

**Arkansas State University-Jonesboro**  
**Degree: Bachelor of Science Major: Health Promotion**  
**2012-2013**

Students requiring developmental course work based on low entrance exam scores (ACT, SAT, ASSET, COMPASS) may not be able to complete this program of study in eight (8) semesters. Developmental courses do not count toward total degree hours. **Students having completed college level courses prior to enrollment will be assisted by their advisor in making appropriate substitutions. In most cases, general education courses may be interchanged between semesters.** A minimum of 45 hours of upper division credit (3000-4000 level) is required for this degree. Mandatory state and institutional assessment exams will be required during your degree program. **Failure to participate in required assessments may delay graduation.**

Year 1				Year 1			
Fall Semester				Spring Semester			
Course No.	Course Name	Hrs	Gen Ed	Course No.	Course Name	Hrs	Gen Ed
HPES 1013	Intro to HPESS	3	x	CIT 1503	Microcomputer Applications	3	
Scom 1203	Oral Communications	3	x	ENG 1013	Comp II	3	x
BIOL 1003 or 1033 or 1043 or 1063 or 2013	Biological Science or Biology or Sex or Plants and People or People and the Environment or Cell Biology	3	X	MATH 1023	College Algebra	3	x
BIOL 1001 or 1031 or 1041 or 1061 or 2011	Lab for above	1	x	HIST 2763 or 2773 or POSC 2103	US to 1876 or Since 1876 or Intro to US Govt.	3	x
ENG 1003	Composition I	3	x	ART or MUS or THEA 2503	Fine Arts Visual or Music or Theatre	3	x
ANTH 2233 or ECON 2313 or 2333 or GEOG 2613 or HIST 1013 or 1023 or JOUR/RTV 1003 or POSC 2103 or PSY 2013 or SOC 2213	Cultural Anthropology or principles of Macroeconomics or Economic Issues & Concepts or Intro to Geography or World Civilization to or Since 1660 or Mass Communication or Intro to Politics or Intro to Psychology or Intro to Sociology	3	x				
<b>Total Hours</b>		<b>16</b>		<b>Total Hours</b>		<b>15</b>	
Year 2				Year 2			
Fall Semester				Spring Semester			
Course No.	Course Name	Hrs	Gen Ed	Course No.	Course Name	Hrs	Gen Ed
HLTH 2523	First Aid & Safety	3		BIO 2223/2221	A & P II and Lab	4	
ENG 2003 or 2013 or PHIL 1103	Intro to Literature I or II or Intro to Philosophy	3	x	HP 2013	Medical Terminology	3	
PE 1002	Concepts of Fitness	2		CHEM 1013 or PHSC 1203 or GEOL 1003 or PHSY 1003 or PHYS 2034 or PHYS 2054	Gen Chemistry I or Fund. Concepts or Environmental Geology or Energy and the Environment or Intro to Space or Physical Science or University Physics I or General Physics	3	X
HLTH 2513	Principles of Personal Health	3		CHEM 1011 or 1041 or GEOL 1001 or PHSC 1014 or 1101 or 1201 or 2034 or 2054	Lab for above	1	X
BIO 2201/2203	Anatamy and Physiology I and lab	4		ANTH 2233 or ECON 2313 or 2333 or GEOG 2613 or HIST 1013 or 1023 or JOUR/RTV 1003 or POSC 2103 or PSY 2013 or SOC 2213	Cultural Anthropology or principles of Macroeconomics or Economic Issues & Concepts or Intro to Geography or World Civilization to or Since 1660 or Mass Communication or Intro to Politics or Intro to Psychology or Intro to Sociology (select one not previously taken)	3	x

Year 3				Year 3			
Fall Semester				Spring Semester			
Course No.	Course Name	Hrs	Gen Ed	Course No.	Course Name	Hrs	Gen Ed
ES 3653	Tech of Aerobic	3		HLTH 3533	Strategies in Health	3	
ES 3553	Basic Physiology	3		ES 4693	Tech of Strength Training and conditioning	3	
ES 3543	Human Anatomy	3		ES 3623	Tech of Physiological Fitness Assessment	3	
JOUR 3673	Desktop Publishing	3		HLTH 3563	Human Sexuality	3	
NRS 3353 or SOC 4353	Aging	3		NRS 2203	Basic Human Nutrition	3	
<b>Total Hours</b>		<b>15</b>		<b>Total Hours</b>		<b>15</b>	
<b>Year 4</b>				<b>Year 4</b>			
<b>Fall Semester</b>				<b>Spring Semester</b>			
Course No.	Course Name	Hrs	Gen Ed	Course No.	Course Name	Hrs	Gen Ed
HLTH 4633	HP Assessment and Planning	3		HPES 4896	Internship	6	
HLTH 4523	Current Issues	3		HLTH 4643	HP Implementation and Evaluation	3	
HLTH 4513	Consumer Health	3		electives	select any	6	
HLTH 3523	Public and Community Health	3					
HLTH 4543	Drug Use and Abuse	3					
<b>Total Hours</b>		<b>15</b>		<b>Total Hours</b>		<b>15</b>	
<b>Total Jr/Sr Hours</b>		<b>45</b>		<b>Total Degree Hours</b>		<b>120</b>	

**Graduation Requirements:**  
 Completion of HIST 2763 or HIST 2773 or POSC 2103  
 2.00 GPA at ASU  
 2.00 GPA Overall  
 Maximum of 31 credit hours via correspondence, extension, examination, PLA, Military or similar means; CLEP (30 hrs)  
 45 JR/SR Hours **after completing 30 hours**  
 120 Total Credit Hours  
 18 of last 24 hours must be ASU-Jonesboro courses  
 Minimum of 57 hours from 4-year institutions  
 32 Resident Hours if completing second degree and first degree was not from ASU-J  
**Course/Grade Requirements**  
 C or better in major courses