

# 2010-11

## BS Health Promotion Up-dated 3-9-10

Name \_\_\_\_\_ ID Number \_\_\_\_\_ Date \_\_\_\_\_

General Education Rules:

- May repeat up to 18 of D/F
- No more than 2 courses with same prefix (ENG is exception)

**COMMUNICATION SKILLS - 6 HRS**

ENG 1003 Comp I "C" req. \_\_\_\_\_  
 ENG 1013 Comp II "C" req. \_\_\_\_\_

**HEALTH & WELLNESS - 2 HRS**

PE 1002 Concepts of Fitness \_\_\_\_\_

**CRITICAL THINKING – 3 HRS**

SPCH/SCOM 1203 Oral Com. \_\_\_\_\_

**UNDERSTANDING GLOBAL ISSUES – 3 HRS**

ANTH 2233 Intro to Anthropology \_\_\_\_\_  
 GEOG 2613 Intro to Geography \_\_\_\_\_  
 HIST 1013 World Civ to 1660 \_\_\_\_\_  
 HIST 1023 World Civ since 1660 \_\_\_\_\_  
 AGRI 2243 Feeding the Planet \_\_\_\_\_

**ARTS & HUMANITIES - 9 HRS**

**Three of the following courses are required.**

One must be ENG 2003, 2013 or PHIL 1103.  
 and one must be ART 2503, MUS 2503, or  
 THEA 2503. You may select the other 3 hours  
 from any of the courses listed below in arts  
 and humanities.

ENG 2003 Intro to Lit WWI \_\_\_\_\_  
 ENG 2013 Intro to Lit WWII \_\_\_\_\_  
 PHIL 1103 Intro to Philosophy \_\_\_\_\_

ART 2503 Fine Arts Visual \_\_\_\_\_  
 MUS 2503 Fine Arts Musical \_\_\_\_\_  
 THEA 2503 Fine Arts Theater \_\_\_\_\_

**SOCIAL SCIENCES - 9 HRS**

One must be HIST 2763, HIST 2773 or POSC 2103

HIST 2763 US to 1876 \_\_\_\_\_  
 HIST 2773 US since 1876 \_\_\_\_\_  
 POSC 2103 Intro Am. Govt. \_\_\_\_\_

Select 2 from the following:

POSC 1003 Intro to Politics \_\_\_\_\_  
 PSY 2013 Intro to Psy \_\_\_\_\_  
 SOC 2213 Prin of Sociology \_\_\_\_\_  
 ECON 2333 Econ Issues & Concepts \_\_\_\_\_  
 ECON 2313 Prin of Macroeconomics \_\_\_\_\_  
 JOUR/RTV 1003 Mass Comm in Modern Soc. \_\_\_\_\_

**SCIENCE – 8 HRS** ( 4hrs Life Sciences and 4hrs Physical Sciences)

**Life Sciences** ( 4 hrs)

BIOL 1003/1001 Biological Science & Lab \_\_\_\_\_  
 BIO 2011/2013 Cell Biology & Lab \_\_\_\_\_  
 BIOL 1033/1001 Biology of Sex & Lab \_\_\_\_\_  
 BIOL 1043/1001 Plants & People & Lab \_\_\_\_\_  
 BIOL 1063/1001 People & Environ & Lab \_\_\_\_\_

**Physical Sciences** (4hrs)

GEOL 1003/1001 Environ. Geology \_\_\_\_\_  
 PHSC 1203/1201 Physical Science \_\_\_\_\_  
 CHEM 1013/1011 Gen. Chem.I \_\_\_\_\_  
 PHYS 1103/1101 Intro to Space Science \_\_\_\_\_  
 PHYS 2034 University Physics \_\_\_\_\_  
 PHYS 2054 General Physics \_\_\_\_\_

**MATHEMATICS – 3 HOURS**

MATH 1023 College Algebra \_\_\_\_\_  
 Students may substitute Math 1054 Pre-Cal or any other higher  
 math course for which college algebra is a prerequisite.

**UNIVERSITY REQUIREMENT – 3 HRS**

FYE Course: HPES 1013 \_\_\_\_\_  
 (fall semester freshmen only)

**If the FYE course taken was not HPES 1013, student  
 must take the following course: HPES 1883 to meet  
 degree requirements.**

HPES 1883 Foundations of HPES \_\_\_\_\_



## BS in Health Promotion 2010-11 updated 3-9-10

- ❖ 2.0 GPA required for graduation
- ❖ Must have a C or better in all major course requirements
- ❖ Must attend pre-internship and internship meetings
- ❖ Internship can only be completed during the last semester of the degree program and it is recommended that all major course requirements be completed prior to the internship semester.
- ❖ Degree requires 124 hrs to graduate with 45 jr/sr hours required after first 30 hrs

### HEALTH PROMOTION MAJOR COURSE REQUIREMENTS - 74HRS

BIO 2201/2203 A & P I	_____
BIO 2221/2223 A & P II	_____
CIT 1503 Micro Computer Applications	_____
HP 2013 Medical Terminology	_____
JOUR 3673 Desktop Publishing & Publication Design	_____
NRS 2203 Basic Human Nutrition	_____
NRS 3353 Aging and the Older Adult <b>OR</b> SOC 4353 Soc. of Aging	_____
ES 3543 Human Anatomy & Fund. Of Motion	_____
ES 3553 Basic Physiology of Activity	_____
ES 3623 Tech. of Phys. Assessment	_____
ES 3653 Tech. Aerobic Conditioning	_____
ES 4693 Techniques of Strength Training & Conditioning	_____
HLTH 2513 Principles of Personal Health	_____
HLTH 2523 First Aid & Safety	_____
HLTH 3523 Public and Community Health	_____
HLTH 3533 Strategies in Health Education	_____
HLTH 3563 Human Sexuality	_____
HLTH 4513 Consumer Health	_____
HLTH 4523 Current Issues in Health	_____
HLTH 4543 Drug Use & Abuse	_____
HLTH 4633 Health Promotion Assessment	_____
HLTH 4643 Health Promotion Implementation	_____
HPES 4896 Internship	_____

### ELECTIVES - 4 HRS ELECTIVES