

STATEside News



Arkansas State University, College of Nursing and Health Professions, State University, AR 72467-0910

Spring 2013

Jonesboro, AR

STATEside News

Dean's Corner

Happy New Year!!! We are starting the new year with a very "new" Arkansas legislature. This will be a time for education for everyone. As such, I am a member and past chair of the Health Policy Board, Arkansas Center for Health Improvement (ACHI). This group has been instrumental in supporting evidence-based recommendations with policy implications to the legislature and others on things like the Clean Air Act, Primary Seat Belt Law, Initiated Act (Tobacco Settlement), Tobacco Tax, school health interventions and the list goes on. Recently we have been in discussion about the expansion of Medicaid and its impact on the State of Arkansas. My letter today is an educational piece crafted by ACHI, which I think is valuable for many to read and understand. Adding a segment of our uninsured population to Medicaid is a reimbursement bonus for our health care industry, as well as a health bonus to those currently uninsured.

WILL WE DO THE RIGHT THING?

With President Obama's re-election, the Patient Protection and Affordable Care Act will remain intact. However, there are decisions resting with the states to determine the extent to which they will participate in improving the health care system as envisioned by the Act. One such decision is the choice to extend Medicaid to individuals and families with incomes just above the poverty level.

For states with high poverty rates and restrictive Medicaid eligibility thresholds—

Arkansas's is the most restrictive in the nation—opting in would be tremendously beneficial to everyone, insured and uninsured. In Arkansas, expansion would provide new health care coverage under Medicaid for about 250,000 Arkansans, which is roughly half of the state's currently uninsured population. What does it mean for this group of Arkansans? For many, it represents an opportunity for preventive services to avoid a catastrophic illness or catch it at an earlier stage. It means that they have access to a primary care clinician and can get care outside of an emergency room. Health care coverage has the potential to reduce rates of depression and bankruptcy due to medical costs. Perhaps most importantly, based on experience in other states, expanded access to health care through Medicaid will save more than 1,000 lives each year.

What does it mean for the rest of us? Our critical-access hospitals will be shored up financially and will be able to continue to provide services and jobs to folks in rural areas. It means increased tax revenue and a broader tax base, especially for rural counties. And, increased access to care will result in a healthier and more productive citizenry.

Many in Arkansas are weighing in. Arkansas Governor Mike Beebe has indicated that he is in favor of extending Medicaid to eligible Arkansans, and he is not alone. He has been joined by Arkansas Attorney General Dustin McDaniel, the Arkansas Medical Society, the Arkansas Hospital Association, and other organizations that believe it is not only the right thing to do but it also makes economic sense.

Governor Beebe made his decision after receiving two key pieces of information: (1) An analysis by Arkansas Medicaid Director Andy Allison—a health economist—details cost savings to the state. The savings would come from reductions in

uncompensated care and a higher federal match rate for some existing Medicaid programs. (2) The Governor received an assurance from the federal government that the state could curb or cease the extension of the Medicaid program to this group in future years if necessary.

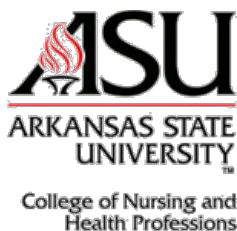
You see, the federal government will pay for 100% of the cost for those Arkansans who are newly eligible for Medicaid for the first three years. Federal funding for the extension will be ratcheted down to 90% of the cost by 2021 and thereafter. I know, I know. You are thinking, "Those are my tax dollars, too!" You are right, and we should capture those tax dollars for Arkansans and not relinquish them to other states, many of which will not throw away this opportunity to provide needed coverage for their citizens.

Importantly, moving forward with the extension of Medicaid to this vulnerable population is contingent upon an appropriation by the Arkansas General Assembly for authority to spend the federal funding. The idea has been met with significant opposition. Your legislators will be considering this issue in the upcoming legislative session.

We must help them understand that extending access to Medicaid to more low-income Arkansans at a manageable cost is a worthwhile goal for the Natural State.

**Susan Hanrahan,
Dean**

**College of Nursing
& Health Professions
hanrahan@astate.edu**



COLLEGE NEWS

DR. ROY ALDRIDGE (PT) and **DR. RICK NEELEY** (CD) received a financial gift from Mrs. Irene Martz to support their future hippotherapy research project. Mrs. Martz' gift of \$32,000 will fund the research entitled "The Impact of Hippotherapy on Gross Motor Skills, Fine Motor Skills and Speech-Language Skills in Children with Developmental Disabilities," which will be conducted at the ASU Equine Center beginning in 2013. The research will investigate the impact of horse movement characteristics on the physical skill sets (posture, coordination, balance and gait issues) and speech and language skills in children with a variety of disabilities. Thank you, Irene!

DR. SHAWN DRAKE (PT), **DR. REBECCA MATTHEWS** (NRS), and **BEVERLY PARKER** (Center on Aging) co-authored an article titled, "Healthy Ager: An Interprofessional, Service-Learning, Town and Gown Partnership," that was published in the June 2012 issue of the National League for Nursing.

DR. REBECCA MATTHEWS (NRS) and **DR. PAT WALLS** (SW) recently attended leader training by UAMS for the A Matter of Balance program. Beginning in January, they will be teaching a group of 15 older adults every Friday for eight weeks.

Congratulations to **LIBBY NIX**, (NRS) **BILINDA NORMAN**, (NRS) and **THEIR TEAM** on receiving National Education Recognition from the American Diabetes Association. The recognition identifies programs who meet the National Standards for Diabetes Self-Management education.

DR. SUSAN HANRAHAN and **DONNA PARKER** (SW) were invited to the Spirit of 110 Council "Volunteers: Build a Better World" recognition event at the Governor's mansion, August 29, 2012, in Little Rock.

DR. SUSAN HANRAHAN received a special award naming her the "Outstanding Member of the ASAHP for 2012" at the national conference of the Association of Schools of Allied Health Professions on November 9, 2012, in Orlando, FL.

ASU CARE held a health and wellness event on Saturday, October 27. Over 160 were registered and vendors included DHS, The Hispanic Center, Aids Awareness, ASU Nursing, ASU Dietetics, Mid South Health Systems, Life Strategies, Families, Inc, Jonesboro Police Department, Brookland Fire and Rescue, ASU Disaster Preparedness and Emergency Management, and Ocean Dental.

The **BACHELOR OF SCIENCE IN DISASTER PREPAREDNESS AND EMERGENCY MANAGEMENT** and the **DOCTOR IN NURSING PRACTICE** were both approved by the Arkansas Department of Higher Education Coordinating Board on Friday, October 26, 2012.

YOU MADE A DIFFERENCE AWARD NOMINEES Congratulations to the following CNHP Advisers on their nomination:

Nursing - **DR. REBECCA MATTHEWS, DR. SUSIE SNELGROVE, DR. LISA WAGGONER, DEBRA WALDEN, LANCE WILCOX, AND JENAFA WRAY**
Physical Therapy - **BECKY KEITH**
Social Work - **DR. GAURI BHATTACHARYA, DR. RICHARD FREER, CONNIE RYAN, AND DR. PATRICIA WALLS**
Health Professions - **VALERIE LONG**

ADOPT A SCHOOL

CNHP has adopted Harrisburg Middle School for the academic year. The middle school has been very involved in health and wellness projects including an organic garden, the Blue and You Fitness Challenge, the Boyer Mile and Coordinated School Health. The college anticipates assisting them this year with mass screenings (hearing, scoliosis and BMI), teaching educational segments in their science and health classes and working on team projects with them including the CSI event and lego league. A health fair is planned for the spring in addition to a classroom project involving the use of stability balls for chairs versus traditional classroom seating. The middle school principal coordinating the effort is Karli Saracini.



Santa Claus was a welcome visitor at Harrisburg Middle School.

Ms. Saracini reports that both Lego League teams at Harrisburg Middle School advanced to the Arkansas State Championship, held on December 15 at Mountain Home. Mr. Graham's team won Project Award and placed in Opportunity while Mrs. Stonecipher's team placed in Spirit.

DOMESTIC VIOLENCE

CNHP has Domestic Violence as one of its areas of focus this academic year and we have targeted it in a number of ways. In the fall, Health in Our Hands campus newsletter featured domestic violence. A segment was included in the Arkansas Geriatric Education Center newsletter on Domestic Violence and the Elderly. A \$10,000 grant was received from Verizon that will allow all nursing programs to enhance the integration of domestic violence into their curriculums. Domestic Violence is a focus for Verizon. "Telling Amy's Story" can be viewed on YouTube and is the true and tragic story of a Verizon employee who was murdered by her husband. This spring, the college brown bag series will be entitled, Mind, Body and Spirit: Domestic Violence. The dates of the one hour sessions are posted on the CNHP website. They are free and open to the public. Domestic violence awareness and prevention will continue to be a focus for the college. A more comprehensive approach will be explored that encourages coordinated community activities to enhance victim safety and assistance.

CLINICAL LAB SCIENCE

Congratulations to **DR. STACY WALZ** who earned her Ph.D. in Population Health Sciences from the University of Wisconsin - Madison in November

2012. She also co-authored a chapter titled "Post-Analytical Laboratory Error & Patient Safety" in the book Quality Control in the Age of Risk

Management written by James O. Westgard and published by Elsevier.

DIETETICS

KELLY TIDWELL is the faculty advisor for the Student Nutrition and Dietetics Association here at Arkansas State University. This is the newly-formed organization for students majoring in Dietetics.

PAM TOWER attended a workshop titled Accreditation Workshop for New Dietetic Education Standards presented by Nutrition Services and Solutions on November 1-2, 2012 in Houston, TX.

She also presented an in-service on "Nutrition Management of Chronic Kidney Disease" at Arkansas Methodist Medical Center in Paragould on November 29, 2012.

DISASTER PREPAREDNESS AND EMERGENCY MANAGEMENT

Congratulations to **BRENT COX**, (DPEM) for earning a Masters Degree in Homeland Security and being accepted into the Doctorate of Management in

Homeland Security at Colorado Technical University. **DR. DEBBIE PERSELL** has been selected to receive

the 2013 Alumni Achievement Award from the School of Nursing at the University of Missouri - Kansas City. The award will be presented on

April 18, 2013. On September 21, 2012, she also received the Fabulous 40 Nursing Alumni Award from the University of Tennessee, Knoxville College of Nursing. She also co-authored a

chapter titled "National Nurse Preparedness – Achieving Competency-Based Practice" in the textbook titled, "Disaster Nursing and Emergency Preparedness for Chemical, Biological, and

Radiological Terrorism and other Hazards," published by Springer Publishing in 2012. The book has been selected as the New Edition of American Journal of Nursing Book of the Year.

MEDICAL IMAGING AND RADIATION SCIENCE

Congratulations to **DR. CHERYL DUBOSE** who earned her Ed.D. in Educational Leadership from Arkansas State University in November 2012.

She was the author of a peer reviewed article titled, "The Social Media Revolution" for Radiologic Technology and co-authored a chapter on

MRI in the textbook "Merrill's Atlas of Radiographic Positioning and Procedures" published by Elsevier.

NURSING

DR. REBECCA MATTHEWS, was elected Chair of the Jonesboro Economical Transportation System Citizen Advisory Committee in 2012. In November, she presented the JETS strategic plan to a group of city officials that included Jonesboro Mayor Harold Perrin. **DR. MATTHEWS** is also serving as a book reviewer for a new edition of the textbook Hitchcock's Essentials of Community Health Nursing.

BRINDA MCKINNEY was named Woman of the Year for Greene County on October 25, by the Greene County Business and Professional Women. Ms. McKinney, along with other Women of the Year winners from across Arkansas, were honored at a state-wide tea on Oct 27 in Yellville, AR.

DR. SUE McLARRY presented "Interprofessional Clinical Education Using a Virtual Hospital Environment" at the National League for Nursing Education Summit, September 19-22, 2012, in Anaheim, CA.

LIBBY NIX has been invited to make a poster presentation titled "Educating Community Health Nursing Students with Real World Experiences: Implementing Primary Prevention Strategies of Care for the Community" at the Drexel University Nursing Education Institute on June 18-21, 2013 in New Orleans, LA.

LIBBY NIX made a poster presentation titled

"Engaging Nursing Students in Wound Care Simulations: When Academia Meets the Real World" and **BILINDA NORMAN** made a poster presentation titled "Educating the Next Generation of Nurses: Incorporating Preventative Wound Care into the Physical Assessment" on October 20-23 at The Clinical Symposium on Advances in Skin and Wound Care in Las Vegas, NV.

DR. ANGELA SCHMIDT and **Ms. BEVERLY PARKER (DIRECTOR, CENTER ON AGING)** provided a "Chronic Disease Self Management" workshop for lay leader certification (Stanford University) for graduate students, faculty, and community members, October - November 2012.

DR. DEBBIE SHELTON gave a podium presentation titled "Study of Guatemalan Villagers' Perceptions of Illness and Access to Healthcare" at the XIII Pan American Nursing Research Colloquium: Global Nursing Research Challenges for the Millennium. September 2-7, 2012, in Miami, FL.

DR. PHYLLIS SKORGA and **DR. CHARLOTTE YOUNG** co-authored an article titled "Immediate Versus Delayed Reconstruction Following Surgery for Breast Cancer" that was published in the November issue of Nursing Network News and an article titled "Hip Protectors for Preventing Hip Fractures in Older People: A Review Summary" in the Clinical Nurse Specialist Journal, 26: (6), 308-309. They also had an article titled "Formulating

a Clinical Question" published in the Clinical Nurse Specialist Journal, 26: (4), 203-204.

DR. SUSIE SNELGROVE presented an abstract titled, "Victim or Perpetrator: Perceptions of Resident-to-Resident Violence in Nursing Homes" at the Gerontology Society of America symposium in San Diego, CA, on November 17, 2012. She also will make a poster presentation titled "Exploring the Effects of Psychiatric Simulations on Clinical Competence and Perceived Stress Levels of Nursing Students" at the Southern Nursing Research Society 27th Annual Conference in Little Rock, Ar, February 27-March 2, 2013.

LISA WAGGONER presented a poster titled "Is There a Difference in Graduate Nursing Students' Perceptions of a Health Assessment Course Using Real Patients Versus Simulated Patients?" at the 17th Annual Midwest Regional Nursing Educators Conference on November 8-9, 2012 in Columbia, MO.

LANCE WILCOX was elected to serve a two-year term as consultant to the Arkansas Nursing Students Association Board of Directors.

DR. PAIGE WIMBERLEY has been invited to make a poster presentation titled "Living in the Long Shadow of Breast Cancer" at the 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine in San Francisco, CA on March 21, 2013.

PHYSICAL THERAPY

DR. ROY ALDRIDGE presented a poster titled "The Effects of Hippotherapy on Motor Performance and Function in United States Military Veterans With Low Back Pain" at the ASAHP 2012 Annual Conference on October 24-26, 2012 in Orlando, FL.

DR. SHAWN DRAKE's manuscript titled "Comparison of Dryland Training Programs Between Age Groups of Swimmers", co-authored by Brian Krabak and Kyle Hancock, was accepted for publication by the American Academy of Physical Medicine and Rehabilitation.

DR. STEPHEN GUFFEY had a monograph titled "Protocol Reference Manual: Using Thermal Energy, Electrical Stimulation, Compression, and Manual Techniques in the Treatment of Common Joint and Soft Tissue Conditions" published in Spring 2012.

DR. STEPHEN GUFFEY, DR. ROY ALDRIDGE, and Todd

Whitehead co-authored an article titled, "The effects of Daily Stretching Protocol and Passive Glenohumeral Internal Rotation in Overhead Throwing Collegiate Athletes" that was published in the International Journal of Sport Physical Therapy, Summer 2012. **DR. GUFFEY** and **PENNY HEAD** made a poster presentation titled, "Clinical Measurement of Hip Rotation Range of Motion: What is Normal?" at the ASAHP Annual Conference, October 25, 2012 in Orlando, FL. **Dr. Guffey** and Todd Whitehead had an article titled "Ramsay Hunt Syndrome: Case Report of a Multifaceted Physical Therapy Intervention" published in the Journal of Yoga and Physical Therapy, 2 (3): 1000115, and an article titled "Reflective advising: What the Humanities Can Teach Us" published in The Advisor, 32 (2).

PENNY HEAD had an article titled "Low-Intensity Pulsed Ultrasound Using AutoSound™ Hands-Free Transducer for the Treatment of Bone Stress Injury: a Case Report" accepted for publication in the November 2012 issue of the International Journal of Athletic Therapy & Training.

STACEY SLOAS and **BECKY KEITH** had two posters titled "An Interdisciplinary Approach to Pre-Participation Athletic Evaluations", co-authored by **PENNY HEAD**, and "The Impact of Textbook Reading Levels on an Associate Level Healthcare Program", co-authored by Tracie Norris and Melody Moody, presented at the 2012 ASAHP Annual conference on October 24 in Orlando, FL. **BECKY KEITH** and **STACEY SLOAS** also presented "Reading Levels of Health Care Textbooks" and "Bridging the Classroom and Clinic: Creating Service Learning

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from *Community Volunteerism*," co-authored by Melody Moody, and Tracie Norris, at the Mid-South Educational Research Association 2012 Annual Conference on

November 7, 2012, in Lexington, KY.

CHRISTY PHILLIPS was invited to present "*Deriving Predictors For Autism Spectrum Disorder: A Risk Modeling Approach*" to program managers and

physicians at Kids First in Little Rock, AR on October 16, 2012, and "*Correlated and Uncorrelated Predictors for Autism Spectrum Disorder: A Case-Control Study*" to the same group on November 26, 2012.

SOCIAL WORK

SAVING CHRISTMAS COWBOY STYLE, held Saturday, October 27 at the ASU Equine Center, raised over \$12,973. The event, sponsored by the Social Work Organization, purchases Christmas gifts for foster children based on their wish lists. Alumnus, **APRIL MURPHY** coordinated the event.

DR. KAREN ALLEN's new book, "*Surviving Domestic Violence: A guide to Healing Your Soul and Building Your Future*" goes to press on November 29. The book, co-authored with Danielle Wozniak at the University of Montana, is based on a number of treatment groups that were offered for women who had experienced domestic violence. The group uses alternative healing exercises, which are presented in the book, to decrease the

symptoms of PTSD and begin healing. The book will be available electronically and in hard copy by Adams Press in Avon, MA in the early spring.

DR. GAURI BHATTACHARYA presented "*Hope and Resiliency: Reframing Self-Management of Chronic Illness*" at the NASW Conference on Restoring Hope: The Power of Social Work, July 2012, in Washington DC.

DR. PATRICIA GUY-WALLS, Social Work, was selected as the first recipient of the Order of Eastern Star, Eliza Murphy Chapter, located in Jonesboro, Community Service Award. The award was presented to Dr. Walls on October 26, 2012 at the "Annual Evening with the Stars" fall fundraiser.

Currently, Dr. Walls serves as chair of the health committee of the newly reformed Jonesboro NAACP. Her work with the Diversity Coalition as well as the RED Cross DAT Team speaks highly of her commitment to making a difference in her community.

DR. WALLS also co-authored "*A Call to Action: Education to Prevent HIV/AIDS among Older African American Women*", published in the Fall 2012 edition of the African American Perspectives, pp. 38-40. The co-author is Dr. Guitele Rahill, PhD, LCSW Assistant Professor School of Social Work, College of Behavioral and Community Sciences, University of South Florida.

GRANTS/CONTRACTS

DR. ROY ALDRIDGE Received a \$1,500 grant from the Order of the Purple Heart for Veterans Hippotherapy Equipment.

BRENDA ANDERSON, BILINDA NORMAN, and LIBBY NIX (all NRS) submitted a grant proposal titled "*Cardiopulmonary Resuscitation and Automated External Defibrillator Education of CNHP Faculty*" to the Kays Foundation for \$2,559.73.

DR. STEPHEN GUFFEY received an \$8,000 grant from Dynatronics Corporation to fund "*Bactericidal Effects of Blue Light*" for Fall 2012.

BECKY KEITH received a \$5,000 grant from the East Arkansas Planning and Development Commission for Beck PRIDE.

LIBBY NIX, BILINDA NORMAN, AND PAM TOWERY have been awarded a \$7,500 PepsiCo Healthy

Lifestyle Innovation Research Grant by the Academy of Nutrition and Dietetics Foundation for "*Breakfast Blitz*."

CRISTY PHILLIPS, DR. ROY ALDRIDGE and Jacquie Dubrava received a \$2,184.99 seed grant from the dean of the College of Nursing and Health Professions for "*The Impact of Therapeutic Swiss Balls on Academic Performance in Junior High Students*."

WELCOME TO:

NANCY CLARK: Administrative Specialist, Beck PRIDE Center and Speech and Hearing Center

PATRICIA DAVIDSON: Administrative Specialist, Nurse Anesthesia

SKYLA TALLEY: Administrative Specialist, Regional Center for Disaster Preparedness and Emergency Management

GOOD-BYE TO:

MAGGIE HORWATT: Administrative Specialist, Beck PRIDE Center / Speech & Hearing Center

LYNDSEY RUSH: Administrative Specialist, Social Work

JENNIFER SHORT: Administrative Specialist, Social Work

IN SYMPATHY:

DR. GALE ALLEN on the loss of her father, Mr. Alfred Ray Boals

Nursing, earning a BSN degree.

THE FAMILY OF ANN BALCOM: In 1978, Ann (Chumley) Balcom was one of the first graduates from the ASU School of

SUE CAMPBELL on the loss of her nephew, Marvin Hamlisch

DR. JOY GOOD on the loss of her father, Eldon Good

THE FAMILY OF DIANE UNGER: Administrative Specialist in the Social Work Department. Diane was a new employee in our college.

SHARON WILSON on the loss of her grandmother, Jewel Cooper.

STUDENT NEWS

WHO'S WHO 2012

Congratulations to the following students who were selected for Who's Who 2012:

BOBBI BENSON, Communication Disorders
COLEA BLANN, Nursing

CHARMAINE COOK, Social Work
KELSEY DOW, Communication Disorders
DERIKA JONES, Nursing
SAMANTHA KNIGHT, Nursing
ADDIE KORTAN, Nursing
KAYLA MILLER, Nursing
SANDRA WALKER, Social Work

DESTINY WARREN, Social Work

RESEARCH PLATFORM PRESENTATIONS

Two Communication Disorders students presented their thesis at the Student Research Forum of the Arkansas Speech-Language - Hearing Association Convention in Little

Rock on October 12, 2012. **CRYSTAL TOOMBS** presented "*Comparison of Pragmatic Skills in Second-Born Children and Children Without Siblings*" and **JULIE JUNKERSFELD** presented "*The Relationship Between Listening comprehension and Signal-to-Noise Ratio Loss in Children*." In addition, both students successfully defended their thesis on October 31, 2012.

STUDENT NUTRITION AND DIETETICS ASSOCIATION

The Dietetics Program students have formally initiated the Arkansas State University - Student Nutrition and Dietetics Association. The purpose of the Arkansas State University Student Nutrition and Dietetic Association is to provide a framework for significant student involvement and to inspire interest in the profession of dietetics.

Student leaders include:

President: **TIFFANY STERLING**

Vice President: **BRIAN BUCK**

Secretary: **CRISSIE OVERSHINE**

Treasurer: **NIKKI WRIGHT**

Student Liaison to the National Organization:

SHAWNA SPURLING

Volunteer/Fund Raising Chair: **CALEB MULLIS**

Refreshment/ Activity Chair: **ASHLEY REEVES**

Public Relations Chair: **SAMANTHA GLISSON**

Faculty Adviser: **KELLY TIDWELL, MS RD LD**

KRISTINA AUBERT (nursing), has earned an all-region honors for her performance on the ASU women's cross country track team. She is also the first ASU cross country athlete to earn a spot at the NCAA Championships where she competed on November 17, 2012.

CECILIA CLARK (pre-physical therapy) has been awarded a \$2,750 Student Undergraduate Research (SURF) Fellowship for the 2012-2013 academic Year for her project titled "*Design of a Portable Device to Quantify Rehabilitative Gains*." (Cristy Phillips and Dr. Roy Aldridge-Faculty Advisers.)

CHELSEY MOSER (pre-physical therapy) has been awarded a \$2,750 Student Undergraduate Research (SURF) Fellowship for the 2012-2013 academic Year for her project titled "*The Analysis of Seated Force Distribution Patterns in Patients Participating in Hippotherapy*." (Dr. Roy Aldridge - faculty sponsor.)

HALEY PETRUS (pre-physical therapy) has been awarded a \$2,750 Student Undergraduate Research (SURF) Fellowship for the 2012-2013 academic Year for her project titled "*Force Dissipating Effects of Properly and Improperly Worn Concussion Helmets*". (Faculty Advisers - Cristy Phillips and LaTonya Tidwell)

DIETETICS STUDENTS EARN NATIONAL RESTAURANT ASSOCIATION CERTIFICATION

Students in the Dietetics program, Food Service

Management class, are now certified as ServSafe Managers with the National Restaurant Association. This certification is nationally recognized and identifies the individual's understanding of food safety. The students have demonstrated mastery of their knowledge including identifying different types of contaminants; physical, chemical and biological, how to prevent foodborne illnesses by monitoring the handling of foods from procurement to service, as well as proper sanitation of the food service establishment and hygiene of those individuals responsible for handling, preparing and serving food. This is a necessary building block in the course of the students' education and will improve their performance in the clinical setting working with at risk populations.

NATIONAL STUDENT SPEECH-LANGUAGE-HEARING ASSOCIATION – CHAPTER NEWS

During the Fall 2012 semester, CD students represented their local National Student Speech Language and Hearing Association by participating in several Jonesboro community events, such as The Alzheimer's Association Walk, The Down Syndrome Buddy Walk, The Autism Awareness Walk, The Miracle Rodeo and The Run, Walk, & Roll for Bullying. The ASU-NSSLHA chapter is a pre-professional membership association for students interested in the study of communication sciences and disorders. This year the organization has a record membership of 94 members!

UPCOMING EVENTS:

CLINICAL INSTRUCTORS SEMINAR

The 16th annual Clinical Instructors' Seminar will be held at the Fowler Center on Friday, March 8, 2013, beginning with registration at 8:30 a.m. The speaker for the morning will be Jason Hendren of Rogers, AR, a medical malpractice defense lawyer. His clientele are healthcare providers and pharmaceutical and medical product companies. He will be the main speaker for the morning. The afternoon speakers for breakout sessions will be discipline specific.

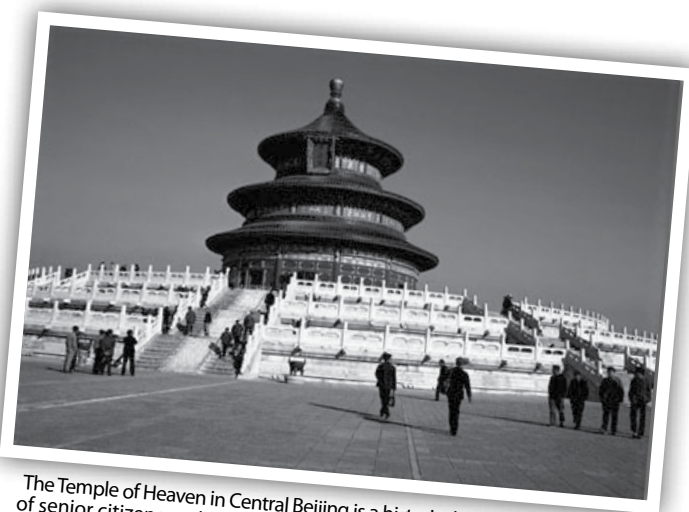
CNHP TO SPONSOR 4TH TRIP TO CHINA by RAY WINTERS

In May, students, faculty and others from the College of Nursing and Health Professions will take a 10-day trip to China. This trip will expose current and future health care providers to Chinese methods of delivering healthcare while allowing them to learn and appreciate Chinese culture.

Lead by Ray Winters, the group will leave May 12 and return May 22. Students may obtain up to three hours college credit for the experience. Guiding the group will be John Pate, who works for ASU in China. Pate is a native Arkansan who has lived in China for seven years.

The 10-day trip will begin in Shanghai, a truly cosmopolitan city that is the jewel of all Chinese cities. The group will tour the Yueyang Hospital, center of traditional Chinese medicine. Other plans for Shanghai include touring the national museum of Chinese culture, touring the Bund and a night river cruise. The group will then fly to Xi'an (pronounced "she awn") to tour the ancient capital of three dynasties, including its historic, intact, city wall and bell tower. They will also attend a traditional Chinese dinner show and see the Terra Cotta Warriors. The group will then fly to Beijing, where they will tour the antique district, Hutong district and shop at the famous "Silk Alley" market, tour the Great Wall, Forbidden City, and more. Woven through the itinerary are experiences at Chinese hotels and Chinese cuisine. The cost is \$3,250 per person. Current students are

eligible to apply for travel assistance monies through the Office of International programs. Alumni of any CHNP programs are welcome to go, as well as their spouses, friends and family. There are 40 slots available and reservations should be made soon. If you have interest, need more information or want to be placed on a waiting list, contact Ray Winters at 870-972-3329 or at rwinters@astate.edu.



The Temple of Heaven in Central Beijing is a historical site where hundreds of senior citizens gather each morning to exercise, dance, play ancient musical instruments and participate in other social activities.

DISASTER SUMMER CAMP

Disaster Camp is a week-long half-day camp geared toward students who will be entering the seventh or eighth grade in the fall. The camp incorporates computer technology, science, and all types of disasters, as well as individual disaster planning, first aid, CPR, and coping strategies. The camp will be held July 15-19 and the finale will be an earthquake simulation. The registration deadline is June 1, 2013. For more information, contact Skyla Talley at stalley@astate.edu or visit the college web site at www.astate.edu/conhp.

EISENHOWER SERIES

The Eisenhower Series at the United States Army War College is coming to ASU once again this year. The dates for this year's program are April 2-5. The Eisenhower program is an academic outreach venue designed to encourage dialogue on national security and other public policy issues between

students and the US Army War College. The program focuses on interacting with students and faculty as well as professional organizations, civic groups, business organizations and local media. Three to five students will be in attendance along with a faculty moderator. The names of those participating and the event schedule will be posted on the CNHP website.

GRIEF SEMINAR

Speaker for the Billy Joe Emerson Grief Seminar, May 20 - 21, 2013, will be John Jordan. Check our web site for more details at www.astate.edu/conhp.

HOWL 4 HEALTH SUMMER CAMP

Howl 4 Health Summer Camp is a program for grades 7 -9 to share hands-on activities that educate youth on how to maintain or improve healthy development through the teenage years. The camp will be held June 10-14, 2013 in the

Reynolds bldg. For more information, contact Lori Hailey at lclay@astate.edu or visit our web site at www.astate.edu/conhp. Registration deadline is May 13, 2013.

SUPPORTING MILITARY FAMILIES IN TRANSITION

The Social Work Program will be hosting a Spring Conference, "Supporting Military Families in Transition" on March 5, 2013 in the Convocation Center. The program is currently being developed, but one segment will be Lynda Nash presenting on helping children and parents restore family roles and functioning with a returning veteran. Other speakers will address substance abuse, domestic violence and anger management and VA benefits and programs. CEUs will be offered. Contact Dr. Loretta Brewer in the Social Work Department for more information at (870) 972-3984 or by email at lbrewer@astate.edu.

UPDATES FROM BECK PRIDE

by Sandra Worlow, Director

The Beck PRIDE Center for American's Wounded Veterans celebrated its 5th Anniversary of serving veterans on October 12th. Buddy and Charlotte Beck, along with several other members of the Center's National Advisory Council, attended the Open House, which was well attended by participants, veterans and other community members. Currently, there are 161 active participants and their families receiving services. In addition, there are 50 veterans enrolled in the research project entitled "Beck PRIDE Center: An Effective Solution for Combat Injured Veterans."

On Saturday, November 10, the Beck PRIDE Center and Sigma Pi fraternity sponsored a "Support Our Troops" drive and collected items and monetary donations for postage to send care packages to the 1039th EN BN stationed in Afghanistan. The 1039th is comprised of 95 National Guard members from the Harrisburg and Marked Tree Units, which are under the 875th EN BN in Jonesboro. The mission of the 1039th is to seek out improvised explosive devices (IED). Through the support of the local community, the center staff packed and mailed 107 care packages to the troops! We would like to thank everyone who contributed to the event!

The week leading up to Veterans Day was a very busy time, and the Beck PRIDE Staff attended many of the community events that were held to commemorate the veterans who have served in the US military throughout the years. On Veterans Day on Sunday, November 11th, Sandra and the Arkansas Student Veteran Organization (ASVO) president Jeff Kiech and his wife Alicia attended the ceremonies held in the Rotunda of the Arkansas State Capitol in Little Rock. Jeff was chosen by the Arkansas Department of Veteran Affairs to read the Governor's Veterans Day Proclamation during the ceremonies.

HEALTHY AGER PROJECT 2013

by Dr. Shawn Drake

The Healthy Ager Project is an interprofessional, service-learning project for health professions' students at Arkansas State University. The Center on Aging-Northeast (COA-NE) is a community partner with this program. The COA-NE recruits older adults for the project as well as educates students on available programs that are available for seniors in the Jonesboro area. Current disciplines participating include physical therapy (PT), nursing, social work (SW), clinical lab sciences (CLS) and communication disorders (CD). In spring 2013, dietetics and psychology students will be added to the team to provide the most comprehensive Healthy Ager program to date. The purpose of the Healthy Ager project is to:

1. measure student attitudes towards working with the elderly.
2. facilitate an interprofessional approach for students working with older adults.
3. improve overall wellness status of the older adult.

Students work together to provide the highest quality of care for the older adult, yet, each discipline focuses on a particular area. Physical therapy students evaluate and provide a treatment program to improve wellness for the older adults, address the fear of falling and prevention of chronic conditions. Nursing students provide educational opportunities and focus on Chronic Disease Self-Management (CDSM) for the older adult. CDSM teaches older adults how to manage and improve their own health and reduce health care costs. Social work students provide opportunities to develop strategies that engage caregivers and spouses of the Healthy Ager by including a psycho-education caregiver support group. Each Healthy Ager receives a free hearing screen from the CD department and referral for hearing aids or addi-

tional follow up when needed. The CLS department gives students the opportunity to work on phlebotomy skills and lab analysis for all of our provide cooking demonstrations and tips on healthy eating for all of the participants.

We will enroll 30 participants in the program this year. Each participant completes a nine-week wellness program in which social, spiritual, physical, occupational, intellectual, emotional and environmental aspects of wellness are addressed for each individual client. For more information, contact Dr. Shawn Drake at sdrake@astate.edu.

VOLUNTEERING WITH THE RED CROSS

by Donna Parker, Social Work

On November 2, I was deployed as a mental health volunteer with the Red Cross to the East Coast in response of Hurricane Sandy. As this was my first deployment, I asked my local director if there was any advice he wished someone would have given him the first time he was deployed, and he told me he wished he would have kept a journal. I took his advice and found it to be an excellent way to share with my family every day what I didn't have time to share and also a way to remember the many experiences that would soon become a blur. Before I left for the east coast, the media was able to prepare me for the devastation I was going to see, but nothing could have prepared me for how this experience would forever enrich my life.

I was assigned to the Queens area of NY and, although each day was a different assignment, I spent most days going door-to-door. The neighborhoods ranged from the impoverished to the very wealthy, and one thing I found consistent with all was the trauma experienced. It's hard to summarize the stories I encountered that I will never forget, such as working side by side with the NAACP in the projects of Queens, or walking into a shelter that

had a make shift sign that read "medically needy" to find rows and rows of nursing home patients that had been evacuated. I was touched each day with the continual observation of the caring nature that was so instinctual of the victims. I didn't see any of the looting the media often capitalizes on, but what I saw was neighbors taking care of neighbors.

We were welcomed and embraced by the citizens of New York and I can't count how many times I was greeted with a "bless you". I truly believe I was blessed in many ways including how this reminded those of us who volunteered that we all must be prepared for a natural disaster. Like the East Coast, we live in an area that has been warned of a horrible disaster that too many of us shrug off. This experienced reminded me we must take the time to realize we are warned for a reason and we must be take the time to be prepared. I also encourage my colleagues to support the Red Cross and the people of our country who might experience a horrible disaster by either offering financial support or your professional skills. You will never regret the experience.

LESSONS FROM GUATEMALA

by Dr. Debbie Shelton, Nursing

It is increasingly hard to concentrate on my next family of patients as I watch Yesica, age 16, come through the back door of the small clinic in Salama, Guatemala. She is visibly upset and crying. Through the interpreter, it is discovered that she will not be allowed to take her final exams for this year's studies until Q50 (\$6) is paid on her account.

In a country where greater than percent of the population lives on less than \$2 daily, her concerns are valid. Yesica has been a part of our medical team in Guatemala for the last four years. She works to triage patients and to facilitate care being provided by our team through her interactions with patients. Yesica enjoys patient care. She has been promised the funding to pursue a technical degree in nursing upon her completion of her basic program of study next year. It is a rare and appreciated opportunity for her. Goals of our Guatemala mission team include providing access to healthcare through a free medical clinic for one week each October. The medical team treats many patients for episodic illnesses while the dentist extracts teeth from patients who have no access to services. Through Yesica, it is discovered that providing education for the next generation of native healthcare providers is equally as important as the services delivered directly by our team. She successfully finishes her school year and next year's tuition is paid in advance.

- Patients seen in Guatemala during one week in October: 492
- Cost of one year of schooling for Yesica: \$250
- Increasing healthcare through education: Priceless

WORLD AIDS DAY 2012

Dr. Kat Carrick took the lead in organizing ASU and the Department of Social Work's World AIDS day held on 11/30 and 12/1. The conference included a competition for the best student poster promoting AIDS awareness, a panel discussion on living

positively while HIV positive, and breakout sessions on older women, Latino, and gay, African American men who are coping with HIV/AIDS. A book signing event with authors Ms. Connie Roebuck and Ms. Ann Dixon for their publication "Our Lives, Our Story" was also held. There were 191 conference registrations and a total of 118 people participated in HIV testing during the conference.

This year included a new competition for the best student poster promoting AIDS awareness. A total of 19 ASU students participated in the poster contest with first prize of a new IPOD going to Hazel Wilcox, Kim Bliss, and Sarah Worsley for their poster "Evaluating the effectiveness of education in the rural, socio-economically disadvantaged communities affected by the HIV/AIDS in the Mississippi Delta region." Second prize of an IPAD Nano went to Barbara Bruden Adovelando for her poster "Will my Dentist still see me? HIV discrimination amongst healthcare providers." Third prize of an IPOD Shuffle went to Charmaine Cook for her poster "Reducing stigma and increasing safe, sensitive, socializing with HIV+ people." Prizes for the poster contest were donated by ASU's Office of Research and Technology Transfer and Dr. Kat Carrick.

A highlight of the conference sponsored by Arkansas Minority Health Commission was a premier screening of "DeepSouth" an award-winning feature documentary about HIV in the new American South and a discussion with filmmaker/producer Lisa Biagotti and Kathie Hiers CEO of AIDS Alabama.

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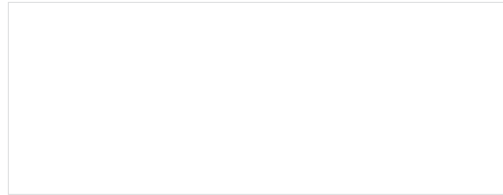
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Spring 2013

Schedule of Events

January 14	Classes Begin
March 5	Supporting Military Families in Transition
March 8	Clinical Instructors Seminar, ASU Fowler Center
March 18-23	Spring Break
April 10-12	EnRich Project
April 15	Convocation of Scholars
April 29	Last Day of Class
May 11	Commencement
May	Billy Joe Emerson Grief Seminar
May 27	Memorial Day
May 29	Summer Term I Classes Begin
June 10 - 14	Health Rocks Day Camp
July 15 - 19	Disaster Camp
May 12 - 22	CNHP China Trip

FACTS ABOUT UNINSURED

- According to the Arkansas Center for Health Improvement, 25% of working age adults in Arkansas are uninsured. Lack of insurance is a problem statewide, with 16.5% of our citizens reporting they could not see a doctor due to cost.
- The percentage of Arkansans who are insured is greater among those living in rural areas than those in urban areas. In Craighead County alone, 7,665 individuals ages 18-64 who are uninsured would qualify for extended Medicaid.
- In 2010, uncompensated care costs to Arkansas hospitals were estimated at more than \$338 million.