OCTOBER 1, 2015

CAREGIVER SUPPORT GROUP

Organizational Meeting at 10AM in the Beck PRIDE Center

The Beck PRIDE Center would like to host a monthly support group for caregivers of veterans. The responsibility of caring for a loved one, friend, neighbor, etc. can be difficult to deal with on your own. At the Beck PRIDE Center we want to offer everyone the support they need and safe space for self-care. We hope to see you at out meeting to determine the group structure and meeting time.

Snack Provided.

There is no better time than now.

Meet other who can relate to what you are going through.

Caring for yourself is the best way to ensure you can keep caring for others.

It's ok to have support.

BECK PRIDE CENTER

2501 Danner Ave
Jonesboro, AR 72401

For additional information or to answer questions please call 870-972-2624 or email asocia@astate.edu

If you are interested, but unable to attend please let us know.