Tiffany Sterling, MSHS, RD, LD

1603 Hillcrest Drive

Jonesboro, AR 72401

870-275-3345 sterling.tiffany@yahoo.com

Education

Masters of Science in Health Sciences Health Science Education Certificate Arkansas State University, Jonesboro, AR May 2017 GPA 3.92

Bachelor of Science in Nutritional Science Arkansas State University, Jonesboro, AR August 2014 GPA 3.67

Cum Laude, Program Scholar, Outstanding Practicum Student

Professional Experience

Assistant Professor

February 2018 – Present

Arkansas State University, Jonesboro, AR

Responsible for teaching assigned classes for the Coordinated Program in Dietetics. Develop and manage class syllabi to meet accreditation standards. Plan and create lectures, in-class discussions and assignments.

PRN Clinical Dietitian

February 2018 – Present

Clinical Dietitian

October 2015 – February 2018

Morrison Healthcare, Jonesboro, AR

Responsible for providing clinical nutrition services, including nutrition assessment, modified diet formulation, self-management training and nutrition intervention to patients. Ensures patient satisfaction, quality care, regulatory agency compliance, and good public relations.

Adjunct Instructor

August 2017 – Present

Arkansas State University, Jonesboro, AR

Responsible for teaching assigned classes for the Coordinated Program in Dietetics. Develop and manage class syllabi to meet accreditation standards. Plan and create lectures, in-class discussions and assignments.

Clinical Instructor

January 2015 - May 2016

Arkansas State University, Jonesboro, AR

Provided instruction for students at on site rotations at St Bernards Medical Center. Instruction included use of Meditech for electronic charting.

Interim Patient Services Manager

October 2014 – January 2015

Morrison Healthcare, Jonesboro, AR

Planned and supervised patient food assembly and service. Scheduled, hired, dismissed, and trained tray line, diet office and hospitality personnel. Ensured patient satisfaction and maintained good public relations. Assisted clinical dietitians in providing medical nutrition therapy.

Administrative Assistant

August 2014 – October 2014

Morrison Healthcare, Jonesboro, AR

Assisted in startup of electronic medical record EPIC. Assisted in startup and use of Computrition and Webtrition.

Finishing Technician

September 1999 – July 2012

Quad Graphics, Jonesboro, AR

Placed proper signatures in pockets for stitching and binding books. Understood postal regulations. Visually inspected books. Inspected inkjet on books to ensure book quality.

Internship Experiences

Internship experience includes rotations in school food service, hospital food service, community, outpatient diabetes, dialysis, long term care, and clinical settings. Internship training included supervised practice hours at NEA Baptist Memorial Hospital, NEA Baptist Endocrinology Clinic, NEA Baptist Dialysis Clinic, St Bernards Health and Wellness, St Bernards Senior Life Center, St Bernards Home Health, Lawrence Memorial Hospital, White River Medical Center, Arkansas Department of Health, Belle Meade Rehabilitation, St. Elizabeth's Place, Lakeside Nursing Center, Lexington Place Healthcare and Rehabilitation, Ridgecrest Health and Rehabilitation.

Professional
Certifications
and Activities

CDR Registered 86037579	09/14 - Present
Arkansas Dietetics Licensure 1472	10/14 - Present
ServSafe Certified	11/17 - 11/22
ServSafe Certified Instructor and Registered Proctor	11/17 - 11/20
Secretary of the NEA District Dietetic Association	10/16 - 05/19

Preceptor for ASU, Rutgers and Black River Dietetic Students

Member of the Dietetics Advisory Board as a program graduate at Arkansas State University

Skills Proficiency in Microsoft Office, Computrition, Webtrition, EPIC, and Meditech.