**MEMORANDUM OF UNDERSTANDING**

**TRANSFER ARTICULATION**

**ARKANSAS STATE UNIVERSITY-MOUNTAIN HOME**

**AND**

**ARKANSAS STATE UNIVERSITY**

**Associate of Science in Liberal Arts and Sciences**

**and**

**Bachelor of Science in Exercise Science**

This Memorandum of Understanding ("Agreement"), entered into on first of October, 2026, ("Effective Date") by and between Arkansas State University (hereinafter, "A-State"), located at 2105 Aggie Road, Jonesboro, Arkansas 72401, and Arkansas State University-Mountain Home (hereinafter "ASUMH"), located at 1600 College St., Mountain Home, Arkansas 72653.

**PURPOSE**

The purpose of this Agreement is to facilitate the transfer and degree completion of students earning the Associate of Science in Liberal Arts and Sciences at ASUMH to the Bachelor of Science in Exercise Science. Students meeting additional requirements will also be eligible to begin the Accelerated Master of Science in Exercise Science to earn a Bachelors and Masters degree in ~5 years. Through collaborative efforts, A-State and ASUMH will provide clarity regarding the degree requirements herein, and afford students the opportunity to earn a high-quality degree from both institutions in the most efficient manner possible.

**AGREEMENT**

It is agreed that any student who has earned the Associate of Science in Liberal Arts and Sciences at ASUMH will be admitted to the Bachelor of Science in Exercise Science and the Master of Science in

Exercise Science (if desired) at A-State with full junior classification, subject to the provisions listed below.

## ADMISSION REQUIREMENTS

A. The student must complete the requirements necessary for general admission to A-State as well as specific admission to the A-State Bachelor of Science in Exercise Science program.
B. The student will have earned the Associate of Science in Liberal Arts and Sciences at ASUMH.
C. Degree program admission requirements for students who transfer pursuant to this Agreement will be determined in the same manner as if their initial enrollment had been at A-State.
D. Students applying for the Accelerated Master of Science in Exercise Science must also meet the requirements for admission into the A-State Graduate School and have completed EXSC 33553 with a C or better.

## TRANSFER OF CREDITS

A. Course requirements for this Agreement are displayed on the following attachments (see Appendix A).
B. A transfer student who has not completed all of the courses specified within the Associate of Science in Liberal Arts and Sciences degree plan at ASUMH, before entering A-State, must work with an academic advisor to ensure timely completion of degree program requirements.
C. Current and updated copies of catalogs/curricular requirements for the A-State Bachelor of Science in Exercise Science will be available to ASUMH online.
D. Remedial course grades will not be computed in the cumulative GPA for purposes of admission to A-State.
E. Calculation of overall GPA for purposes of graduation and awarding of honors is left to the discretion of A-State.
F. A-State will accept grades of "D" for transfer purposes unless a grade of "C or better" is specified for specific courses in this agreement.

## IMPLEMENTATION AND REVIEW

A. The Chief Academic Officers at each institution will implement the terms of this Agreement, including incorporation of any mutually agreed upon changes into subsequent revisions of this Agreement, assuring compliance with system policy, procedure and guidelines.
B. This Agreement will be reviewed on an annual basis. Both A-State and ASUMH agree to notify one another in a timely manner of any curriculum changes that would significantly impact the nature of this Agreement.
C. A-State and ASUMH will work together cooperatively, in the best interest of affected students, to resolve any issues related to the transfer of courses should changes to either degree program occur while the Agreement is in effect.
D. Students will be subject to the terms and conditions of this Agreement in accordance with their academic year of entry at ASUMH. A student may opt for a subsequent revision of this Agreement, but must meet all of the requirements specified therein.

E. A-State and ASUMH will make every effort to inform students of this Agreement. This may include, but is not limited to, inclusion within each institution's website, published catalog, recruitment publications, media announcements, social media engagement, and in-person information sessions.

**MISCELLANEOUS**

A. This Agreement is effective upon execution and shall remain in effect even if persons, positions, and/or titles change.
B. This Agreement may be terminated by either party with at least 90 calendar days written notice.
C. In the event that the Agreement is terminated, no new students will be admitted to the program; however, all students who have already been admitted to A-State, in accordance with the terms of this Agreement, will be allowed to complete their approved course of study under the terms contained therein.
D. This agreement shall become effective at the time that the Arkansas Department of Higher Education has been notified and approval has been granted.

William P McLean

Dr. William P. McLean
Interim Provost & Executive Vice Chancellor
Arkansas State University

Date: 9/30/26

Dr. Robert Shurley
Provost
Arkansas State University-Mountain Home

Date: 10/1/26

## Appendix A

Course equivalencies between Arkansas State University – Mountain Home and Arkansas State University

| ASUMH Courses | A-State Courses |
|---|---|
| **Composition and Communication** | |
| ENGL 10103 Composition I | ENGL 10103 Composition I |
| ENGL 10203 Composition II | ENGL 10203 Composition II |
| SPCH 10003 Oral Communication | SPCH 10003 Oral Communication |
| **Mathematics** | |
| MATH 11003 College Algebra **OR** | MATH 11003 College Algebra |
| MATH 11103 Quantitative Reasoning | MATH 11103 Quantitative Reasoning |
| *MATH 11003 will be needed to satisfy A-State's BS in Exercise Science upper-level courses | |
| **Fine Arts/Humanities** | |
| **Fine Arts** (select 1 course) | |
| ARHS 10003 Fine Arts Visual | ARHS 10003 Fine Arts Visual |
| MUSC 10003 Fine Arts Music | MUSC 10003 Fine Arts Music |
| THTR 10003 Fine Arts Theatre | THTR 10003 Fine Arts Theatre |
| **Humanities** (select 1 course) | |
| ENGL 21103 World Literature to 1660 **OR** | World Civilization to 1660 |
| ENGL 21203 World Literature since 1600 | World Civilization since 1600 |
| **Social Science/Understanding Global Issues** (6 credit hours) (Select 2 courses) | |
| ANTH 20103 Introduction to Cultural Anthropology | Intro to Cultural Anthropology |
| ECON 21003 Principles of Macroeconomics | Principles of Macroeconomics |
| ECON 22003 Principles of Microeconomics | Principles of Microeconomics |
| GEOG 21003 World Geography | GEOG L723 LL World Regional Geography |
| GEOG 22203 Physical Geography | GEOG L723 LL Intro Physical Geography |
| HIST 11103 World Civilization to 1660 | World Civilization to 1660 |
| HIST 11203 World Civilization since 1660 | World Civilization since 1660 |
| PSYC 11003 Introduction to Psychology | Introduction to Psychology |
| SOCI 10103 Principles of Sociology | SOC 2213 Principles of Sociology |
| SOCI 20103 Social Problems | SOC 2223 Social Problems |
| **U.S. History/Government** (3 credit hours) (Select 1 course) | |
| HIST 21103 The United States to 1876 **OR** | HIST 21103 The United States to 1876 |
| HIST 21203 The United States since 1876 **OR** | HIST 21203 The United States Since 1876 |
| PLSC 20003 United States Government | PLSC 20003 Intro to U.S. Government |
| **Life Science** | |
| BIOL 10004 Biological Science & Lab | BIOL 10043/10031 Biological Science & Lab |
| *BIOL 24003/24001 will be needed to satisfy A-State's BS in Exercise Science requirements | |
| **Physical Sciences** (Select 1 course) | |
| **CHEM 12104 General Chemistry I & Lab **OR** | CHEM 12103/12101 Fundamental Concepts of Chemistry & Lab |
| GEOL 11104 Physical Geology & Lab **OR** | GEOL 11203/22101 Environmental Geology & Lab |
| PHSC 10004 Physical Science & Lab **OR** | PHSC 10031/10043 Physical Science & Lab |
| PHSC 11004 Earth Science & Lab **OR** | GENL 1000 Sub Gen Ed Science |

| | |
|---|---|
| PHYS 20304 University Physics & Lab **OR**<br>PHYS 20104 General Physics I & Lab<br>Directed Electives (25 credit hours) | PHYS 20304 University Physics I & Lab<br>PHYS 20104 General Physics I & Lab |

*PSYC 11003 is needed to satisfy A-State's BS in Exercise Science requirements
**CHEM 12103/12101 **OR** CHEM 14103/14101 are needed to satisfy A-State's BS in Exercise Science requirements; Physical Therapy and/or Athletic Training prospective students will require CHEM 14103/14101 and should consider the Pre-Professional emphasis.

**Total Required Credit Hours: 60**

## Arkansas State University Courses

The following are courses that ASUMH students must take to complete A-State's Bachelor of Science in Exercise Science. These courses are in addition to the general education requirements and electives outside of the major area of study.

All candidates for a Bachelor of Science in Exercise Science must complete the following courses with a grade of "C" or better in each course: PEAC 16252, BIOL 24001, BIOL 24003, BIOL 24101, BIOL 24103, CHEM 14101 and CHEM 14103 OR CHEM 12101 and CHEM 12103.

**First Year Making Connections Course**
HHPR 11203 Introduction to Health, Physical Education and Sport Sciences

**General Education**
**Sem. Hrs: 35**

**Students with this major must take the following (Grade of "C" or better required):**
MATH 11003 College Algebra *or MATH course that requires MATH 11003 as a prerequisite*
BIOL 24003 Human Anatomy and Physiology I
BIOL 24001 Human Anatomy and Physiology I Laboratory
CHEM 14103 General Chemistry I **AND**
CHEM 14101 General Chemistry I Laboratory **OR**
CHEM 12103 Fundamental Concepts of Chemistry **AND**
CHEM 12101 Fundamental Concepts of Chemistry Laboratory
PSYC 11103 Introduction to Psychology
SPCH 10003 Oral Communication

**Major Requirements**
Grade of "C" or better required for all Major Requirements
BIOL 24103 Human Anatomy and Physiology II
BIOL 24101 Human Anatomy and Physiology II Laboratory
CPSI 10003 Introduction to Computers
EXSC 33543 Anatomic Fundamentals of Motion
EXSC 33553 Basic Physiology of Activity
EXSC 35303 Techniques of Physiological Fitness Assessment
EXSC 33633 Nutrition for Health, Sport and Exercise
EXSC 33653 Techniques of Aerobic Conditioning
EXSC 33703 Cardiovascular Physiology
EXSC 37203 Research and Statistical Methods in Exercise Science
EXSC 44663 Workplace Wellness
EXSC 48303 Exercise Prescription for Special Populations
EXSC 44683 Exercise Prescription and Fitness Programming
EXSC 34203 Techniques of Strength Training and Conditioning
EXSC 44763 Kinesiology
EXSC 44773 Biomechanics of Human Motion
EXSC 44803 Applied Motor Learning
EXSC 44843 Practicum/Pre-Internship
HEAL 22003 First Aid and Safety
HEAL 44543 Drug Use and Abuse
HHPR 44896 Internship in HPESS **OR**

HHPR 44863 Internship in HPESS I **AND**
HHPR 44893 Internship in HPESS II
PEAC 16252 Concepts of Fitness
PEAC 13141 Physical Conditioning
PEAC 44853 Applied Psychology of Sport and Exercise
**Sub-total: 70**

**Electives**
Electives **Sem. Hrs: 12**

**Total Required Hours: 120**