considered otherwise. All hospital and health care CEOs have been so important to this college - our ability to contract clinical sites, have them hire our students upon graduation and participate in start up costs for many of the degree programs we offer currently. My most fun was making annual summer visits with each CEO - it would give me a sense about additional needs based programming, the mix of health care providers necessary based on credentials, new service lines they were thinking about offering, etc. These were great relationships and friendships and I will cherish them always.

We created a College Advocacy Board soon after I started. Many members were and continue to be integral in spreading the good news about the college, providing financial support for projects that are close to their heart and important to us and continuing to be interested in the growth and development of the college. Some were alums and many were not which made the group so diverse and valuable. Other alums of the college, throughout my time here, have reached out with/for information, financial support, been honored as Distinguished Alumni and attended homecoming and other events. Some even entrusted their children with us as future health care providers. Governors, state officials, legislators, federal officials and congressional reps all played important roles in our work. I can't begin to describe the relationships that were built during those years. It was very impactful for me.

Multimillion and million dollar gifts were so valuable to our growth. Special thanks to the Donald W. Reynolds Foundation, Buddy and Charlotte Beck, Department of Defense and Mike Gibson with the Judd Hill Foundation. More about some of those projects later in the newsletter.

There would not be a College of Nursing and Health Professions without my executive team, faculty, staff and students. When you have selectively admitted programs, the problem is not the quality of the student but those who do not make the cut based on class size limitations. These grads made us proud and many are on our faculty today (see related article). Thank you to all of the students who chose this college for their professional degree. I have had some great leaders, and I cannot name them all, but will name a few because of the significance - Dr. Sue McLarry, Nursing and Dr. Rick Neeley, CD

(cont. on page 4)

Susan Hanrahan Dean

College of Nursing
& Health Professions
hanrahan@AState.edu



ATHLETIC TRAINING

DR. CARLITTA MOORE was appointed chair of the Arkansas Athletic Trainers' Association (AATA) Diversity & Inclusion Committee. She was also appointed as the Arkansas Representative for the Southwest Arkansas Athletic Trainers' Association (SWATA) Ethnic Diversity Advisory Committee (EDAC).

DIETETICS

JOANN CUPP was selected to join the Academy of Nutrition and Dietetics' 2020-2021 Leadership Institute Cohort. She also participated in the virtual NDEP Supervised Practice Fair at the Academy of Nutrition and

NURSING

DR. LIBBY NIX's manuscript "*Knowledge Acquisition: What Do Our Patients Receiving Peritoneal Dialysis Really Know About Albumin Consumption?*" was published in the Nephrology Nursing Journal.

DR. SARAH DAVIDSON and **DR. MOLLIE MANNING** worked on an abstract that was accepted for presentation at Sigma Conference in February, titled "*A collaborative approach to strengthen nurse educator work environments: An experiment in leadership*". They also will be presenting at the Sigma Theta Tau Creating Healthy Work Environments, February, in Austin, Texas.

ADDIE FLEMING, MATTHEW HARMON, KELLIE MARTIN and **SARAH DEARING** attended a virtual conference October 6 - 7, Next Generation NCLEX (NGN) Camp: The Road to Nursing Practice and NGN Success.

CLINICAL LABORATORY SCIENCES

DR. AUDREY FOLSOM presented her poster titled "*Retinol Levels in Hashimoto's Thyroiditis*" at the National ASCLS & AGT virtual Joint Annual Meeting On July 1. She was awarded the ASCLS Constituent Society Member of the Year for 2020. She also had an article published in the ASCLS, October 2020 edition, titled "*Tools to Build Your Resiliency to Stress: Breath Work and Meditation*".

SOCIAL WORK

DR. TAMARA GLOVER presented "*Service Inequity: Families Caring for Children with Mental Health Challenges*" Nov. 16-20, virtually, at the CSWE 66th Annual Program Meeting.

SPEECH AND HEARING CLINIC

The A-State Speech and Hearing Center is open. Faculty and student clinicians are providing speech, language, swallowing, and audiological services in both face-to-face and telepractice formats. Our clinics are practicing social distancing guidelines, and our clients

DR. CARLITTA MOORE's manuscript titled "*Moving Towards Inclusion of Student-Athletes with Diverse Sexual Identities: Perceptions of University Administrators*" was approved for the American Association of Blacks in Higher Education (AABHE) 2020 Conference Proceedings publication. She was also accepted to present at the AABHE

Dietetics Food and Nutrition Conference and Expo 2020.

ERIC WEST presented "*Combating Common Nutrient Deficiencies and the Impacts They Hold on the College Aged Population*" for the

NURSING ACCREDITATION

Last February, the School of Nursing hosted six peer reviewers for four days from the Accreditation Commission for Education in Nursing. The peer reviewers examined seven undergraduate nursing programs, five graduate nursing programs, and four post-master's certificate programs during their time on campus to determine compliance with each of the required six standards. This included an inspection of clinical sites, campus teaching areas, and laboratory sites in addition to meeting with university administrators, faculty, and staff. The final site visit report affirmed continued accreditation for all programs with minor requests for details from the graduate programs. The next site visit for undergraduate programs is scheduled for 2028 and graduate programs will host site visitors again in 2022.

DR. AUDREY FOLSOM graduated with her Doctorate in Health Sciences from the University of Bridgeport in May, during a virtual ceremony.

CLAUDE RECTOR will be presenting twice at the Clinical Laboratory Educators Conference (CLEC) 2021 in Denver, Feb. 25-27, "*A Team Coordinator's Perspective on Preparing for a Site Visit*" and "*Student Activities in the Immunology Laboratory*".

DR. CHERYL KNIGHT was elected as one of the Northeast Arkansas Representative for NASW-Arkansas.

are escorted to and from the clinic from their caregiver's car. Our lobby continues to be closed, but our clients continue to be served.

2021 Conference, "*An Exploration into University Administrators Perception of Student Athletes with Diverse Sexual Identities*."

NISOD Online Convenings Virtual Conference. Eric also published an Innovation Abstract "*Using Job Instruction Breakdown Techniques to Facilitate Learning in the Classroom*" in September 24, 2020; Vol. XLII, No. 36.

OTHER NEWS

DR. SHAWN DRAKE co-presented two national presentations titled "*Clinical Reasoning Consortium: Innovations in the Facilitation and Assessment of Clinical Reasoning*" and "*Scholarship of Education SIG, Education and Pedagogy Consortium and Clinical Reasoning: Collaborating for Education Research*".

DR. JESSICA CAMP, assistant professor of nursing and Doctor Nursing Practice (DNP) program option coordinator, has been selected as the first holder of the Arkansas Blue Cross Endowed Nursing Professorship in Rural Health at Arkansas State University. This endowment was established to secure top faculty who are forward thinkers — the kind of faculty that will educate, engage and inspire nursing and other health professions students and faculty to work toward ways to meet the needs of Arkansans through innovative care and access options.

ANNETTE BEDNAR was appointed to serve on the American Society for Clinical Laboratory Science (ASCLS) Political Action Committee (PAC) Board. She will be co-presenting a program titled, "Reappointment, Promotion, and Tenure" as part of the New Educator Workshop at the ASCLS Clinical Laboratory Educators Conference in Denver on Thursday, Feb. 25. She will also be on a panel of experts for an open discussion and networking-prompted discussion at the end of the workshop.

DR. STACI WOLFE's "*What's Empathy Got To Do With It?*" was a poster presented at the 39th Annual Conference of the International Society of Travel and Tourism Educators (ISTTE), Oct. 5.

The A-State Speech and Hearing Center welcomes our new audiologist, Dr. Lindsey White. She is currently conducting hearing evaluations, and is taking new patients. Contact the clinic office at 870-972-3301 to make a referral.

OTHER PROGRAMS

DR. PAMELA LEWIS-KIPKULEI and **DR. AMANDA CARPENTER**, both in Occupational Therapy, presented their paper, *“Occupational therapy student well-being, coping, and implications for academic outcomes:*

A scoping review” at the American Occupational Therapy Association Education Summit.

JOANNA CUPP (Nutrition), **DR. LATOYA GREEN** (Physical Therapy), and seven students

from the class of 2020 wrote a publication titled *“Investigating Strength Effects at the Shoulder Using Blood Flow Restriction”* in the Annals of Physiotherapy & Occupational Therapy.

GRANTS/AWARDS

The Dorothy Snider Foundation has awarded \$25,000 for Family Nurse Practitioner student scholarships. This is the second year the program has received this scholarship award.

DR. MARK FOSTER (Nursing) was awarded \$53,908 grant through the Arkansas Delta Dental Foundation: Smiles Possible. The grant will focus on the initiation of oral health preventive measures within rural Arkansas health clinics.

A \$50,024 grant proposal by **DR. SHAWN DRAKE**, (Physical Therapy), was approved to help purchase high-fidelity simulation supplies for a new acute-care lab. In the Kays Foundation Interprofessional Acute Care Simulation Lab, students from multiple programs in the College of Nursing and Health Professions will develop their skills in working with patients in an acute-care setting.

A project proposed by **DR. CHERYL DUBOSE**, (Medical Imaging and Radiation Sciences), was approved for funding. With the \$14,944 grant, the Department of Medical Imaging and Radiation Sciences will purchase two GE Vscan portable sonography machines. Goals include increasing diagnostic medical sonography student and faculty collaboration with community health fairs and various research projects.

BECKS ENDOW SCHOLARSHIPS TO HONOR HANRAHAN, POTTS (CONTENT FROM UNIVERSITY PRESS RELEASE)

Arkansas State University alumni Buddy and Charlotte Beck have funded endowed scholarships in honor of Dr. Susan Hanrahan, dean of the College of Nursing and Health Professions, and Dr. Robert Potts, former A-State chancellor, in recognition for their service to the Beck Center for Veterans.

Dr. Robert Potts was selected in 2006 to serve as the first chancellor at A-State. The Becks, of Fairfax Station, Va., established The Beck Center for Veterans in 2007 through their generous gift of \$1 million. Dr. Potts worked diligently with the Becks and Hanrahan to help get the Beck Center off the ground at Arkansas State by assisting veterans returning from the battlefield.

The Dr. Robert Potts Endowed Scholarship will go to a veteran student who is either majoring in engineering, who plans to take a pre-law curriculum and attend law school, or who is majoring in political science with intentions to enter public service of some type, either appointed or elected.

Dean Susan Hanrahan announced her retirement effective June 30, 2021, after serving 25 years at the university. Dr. Hanrahan and Dr. Potts oversaw the early stages of the Beck PRIDE Center, A-State's signature university program created after she and Potts worked with Beck's concept, calling the program "absolutely the best program I was ever involved with developing."

Dr. Hanrahan watched the program progress and thrive.

To earn the Dr. Susan Noll Hanrahan Endowed Scholarship, the recipient must be a veteran who is admitted into a degree program in the College of Nursing and Health Professions with at least a 3.0 grade point average. Selection is made by the College of Nursing and Health Professions Scholarship Committee.

To read the entire press release, see our website at:

AState.edu/conhp

MASS FLU CLINIC DRIVE-THRU



The BSN Senior Nursing students and faculty completed the drive through Mass Flu Clinic on Tuesday Sept. 22, at the Craighead County Public Health Center in Jonesboro.

BSN Senior Nursing students also were at locations in Walnut Ridge, Pocahontas, Paragould, Trumann, Marked Tree, Harrisburg, and Wynne. With flu season upon us, nursing students play a vital role in assisting the Arkansas Department of Health Public Health nurses in providing flu vaccines. The Nursing students also traveled to area schools to assist with flu vaccines in the fall.

CURRICULUM APPROVAL

The BS in Occupational & Environmental Safety & Health received program approval from the Undergraduate Curriculum Committee. The proposal will be up for review by ADHE at its January, 2021 meeting.

EMERGING YOUNG ALUMNI

ADAM WATKINS was awarded the Emerging Young Alumni award, by the A-State Alumni Association. A 2006 A-State graduate with a Bachelor of Social Work degree, Watkins advanced his career preparation with a Master of Social Work degree in 2011. He currently serves as executive director of the Northeast Arkansas Regional AIDS Network (NARAN), with which he has been associated for 15 years. Through this organization he has worked for several years with A-State's Department of Social Work to make arrangements for a student internship opportunity. He also serves on the department's Community Advisory Board, and is board chair for the campus Wesley Foundation.

In his spare time the native of Jonesboro plays percussion instruments with his church's praise band, and he is an avid fan of Red Wolves sports. His wife Laura and his parents, Jeffrey and Gay Watkins, are all A-State alumni.

IN SYMPATHY:

The family of **SARA DIXON BUCKELEW**, who graduated with her AASN in 1990.

The family of **SHELLY WHITE**, who graduated with her BSN and MSN, and was an adjunct faculty member.

WELCOME TO:

SUZETTE HINKLE, admin specialist, Occupational Therapy

MEGAN REYNOLDS, administrative specialist, Nursing

URIELLA MOOCARME, administrative specialist, Nursing

ROCHELLE MORRIS, nursing adviser

GOODBYE TO:

KELLY SABIN, administrative specialist, MIRS & CLS

DEANS CORNER CONTINUED:

were my partners in crime as we completed the confidential Reynolds Foundation Grant Process; Ray Winters and his modular block building of the MIRS Dept.; Dr. Debbie Persell who started everything related to Disaster Preparedness and Emergency Management; Pam Towery who built our dietetics program from scratch and is now building our graduate degree in nutrition and Dr. Angie Schmidt who positively impacted so many college projects. Our current executive team is strong as well. It is hard to single out faculty because many have been leaders of the Faculty Association, on state and national committees and task forces, researchers, grant writers and master teachers. Faculty are the "heart and soul" of the college, if you think about it, so kudos to those past and present and to those we have lost from this world. Then we have the glue of the college—staff. We have had some long-term administrative assistants in our college who have done great work because we only have a few of them for a very large college. The person I could not have lived without is Susan Murphy who began at A-State as my administrative assistant and moved to fiscal officer. She knows every process person, can answer all questions, is the "go-to" for many people and things and the list goes on. I probably need to write an entire column about her work and contributions to this college. All of the achievements in this college during Susan's time here, have gone through her. What an absolutely tremendous asset she has been for us! She and I have been together for a very long time and my life will not be the same without her.

I will leave the college with a sense of satisfaction and appreciation. A gigantic team has moved the college to where we are today. It has been my greatest honor to be associated with the internal and external players over the last 26 years working on behalf of the College of Nursing and Health Professions.

Susan Hanrahan, Dean

CNHP FACULTY MEMBERS HOLDING A-STATE DEGREES:

COMMUNICATION DISORDERS:

Amy Shollenbarger (MCD- Master of Communication Disorders)

Arianne Pait (BSE)

Lindsay White (BS in Communication Disorders)

Shanon Brantley (BSE, MCD - Master of Communication Disorders)

CLINICAL LAB SCIENCES:

Annette Bednar (BSE, BS, MSE)

Audrey Folsom (BS, MSHS)

Carly Farmer (BS)

DISASTER PREPAREDNESS AND EMERGENCY MANAGEMENT:

Amy Hyman (BS, MS)

Joseph Richmond (BA-Criminology, MPA)

Sara Walker (BA-History, MS)

HEALTH STUDIES:

Rhonda Holcomb (ASN, BSN, MSN)

MEDICAL IMAGING AND RADIATION SCIENCES:

Amber Wooten (MSHS, BSRS)

Ashley Walls (BSRS)

Deanna Barymon (MSHS, BSRS)

Jessica Cooper (BSRS)

Jody Nutt (BSRS)

Kendall Youngman (BSRS)

NURSING:

Addie Fleming (BSN)

Beth McGee (AASN, BSN)

Bilinda Norman (BSN, MSN, DNP)

Brinda LeGrand (BSN)

Cathy Hall (BSN)

Christie Black (MSN, DNP)

Gale Allen (MSN, EdD)

Haley Kennedy (BSN, MSN)

Jessica Camp (BSN, MSN, PMC - Post Master's Certificate, DNP)

Johnna Long (BSN)

Judy Pfriemer (MSN)

Kacie Altom (BSN, MSN)

Karen Blue (MSN)

Kayla Travis (BSN)

Lark Montgomery (BSN)

Lauren Johnston (BSN, MSN)

Libby Nix (ADN, BSN, MSN)

Lisa Drake (MSN)

Madison Ferguson (BSN, MSN)

Mark Foster (BSN, MSN)

Matt Harmon (B.A - Criminology, BSN)

Michelle Schwartz (MSN)

Nicki Andrews (ASN)

Nikki Kemp (BSN, MSN)

Randi Davis (BSN, MSN)

Sarah Davidson (MSN)

Sarah Dearing (BSN)

Susi Snellgrove (BSN, MSN)

Teresa Clark (ASN, BSN)

Todd Hammon (BSN, MSN, MSN-NA, DNP)

NUTRITION:

Tiffany Sterling (BSNS, MSHS)

Eric West (BS-Interdisciplinary Studies)

PHYSICAL THERAPY:

Becky Keith (MSHS, Health Studies Education)

Brendon Aitken (BSES, DPT)

Cristy Phillips (PT, BA - Biology, EdD, SSCT)

Farley Schweighart (MPT)

Joseph Southerland (BSES, MPT)

LaToya Green (MPT, TDPT)

Shawn Drake (BS - Zoology, MSES, MPT)

Stacey Sloas (BA - Biology, PT, MEL, DEL)

SOCIAL WORK:

Cheryl Knight (BS Photojournalism, MS Sociology)

Donna Parker (BSW)

Karen Fullen (BS Psychology, MA Sociology)

Natalie Gatlin (BSW, MSW)

Patricia Walls (BA Sociology)

Rashele Wade (BSW, MSW)

Tamara Pace-Glover (MSW)

MAY 2021 GRIEF SEMINAR

This year, we are still hopeful to hold the Grief Seminar Tuesday, May 18 at the Fowler Center.

For more information, and to register, go to: AState.edu/conhp

TIME TO REMINISCE

By: DEAN HANRAHAN

It is so difficult to capture significant events over a long period of time. I do know that when I arrived, there was an absolute need for “academic credential upgrades” of health care providers and needs based programming. Our team put together multiple 10-year curriculum plans and were able to accomplish most of that work (see Table which lists current college programs and those in progress). A few that did not work, despite much time and effort, were Dental Hygiene, Respiratory Therapy and Health Information Management. We could not find a partner for Dental Hygiene (very expensive program), we did find a partner for Respiratory Therapy but could not get a critical mass of students and for Health Information Management, the survey and business plan suggested it might not be viable. I will tell you that right now, I wish we had Respiratory Therapy. There are many people to thank for all of this curricular work. In addition, we expanded the Compressed Video Network (CVN) which Beverly Bartels started in 1992. CVN was the first distance education platform at A-State and resided in CNHP. It was ultimately moved to central administration.

Space was a secondary part of the plan. We had the CNHP building (each floor has gotten a face-lift since 1995) but with our growth and the needs for labs and faculty office space, we were on top of each other. The short story is that we were able to acquire the first floor of now Smith Hall early on and currently occupy the entire building which has been so beneficial to our newly added programs. Our big break came in 2009 when we opened the Donald W. Reynolds Center for Health Sciences. That was the biggest game-changer for us. Nursing was able to finally have some state-of-the-art labs, the Speech and Hearing Clinic now has a HIPAA-compliant space and we have some dedicated research space. Of all of the events in my 26 years, the new building was absolutely the biggest and best. The \$14.5 million is still the largest academic gift at A-State. As a result of that capital gift, there was a \$1 million matching gift from the Judd Hill Foundation, Mike Gibson, executor. We have been very blessed with our space and the people that led us to it.

Discretionary funds and endowments were the third leg of our stool. The college budget in 1995 consisted of faculty and staff salaries and fringe benefits, some department operations and travel. Some colleges had course fees (HPESS for activity courses;

The only other accounts with money were our Foundation accounts and, at that time, there were very small so you really did not want to tap them. Over the course of 26 years, colleges pushed to have the university add special student fee accounts and fee for service accounts. We also grew our department Foundation accounts and added many new scholarships (endowed and annual), funding from hospitals for program startup and through new endowments. A few endowments that you have read about over the years include the Assisi Foundation Fund, Roy Aldridge Hippotherapy Fund courtesy of Irene Martz, Irene Martz General College Fund, Dixie L. Owens Student International Travel Fund courtesy of Ben Owens, Deans Excellence Fund endowed by Home IV Specialists, Aldridge Family PT Student Support Endowment, Arkansas Blue Cross and Blue Shield Professorship in Rural Health and Kay’s Foundation Women’s Health Endowment. Other endowments funded through the Craighead County Community Foundation for the benefit of our college included the Bartels Family Endowed Nursing Scholarship, Emerson Family Fund (Grief Seminar), Jane LeBlanc Graduate Scholarship (for CD), Vollman Family Faculty Development Fund (by Dr. Don and Mary Vollman), Dr. Joe T and Gail Wilson Fund (for CLS), Dr. William and Ruth Keisker Fund (for PT) and the Susan Murphy Staff Development Fund (by Susan Hanrahan). Additional support continues to come from the Kays Foundation (a wonderful partner), Delta Dental and the Snider Foundation. Robert Wood Johnson Foundation funded our Delta Health Education Partnership and the Kellogg Foundation funded our Health Professions Partnership Initiative. We do have a stack of unfunded grants, federal and otherwise, but we have been fortunate with the resources we have received. The addition of new accounts at the university to support college operations, identified endowments and other gifts in addition to new student scholarships was also a game changer because it gave the college some room to be innovative, creative, build and grow.

Special programs have been invaluable to the college. The one closest to my heart is the Beck PRIDE Center for America’s Wounded Vets (now called Beck Center for Vets). This was a program established by Buddy and Charlotte Beck with a \$1 million gift that has become a signature program for the university. The Department of Defense added \$1.4 million soon thereafter.

Susan Tonymon was our first director and did a fabulous job ramping up the program. Lynda Nash, the current director, is the heart of the program and has added so many impactful dimensions for our vets and their families. Other existing programs like Hippotherapy, Diabetes Self- Management Program, Healthy Agers, Head and Neck Cancer Program, Speech and Hearing Clinic, A-State Care, the STAR House, Regional Center for Disaster Preparedness Education and one of my favorite programs (even though I love them all) is our Title IVE—Child Welfare Program, led for a very long time by Karen Fullen, fit service gaps and voids and make a difference. These have been valuable for interprofessional education opportunities, research, faculty and student engagement and service delivery. Many individuals have been positively impacted by these services. We have engaged in a number of other activities over time including things like the Saturday Sports Medicine Clinic. We also created a Virtual Hospital, Ladies Noc Out Seminar Series, Clinical Instructors Seminar, Health Camps, KASU Focus on Health Radio Show by Dr. Jim Farris, health-related art displays like “A Tribe of Warrior Women,” Online CE Center, Northeast Arkansas Stuttering Center, Health in Your Hands TV productions, online Journal of Delta Health, worked with the Army War College for two years hosting the Eisenhower Series, continue our annual Grief Seminar Series, went to Peru for many years to X-ray mummy bundles and a very special weekend was working with St. Bernards when they hosted their Mission Serve-100 years at St. Bernards. We also helped Baptist move to their new hospital location across town. All of these initiatives were a lot of fun including the celebratory galas, chili cook-offs, fun runs, social outings and other college events we held for various reasons. Things that did not come to fruition was our bid to take over Student Health or develop a Health and Wellness Center on campus. Many memorable times!

Another big task that occurs in a health college is accreditation. I have not counted all of the proposals that have gone to the state for approval and to the various accrediting bodies in the form of letters of intent, self-studies, progress reports and annual reports. All of the programs in the college hold specialized national program accreditation. I do recall that there were ‘struggles’ with two of our degrees.

(cont. on page 6)

TIME TO REMINISCE (CONTINUED)

BY: DEAN HANRAHAN

PT had a difficult time getting traction and approval by CAPTE. Dr. Les Wyatt and I had to travel to Alexandria, Va. to make an appeal to the Commission. Dr. Glen Jones and I traveled to Alexandria as well to meet with CSWE on a "timing of review" clarification for the MSW program. Despite the turmoil, all turned out well for the students and the programs. One fiscal year, Dr. Lynita Cooksey asked me to serve as an interim dean in the College of Education and Behavioral Sciences. There I found more accrediting bodies and work similar to what professional colleges always do. It was an overwhelming year but I did get to work with a great administrative team that I was allowed to put together. Most are still serving in their chair roles. Having external bodies evaluate every aspect of your work is both frightening but rewarding when they make an assessment that validates the good work our programs are doing.

There could be much more to chat about but these were the major things that we spent our time doing. All in all, it was a very rewarding 26 years. I have some enduring friendships and books of memories. Special thanks to all who have made one or more contributions to these efforts.

RESEARCH BRIEF (CONTINUED)

What other data are you collecting? We have two surveys we ask our student-athletes to complete. The Sports Fitness Index (SFI) is a 10-item survey that produces a 0-100 score for persisting effects of prior musculoskeletal injuries sustained at any time in the past. Student-athletes rate their frequency or severity of persisting effects on sport performance capabilities in ten categories of adverse effects.

The student-athletes also complete the Overall Wellness Index (OWI), which also produces a 0-100 score for frequency and temporal proximity of 82 physical or mental concussion-related symptoms that are grouped into ten categories.

What happens to your research agenda if sports are shut down again this school year due to the pandemic?

The people both at TRAZER and Reflexion Edge have a large quantity of data from multiple schools that needs to be evaluated. Norms need to be established for different age groups and different levels of sports. Reliability also needs to be established for both units.

CNHP DEAN SUSAN HANRAHAN ANNOUNCES RETIREMENT IN 2021

(NEWS RELEASE)

JONESBORO – Dr. Susan Hanrahan, who has overseen the expansion and success of the College of Nursing and Health Professions at Arkansas State University into one of the premier colleges in the nation, has announced she will retire from university service, effective June 30, 2021.

"Susan is one of the longest tenured deans in the history of Arkansas State, and what she has done for this university during her long career is remarkable," Chancellor Kelly Dampousse said. "As I made my transition into A-State, we developed a friendship and I have leaned on her for advice many times. She has set the standard in her profession and raised the profile of our College of Nursing and Health Professions to one of the best, not just in the state or Delta region, but as a leader nationally. She has also been a key member of our strategic planning initiative, and along with her work in her college, will leave an impressive legacy."

A nationwide search to locate Hanrahan's replacement will begin later this academic year.

Hanrahan began her administrative career with A-State when she was selected in an interim capacity in 1995 by the late Dr. Eugene W. Smith, who was interim president of the university at that time. She was appointed to the permanent position in July 1996 by former president Dr. Les Wyatt after a national search.

"The growth and development of the college, its faculty, staff, students and alumni have been my heart and soul for 25-plus years," Hanrahan said. "I know that we have positively impacted the healthcare workforce with our varied programs and degree levels and have made a difference in the lives of so many.

"Many of the faculty and administrators that I worked with to grow the college have already retired. My current college team has a solid foundation for moving forward and that means a lot to me — the ability to continue to be successful and make a difference."

Throughout her professional career, Hanrahan has been active in research, teaching and community service. She earned a Bachelor of Science degree in physical therapy from the University of Kansas and went on to complete her master's in public administration.

She received her Ph.D. in health education at Temple University and has completed summer work at the University of Michigan in epidemiology.

However, she much prefers to talk about the successes of the College of Nursing and Health Professions instead of about herself.

After joining Arkansas State, Hanrahan immediately began a passionate journey that soon led to the establishment of additional programs most of which hold national accreditation including disaster preparedness and emergency management, EMT/paramedic, diagnostic medical sonography, radiation therapy, magnetic resonance imaging, nurse anesthesia, doctorate in nursing practice, health studies, nurse practitioner, occupational therapy, physical therapy, athletic training and coordinated program in dietetics. Communication disorders came to the college in 1997 and social work in 2003. A Master's in Social Work was added shortly thereafter.

"When you look at the service programs, the Speech and Hearing Center came to CNHP when communication disorders came to the college in 1997," Hanrahan continued. "We have grown and expanded it a lot under the direction of Arianne Pait (assistant professor of communication disorders). Outside of Title IV-E, which is our child welfare grant, everything else has been developed since 1995 including Healthy Agers, A-State CARE and the Dr. Roy Aldridge Hippotherapy Program.

"Ideas come from faculty and community needs, they were evaluated for 'good fit' and 'doability' before we ventured into their establishment. My role was to facilitate the good ideas, find funding and keep them moving. These programs support our academic, research, service delivery and interprofessional education missions. They are an excellent complement to our academic degrees."

Under her tutelage, the nursing program is now the School of Nursing and is labeled as one of the nation's leading collegiate disciplines.

"Our nursing program does get a lot of recognition, although we have many quality nationally-accredited programs in the college. For all programs in CNHP, I think we can attribute our success to selectively admitted students, quality faculty and staff support, excellent laboratory experiences, and opportunities in 700-plus health care sites to

CNHP DEAN SUSAN HANRAHAN ANNOUNCES RETIREMENT IN 2021

(NEWS RELEASE - CONTINUED)

do actual clinical experiences before students graduate.

"Add that to student-centered support, research opportunities, interprofessional education, service delivery experiences, great student organizations and the list goes on. Parents should know that students are in great hands when they come to CNHP for a health career."

In addition to ensuring students are receiving an exceptional education in those various fields, Hanrahan is extremely proud of several accomplishments, including the \$14.5 million gift from the Donald W. Reynolds Foundation to construct a new academic health facility and the creation of Beck Center for Veterans to provide combat wounded veterans with first class educational programs and services at Arkansas State, including resources to access the higher education experience, resources for counseling, personal rehabilitation, advocacy, and financial assistance and supporting these individuals to achieve their post military service goals.

"The gift from the Reynolds Foundation was a game changer for our college," Hanrahan stated. "It was a long application and approval process. The most difficult part was that it had to remain confidential. The building and its contents allowed us to move to the 'next' level. It provided an opportunity for real 'new' space, continued growth and development including additional state-of-art labs and quality learning spaces. The building is 10 years old and still looks brand new.

"The creation of the Beck Center for Veterans has become a signature university program. Buddy Beck (a 1959 graduate from A-State) and his wife Charlotte Beck worked with Chancellor Robert Potts and me to create the concept. Many others have worked to move the program to where it is today. The testimonials of the veterans it has impacted will live with me forever. It is absolutely the best program I was ever involved with developing."

Hanrahan is also active in community, state and national ventures including many leadership roles. Two worth noting are that she served as president for the Association of Schools Advancing Health Professions in Washington, D.C. and was chair of the Arkansas Tobacco Settlement Commission in Little Rock.

"Sometimes in life you come across individuals that have had a meaningful and profound impact on a broad range of issues."

said Chris Barber, president and CEO of St. Bernards Healthcare. "Susan created a legacy, starting with effectively advancing the improvement of healthcare for our region and state, impacting lives positively along the way. She was relentless in her pursuit of exploring innovative solutions to make a difference while fully engaged. Susan is one of those leaders that can certainly make things happen. Congratulations on a job well done!"

In addition to building meaningful relationships within the community, Hanrahan will miss her time at A-State — especially her associations with faculty, staff and students.

"I have worked with many wonderful people at A-State, some of which I keep in touch with like Irene Martz who was so helpful to me when I arrived with her wealth of historical knowledge and MENSA mind," Hanrahan said. Martz, an employee in Academic Affairs, retired in 2005 after 48 years of service. "Without supporters like her, there is no way to accomplish so many things in a relatively short period. The university has certainly changed in my years here and thank goodness for change. I do wish them well."

Hanrahan is humble about leaving a legacy at Arkansas State.

"I do not think you are supposed to count 'years in job' as legacy. I do know that the college is in a much different position than when I started, but I can't attribute that just to me. So, I just say this — there is a quote that I have always liked which says, 'The greatest use of life is to spend it for something that will outlast it.' I hope my time here has had that effect because we will need this college for many years to come."

And, what is on the horizon for Dean Hanrahan? "Find another job where I can learn new things, be engaged, use my energy and passion, and make a difference."

CNHP DEGREE PROGRAMS

Graduate Degrees:

Master of Communication Disorders (MCD)
Master of Science in Nursing (MSN)
Nurse Educator
Nurse Administrator
Adult Gerontology Acute Care Nurse Practitioner

Family Nurse Practitioner
Nurse Anesthesia
Master of Social Work (MSW)
Disaster Preparedness & Emergency Management (MS)
Doctorate of Nursing Practice (DNP)
Occupational Therapy Doctorate (OTD)
Doctor of Physical Therapy (DPT)
Master in Athletic Training (MAT)
Graduate Certificates in
Addiction Studies
Family Nurse Practitioner
Nurse Educator
Nurse Administrator

DNP Nurse Anesthesia (Pending)
Master of Science in Nutrition & Dietetics (Pending)
Graduate Certificate in Adult Gerontology
Acute Care Nurse Practitioner (Pending)

Undergraduate Degrees:

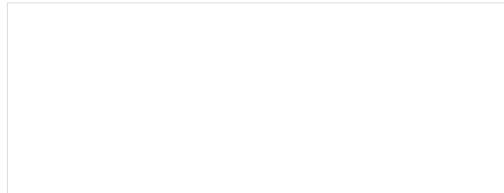
Clinical Laboratory Sciences (AAS, BS)
Communication Disorders (BS)
Nursing (AASN, BSN)
Physical Therapy (PTA, AAS)
Social Work (BSW)
Dietetics (BS)
Disaster Preparedness and Emergency Management (AAS, BS)
Health Studies (BSHS)
Radiologic Sciences (BSRS)
Radiation Therapy
Diagnostic Medical Sonography
Magnetic Resonance Imaging
Medical Imaging Informatics
Mammography / Breast Sonography
Cardiovascular Interventional Technology
Imaging Specialist (Bridge)
Computer Tomography (Certificate)
Bone Densitometry (Certificate)
Radiologic Sciences Administration (Certificate)
Advanced Medical Imaging and Therapy (Post-bac Certificate)
Occupational Therapy (OTA, AAS)
Paramedic (Technical Certificate, AAS)
Emergency Medical Technician – Certificate of Proficiency
Occupational & Environmental Safety & Health (BS) (Pending)
Data Analytics Health Care Domain (Pending)



ARKANSAS STATE UNIVERSITY

College of
Nursing & Health Professions

PO Box 910, State University, AR 72467



Spring 2021

Schedule of Events

January 12	Classes Begin
March 12	Social Work Conference
March 22 - 26	Spring Break
April	Convocation of Scholars
April 29	Last Day of Class
May 8	Commencement (Jonesboro)
May 18	Billy Joe and Betty Ann Emerson Grief Seminar

EVENTS SUBJECT TO CHANGE

UPDATE MAILING ADDRESS:

Moved or moving, but want to stay current on our newsletters?

Please send your new address to Sharon Quillman, saquillman@AState.edu, 870-972-2740.

GRADUATE NURSING OPTIONS:

For information about online MSN Nurse Educator & Nurse Administrator,
contact Dr. Mark Foster
(smfoster@AState.edu)

For information about Adult Gerontology Acute Care Nurse Practitioner,
contact Lark Montgomery
(lmontgomery@AState.edu)

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