**HOWL Transition Program Mentor Application**

**Qualifications:** To be eligible to become a mentor in the HOWL transition program, you will need to have a cumulative GPA of 3.0 or higher and have been a student at Arkansas State University for at least one year. An eligible candidate must be at least a sophomore. Upon acceptance into the program, mentors will need to complete the mentor training program prior to being assigned a mentee. Mentors will be required to maintain at least a 3.0 GPA to remain eligible for the transition program.

**Outcomes:** Mentors will be gain experience in building professional relationships. Additionally, mentors will learn and gain experience applying leadership skills.

**Responsibilities:** In the HOWL transition program, mentors will be responsible for helping mentees develop social skills, study skills, and assist them in becoming more independent.

**Directions:** Please fill out the information below and submit. Be sensitive to timelines and due dates. In addition, we require two recommendations. Please select two faculty, staff, etc to fill out the recommendation form. If you have any questions, please email krjohnson@astate.edu or howltp@astate.edu

**HOWL Transition Program Mentor Application**

**General Information:**

**Name:**  **Birthday:** **Email:** @smail.astate.edu

**Address:** **Phone number:**

**Major/ minor:**

**Classification (please circle one):** Freshman Sophomore Junior Senior

**Gender (please circle one):** male female

**Ethnicity (please circle one):** Hispanic/Latino American Indian/Alaskan Native

Asian Native Hawaiian/Pacific Islander African American

Caucasian Two or more races

Previous employment:

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List activities in which you have been actively involved while attending ASTATE (include participation and offices held):

Anticipated activities/employment for the Fall 2020 semester (be sure to include student teaching, sports, internship plans, student organizations, on and off-campus employment, etc.…):

List any special trainings/ certifications (i.e. CPR):

List any volunteer experience: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Do you speak any languages besides English? If so, please list them. ­­­­­­­­­­­­­­­

**Personal:**

What are your hobbies?

What do you think a friend would say is your best characteristic?

What do you and your friends like to do in your free time?

What do you look for in a potential new friend?

What are your plans after graduation?

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Why do you want to be a mentor?

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Describe an example of your leadership experience in which you have positively influenced others, helped resolve disputes or contributed to group efforts over time.
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Describe the most significant challenge you have faced and how you overcame that obstacle.

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What does creativity mean to you and how do you express your own creativity?

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What attributes do you have that would benefit your mentee and this program?

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What do you want to get out of this program?

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What do you want your mentee to get out of this program?

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Beyond what has already been shared in this application, what do you believe makes you a strong candidate for this program? (This is a place to share anything that you think is important that you did not find a place to say):

The information above is correct to the best of my knowledge. If selected, I will return to campus/Jonesboro in August to participate in mentoring training. I have read and understand all of the material enclosed within this application packet and acknowledge that I will carry out the mentor responsibilities to the best of my ability. Failure to uphold the duties and responsibilities of the mentoring program will result in immediate termination.

 **/** **/**

Signature Date

**Please return to Dr. Kristin N. Johnson either at** **krjohnson@astate.edu** **or room 325 in the College of Education and Behavioral Sciences, Department of Psychology and Counseling**

**HOWL Service Center Mentor Recommendation Form**

*(Completed by an administrator, faculty, or staff member at ASU-Jonesboro)*

For a digital copy of this recommendation form and/or return form, email krjohnson@astate.edu

**Name of Candidate**:

**Name of Reference**: **Position:**

**Phone**: **Email**: @astate.edu

**Relationship to Candidate**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Years Known:** \_\_\_\_\_\_\_\_

**Mentors play a vital role in assisting our mentees with the transition to college, study skill development, campus involvement, etc.** **Please rate the applicant on the criteria below:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Criteria** | **Outstanding** | **Above Satisfactory** | **Satisfactory** | **Unsatisfactory** | **No basis for judgment** |
| **Ability to work independently** |  |  |  |  |  |
| **Ability to work with others** |  |  |  |  |  |
| **Adaptability/Flexibility** |  |  |  |  |  |
| **Communication Skills** |  |  |  |  |  |
| **Patience**  |  |  |  |  |  |
| **Integrity** |  |  |  |  |  |
| **Maturity** |  |  |  |  |  |
| **Organizational Ability** |  |  |  |  |  |
| **Receptive to differences** |  |  |  |  |  |
| **Self-Confidence** |  |  |  |  |  |
| **Shows respect for self and others** |  |  |  |  |  |

Please comment on the candidate’s specific strengths, weaknesses, leadership qualities, and his/her ability to lead a group. Feel free to add additional pages if needed.

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Thank you in advance for your assistance. Please return to**:

**Dr. Kristin Johnson, Director of the H.O.W.L Transition Program**

*krjohnson@astate.edu*

College of Education and Behavioral Sciences Room 325

**Recommendations must be received by Friday, April 17, 2020.**

**HOWL Service Center Mentor Recommendation Form**

*(Completed by an administrator, faculty, or staff member at ASU-Jonesboro)*

For a digital copy of this recommendation form, email krjohnson@astate.edu

**Name of Candidate**:

**Name of Reference**: **Position:**

**Phone**: **Email**: @astate.edu

**Relationship to Candidate**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Years Known:** \_\_\_\_\_\_\_\_

**Mentors play a vital role in assisting our mentees with the transition to college, study skill development, campus involvement, etc.** **Please rate the applicant on the criteria below:**

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Please comment on the candidate’s specific strengths, weaknesses, leadership qualities, and his/her ability to lead a group. Feel free to add additional pages if needed.

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**Dr. Kristin Johnson, Director of the H.O.W.L Transition Program**

*krjohnson@astate.edu*

College of Education and Behavioral Sciences Room 325

**Recommendations must be received by Friday, April 17, 2020.**