

Hal C. Strough, PhD, ATC, LAT

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Summary of Qualifications

Experienced and results oriented higher education thought leader with a proven history of leveraging strategic planning, relationship management, and resource acquisition strengths to develop, implement, grow, and evolve undergraduate and graduate programs. Extensive unit administration experience spanning budget development and management; strategic and operational planning; facility planning and management; curriculum development; faculty recruitment, selection, mentoring, evaluation, and retention; scheduling; course instruction; and marketing/admissions/recruiting. Unparalleled passion for ensuring admission, retention, and success of students. Respected professional with a track record of facilitating inclusion and collaboration across internal and external constituents. PhD in Sports Psychology from Purdue.

Key Attributes

Leadership Style: Servant leader orientation with strategic, situational, and collaborative foci.

Strategic Planning/Governance/Accreditation: Involved at multiple levels (Board of Trustees, President's Leadership Group, Administrative Leadership Group, Graduate Council, Dean's Leadership Team, Chair/Program Director) of various institutions of strategic planning, executive leadership, collaboration and inclusion and promotion of shared governance. Served as a site visitor for Joint Review Committee on Athletic Training Education (JRC-AT)/Commission on Accreditation of Allied Health Education Programs (CAAHEP). Executed two initial accreditations, one reaccreditation, and one substantive change process. Collaborated with programs on three other re-accreditation processes. Strategic Plans created and/or updated for college and all reporting units at Nova Southeastern University Florida including committees.

Navigating Higher Education Climate: Experiences from a diversity array of institutions according to profile, demographics, and complexity. As a result of alignment with key revenue drivers of institutions (primarily health professions) have been strategically and operationally focused on response to evolving higher education climate. Foci on strategic planning, student centeredness, diversity/inclusion/equity, and marketing/recruitment/retention. Heavily involved in planning and execution of COVID-19 response including but not limited to, transition to online instruction, enrollment remediation efforts, and clinical education.

Diversity of Location and Learning Modality: Experiences with programs diverse according to learner demographics, format, and delivery. Blended Doctor of Physical Therapy (DPT) and Doctor of Occupational Therapy (OTD) programs at NSU attract primarily adult learners that live throughout the US while other programs attract a more traditional audience.

Program Development: Spearheaded the creation of robust Athletic Training (AT) Undergraduate (UW Oshkosh – UW OSH) approved through University of Wisconsin (UW) System for an academic major including presentation to the Board of Regents; AT Graduate (The College of St. Scholastica and NSU) and Graduate Sport Science (NSU) programs. Successfully guided AT programs through CAATE (Commission on Accreditation of Athletic Training Education accreditation process, resource acquisition, and all internal and external approvals.

Program/Student Outcomes: Guided students to 100% pass rate on BOC Certification exam and 100% career/graduate/professional program placement rate at CSS and UW OSH. Programs at NSU ranged from low 90-100% depending on cohort. Program improvements facilitated by timely assessment data.

Relationship Building: Success based on relationship building encompassing diverse stakeholders. These include but not limited to colleagues in academic and student support areas, higher education colleagues, and external constituents. Established advisory board for Health and Human Performance (HHP) Department at NSU. Over 40 clinical affiliations established at UW OSH, 30 campus visits per year at CSS, and ~a dozen alumni per year attended annual event at CSS.

Admissions/Marketing/Recruitment: Enacted comprehensive plans at every institution including digital assets, campaigns, electronic newsletters, workshops, visit days, and personal tours. Worked with the Dean at NSU to establish Director of Admissions and Outreach position to create a comprehensive, college-specific structure. I also oversee that position. Delivered over 100 campus visits and guest lectures on athletic training and health professions at CSS. Doubled and then maintained enrollment increase fall 2017-fall 2020 in Exercise and Sport Science at NSU. Nearly doubled (~150 to ~300) enrollment in Exercise and Sport Science major from fall 2017-fall 2020.

Retention/Student Success: Experiences with both centralized and faculty-driven advisement models. Various retention to graduation initiatives included, but were not limited to, early warning (EWI), committee on student progress (CSP), evaluation in clinical settings, individualized advisement, and board examination preparation activities. Retention rate in AT program at CSS was 94%.

Faculty/Program Leadership Recruitment/Development: Experience with faculty and program leadership recruitment including advertising, search and screen, mentoring, formative, and summative evaluation. Also implemented various programming for faculty development. Involved in hiring over 30 positions and guiding over a dozen through renewal/promotion and tenure cycles.

Fundraising/Grants/Facility/Resource Acquisition: Collaborated with campus administration to secure funding from State of Wisconsin for \$990,000 renovation and expansion of Kolf Athletic Training facility which opened in 2003. Lab facilities developed and equipped from scratch at CSS. Involved in planning the Health Care Sciences spaces at new campus in Clearwater, FL and new space for Exercise and Sport

Science. Secured Gifts-in-kind from physicians at Campbellsville University and \$50,000 endowment for equipment at UW Oshkosh. Authored, submitted, and funded for faculty development, diversity, lab modernization and other grants.

Diversity/Equity/Inclusion: Participated in education and training at multiple institutions, advocated and supported efforts (diversity events, holistic admissions, multicultural fairs), increased diversity in multiple academic units. Received and implemented grant for program recruiting. Chair of planning committee for retreat in Patel College of Health Care Sciences fall 2020 with a focus on this area. Enrolled in Diversity, Equity, and Inclusion in the Workplace certificate program.

Professional Experiences

Associate Dean-Dr. Pallavi Patel College of Health Care Sciences (PPCHCS) Oct 2016-Present
Chairperson and Associate Professor-Department of Health and Human Performance (HHP)

NOVA SOUTHEASTERN UNIVERSITY, Fort Lauderdale, FL

Nationally recognized private, not for profit, doctoral high research activity university also recognized for community engagement with an enrollment of about 20,000 across undergraduate and graduate programs included blended and online delivery as well as regional campuses.

Disciplines in College: Anesthesiology Assistant, Athletic Training, Audiology, Cardiovascular Sonography, Exercise and Sport Science, Health Science, Medical Sonography, Occupational Therapy, Physical Therapy, Physician Assistant, Respiratory Therapy, and Speech-Language Pathology

Responsibilities

- Oversight of Physical Therapy, Occupational Therapy, and Health and Human Performance (Athletic Training and Exercise and Sport Science programs). Departments collectively have ~60 faculty and ~1000 students. Enrollments ~50 in individual cohorts.
- Advance strategic planning, vision, and mission
- Oversight of accreditation, annual reporting, assessment, budget, course scheduling, planning, hiring and retention of faculty, ensuring enrollment targets are met
- Engage in planning with different constituencies (dean's leadership team, program directors and chairs, committees, task forces)
- Ensure inclusive and collaborative environment
- Implement, oversee, and revise plans, policies, and procedures
- Evaluate and mentor chairs, program directors, faculty, and assigned staff
- Degree conferrals – HHP
- Respond to information requests
- Responsible for meeting enrollment targets

Key Accomplishments

- Strategic Plans Created/Updated/Implemented for all reporting areas
- Developed and achieved approval of proposals to establish positions for Director of Interprofessional Integration and Director of Admissions and Outreach
- New degree programs in Athletic Training (MSAT) and Sport Science (MS SS) established
- Substantive change of degree approved for athletic training

- Significant curricular revisions across multiple other programs
- Twelve courses modified to meet Experiential Education requirements (ExEL) in Health and Human Performance
- Implemented three activity courses and proposal submitted for an additional dozen courses to apply toward degree requirements
- Preview Day established for undergraduate programs in college
- Worked with Director of Admissions and Outreach to establish priorities, create infrastructure, communication, and broader marketing plans for programs across college. Also worked with external firm for re-design of college web site
- Completed additional training related to conflict prevention and management, grant writing, leadership, and blended course development
- Lead college efforts toward participation in Health Professions Division research initiatives
- Successfully completed searches for chair of OT department, several program directors, and director of Admissions and Outreach
- Collaborated on development of new facilities for Exercise and Sport Science and Clearwater/Tampa region (new campus)
- Lead development of document to standardize search processes across the college
- Collaborated on proposal to expand scope of Bachelor's in Health Science program
- Established an advisory board for HHP
- Collaborated with School Board of Broward County (SBBC) to establish Emergency Medical Technician (EMT) Certification in Masters in Athletic Training program
- Increased applications to college research committee by 500%
- Increased FTIC enrollment in Exercise and Sport Science by 50%. That has sustained for three subsequent years including through the pandemic. Increased by 50 students from fall '19 to fall '20.
- Collaborated on significant revision of Anatomy course for OT and PT programs
- Collaborated on revision of Exercise and Sport Science program of ~30%
- Serving/served on various committees
 - Chair of CHCS/CON Research Committee (2016-Present)
 - Member, HPD Research Committee (2017-Present)
 - Ex-Officio Member, NSU Community Collaborations Committee (2017-Present)
 - Member, NSU Academic Review Committee (2019-Present)
 - Member, NSU Experiential Education and Learning Advisory Council (ExEL) (2020-Present)
 - Member, NSU PDPT CAPTE Re-Accreditation Committee (2018-Present)
 - Member, Alpha Eta Executive Council NSU Chapter (2018-Present)
 - CHCS Representative, Quality Enhancement Plan (QEP) Committee (2019-Present)
 - Chair, PCHCS Retreat Planning Committee (2020-Present)
 - Co-Chair PCHCS Alumni Affairs Committee (2016-2020)
 - Co-Chair PCHCS 25th Anniversary Celebration Task Force (2017-18)
 - Chair, Symposium Committee for 25th Anniversary Celebration (2017-18)
 - Dean's Office Representative, PCHCS Best Practices (2017-18)
 - Dean's Office Representative, PCHCS Community Outreach Committee (2018-19)
 - Member, Search Committee for Fort Myers PA Program Director (2019)
 - Member, Physical Therapy Dept. Workload Task Force (2018)
 - Member, PDPT Advisory Board (2019-Present) and TDPT Advisory Board (2016-2019)

- Chair, PCHCS Task Force on Administrator Evaluations (2019)
- Chair, PCHCS Task Force on Faculty Tracks (2018)
- Chair, Search Committee for Director of Admissions and Outreach (2018)
- Member, XR/Technology Work Group (2021-)

***Founding Department Chair/Program Director/Assistant Professor
Athletic Training/School of Health Sciences***

August 2008-Oct. 2016

THE COLLEGE OF ST. SCHOLASTICA, Duluth, MN

An independent, private college in Northeast Minnesota with an enrollment of approximately 4400 across undergraduate, graduate, and extended programs.

Disciplines in School: Athletic Training, Exercise Physiology, Health Informatics and Information Management, Occupational Therapy, Physical Therapy, Physician Assistant, and Social Work

Responsibilities

- Established, lead, and grew the college's Department of Athletic Training and Professional Master of Science in Athletic Training program as chair/program director/lead faculty in the School of Health Sciences
- Responsible for marketing, recruitment, admissions, student advising, curriculum, retention, budget, scheduling, and faculty recruitment and supervision
- Mentored, coached, and guided current and prospective students to spread awareness about health professions careers, evaluate applicants, and market the program.
- Provided strategic vision to IT, Web Design, and Marketing personnel to collectively develop and optimize the department digital and collateral materials
- Strengthened academic partnerships with medical director, advisory committee members, and other external constituents to promote physician and preceptor participation in the program.
- Implemented assessment process utilizing Weave Online and Qualtrics
- Spearheaded and lead planning and implementation of community outreach, marketing, and recruiting events including Health Career Day Panels, High School Athletic Training Student Workshops, and recruiting events associated with regional ACSM meetings
- Partnered with other college faculty on academic search committees including searches for Physician Assistant Chair and Other faculty

Key Accomplishments

- Implemented 70 credit clinical athletic training professional master's program
- Achieved initial CAATE accreditation and re-accreditation with no non-compliances
- Attained tenure
- Attained 100% BOC certification and career placement results
- Implemented comprehensive marketing and recruiting plan leading to increased student interest each year
- Attained high enrollment of 32 students
- Served on multiple college committees including Budget, Graduate Council, Academic and President's Leadership Groups, Graduate Curriculum, Faculty Governance Task Force, Board of Trustees (Faculty Rep), and Student Affairs Committee of Board of Trustees

- Contributed to Future of Athletic Training Education whitepaper created by work groups on behalf of Executive Committee on Education
- Created articulation agreements with other institutions to facilitate transition to program and 3 + 2 option
- Collaborated with Exercise Physiology Department to create a pre-Athletic Training track

Founding Director, Clinical Coordinator, and Senior Lecturer

June 1999-August 2008

UNIVERSITY OF WISCONSIN OSHKOSH, Oshkosh, WI

A regional campus in the University of Wisconsin system serving approximately 13,900 students with 60 undergraduate degrees, over 100 minors, and 15 graduate programs.

Disciplines in Department: Athletic Training, Exercise Science, Health Education, and Physical Education

Responsibilities

- Founded, grew, and lead operations of the Bachelor's in Athletic Training program in the Department of Kinesiology and Health
- Responsible for program administration, curriculum development and revision, instruction, program marketing and student recruitment, advising, assessment, accreditation, resource acquisition, web site development
- Established strong partnerships with external constituents to coordinate all clinical requirements, affiliation agreements, site evaluations, and placements
- Spearheaded projects to successful completion including athletic training facility expansion/renovation, development of Athletic Training major, and CAAHEP accreditation by collaborating with faculty colleagues, academic leadership, and campus planners
- Lead programmatic resource acquisition efforts by pursuing internal and external grants and other funding sources to expand facilities, curriculum, and programmatic infrastructure to support growth
- Chaired search committees resulting in 7 hires
- Lead student-centered initiatives including community outreach, FTIC orientation, career exploration, and other student symposia
- Developed marketing and career exploration materials including a brochure on Athletic Training in conjunction with Admissions and Publications

Key Accomplishments

- Attained initial CAAHEP accreditation with only minor non-compliances
- Achieved a high enrollment of 37 students in the professional phase of the program
- 100% BOC certification and career placement results
- Secured funding for a facility renovation nearing \$1 million dollars and additional equipment upgrades in excess of \$100,000
- Established program as a UW System approved academic major
- 6-year stint as department curriculum committee chair resulting in extensive renovation of all majors and minors in the department
- Solicitation of involvement of physicians in academic program and other duties.

Founding Director/Assistant Professor

GEORGETOWN COLLEGE, Georgetown, KY

1998-1999

Responsibilities

- Created vision, mission, and strategic priorities
- Developed curriculum, prepared and instructed courses
- Recruitment, selection, and advisement of students
- Developed budget
- Secured initial clinical sites

Doctoral Graduate Assistant

PURDUE UNIVERSITY, West Lafayette, IN

1994-1998

- Established and enhanced service relationships for recreational, intramural, and club sport participants to prevent, evaluate, recognize, treat, and provide care for injuries occurring in the recreational sports facility from events and individual activities
- Taught introductory level athletic training course and associated labs; responsible for course preparation, instruction, and student evaluation
- Served as President of the Department of Health, Kinesiology, and Leisure Studies Graduate Student Organization (1994-1997)
- Athletic Training Experience
- Per Diem work at various camps, state competitions and other events 1991-2006
- Graduate Assistant Eastern Kentucky University 1989-1991
- Head Athletic Trainer/Instructor
- CAMPBELLSVILLE UNIVERSITY (then college), Campbellsville, KY
1991-1994
- Coordinated and provided athletic training services for 14 sports including football at the NAIA level
- Developed sports medicine minor and athletic training curriculum
- Upgraded athletic training room through capital equipment purchases
- Recruited and supervised athletic training students

Education

UNIVERSITY OF SOUTH FLORIDA, Tampa, FL

Certificate, Diversity, Equity, and Inclusion in the Workplace (In Progress)

PURDUE UNIVERSITY, West Lafayette, IN

PhD in Sports Psychology, 1998

- Completed dissertation research under the guidance of Dr. Joan L. Duda entitled "Disclosive Writing as a Potential Coping Strategy for Post-Surgical ACL Patients"

EASTERN KENTUCKY UNIVERSITY, Richmond, KY

EdS in Physical Education, 1991

- Completed specialist project under the guidance of Dr. Harold Z. Holmes entitled "A Survey of Lower Extremity Overuse Injuries in Female Cross Country Runners"

EASTERN KENTUCKY UNIVERSITY, Richmond, KY

MS in Sports Administration, 1990

CENTRAL MICHIGAN UNIVERSITY, Mt. Pleasant, MI

BS in Sports Medicine, 1989

Licenses and Certifications

BOC, Inc. Certified Athletic Trainer #895004029
State of Florida Licensed Athletic Trainer #4760
American Heart Association Healthcare Provider
National Provider Identifier (NPI) #1053707380

Professional Society Memberships

National Athletic Trainers Association (1987-Present)

Treasurer, Alpha Eta National Allied Health Honor Society Executive Council (2020-Present)

Treasurer-Elect, Alpha Eta National Allied Health Honor Society Executive Council (2019-2020)

Vice Chair, Board of Directors, National Conference of Academic Deans (2019-Present)

Member, Planning Committee, National Conference of Academic Deans (2018-Present)

Alpha Eta National Allied Health Honor Society, Nova Southeastern University Chapter (2019-Present)

Member, Southeast Athletic Trainers Association (2016-Present)

Athletic Trainers Association of Florida (ATAF)

- Member, Governmental Affairs Committee (2018-Present)
- Member, Public Relations Committee (2016-Present)

Member and District 9 Rep, NATA Committee on Professional Ethics (COPE) (2018-Present)

Member, COPE Subcommittee to develop a remediation exam

Past Member, Minnesota Athletic Trainers Association (2008-2016)

- Member, Education Committee 2011-2016
- Nominated for Vice President 2013
- Nominated for Secretary 2010

Past Member, Wisconsin Athletic Trainers Association (1999-2008)

- Chair, Student Affairs Committee 2006-2008
- Coordinator, Annual Meeting 2005
- Member, Public Relations Committee 2003-2006

- Member, Student Education Committee 2001-2006

Past Member, Great Lakes Athletic Trainers Association (1999-2016)

Member, Board of Certification, Inc. Exam Development (1994-Present)

- Item Reviewer (2019-Present)
- Exam Item Writer (2006-2019)
- Room Captain (1994-2006)
- Examiner (1994-2006)

Continuing Education/Professional Development

Attended annual local, state, regional, and national professional development including Association of the Advancement of Schools of Health Professions (ASAHP), National Council of Academic Deans (NCAD), NATA, SEATA, ATAF, GLATA, MATA, WATA, and NATA Educator's Conference.

Fundraising and Grants

The College of St. Scholastica

- Co-Author, \$100,000 Mayo Clinic Think Big Challenge Grant for Entrepreneurial Health Idea (2015) (unfunded)
- Author, Annual Faculty Development Grants (2009-2016)
- Author, NATA Ethnic Diversity Advisory Committee Grant (2011): \$2625 to recruit students from underrepresented groups
- Co-Author, \$300,000 Agency for Health Research and Quality (AHRQ) for Electronic Health Record focused on Concussion Management (2009)

University of Wisconsin Oshkosh

- Author, Multiple College of Letters and Science Lab Modernization Grants \$141, 470 (2008-2008)
- Author, Annual Faculty Development Grants (1999-2008)
- Co-Author, Vice Chancellor of Student Affairs Funding for Student Recruitment
- Author, Endowment from Affinity Health Systems/UW Oshkosh Foundation for student scholarship and equipment replacement \$50,000

- Co-Author, State of Wisconsin/UW System Expansion of Kolf Athletic Training Facility \$990,000 (2002)
- Author, Permanent Property Grant for Clinical Equipment \$3500 (2001)
- Author, NATA Program Planning Grant for Consultant \$2389 (2000)
- Author, Faculty Development Grant for Medical Conditions Course \$4540 (2000)

Peer Reviewed Publications

- Shim AL, Niederbracht Y, Strough HC. Can a 5 Week Strength Training Program Produce Range of Motion Adaptations in Amateur Female Tennis Players? International Journal of Science Culture, and Sport. December 2015.
- Strough HC, Wimer JW, Wapola J. Health Literacy: Strategies for Athletic Trainers. International Journal of Athletic Training and Therapy. January 2014.
- Strough HC. Current Literature Column: Service Learning. Journal of Athletic Training Education. July- September 2011.
- Strough HC, Wimer JW. Strategies for Getting Students Involved in the Athletic Training Profession. Athletic Therapy Today. March 2009.

Non-Funded Research

- Strough, H. C., Colon, R., Turner, A. B., "College Research Committee Survey/Need Assessment", Planning, Scholarly. (Start Date: April 2019).

Presentations

- Strough HC. Excellence in Athletic Training: Ethics is Paramount. Southeast Athletic Trainers Association. March 9, 2019 Plaza Ravinia Hotel, Atlanta, GA
- Averaged about 25 presentations per year at high schools and college campuses on health professions careers (2008-2015)
- Strough HC. Job Searching and Resumes. 2010 Northland ACSM Spring Meeting April 1, 2010, St. Cloud, MN
- Strough HC. Flexibility. 2001 Teachers Conference of the South Wisconsin District LCMS Oct. 25, 2001 Park Plaza Hotel, Oshkosh, WI
- Strough HC. Is My Ankle Sprained: How do I Know? What do I do? 2001 WAHPERD Convention July 19, 2001 Paper Valley Hotel, Appleton, WI

- Strough HC. Psychosocial Implications of Injuries Amongst the Physically Active. 2000 WAHPERD Convention Oct. 26, 2000 Waukesha, WI
- Strough HC (1998, February). The Use of Disclosive Writing as a Coping Modality During ACL Rehabilitation. Midwest Sport and Exercise Psychology Symposium. Champaign, IL.
- Chase MA, Bailey K, Drake B, Gano-Overway L, Guivernau M, Harney D, Kim MS, Magyar TM, McHenry J, Seibert J, & Strough HC (1997, June). Self-Efficacy Measurement: A Comparison of four self- efficacy measures and the relationship to performance in tennis. NASPSA, Denver, CO.
- Strough HC & Duda JL (1996, February). Writing as a Means of Coping During Anterior Cruciate Ligament (ACL) Rehabilitation: The Mediating Roles of Mood States, Rumination, and Self-Efficacy. Midwest Sport and Exercise Psychology Symposium. Bowling Green, OH.
- Chase MA, Bailey K, Drake BM, Gano-Overway L, Guivernau M, Harney D, Kim MS, Magyar TM, McHenry J, Seibert J, & Strough HC (1996, February). Self-Efficacy and performance: A comparison of four self- efficacy measures and the relationship to performance in tennis. Midwest Sport and Exercise Psychology Symposium, Bowling Green, OH.

Abstracts and Posters

- Strough HC, Brugge A. Increasing Ethnic Diversity in the Athletic Training Program at CSS, NATA Meeting and Annual Symposium, 2012, St.Louis, MO
- Strough, HC, Wimer JW. Learning the Ropes: Assimilation Techniques used by CAATE Programs for Teaching Students about the Profession., SEATA Educator’s Conference, 2010, Atlanta, GA

Whitepaper

- Secondary group contributing member of “Future Directions in Athletic Training Education” document presented to National Athletic Trainers’ Association Board of Directors June 2012

Invited Panelist

- CAO’s, Deans, and Chairs Working Together to Achieve Department, College, and University Goals, National Conference of Academic Deans, Conway, AR 2019
- Academic Electronic Health Record Institute; The College of St. Scholastica, Duluth, MN 2012

Reviewer

Journals

- Internet Journal of Allied Health Sciences and Practice

Textbooks

- Athletic Training Epidemiology
- Concepts of Athletic Training
- Principles of Biomechanics for Skill Acquisition and Strength and Conditioning
- Taping and Wrapping Made Simple-Wolters Kluwer
- One Statistics Text
- Two Research Methods Texts
- Principles of Athletic Training-Prentice-MHHE (Focus Group)

Doctoral Committee

- Michael Wendinger, EdD, University of Minnesota Duluth “An Examination of Critical Thinking in Baccalaureate and Entry-Level Masters in Athletic Training Programs”

Student Research Mentoring

The College of St. Scholastica Graduate Thesis and Capstone Projects

- Kayla Caruso and Amy Dehmger (Capstone, 2016)
- Ryan Nelson (Capstone, 2015)
- Abby Kaufman, Steve Krouse, Steph Nunez, Karn Petersen, Michelle Stemper (Capstone, 2013)
- David Bloomquist, Allison Miller, Holly Roach, and Devin Soul (Thesis, 2012)
- Aaron Benson, Liza Domingo, Emily Dunning, Joe Licht, Amanda Shelton, Katie Sjostrom (Capstone, 2012)
- Suzanne Flynn and Sarah Perryman (Thesis, 2011)
- Erin Betts, Charla Buxbaum, Jarrod Dominiak, Trista Metz, Jason Slivnik, Dan Sunday, Jill Steinbach, Melissa Waytashek (Capstone, 2011)
- Callie Bartel, Eric Bausano, Kaitlen Hosch, Beth Jackan (Capstone, 2010)

University of Wisconsin-Oshkosh Undergraduate Research Projects

- A Comparison of Various Stretching Techniques on Vertical Jump Performance
Bonnie Francl, Meghan Lessor, Tom Pomerleau, Jessica Surprise
- A Comparison of Static v. PNF Stretching on Hip Flexibility
Adam Ketterhagen and Ashley Pheifer
- An Investigation of Lifestyle Habits in CAATE Accredited ATEP’s In Districts 4, 8, & 9
Laura Carter, Cody Goessl, and Sarah Shute
- Effects of Core Stability and Plyometric Training on Speed and Agility
Evan Cherone and Jake Salzman
- Effects of Plyometric and Weight Training on Lower Body Strength and Power
Megan Goerlinger, Katie Mellen, and Krystal Radau
- Evaluation of Football Facemask Removal Using Two Power Tools
Tiffany Shadick and Traci Smet

- Effects of Strength and Proprioception Training on Proprioception in College Students
Angie Harney, Lindsey Toman, and Blake Hildahl
- The Correlation Between a One Rep Max Squat Exercise and Deceleration Distance and Time After 40-yd Sprint
Katie Mueller and Rachel Pallex

Teaching Experience

Nova Southeastern University-Undergraduate

- First Year Experience
- Health and Fitness

The College of St. Scholastica-Graduate

- Activity Injury Management and Terminology
- Administrative Responsibilities in Athletic Training
- Advanced Studies and Techniques in Athletic Training
- Athletic Training Learning Community
- Biopsychosocial Issues and Interventions
- Capstone Project in Athletic Training
- Career Development
- Evaluation and Management: Emergent Conditions
- Evaluation and Management: General Medicine
- Evaluation and Management: Lower Extremity and Lumbar Spine
- Evidence Based Athletic Training: Introduction
- Evidence Based Athletic Training: Research Proposal
- Foundational Development in Athletic Training I
- Foundational Development in Athletic Training II
- Foundational Development in Athletic Training III
- Foundational Development in Athletic Training IV
- Health Care Entrepreneurship and Innovation
- Health Care Documentation and Information Technology
- Health Care Information Technology
- Injury Prevention and Care Techniques
- Introduction to Research and Statistics
- Introduction to Scientific Inquiry in Athletic Training
- Master's Thesis in Athletic Training
- Medical Documentation and Information Management
- Orientation to Athletic Training
- Professional Development in Athletic Training II
- Professional Responsibilities in Athletic Training
- Survey of Athletic Training

The College of St. Scholastica-Undergraduate

- Prevention and Care of Injuries to the Physically Active

UW Oshkosh-Graduate

- Athletic Issues

UW Oshkosh-Undergraduate

- Active Lifestyle
- Administrative Practices in Athletic Training
- Advanced Athletic Training: Lower Extremity
- Advanced Athletic Training: Upper Extremity
- Advanced Clinical in Athletic Training
- Advanced First Aid
- Athletic Training Directed Observation I and II
- Athletic Training Emergency Response Procedures
- Athletic Training Practicum I, II, and VI
- Basic Athletic Training
- Basic First Aid
- Beginning Clinical in Athletic Training I and II
- Capstone Clinical in Athletic Training
- General Medical Clinical in Athletic Training
- Instructional Activities in Athletic Training (mentored 12 independent study students)
- Intermediate Clinical in Athletic Training I and II
- Introduction to Athletic Training and Lab
- Medical and Allied Health Clinical in Athletic Training
- Psychosocial Aspects of Athletic Training and Health Promotion
- Research Techniques in Athletic Training/PEHP
- Risk Management, Legal, and Ethical Issues in AT
- Senior Thesis in Athletic Training

Georgetown College

- Evaluation and Assessment of the Lower Extremity
- First Aid, CPR, and Sport Safety
- Introduction to Athletic Training
- Lifetime Fitness
- Psychosocial Issues in KHS

Purdue University

- Foundations of Athletic Training

Campbellsville University

- Adaptive Physical Education
- Aerobic Exercise for Athletes
- Advanced Athletic Training Techniques
- Basic Injury Care for the Athletic Trainer and Coach
- Conditioning and Rehabilitation for Sport and Physical Activity
- Prevention and Care of Athletic Injuries

Eastern Kentucky University

- Fitness and Wellness
- Jogging
- Weight Training