



Arkansas Geriatric Education Center

FREE Video Teleconference

Building Blocks for Better Care of Alzheimer's Disease Block V: Nutritional Factors in Alzheimer's Disease Prevention

Friday, May 1, 2015 from 12:00 PM - 1:00 PM

Reynolds Conference Room (room 203)

This is the fifth in a series of six "Building Blocks for Better Care of Alzheimer's Disease. Currently, Alzheimer's disease has no known cure, but recent results are raising hope that someday it might be possible to delay, slow down, or even prevent this devastating disease. What we do know is that a healthy lifestyle -- one that includes a healthy diet, physical activity, appropriate weight, and no smoking -- can maintain and improve overall health and well-being.

Featured speaker is Dr. Neal Barnard, Adjunct Associate Professor of Medicine at George Washington University and President of the Physicians Committee for Responsible Medicine.

It is anticipated that after attending this event, participants should be able to:

1. Explain the latest research on toxic metals like aluminum found in cookware, soda cans, and the common antacid.
2. Describe foods that increase cognitive function, boost folate, Vitamin B6, and Vitamin B 12.

FREE CEUs

Applications for up to 1.0 contact hour for physicians, dietitians, pharmacists, physical therapists, social workers, health educators, and long term care providers have been filed with the appropriate accrediting organization. Determination is pending.

The UAMS Department of Family and Preventive Medicine is an approved provider of continuing nursing education by South Central Accreditation Program, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity is co-provided by the UAMS Donald W. Reynolds Institute on Aging, Arkansas Geriatric Education Center, and the Department of Family and Preventive Medicine.

For more information:

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