

# Vita of Paul Finnicum, Ed.D.

## A. CONTACT INFORMATION

Paul Anthony Finnicum

Work address:

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State University, AR 72467-0240

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Present Position: Professor in Department of Health, Physical Education and Sport Sciences

## B. EDUCATION

<u>Degree</u>	<u>Institution</u>	<u>Major</u>	<u>Year</u>
Ed.D.	Oklahoma State University	Higher Education/Health	1989
M.S.	Oklahoma State University	Health Science	1983
B.S.	Northern Illinois University	Journalism	1978

## C. PROFESSIONAL EXPERIENCE

<u>Position</u>	<u>Employing Institution</u>	<u>Dates</u>
Professor	Arkansas State University	(2010)
Associate Professor	Arkansas State University	(1997-2010)
Assistant Professor	Arkansas State University	(1989-1996)
Instructor	Arkansas State University	(1988-1989)
Graduate Associate in Health	Oklahoma State University	(1984-1988)
Graduate Assistant in Health	Oklahoma State University	(1981-1983)

## D. ADVISEMENT

- 2012 calendar year: 51 total advisees consisting of exercise science and health promotion majors
- 2011 calendar year: 48 total advisees consisting of exercise science and health promotion majors
- 2010 calendar year: 51 total advisees consisting of exercise science and health promotion majors
- 2009 calendar year: 54 total advisees consisting of exercise science, health education and health promotion majors
- 2008 calendar year: 57 total advisees consisting of exercise science, health education and health promotion majors
- 2007 calendar year: 38 total advisees consisting of exercise science, health education and health promotion majors
- 2006 calendar year: 33 total advisees consisting of exercise science, health education and health promotion majors
- 2005 calendar year: 39 total advisees consisting of exercise science, health education and health promotion majors

- 2004 calendar year: 39 total advisees consisting of exercise science, health education and health promotion majors
- 2003 calendar year: 39 total advisees consisting of exercise science, health education and health promotion majors
- 2002 calendar year: 45 total advisees consisting of exercise science, health education and health promotion majors
- 2001 calendar year: 43 total advisees consisting of exercise science, health education and health promotion majors

Nominated in 2010 and 2009 for the “YOU MADE A DIFFERENCE” Faculty Advisor Award sponsored by the Wilson Advising Center.

#### **E. SCHOLARLY PUBLICATIONS**

- Finnicum, P.A. (2012) *The Twenties in America*. Salem Press. **ISBN-13:** 978-1-58765-855-6.
  - W.C. Fields, page 305.
  - James "Cool Papa" Bell, pages 89-90.
- Finnicum, P.A. (2012) *Great Lives from History: Latinos*. Salem Press. **ISBN-13:** 978-1-58765-810-5.
  - Tony Oliva, pages 674-675.
  - Tony Romo, pages 800-801.
- Finnicum, P.A. (2011) *Great Lives from History: African Americans*. Salem Press. **ISBN-13:** 978-1-58765-747-4.
  - Walt Frazier, pages 621-622.
  - John Jordan "Buck" O'Neil, pages 1136-1137.
  - Calvin Peete, pages 1170-1171.
- Finnicum, P.A. (2011) *The Thirties in America*. Salem Press. **ISBN-13:** 978-1-58765-725-2.
  - Marijuana Tax Act of 1937, pages 610-611.
- Finnicum, P.A. (2010) *The Forties in America*. Salem Press. **ISBN-13:** 978-1-58765-659-0.
  - Birth Control, pages 117-119.
  - Sexually Transmitted Diseases, pages 870-872.
- Finnicum, P.A. and Mathis, M.J. (2010) *"From College to Career: Charting a Course"* Arkansas Journal, 45:1, 10-16.
- Finnicum, P.A. (2009) *Great Athletes: Baseball*. Salem Press. **ISBN:** 978-1-58765-473-2.
  - Mordecai Brown. pages 59-61.
- Finnicum, P.A. (2009) *Great Athletes: Football*. Salem Press. **ISBN:** 978-1-58765-476-3
  - Lee Roy Jordan, pages 238-239.
- Finnicum, P.A. (2009) *How STDs Can Spread*. Health and Wellness Teaching Community <http://www.pearsonhighered.com/healthcommunity>
- Mathis, M.J. and Finnicum, P.A. (2008) *"Are We Developing Character or Characters?"* Arkansas Journal, 43:1, 22-23.
- Rasberry, C.N., Finnicum, P.A., Adams, T.M., and Dean, M.B. (2006) *"Body Image Distortion and Dissatisfaction in a Sample of College Females."* Arkansas Journal, 41:1, 32-39.

- Finnicum, P.A. (1998) “*Managing Stress Through Outdoor Recreation.*” Parks & Recreation. Vol. 33, No. 8, 46-51.
- Finnicum, P.A. (1997) “*Developing Discipline Policies to Prevent Problem Behaviors.*” Teaching Secondary Physical Education. Vol. 3, Issue 4, 25-26.
- Finnicum, P.A. (1997) “*Comprehensive School Health: Reality or Rhetoric?*” Teaching Secondary Physical Education. Vol. 3, Issue 2, 22-23.
- Finnicum, P.A. (1996). “*Tourism and Wellness: A Natural Alliance in a Natural State.*” Parks & Recreation. Vol. 31, No. 9, 85-90.
- Finnicum, P.A., Darby, P.J. and Sugg, W.J. (1991). *Status Report on Arkansas State University's Physical Education Program: A Guide to Future Direction.* Arkansas Journal, 26:1, 10-13.
- Glover, E.D., Edwards, S.W., Christen, A.G. and Finnicum, P.A. (1984). *Smokeless Tobacco Research: An Interdisciplinary Approach.* Health Values, 8, 21-25.

#### **F. PUBLISHED REVIEWS**

- Finnicum, P.A. (1995). Review of *Principles of Health Education and Health Promotion*, by Thomas Butler. Health Values, Vol. 19, No. 3 (May/June 1995): 60-62.
- Finnicum, P.A. (1993). Review of *Sex Differences: Modern Biology and the Unisex Fallacy* by Yves Christen. Health Values, Review #17, 60-62.
- Finnicum, P.A. (1991). Review of *When Children Want Children* by Leon Dash. Health Values, Review #15, 60-62.

#### **G. SCHOLARLY PRESENTATIONS**

##### *International/National*

- Bryant, L. G. & Finnicum, P. "Does video communication aid or hinder intern supervision." American Alliance for Health, Physical Education, Recreation, and Dance, Charlotte, NC, April 12, 2013.
- M.J. Mathis & P.A. Finnicum, Arkansas State University “*They Call Me Coach, But They Probably Shouldn't.*” American Alliance for Health, Physical Education, Recreation and Dance conference in Orlando, FL, April 10, 2012 Southern District/FAHPERD/AAHPERD Convention.
- M.J. Mathis & P.A. Finnicum, Arkansas State University “*From College to Career: Charting a Course*” American Alliance for Health, Physical Education, Recreation and Dance conference in Orlando, FL, April 9, 2012 Southern District/FAHPERD/AAHPERD Convention.
- P.A. Finnicum & M.J. Mathis, Arkansas State University; J.S. Green, Texas A & M University; J.B. Zeiger, Alternative Fuels Institute. “*Technological Tools of the Trade for Teachers.*” National Wellness conference in Stevens Point, WI July 21, 2010.
- Finnicum, P.A., Mathis, M.J., Bryant, L.G., Green, J.S., and Zeiger, J.B. “*Courses are so Much Cooler Online with Twitter and Facebook*” American Alliance for Health, Physical Education, Recreation and Dance conference in Indianapolis, IN, March 19, 2010.

- P.A. Finnicum & M.J. Mathis, Arkansas State University; T.M. Finnicum, Oklahoma State University; J.S. Green, Texas A & M University; D.A. Williams, U of Arkansas; J.B. Zeiger, Alternative Fuels Institute. "*Freesources*" for Courses: *The Best Things in Life are Free*. American Alliance for Health, Physical Education, Recreation and Dance conference in Tampa, FL, April 2, 2009.
- P.A. Finnicum & M.J. Mathis, Arkansas State University; J.S. Green, Texas A & M University, J.B. Zeiger, Alternative Fuels Institute. "*Using Personal Response Systems to Create an Interactive Classroom*." American Alliance for Health, Physical Education, Recreation and Dance conference in Ft. Worth, TX, April 10 2008.
- Davis-Hipp, R., Finnicum, P., and Graves, M. "*Providing Worksite Health Promotion Programs on a Shoestring Budget*." Southern District Alliance for Health, Physical Education, Recreation and Dance conference in Virginia Beach, Virginia March 3, 2006.
- Glenn, A., Graves, M., Adams, T., Church, B., Finnicum, P. "*Body Distortion And Body Dissatisfaction In Black And White College Age Females,*" National American College of Sports Medicine (ACSM) conference in Nashville, TN June 2, 2005.
- Finnicum, P. A. and Green, J.S. "*Technology as a Teaching Tool*". Presented at the Southern District American Alliance for Health, Physical Education, Recreation and Dance convention in Little Rock, AR March 3, 2005.
- Finnicum, P.A. and Stillwell, J.S. "*I Thought I Wanted to be Chair*". CUAC Conference in Branson, MO on July 10, 2004.
- Rasberry, C., Adams, II, T. M., Finnicum, P., and Dean, B. "*Body image recognition: A study of body image distortion and dissatisfaction*". American College of Sports Medicine, St. Louis, May, 2002.
- DePriest, S., Adams, II, T., Byars, A., Stillwell, J., Albright, C., Finnicum, P. "*An Investigation of the Effectiveness of the Rack on Ankle Plantar Flexion*". American Alliance for Health, Physical Education, Recreation and Dance, April 21, 1999.
- Finnicum, P.A. and Zeiger, J.B. "*Achieving a Smoke Free Society by the Year 2000: An Anthology of Strategies*." Presented at the Southern District American Alliance for Health, Physical Education, Recreation and Dance convention in New Orleans, LA on February 12-15, 1997.
- Zeiger, J.B., Finnicum, P.A., and Dempsey, S. "*Principles and Guidelines for Establishing an Experiential Education Program in Higher Education*." 23rd Annual International Conference of the Association for Experiential Education. Lake Geneva, WI, November 9-12, 1995.
- Finnicum, P.A. and Zeiger, J.B. "*Tourism and Wellness: A Natural Alliance*." 38th World Congress of the International Council for Health, Physical Education, Recreation, Sport and Dance. Gainesville, FL, July 9-16, 1995.
- Williams, N.J., Finnicum, P.A., and Arheart, K.L. "*Smokeless Tobacco Cessation*". American Alliance for Health, Physical Education, Recreation and Dance National Convention, 13 April 1994, Denver, CO.
- Williams, N.J., Finnicum, P.A. and Arheart, K.L. "*Effectiveness of a Self-Help Manual in Smokeless Tobacco Cessation*." Presented at the 71st General Session and Exhibition of the International Association for Dental Research. Chicago, IL, March 10-14, 1993.

- Glover, E.D., Edwards, S.W., and Finnicum, P.A. “*Effects of Smokeless Tobacco on Heart Rate and Motor Performance*”. Society of Behavioral Medicine Convention, 27 March 1985, New Orleans, Louisiana.

### ***Regional***

- P. Finnicum, P.A., Mathis, M.J., Perkey, D.A. *Successful Practices in Teaching Online Physical Education*. Regional Conference - Online and Distance Education - April 10<sup>th</sup> 2009, Jonesboro, AR.

### ***State***

- Mathis, M.J. and Finnicum, P.A. “*They Call Me Coach*”. Arkansas Association for Health, Physical Education, Recreation and Dance conference in Eureka Springs, AR on November 4, 2010.
- Mathis, M. and Finnicum, P. “*Teaching a Personal Health Class Online*” Arkansas Association for Health, Physical Education, Recreation and Dance conference in Eureka Springs, AR on November 1, 2007.
- Finnicum, P. and Ramsey, G. “*Using a Personal Response Device in Health Classes*” Arkansas Association for Health, Physical Education, Recreation and Dance conference in Eureka Springs, AR on November 2, 2007.
- Finnicum, P. and Mathis, M. “*I Don’t Care Who You Are This Is Funny: Using Humor To Teach Health Part Deux*.” Arkansas Association for Health, Physical Education, Recreation and Dance conference in Hot Springs, AR on November 2, 2006.
- Finnicum, P.A. “*BMI Update: Myths, Misconceptions, and Implementation Strategies*”. Arkansas Association for Health, Physical Education, Recreation and Dance conference in Eureka Springs, AR on November 5-7, 2003
- Finnicum, P.A. “*Using the Internet to Teach Health*”. Society of Public Health Educators (SOPHE) conference in Little Rock on March 6-7, 2003.
- Finnicum, P.A. “*Sex Education: What Really Works*” Arkansas Association for Health, Physical Education, Recreation and Dance State Conference on November 9<sup>th</sup>, 2001.
- Finnicum, P.A. “*Using the Internet to Teach Health*.” Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance State Conference on November 2<sup>nd</sup> and 3<sup>rd</sup>, 2000.
- Finnicum, P.A. “*Students Attitudes About Sex: Implications for Curriculum Development*.” Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance convention in Hot Springs, AR on November 6, 1998.
- Finnicum, P.A. “*Developing Discipline Policies to Prevent Problem Behaviors*.” Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance convention in Eureka Springs, AR on November 6-7, 1997.
- Finnicum, P.A. “*Sex Education in the Public Schools: Just Do It*”. Tenth Annual Arkansas Health Education Conference, 3-4 March 1994, Hot Springs, AR.
- Finnicum, P.A. “*Teaching Strategies for Health Education*”. Arkansas Association for Health, Physical Education, Recreation and Dance and Oklahoma Association for Health, Physical Education, Recreation and Dance Joint Conference, 28 August 1993, Fayetteville, AR.

- Finnicum, P.A. “*Activities for Improving Self-Perception*”. Arkansas Association for Health, Physical Education, Recreation and Dance State Convention, 3 November 1991, Eureka Springs, AR.
- Finnicum, P.A., Darby, P.J. and Sugg, W.J. “*Evaluation of a Physical Education Activity Program*”. Arkansas Association for Health, Physical Education, Recreation and Dance State Convention, 3 November 1989, Jonesboro, Arkansas.
- Finnicum, P.A., Adams, T.M., and Burgess, D. “*PMS Treatment: Caveat Emptor!*” Arkansas State Health Education Conference, 17 March 1989, Little Rock, Arkansas.

#### ***Local/District***

- Finnicum, P.A., and Mathis, M.J.. “*Games Educators Can Play.*” Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance District IV Workshop on April 7, 2011.
- Finnicum, P.A., Brown, L., Gaines, W., Greenwood, L., Stahura, K. “*Careers in HPESS.*” Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance District IV Workshop on April 6, 2002
- Finnicum, P.A. “*Life After College: Get a Job!*” Presented at the Arkansas Association for Health, Physical Education, Recreation and Dance District IV Workshop on April 6, 2000.
- Finnicum, P.A. “*Something for Everyone: Health Education Strategies.*” Presented at the District IV Arkansas Association for Health, Physical Education, Recreation and Dance convention in Jonesboro, AR on April 2, 1998.
- Finnicum, P.A. “*Sex Education in Public Schools: What to Teach and How to Teach it.*” Arkansas Association for Health, Physical Education, Recreation and Dance District IV Workshop. Paragould, AR, April 15, 1993.
- Finnicum, P.A. and Burgess, D. “*Values Clarification*”. District IV Arkansas Association for Health, Physical Education, Recreation and Dance Conference, 19 April 1990, Jonesboro, Arkansas.
- Finnicum, P.A. and Burgess, D. “*Trends in Health Education in Public Schools*”. District IV Arkansas Association for Health, Physical Education, Recreation and Dance Conference, 6 April 1989, Jonesboro, Arkansas.

#### **H. OTHER SCHOLARSHIP**

- Academic Reviewer for McGraw-Hill, *Fit Well: Questions and Answers* 2010
- Academic Advisory Board member for McGraw Hill, *Annual Editions: Gender* 2010
- Reviewer for McGraw Hill’s *Sexual Literacy* text 2009.
- Reviewer for Jones and Bartlett’s *Exploring the Dimensions of Human Sexuality* 1998.
- Reviewer for Brooks/Cole Publishing’s *Golf Today*, 1997.
- Reviewer for Mayfield Publishing’s *Core Concepts in Health: Brief Edition* 7<sup>th</sup> ed., 1996.
- Reviewer for Brown and Benchmark Publishers’ prospectus for a community health text, 1994.
- Reviewer for Times Mirror/Mosby’s *School Health Practice* 10<sup>th</sup> ed., 1992.
- Reviewer for Wadsworth Publishing Company’s *Healthy for Life*, 1990.

**I. GRANTS (Unfunded)**

Hanrahan, S., Guffey, M., Grant, J. and Finnicum, P. National Institutes of Health. *Smoking Prevention*. \$3.4 million (submitted July 1999).

Finnicum, P. Arkansas Health Promotion Grant. *Effectiveness of Drug Abuse Resistance Education (DARE) Program*. \$5000 (submitted April 1995).

**J. SERVICE TO STATE PROFESSIONAL ORGANIZATIONS**

**Arkansas Association for Health, Physical Education, Recreation, and Dance**

- Vice-President of Health Division (2011-2012)
- Vice-President of Health Division (2006-2008)
- President (2002-2004)
- President-elect (2000-2001)
- Vice-President of General Division (1989-1990)

**Arkansas School Health Association**

- President (1992-1993)
- Newsletter editor (1993 Fall and Spring editions)
- President-elect (1991-1992)
- Second Vice-President (1990-1991)
- Board of Governors (1989-1990)

**K. SERVICE TO NATIONAL PROFESSIONAL ORGANIZATIONS**

**American Alliance for Health, Physical Education, Recreation, and Dance**

American Association for Health Education Committee on Student Services (2000-2002)

**L. COMMUNITY SERVICE**

- AAHE4ME Mentor--serve as mentor for future health education professionals
- Round Table Group—expert witness panel (2008-present).
- Parenting and Childbirth Education Services (PACES) Family Day Planning Committee (2008)
- Craighead County Soccer Association soccer coach (2008)
- Upward basketball coach (2007—2009)
- Soccer and basketball coach for Jonesboro Park and Recreation City Stars Program (2005—present)
- Northeast Arkansas Christian Homeschool Educators basketball coach (2011--present)
- Consultant with Heart Healthy Energetic Adults Rally Together—collaboration with Center in Aging Northeast and Area Agency on Aging February 2006
- Consultant for abstinence grant through St. Bernards Behavioral Center (2006)
- Member of Craighead County Chapter of the American Heart Association (2002---
- President, Board of Directors of Parenting and Childbirth Education Services (2000-2002)
- Director of Arkansas Physical Activity Coalition (1999-2001)
- Member of Arkansas Governor's Council on Physical Fitness (1992-1994)
- Board of Directors for the American Cancer Society Arkansas Division (1992-1994)
- Suspected Child Abuse and Neglect Task Force president (1990-1991), vice president (1989)
- Member of Jonesboro Public Schools Drug Education Committee (1991-1994)
- Member of Jonesboro Public Schools Health Education Advisory Committee (1990-1991)

**M. PROFESSIONAL MEMBERSHIPS**

*National*

- American Alliance for Health, Physical Education, Recreation and Dance (1983—present)
- American School Health Association (1990-1994)

*State*

- Arkansas Association for Health, Physical Education, Recreation and Dance (1989—present)
- Arkansas Public Health Association (2000-2001)
- Arkansas School Health Association (1989-1994)
- Arkansas Teacher Educators (1990-1992)

**N. CERTIFICATION**

Certified Health Education Specialist #6816 (1998)

**O. COURSES TAUGHT**

- Foundations of Health
- Personal Health
- First Aid and Safety
- Human Sexuality
- Drug Use and Abuse
- Consumer Health
- Public and Community Health
- School Health Programs
- Health Promotion Assessment and Planning
- Health Promotion Implementation and Evaluation
- Health Education for Elementary and Secondary Schools
- Strategies in Health Education