TOKYO, JAPAN TRAVEL WITH A-STATE COMMUNITY TOUR 2020

TIMELINE
June 17: Departure Date
June 18: Tour Start Date
June 25: Travel Home

PACKAGE: $3,500
RESERVE YOUR SPOT BY:
December 1
Travel with A-State: Japan 2020

Journey to new places or rediscover favorite destinations with Arkansas State University.

The Department of Global Engagement and Outreach at Arkansas State University would like to offer alumni, parents, and community members a unique travel program that gives you the opportunity to affordably explore a refreshing and incredibly exciting part of the world.

As the capital of Japan and the largest metropolitan area in the world, Tokyo is on the cutting edge of everything from architecture, technology, and fashion to food and pop culture. Along with the futuristic, you will also find pockets of deeply traditional culture and amazing natural beauty.

This program provides social, cultural, and recreational activities and many more opportunities for learning enrichment and enjoying a connection back to Arkansas State University.

We look forward to sharing this once-in-a-lifetime experience with our Arkansas State University community!

**Tokyo-Kamakura-Hakone**

**ABOUT THE TRIP:**
It’s a land of delicate art and bustling commerce, of rich traditions and dizzying modernity; a jumble of sights, sounds, and tastes that for visitors are truly foreign — and truly fascinating. This well-crafted tour features the highlights of Tokyo and the surrounding areas.

**WHAT’S INCLUDED:**

- Round-trip Airfare Memphis to Tokyo
- 7 nights accommodations (single or double rooms available)
- 7 continental breakfasts
- Most lunches and dinners
- Ground Transportation
- Private Guided Tours
- Activities according to itinerary
- Travel Insurance
# A Week at a Glance

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## Tokyo, Japan

**Detailed Itinerary**

As the largest city in the world, one could spend a lifetime in Tokyo and never discover all of its secrets.

But how does one experience it all in one week? Great planning! While you may *never* see all of Tokyo with great planning, you might get to see a lot of it even in just one week!

### Day 1: Depart for Tokyo

Today, we embark on our overnight flight to Tokyo, Japan  
*Meals: In-Flight*

### Day 2: Arrive at Tokyo

Arrive at Tokyo in the afternoon. Check in to our hotel and have a relaxing first evening to prepare for the adventure ahead.  
*Meals: In-flight, Dinner*  
*Inclusions: Transportation from airport to hotel, welcome dinner and orientation*

### Day 3: Explore the Ginza District

This morning we start our journey visiting the Tokyo Imperial Palace, the primary residence of the Emperor of Japan. The palace is surrounded by parks and gardens offering a getaway from the busy city streets. The grounds are beautifully maintained and are one of the top destinations for visitors to the capital. Next, we are off to the thriving Asakusa district. The neighborhood is known for its traditional feel. We will walk along Nakamise, a street full of traditional shops and explore the famous Senso-ji temple, Tokyo’s largest and oldest temple. We’ll stop for lunch and then head to the modern downtown area and visit the Tokyo Skytree, the world’s tallest tower. We will spend the afternoon and evening exploring and dining in Ginza, Tokyo’s first Western-style shopping district lined with high-end boutiques, department stores and exclusive restaurants.  
*Meals: Breakfast, Lunch*  
*Inclusions: Handicraft Experience at Senso-ji Temple, Sky Tree Entrance fee*

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Explore the Imperial Palace, Senso-ji temple, Nakamise Street and the iconic Skytree in Asakusa. End the day shopping in the Ginza district.
**DAY 4: ODAIBA**

We begin the day at the Tsukiji Market. While the wholesale or “inner market” that was famous for its tuna auctions is no longer there the outer market is still thriving. It consists of a few blocks of shops, as well as restaurants crowded along narrow lanes. Here you can find fresh seafood and produce alongside other food-related goods. This is one of the best places in Tokyo to enjoy fresh seafood! Next, we head to the ultra-modern area on Tokyo Bay, the Odaiba district! Odaiba is a man-made island that is the go to place for pleasure cruising, shopping and entertainment! First, we will go to the Mori Digital Art Museum to experience the world renowned TeamLab Borderless interactive light exhibit. After this everyone will have free time to explore the island on their own before we head back for dinner.

*Meals: Breakfast, Lunch, Dinner
Inclusions: Mori Museum Entrance fee*

**DAY 5: TOKYO-SHINJUKU**

Today we will begin exploring the Shinjuku district. Shinjuku is probably the place you’re imagining when you think of Tokyo: bright neon lights, crowds, tall buildings, bustling streets and energy galore. It encompasses the buzzing clubs and karaoke rooms of neon-lit East Shinjuku, upscale hotel bars and restaurants in the Skyscraper District and is home to the world’s busiest railway station complex! First we will head to the Tokyo Metropolitan Government, one of the coolest skyscrapers in the city. We will head up to the Observation deck to get a breathtaking close-up view of Shinjuku area and a glance of Tokyo Tower, Tokyo Skytree and Mt.Fuji. After exploring the area and lunch, we will visit one of Japan’s most popular shrines, Meiji Jingu. Dedicated to the first modern emperor who opened Japan to the West, Tokyo’s most famous Shinto shrine is wonderfully serene. The 40-foot-high gate at the entrance to the 200-acre park is made of 1,500-year-old cypress. Next, we will spend the afternoon in Harajuku and Shibuya, two of the most energetic and vibrant districts in Tokyo! From shopping Kawaii fashion items to the famous scramble crossing, there is plenty to see and explore.

*Meals: Breakfast, Lunch, Dinner
Inclusions: Shinjuku Observatory Entrance, Meiji Shrine Entrance*

**DAY 6: TRAVEL TO KAMAKURA**

* Spend a day in Kamakura, a seaside town popular for its historic temples and shrines.

Today after breakfast we will travel less than an hour outside of Tokyo to the popular coastal town, Kamakura. More than eight centuries ago, it prospered as the seat of the Kamakura shogunate, back when samurai were the ruling class of Japan. Today Kamakura offers numerous temples, shrines, other historical monuments. First, we will visit the iconic Great Buddha of Kamakura. The bronze statue reaching almost 40 ft tall was built in 1252 and is the second tallest Buddha in Japan. After lunch we will explore the Hase-dera, a Buddhist temple famous for its eleven-headed statue of Kannon and flourishing grounds.
that hold a large variety of flowers which bloom throughout the year welcoming visitors. The scenic views are recognized as some of the most picturesque spots in Kamakura. Next, we will visit Kamakura’s most important shrine, Tsurugaoka Hachimangu. The shrine played a major role in the history of the Kamakura shogunate. The Shrine still retains an aura which exemplifies Kamakura when it was the prosperous heart of the nation. Then we will spend the afternoon enjoying Komachi Street, Kamakura’s number one shopping spot before heading back to Tokyo.

Meals: Breakfast, Lunch, Dinner
Inclusions: Entrance to shrines

DAY 7: TRAVEL TO HAKONE

Today we take our second day trip, approximately one and half hours outside of Tokyo, to the beautiful town of Hakone. Hakone is an area of natural beauty, history and scenic vistas. There are mountains, lakes, and views to be enjoyed throughout your visit. Once we arrive we will take a sightseeing boat tour on Lake Ashi. Lake Ashi lies at the heart of the Hakone area Enjoy the views on the 40 minute cruise of the surrounding mountains, Mt. Fuji, cool breezes, and the picturesque beauty of the bright red shrine gates seemingly floating on the water. After lunch we will take the Hakone Ropeway, a popular way to view the area. Along the journey, enjoy views of the active hot springs, Lake Ashinoko and Mount Fuji if visibility allows. After this we will spend the afternoon leisurely exploring and shopping near Hakone.

Meals: Breakfast, Lunch, Dinner
Inclusions: Boat ticket, Ropeway ticket

DAY 8: TOKYO

Spend your last full day in Japan shopping, eating, and exploring!

Meals: Breakfast

DAY 9: TRAVEL HOME

Depart Tokyo and travel back home.

Meals: Breakfast, In-flight
Inclusions: Transportation from hotel Airport

RESERVE YOUR SPOT FOR THE TRIP OF A LIFETIME!!!

GO TO:
AState.edu/a/global-initiatives/outreach/travel-with-a-state/japan-2020/

Accommodations: Henn Na Hotel Tokyo Ginza

We will be staying at the Henn Na Hotel Tokyo Ginza. This hotel is conveniently located just a minute’s walk from Shintomicho Station. The hotel features air-conditioned rooms with free WiFi throughout the property. Tokyo Station is 13 minutes away by train from this hotel. The rooms are equipped with a flat-screen TV, an electric kettle and a refrigerator. All rooms are fitted with a private bathroom. Bathroom amenities include slippers, free toiletries and a hairdryer. Travelers have the option of a shared or private room.
Global Engagement & Outreach