

# STATEside News



Arkansas State University, College of Nursing and Health Professions, State University, AR 72467-0910

Spring 2020

Jonesboro, Ark.

STATEside News

## Beck Center for Veterans

By Lynda Nash, Director, Beck PRIDE Center

After more than 10 years of service, it was time to evaluate services offered and what changes are needed to continue to be productive in meeting the needs of military veterans in Northeast Arkansas. The name of the center needed to be more direct in identifying the population that is served. The Beck Vet Center Advisory Board approved the following name change to the Beck Center for Veterans. Other changes are forthcoming to improve our services to veterans and strengthen our ties with Arkansas State University programs.

Upcoming programs include a Guitar for Veterans group with support from Dr. Timothy Crist. Guitars have been purchased and delivered. The program will start in January. Hippotherapy and equine assisted psychotherapy (EAT) for veterans has started this fall and will continue through the spring semester. Farley Schweighart PT, Cert. DN. is the lead instructor for physical therapy, Andrea Brown, OT/L for occupational therapy and Lynda Nash, LCSW for psychotherapy.

The service dog training program, Paws for Vets, will be starting a new class for veterans and their dogs in January, 2020. Support from the community has provided the funding for this class, including private donations and a fundraiser from Newks and Shadrack's Coffee.

Continued on page 4



ARKANSAS STATE UNIVERSITY

College of  
Nursing & Health Professions

## Dean's Corner

Happy New Year! We are in a new decade - 2020 has arrived. Already this year we have too much scheduled including our ACEN accreditation site visit for our nursing programs. It will be a large team of visitors and we are anxious to show them how great our students, faculty, staff, clinical sites, laboratories, etc. are on this campus, and on our distant education campuses as well. We will also have a site visit for our Masters in Athletic Training program, which will graduate its first class of students this summer. Many people have been involved in the preparation of self-studies that precede the actual site visits and hundreds of man/woman hours are involved. We do like external teams to come in and objectively review our work. It is great to get affirmation about the good things we are doing and input into the things we can do better.

Some great accreditation news. Our BSW program had its formal visit this fall and received rave reviews by the on-site visitor. There were three "very little" things we needed to attend to and those have been corrected. Our Radiation Therapy program was also visited and got a near-perfect review by the site visit team. We will officially hear from those accrediting bodies this spring about our reaccreditation status.

The Donald W. Reynolds Center for Health Sciences celebrated its 10th birthday this fall. We had poster boards filled with memories from the announcement itself, to the ground breaking, culminating with the ribbon-

cutting. It was a great opportunity for our new faculty to see how the building itself transpired and for our 10 year-plus faculty, to relive a very special time in our history. The building has been a game changer for our college.

The university will be entering into a new strategic plan this spring which will give our college and its departments a structure for future planning. Our faculty, staff and students have been involved at multiple levels so it will be good to see the final product.

Professionally, I have completed my two-year stint as president of the Association of Schools Advancing Health Professions. It is an organization I have been a member of for over 20 years and have now served in every board and executive capacity there is for this organization. Associations, like these, are the primary network we use to advance work in our colleges. Peer colleagues are priceless.

There is a lot of news to share. Hope you enjoy the contents of our newsletter. Please feel free to contact me if you have any questions or comments relative to the College of Nursing and Health Professions.

Susan Hanrahan  
Dean

College of Nursing  
& Health Professions  
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## MEDICAL IMAGING & RADIOLOGIC SCIENCE

MIRS celebrated its inaugural Elevation Event in August, 2019. Students currently enrolled in the medical imaging and radiation sciences programs were recognized for their progression through the program.

**JEANNEAN ROLLINS** presented "*Is This Normal: A Look at Burnout Syndrome*" at the Tennessee Society meeting in Memphis, this past October.

**TRACY WHITE** made two presentations "*Proton vs. Photon Radiation Therapy*" and "*Arsenic, Mustard Gas*"

## PHYSICAL THERAPY

**DR. STACEY SLOAS** presented her poster at the September Community Health Centers of Arkansas Conference (CHCA), in Hot Springs, titled "*Extending Health Care Education Through Peer-Led Diabetes Education*".

**FARLEY SCHWEIGHART** presented "*The Effects of Hippotherapy on the Motor Skills of a Child with Down Syndrome and a Child with Spina Bifida*," and "*Increased Excitability of Alpha Motor Neurons after Dry Needling in an Individual with Achilles Tendon Pain*" in October in Little Rock. **FARLEY SCHWEIGHART** became the programming chair for ArPTA Optimize 2020.

## NUTRITIONAL SCIENCE

**JOANNA CUPP** and **TIFFANY STERLING** attended the hands-on Learn to Diagnose Malnutrition Training at the Cleveland Clinic Simulation Center in Cleveland, on Oct. 17.

**JOANNA CUPP** published an article titled "*How to Achieve Work and Home Life Balance*" in the Network Health Digest magazine, Issue 147.

## NURSING

**CATHY HALL**, **JUDITH PFREIMER**, **KAREN BLUE & KELLIE MARTIN** attended MSERA (Mid-South Educational Research Association) conference in New Orleans, Nov. 5 to present "*The Transition from Traditional to Computerized Course and Program Assessment: A Multi-Campus Experience*".

**KACIE ALTOM** passed the Certified Nurse Educator exam.

**MOLLIE MANNING** earned her DNP over the summer.

**DR. SUSI SNELLGROVE** presented at the April End Violence Against Women International 2019 Conference on Sexual Assault, Intimate Partner Violence, and Increasing Access, in San Diego, titled "*College Student and Failure to Report Sexual Assault*".

**DR. LIBBY NIX** was appointed to be an ANCC abstract reviewer for Advanced Nursing, as well as

## COMMUNICATION DISORDERS

**SHANON BRANTLEY** and **DR. AMY SHOLLENBARGER** presented "*Soft Skills and Hard Skills: What do Clinical Supervisors Value?*" at the November ASHA convention in Orlando.

*and Tanning Beds – What Do These Have in Common?*" at the state meeting of the Arkansas Society of Radiologic Technologists. She also was an invited participant in the Virtual Education Leadership Group conference in Seattle.

**KENDALL YOUNGMAN** will present a poster on "*Social Media: Clouding the Student-Instructor Relationship*" at the ACERT Conference February 5-7 at The Orleans in Las Vegas.

**TRACY WHITE** was appointed to the ARRT Radiation

**DR. LA TOYA GREEN** completed her poster presentation "*The Prediction of National Physical Therapy Examination First-Time Pass Rates*" at the Educational Leadership Conference in October, in Bellevue, Wash.

**DR. STACEY SLOAS'** poster titled "*Using Allied Health Care Professionals for Diabetes Education*" and her poster along with **BECKY KEITH** titled "*Encouraging Professionalism & Core Values Through Volunteerism in a PTA Program*", were presented at the ASAHP conference in Charleston, S.C., in October.

**DR. STACEY SLOAS'** poster titled "*Physical Therapist As Community Educator for Diabetes Education*",

**JOANNA CUPP** published "*Teaching Tips for Using Role-Play to Teach Nutrition Counseling Skills*" in the Nutrition Educators of Health Professionals Fall 2019 Newsletter, Volume 76, Issue 1.

**JOANNA CUPP** presented the topic of Mindful Eating with Diabetes on Nov. 21 for National

a manuscript peer reviewer for the Administrative Issues: Journal: Connecting, Education, Practice and Research. Dr. Nix also was appointed to the National Certification Board of Diabetes Educators Community Outreach Committee for educating new health care professionals about becoming Certified Diabetes Educators.

**DR. LIBBY NIX, KELLI MARTIN, LARK MONTGOMERY, DR. SARAH DAVIDSON, MATTHEW HARMON, BRENDA ANDERSON** and **DR. BILINDA NORMAN** organized and worked with volunteer Nursing and Clinical Lab Science students in collaboration with the Arkansas Minority Health Commission by providing education and screening for attendees during the Arkansas Summit for African American Males on campus.

**ERIN STEGALL** served as the First in the Pack (FITP) CNHP liaison for incoming and current "first-generation" A-State college students. She was

**DR. JOY GOOD** presented her poster titled "*School-Based Speech-Language Pathologists' Knowledge and Use of Morphological Awareness Instructions: Results of a Survey*"

Therapy Practice Analysis Committee.

**EDWIN WALLACE, KENDALL YOUNGMAN, TRACY WHITE,** and **DR. CHERYL DUBOSE** met with Gov. Asa Hutchinson to accept his Proclamation for National Radiologic Technology Week that was celebrated Nov. 3 – 9.

was accepted for presentation at the Combined Sections Meetings Annual Conference in Denver, in February.

**DR. STEPHEN GUFFEY's** article "*Visible Light as an Inhibitor of Campylobacter Jejuni*" was published in the International Journal of Antimicrobial Agents. **DR. GUFFEY** also has articles in review titled "*Revisiting Microbial Resistance to Blue Light*"; "*Association Between Personality Types and Predisposition to Chronic Pain*"; and "*Pain Neuroscience Education for Physical Therapy Students*".

Congratulations to **DR. LA TOYA GREEN** who successfully defended her doctoral dissertation.

Diabetes Month at A-State.

**JOANNA CUPP** became Chair of the Nominating Committee for ArAND 2019-2020.

also was a presenter for the A-State INSPIRE program for minority students offered by the A-State Division of Diversity for incoming minority freshman. As well, Erin is a member on the Black Faculty and Staff Association: Promoting Retention of African American and Other Minority A-State College Students. She is also an on campus adviser for the National Pan-Hellenic.

**DR. LIBBY NIX** presented "*HESI Prep Nights Translates into Successful Candidates: Seeking Unique Student Opportunities*" at Iggy's Next Generation NCLEX (NGN) Camp, in New Orleans, in January.

**DR. CHRIS JORDAN** was elected to the Board of Directors of Baptist Medical Dental Fellowship. Dr. Jordan has been a member for 13 years and has been active in the disaster response team as a Registered Nurse and as an Advanced Practice Nurse.

at the American Speech-Language and Hearing Association Convention in Orlando, Nov. 23.

## DISASTER PREPAREDNESS AND EMERGENCY MANAGEMENT

**AMY HYMAN** was invited in November to speak about the importance of campus preparedness to faculty and staff of the University of Arkansas Community College at Batesville.

**DR. JOSEPH RICHMOND** and **AMY HYMAN** were recently invited to speak about campus mitigation programs to the FEMA Region VI Higher Education Symposium held on the campus of Arkansas Tech University.

**SARA WALKER** was an invited speaker at both the Indiana EMS conference in West Lafayette, Ind., and the Arkansas EMS

conference in Hot Springs. For her work on Flipped Classrooms, **SARA** presented at the 2019 World Expo in New Orleans. She also won best EMS Research at the 2019 National Association of EMS Educators Symposium in Fort Worth, Texas.

**SARA WALKER** was accepted to attend the 2020 FISDAP Research Summit in Minneapolis, Minn.

**Disaster Training Center** celebrated the completion of the pavilion at the Imboden site this past October.

While many classes are still in the planning stages, including plans for a wilderness medicine course, dates are set for the following training opportunities at Imboden:

**Crisis Communications:** February 27, 2020

**Search and Rescue Tech III:** March 28-29, 2020

Please reach out to [dpem@AState.edu](mailto:dpem@AState.edu) for more information about these opportunities and the registration links, future training opportunities, and/or use of the facilities.

## OCCUPATIONAL THERAPY

**AMANDA MOHLER's** poster "Social Participation Facilitators and Barriers Among Older Adults Residing in Assisted Living"; and "Implications of Passenger Conversation on Reaction Time in the Elderly Population" were accepted

for presentation at the 2020 AOTA Annual Conference and Expo, March 26-29th in Boston.

**DR. PAM LEWIS-KIPKULEI** presented at the IOSSBR conference in Las Vegas, October

14-15 titled "Increasing Student Engagement Via a Combined Roundtable Discussion and Flipped Classroom Curriculum Model in an OT and Special Education Classroom".

## ATHLETIC TRAINING

**DR. SCOTT BRUCE's** manuscript titled "Prediction Modeling for Board of Certification Exam Success for a Professional Master's Athletic Training Program" was published Oct. 11, in the Journal of Sports Medicine and Allied Health Sciences.

**DR. SCOTT BRUCE** presented his title, "Prediction Modeling for Academic Success",

October 16-17 at the Association of Schools Advancing Health Professions Conference in South Carolina.

**DR. SCOTT BRUCE** presented at the Southeast Athletic Trainers Association Athletic Training Student Symposium, his title "Current Evidence: Concussions 2019" in February, in Atlanta.

**DR. CARLITTA MOORE's** abstract titled "University Administrators' Perception of Student Athletes with Diverse Sexual Identities" was accepted for presentation at the Annual Conference of the American Association of Blacks in Higher Education, March 18-21, in North Charleston, S.C.

## SOCIAL WORK

**DR. CHERYL KNIGHT** co-presented "Movement in MTSS: Facilities Readiness to Learn Across the

Tiers" at the 2019 Annual Advancing School Mental Health Conference in Austin, Texas,

on Nov. 8.

## DAY OF CARING

The PTA Class of 2020 participated in the United Way Day of Caring on Friday, Sept. 27. Volunteerism is a core value in the field of physical therapy. The PTA faculty have used this opportunity for the past 16 years to engage the students in a service activity in lieu of providing lecture content about the value of volunteerism. The students and faculty spent the day at the Arkansas Learning Center engaging with the children served by this agency. The students utilized their knowledge of child development as they played with and read to the children.

## PTA ALUMNI DAY

On Oct. 11, 2019, the PTA Program hosted the 9th annual Alumni Day. Speakers Barbara King, ATP and Dr. Steven Forbush, PT, Ph.D., OCS presented continuing education courses to 90 alums and local clinicians. CEU sessions were followed by a reception in Centennial Hall celebrating the 50th year of the PTA profession. With a Super Heroes in Disguise theme, awards were given to clinicians, community members, and recipients of physical therapy care who demonstrated 'Super Powers'. Award winners were clinicians Ross Westbrook, PT (Captain America Award), Tim Clough, PT (Superman Award), Mary Housewright, PTA (Wonder Woman Award), April Ryan, PTA (Captain Marvel Award), Lauren Dodson, PT (Spider-man Award), Chance Walls, PTA (Batman Award); community members June Morse from Hope Circle (Black Panther Award) and Rush & Lynda Nash from Beck Center for Veterans (Incredibles Family Award); recipients of PT services Brock Rush, Courtney Francomano, and Ivy Rosamond were given Hulk Awards.

## RESEARCH PROJECTS OCCURRING IN THE AT LAB

**Toni Cecil** - Effect of Whole-Body Agility Training on Volleyball Player Reaction Time

**Stacia Coleman** - Predictive Value of Injury Risk Screening for Intercollegiate Men's Basketball Players

**Megan Etter** - Effect of Vision Training on Baseball Batting and Field Statistics

**Nick Heywood** - Duel-Task Screening for Identification of Persisting Concussion Effects in Intercollegiate Football Players

**Josh Lammers** - Neuromechanical Factors Associated with Intercollegiate Women's Soccer Injury Risk

**Lorenzo Soto** - Association of Neuromechanical Factors in Intercollegiate Football Injury Risk

## STUDENT NEWS

Kaleigh Morgan Kyzer was a graduation student speaker at the ASU-Beebe graduation ceremony on Dec 13. Kaleigh graduated with an Associate of Applied Science degree in Nursing.

## **IN SYMPATHY:**

To **AMBER JORDAN** on the loss of her brother-in-law.

To **RHONDA HOLCOMB** on the passing of her mother.

**STEPHEN GUFFEY** on the passing of his father-in-law.

The family of **KEVIN McMASTERS**, DPEM adjunct.

## **WELCOME TO:**

**JULIAN McCORMICK**, Social Work Staff

**CARLY FARMER**, Clinical Lab Science Faculty

**CASSANDRA MASSEY**, Nurse Anesthesia Faculty

**NICHOL ANDREWS**, Nurse Faculty

**KATIE PRYOR**, Physical Therapy Staff

**JULIE KING**, Occupational and Environmental Safety and Health Faculty

## **GOODBYE TO:**

**MEOSHE MORGAN**, Physical Therapy Staff

**KATHLEEN WYSAKI**, Nurse Anesthesia Staff

**TYLER CARTER**, Medical Imaging and Rad Science Faculty

**DAVID LOVELACE**, Clinical Lab Science Faculty

**STEPHEN GUFFEY**, Physical Therapy Faculty

**SHAWN BAYOUTH**, Disaster Preparedness and Emergency Management Faculty

## **BECK CENTER FOR VETERANS CONTINUED:**

The anger management class was popular and will be repeated in the spring. The participants commented on how much they learned about controlling anger and that family members noticed a positive difference in the veterans handling conflict and difficult situations. Sarah Eberwein, MSW Intern and Deborah Eberwein, LSW, MSW Intern provided this supervised by Lynda Nash, LCSW.

Other services are being provided by Heath Meeks, LCSW who is an intern for the fall and spring semesters while working towards a Ph.D. in Clinical Psychology and Hiroki Matsuo, an intern working towards his master's in counseling. The Beck Center for Veterans has been assisting with the Arkansas Veterans Legal clinics offered in August, September, and November. Assistance with consumer law, family law, and wills/conservatorship, and landlord/tenant issues have been provided.

## **SOUTH KOREA STUDY ABROAD**

A study abroad opportunity to Seoul, South Korea is available for interested students, faculty, and alumni. During the trip we will visit local hospitals, medical clinics, universities, and cultural sites to gain a better understanding of the health care and educational systems in South Korea. We will leave on June 12 and return on June 20. Course credit for HP 3413 (Cultural Competence in Health Professions) can be earned through participation. Please contact Dr. Sarah Davidson (sarahdavidson@AState.edu) or Dr. Mark Foster (smfoster@AState.edu) for more information.

## **SPECIAL OLYMPICS 2019**

Arkansas State University College of Nursing and Health Professions, New York Institute of Technology Doctor of Osteopathy program and University of Arkansas for Medical Sciences teamed up to sponsor Jonesboro MedFest 2019: Special Olympics Athletic Physicals. The event took place Friday, Nov. 15, on the Arkansas State University campus within the Student Health Center, and was headed by Theresa Book, Special Olympics Field Representative of NEA/Area 7, Dr. Leonie DeClerk DNP, APRN, FNP-BC of UAMS Little Rock, and **LAUREN HANCOCK** MSN, FNP-BC assistant professor within Arkansas State University's College of Nursing and Health Professions/Family Nurse Practitioner Program.

Alongside licensed/board-certified family nurse practitioners, 60 A-State student volunteers gave of their time and skill set in order for 48 of our community's school-age Special Olympic athletes to be successfully screened prior to participating in the upcoming activity season. Student volunteers sourced from one of the following groups - Arkansas State University nursing and health professions programs: Associate of Science in Nursing, Bachelor of Science in Nursing (with several representing the accelerated BSN program), Master of Science in Nursing - Family Nurse Practitioner program, Communication Disorders, Athletic Training, and Physical Therapy programs and DO students from the New York Institute of Technology at A-State. The multidisciplinary team worked very well together to provide screening for these athletes. A great day for all!

## **GRANTS / RESEARCH**

**DR. CHERYL DuBOSE (MIRS)**, **DR. SHAWN DRAKE (PT)** and **DR. MARK FOSTER(NURS)** were approved for \$4,915 for their proposal "Pilot Study Evaluating Bone Density in Young Adults with Idiopathic Scoliosis."

## **GRIEF SEMINAR: SPRING**

CNHP, along with Emerson Funeral Home, NEA Baptist Clinic, NEABC Hope Circle, NEA Baptist Memorial Hospital and the Arkansas Geriatric Education Collaborative are proud to announce this year's Grief Seminar. Lara Krawchuk, MSW, LCSW, MPH will be presenting Grief, Loss and Life Limiting Illness: Supporting Families Facing End of Life. This program will take place on Tuesday, May 19, from 9 a.m. to 3:30 p.m. Lara is the owner and Clinical Director of Healing Concepts, LLC, a private counseling, continuing education and consulting practice in West Chester, Kennett Square and Philadelphia, Pa. Her workshop will focus on common emotional challenges experienced by families facing life limiting and end of life conditions. She will discuss effective ways to build effective care partnerships between community based experts, medical teams and families and discuss creative tools for supporting clients facing end of life.

The workshop is free. Registration can be completed through [AState.edu/college/conhp/index.dot](http://AState.edu/college/conhp/index.dot)

For questions, please contact Lauren Shimasaki at 870-972-3112 or by email at [Lshimasaki@AState.edu](mailto:Lshimasaki@AState.edu)

## **YOU MAKE A DIFFERENCE AWARD**

Congratulations to our advisers for being nominated for the "You Make a Difference" Academic Advising award. Individuals nominated are, Edwin Wallace (HP Advisor), Amy Hyman (DPEM) and Dr. Joseph Richmond (DPEM).

### TITLE IV-E ARKANSAS ACADEMIC PARTNERSHIP IN PUBLIC CHILD WELFARE

This has been a year of dramatic changes in services to maltreated children in Arkansas. The Arkansas Legislature and Governor Hutchinson have provided unprecedented financial and program restructuring support to the Division of Children and Family Services (DCFS). The primary changes have been additional staff across the state, allowing most counties to achieve the national goal of no more than 15-20 cases per worker. Secondly, the salaries have increased to compete in the job market. Supportive programs, such as Nurturing Families of Arkansas, have provided direct parenting education to families as well as being developmentally appropriate for each child. It has long been identified that the supervisor line is one of the most critical in best practice service delivery in child protective services. The legislature approved the addition of multiple supervisors around the state in order to lower the supervisor to worker assignments thus allowing for more frequent and higher quality supervision, mentoring, training and monitoring.

#### Field Training Activities

Direct Field Training - 1351

Field Training Consultations - 53

Field Students - 171

Training Logistics - 902

Other - 59

There was a total of 2,536 separate field training events delivered by the A-State IV-E staff. The table shows the breakdown of events by activity type from Jan. 1-June 30. A-State IV-E also sponsored the DCFS Staff Education Day, the Northeast Arkansas Foster Parent Conference, and the Spring Social Work Conference. Karen Fullen oversaw the adjuncts for the Child Welfare, Exploring Child Abuse and Neglect and the Children and the Law courses. The IV-E team presented 10 trainings over a ten month period. In addition, they also presented on Critical Thinking in Assessments, Trauma Informed Care and Difficult Encounters.

Retirement: Trish Holt retired from the grant after 18 years of service.

New Staff: Natalie Gatlin started after a two year absence, during which time she worked as a county supervisor for DCFS.

Conferences: Three IV-E staff attended the state "Child Abuse and Prevention Conference". Brooke Carr attended "Children in the Courts".

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### NEW PROGRAM DEVELOPMENT

Julie King, Ph.D., CSP has been hired to develop a BS degree in Occupational and Environmental Safety and Health. Julie was most recently a Chemical Safety Specialist at Rice University. She has a BS in Chemistry with a minor in Biology, MS in Environmental Sciences and a Ph.D. in Inorganic Chemistry.

The degree program would provide baseline education for the assessment and enforcement of standards governing the safety of air, water, food, sewage, noise, radiation, hazardous waste and other materials. Graduates would be actively involved in the overall environmental quality within a community and the prevention of diseases associated with environmental and other related factors. Individuals conduct health hazard evaluations and recommend controls to minimize the health risks to workers in the occupational environment. They can also assess risk in the workplace, concentrating on acute hazards that could result in immediate injury or death. These individuals are employed by a diverse array of industries including hospitals, private industry, government organizations, academic institutions and military installations. The program will vie for accreditation through the National Environmental Health Science and Protection Accreditation Council. The program development and approval process should be completed over the next year.

### NURSING AND HEALTH PROFESSIONS TO ADD ADULT GERONTOLOGY ACUTE CARE OPTION

It is with great excitement Arkansas State University College of Nursing & Health Professions would like to announce the planned addition of the Adult Gerontology Acute Care Nurse Practitioner option to our graduate programs. This program will prepare students with complex theoretical and practical skills needed to become expert clinicians. The Adult Gerontology Acute Care Nurse Practitioner option will be offered in the Masters of Science in Nursing program for the baccalaureate prepared nurse. There are also plans to offer a post master's certificate for current practitioners seeking an additional specialty. Due to the rapidly changing healthcare environment and increased complexity of patient needs our graduates will be able to fill current voids in a variety of health care settings across the region as well as on a state and national level.

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### DEANS OFFICE NEWS

Dean Susan Hanrahan was the keynote speaker at the Midwest Interprofessional Practice, Education and Research Center Conference on Sept 20 in Grand Rapids, Mich. Her presentation was titled, "Who is Practice Ready".

Dean Susan Hanrahan was recognized at the A-State vs Costal Carolina Football game on Nov. 16 as the "Faculty of the Game". She received a signed football and some complimentary football tickets for her group of Red Wolf fans.

Other:

**DR. AMANDA CARPENTER** (OT) presented a paper along with her colleagues from Fors Marsh Group at the American Public Health Association, "Using Natural Language Processing to Explore Conversations About Health Disparities in Minority Populations"

## DELTA CARE-A-VAN



The Delta Care-a-Van is a project involving mobile interprofessional preventive care services such as diabetes, obesity, immunizations, prenatal, and mental health care. The Care-a-Van has traveled to several northeast Arkansas rural communities delivering preventive care services and health education, without cost to the patient or need for an appointment. Medical students from NYITCOM at A-State as well as A-State nursing and social work students have been involved in the education and care. The van is equipped with two examination rooms and state-of-the-art telemedicine technology. Areas the mobile clinic has or is expected to visit include the cities of Harrisburg, Leachville, Lepanto, Manila, Piggott, Walnut Ridge, and Marked Tree, with plans to expand services to other areas of the Delta region. This is an amazing opportunity for growth, economic development, education, and prosperity promoting cooperation, education, and transformation of how both students and our community view healthcare.

## RETIREMENT: DR. STEPHEN J. GUFFEY (PT)

By: SUSAN HANRAHAN, DEAN

J. Stephen Guffey had his initial appointment to our college in January, 1996-2003 as an assistant professor of physical therapy, and was promoted and tenured during that time. He also served as PT program director for three years. He returned to A-State in 2012 as an associate professor of PT and was promoted to full professor. Stephen earned his BS in Physical Therapy from the University of Central Arkansas, Masters in Exercise Science from the University of Arkansas and his Ed.D. in Educational Leadership from Arkansas State University. He began his career in PT practice but began teaching in 1987 at the University of Central Arkansas with a teaching stint at Texas Tech University as well. He continued his clinical practice during the summers as well as traveled to teach continuing education modules.

While at the college, he was awarded the Excellence in Teaching Award, probably more than once. Students describe his teaching as amazing, passionate, with exceptional knowledge in his content areas yet a challenging instructor. They credit him for one of the best learning experiences of their lifetime - a master teacher and one who was committed to student learning. He receives notes from graduates regularly who thank him for making them really learn the material, problem solve and critically think - they usually convey a situation that they have "solved" that current treatment was not impacting and want him to feel proud of their achievements. In teaching, it is not easy to know if you are reaching students until you get these kind of letters. What Stephen will note, "What we do matters even if it is hard to tell sometimes."

Stephen was also awarded the College Excellence in Scholarship award at least twice. He was a prolific writer and a very productive researcher with many projects occurring concurrently which included

interdisciplinary teams of students and faculty. He is a noted author in visible light research. Stephen received a note recently from "a stranger" who conveyed her thanks to him for his research.

She said that using some of his findings have allowed her to be without symptoms which interfered greatly with her sleep. The beginning of her note said, "On this Thanksgiving morning, one of the things I'm thankful for this year is that I recently stumbled on your research paper, "Using near infrared light to manage symptoms associated with restless leg syndrome." Researchers often wonder if their work is making a difference. As Stephen noted, "It matters to some folks. Students should know this."

Guffey had many accomplishments in service as well - to the community, university and the profession. He is good at everything he sets out to do and is consummate professional. He is passionate about his discipline, his students, his research, was a wonderful colleague/role model/mentor and worked in the best interest of the department, college, and A-State. Stephen is very well regarded and respected. He is certainly "one of a kind" - the kind we had for 14 years in our college and will really, really miss.

Since he has come back to us twice in seven-year stints, we can dream that after a "respite" he will return a third time for another seven years. There is always hope. Until then, thank you Dr. Guffey

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## STAR HOUSE

STAR (Simulation Training & Research) House has been relocated to 118 Driver Street.



Bust of Donald W. Reynolds  
Happy 10th Birthday of Donald W. Reynolds Center for Health Sciences

## INTERIM ROLES IN THE COLLEGE

We have three individuals that have taken on interim roles in the college. Dr. Joseph Richmond is the interim chair for disaster preparedness and emergency management. He has been with the department since 2017. Dr. Cheryl Knight continues as the program director for the MSW program but has also assumed the role of interim chair, Department of Social Work. Cheryl has been full time with the college since 2015. Dr. Sarah Davidson is currently chair of the BSN programs in the School of Nursing but has also assumed the role of interim associate dean of the college where she will have administrative oversight over all programs housed in the School of Nursing. Sarah has held various roles in the college since 2008. We are very excited to have these individuals take on new or additional leadership responsibilities in the college.

## TEN LIFESTYLE GOALS FOR HEALTHY LIVING 2020

1. Get adequate rest daily
2. Get regular physical activity
3. Eat more plant-based foods
4. Eat more whole-grain breads and cereals
5. Choose healthy fats
6. Achieve/maintain a healthy weight
7. Be free of dependence on tobacco, illicit drugs, or alcohol
8. Maintain a cheerful, hopeful outlook on life
9. Spend quality time with family or friends daily
10. Take time daily for spiritual renewal

Credit: Wellsource Inc.

## STATE HEALTH FINDINGS, ARKANSAS 2019

According to the United Health Foundations America's Health Ranking 2019 Arkansas report,

Did you know--

- In that past three years, drug deaths have increased 17% from 12.1 to 14.2 deaths per 100,000 population
- In the past seven years, diabetes increased 24% from 11.2% to 13% of adults
- In the past 10 years, chlamydia increased 64% from 351.1 to 576.5 cases per 100,000
- In the past six years, high school graduation rates increased 9% from 81 to 88% of students
- In the past year, frequent mental health distress decreased 8% from 17.3% to 16.0% of adults
- In the past two years, the number of mental health providers increased 9% from 213.3 to 231.6 per 100,000 population

Challenges for Arkansas:

- High prevalence of obesity
- High percent of children in poverty
- High prevalence of frequent physical distress

## FROM ROBOT-PROOF HIGHER EDUCATION IN THE AGE OF ARTIFICIAL INTELLIGENCE JOSEPH E AOUN

New literacies to add to university education:

Data (understand and utilize meaning; understand context to make appropriate correlations)

Technological (math, coding - how do machines work; basic engineering principles)

Human (brainstorm, negotiate, collaborative decisions, teams, diversity of perspectives)

Also 4 Cognitive Capacities (high order mental skills)

Systems thinking (make connections between different functions in an integrative way)

Entrepreneurship (economic and social invention/reinvention)

Cultural Agility (global environment/cultural lenses)

Critical Thinking (disciplined, rational analysis and judgement—deep listening/complex reasoning)

All of the literacies and skills are necessary for the 21st century workforce.

## SPRING SOCIAL WORK CONFERENCE

-Friday April 3, 2020

-Arkansas State University Student Union

-7:45 a.m. to 5 p.m.

"2020 Vision: Social Work, Celebrating the Past and Looking Toward the Future" Dr. Lori Sirs, LCSW keynote speaker and Matt Knight, LPC closing speaker. Contact hours available including Ethics. Cost - Professionals \$85, Faculty/Adjuncts/Field Supervisors \$50, Students \$25, Exhibitors \$100. For more information contact Cheryl Knight cknight@AState.edu or call 870-972-3984



ARKANSAS STATE UNIVERSITY

College of  
Nursing & Health Professions

PO Box 910, State University, AR 72467

# Spring 2020

## Schedule of Events

January 13	Classes Begin
March 23-27	Spring Break
April 3	Social Work Conference
April 27	Convocation of Scholars
May 4	Last Day of Class
May 16	Commencement (Jonesboro)
May 19	Billy Joe and Betty Ann Emerson Grief Seminar

### UPDATE MAILING ADDRESS:

Moved or moving, but want to stay current on our newsletters? Please send your new address to Sharon Quillman, [squillman@AState.edu](mailto:squillman@AState.edu), 870-972-2740.