



A-STATE CHEERLEADING TRYOUTS

WHEN:

April 8: Tryout Application Due

April 15: 5:30pm- 8:30pm

April 16: 8am- 7pm with multiple tryout sessions

COST:

\$35

WHERE:

Red Wolf Center

2505 Aggie Rd.

Jonesboro, AR 72401

WEAR:

Black Shorts or Spandex Shorts

Red Sports Bra or Tank Top or T-shirt (*A-State Apparel is acceptable*)

Tennis Shoes

Red and Black

April 15: Skills + Review Fight Song

Tumbling:

- 3 Standing Tucks
- 2 Toe Touch Tuck
- 1 Best Running Passes

Fight Song Review:

- A video of the fight song will be sent via email to all candidates on Wednesday, April 13
- Day 1 of tryouts will be a review

Open Stunt:

- This will be the final part of the first day of tryouts
- Coaches will come by and evaluate stunt technique

April 16: Skills, Fight Song Performance and Rookie Candidate Interviews

Part 1

Fight Song Performance w/ tucks

- Each candidate will perform the fight song in groups of 3
- Poms will be provided
- Scoring – ability to lead the crowd, motion placement, energy, technique, confidence

Open Stunt:

Coaches will come by and evaluate stunt technique

Part 2

Fight Song Performance w/ tucks and stunt

- Each candidate will perform the fight song in groups of 3
- Poms will be provided
- Scoring – ability to lead the crowd, motion placement, energy, technique, confidence

Stunting and Tumbling

- Best Stunt Sequences
- Best Tumbling Passes

(This will take place during an open stunt portion)

Part 3

Rookie Candidate Interviews

- All rookie candidate interviews will take place after skills and fight song review
- Be prepared to answer questions regarding the A-State Cheerleading Program and Arkansas State University
- Athletic apparel is accepted to wear during interviews

VERBAL COMMITMENTS

This season we are offering verbal commitments to athletes with exceptional talent. Verbal commitments are evaluated and offered by the head coach. Verbal commitments are stating the athlete is committed to attending Arkansas State University and will be a member of the 2022-2023 A-State Cheerleading Squad. See below for more information:

- All verbal commitments are required to attend tryouts
- Verbal commitments are not official signees (signings will be scheduled post auditions)
- The official team announcement will not be made until the conclusion of tryouts
- The only way a verbal commit can lose their placement, is if the performance at tryouts does not meet the same standards or expectations as shown previously
- If you are not a verbal commit, that does not mean you cannot make the team. Tryouts are for all athletes who are interested in the program.

REQUIRED DOCUMENTS:

All members are required to email a picture, application, copy of your acceptance letter by 5pm on April 14. Please email to rsalami@astate.edu.

CHECK- LIST:

- Proof of Enrollment OR Acceptance Letter
- Application (below)
- Picture

APPLICATION:

By submitting an application, you are committing yourself to the A-State Cheerleading should you be selected as a member of the 2022-2023 Squad.

PLEASE TYPE OR PRINT

NAME _____

DOB _____

STUDENT ID _____

E-MAIL ADDRESS _____

PHONE NUMBER _____

PARENT'S NAME _____

PARENT'S EMAIL _____

QUESTIONNAIRE:

DO YOU PLAN ON TRYING OUT FOR ADDITIONAL SQUADS?

YES ____ NO ____

(check one)

IF SO, DO YOU PLAN ON ATTENDING A-STATE IF YOU MAKE THE 2022-2023 SQUAD?

YES: ____ NO: ____

(check one)

DO YOU UNDERSTAND AND ARE WILLING TO SACRIFICE BREAKS DUE TO THE FUNCTION AND OBLIGATIONS OF THE A-STATE SPIRIT SQUADS?

(Bowl Game, Basketball Games, Conference Tournament, Nationals?)

YES: ____ NO: ____

G.P.A: ____

AWARDS/HONORS:

ORGANIZATIONS YOU HAVE BELONGED TO:

WHY DO YOU WANT TO BE A MEMBER OF THE A-STATE CHEERLEADING SQUAD?

DESCRIBE YOUR CHEER BACKGROUND?

HOW DO YOU TIME MANAGE?