# Facilities Management Newsletter

# THE FM VOICE

Volume 6, Issue 3 June-July 2008



Facilities Management



## INSIDE THIS ISSUE:

Employee Suggestion Program

Distinguished Performance Awards

3

5 Employee Suggestion Program

7 Custodial Training Institute—2008

Implosion: Twin 10 Towers

Special points of interest:

- 2008 FM Scholarships
- IT'S HOT, HOT, HOT!!
- Landscaping Paragould
- Birthday & Service Dates
- 2008 FM Softball Game

## Farewell to a Friend and Co-worker



- Kathy Hicks

As you are all aware, Wayne Grommet passed away on Tuesday, May 6, 2008. Wayne prided himself on being the FAMIS "guru" and all of the wonderful things he accomplished with FAMIS and the Discoverer reports, which helped establish the Key Performance Indicators (KPIs) within Facilities. Wayne's efforts in this area will remain a for years to come.

the fact that ASU Facilities was at the forefront and leading edge of using FAMIS. Wayne accomplished things with FAMIS that others had never tried, not to mention the bugs he found still undiscovered by others using FAMIS for years. Many universities contacted Wayne to ask questions and help them with their implementation process. Wayne was a wealth of knowledge shared by many that will be missed. Several of them have made contact and offered condolences to colleagues and family members.

Wayne was liked by so many people at FAMIS that they have offered to donate a tree and plaque as a memorial to be planted on the ASU campus in his honor. FAMIS also named a star after Wayne and presented a chart and major asset for our department certification to his wife. This shows the amount of respect that

Wayne always prided himself on Wayne received for his professionalism.

> Wayne was active in community involvement with the Boy Scouts of America. I was amazed by the number of scouts that were at the visitation to visit with Susie, Wavne's wife. I'm sure these scouts will remain grateful to him for his community involvement and the impact he had on their lives.

> Wayne was a wonderful person to work with and was eager to work with employees and give assistance and advice. As Al previously stated and I truly believe, the sound of his laughter and voice will forever echo up and down the Facilities hallway. Farewell my friend, we have to say goodbye but we do not have to forget.





Page 2 Volume 6, Issue 3



Facilities Management

## New Face in the Business Office

#### - Natalie Ball

Glynna Green is the new smiling face you will see when you stop by the lock shop!

Glynna is originally from Jonesboro and even attends ASU earning her associate degree in business. She ran her own business for 13 years, enjoys fishing and spending time with family.

Glynna has a thirteen year old daughter named Hazel and would like to thank everyone for making her feel very welcome.





## Landscape Welcomes New Team Member

#### - Wade Smith

Adam Elam is a native to Lake City and the Jonesboro area. He has been with ASU working as a 40-hour temporary employee for the past two years. Adam is quoted as saying he is "real happy to be a full-time employee and is proud to be a part of ASU".

Landscaping is also proud to welcome Glenn Bobo, Seth Broadway and Jeff Ball who started on May 19th.

Please join us in welcoming our new team members.



# QuIP Welcomes New Employee

#### - Michelle Summers

The QuIP department would like to welcome Allison Jordan as the new Administrative Secretary for the front office. Allison comes from Baldwin Piano where she was their accounts payable manager.

Allison is originally from Eureka,

California. She moved to Lake City in 2003. She is married to Phillip and has a twenty month old daughter, Adyson.

Allison spent five years as a communications sergeant for the  $875^{th}$ .





# **Custodial Services Welcomes New Employees**

# - Helen McCoy

Custodial Services has two new employees.

Steven (Jarrod) Riley is from Caraway. He has a 15 month old daughter. His hobbies are playing video games and rock guitar.

Nick Powers is from Jonesboro. He is married with 5 children, 3 boys and 2 girls, ages 18 months to 14 years. He enjoys woodworking and is a volunteer fireman at Valley View.



From Left to Right: Jarrod Riley, Nick Powers.



## THERE'S LOTS HAPPENIN' AT ASU FM...

#### Al Stoverink

CLASSROOM RENOVATION PROGRAM

A pilot classroom renovation project has begun with a decision to remodel the large lecture hall in the Lab Science Complex-LSE 219. We will be totally replacing finishes and furniture, updating lighting and HVAC systems. The success of this project will hopefully become the basis for future partnerships with Academic Affairs and Research, as well as Student Government, in pursuing renewal of the learning environments across campus.

#### LANDSCAPE ENHANCEMENTS

The Landscape Maintenance staff recently completed flower plantings at each of the campus entrances, installed sod in several locations, and performed a major overhaul of the planting beds in front of Admin. In addition, seeding, fertilization, and turf maintenance activities have been expanded. A landscape maintenance strategic plan is currently under discussion and will be developed by our University Planner, Bill Hall, in partnership with the Landscape Maintenance Team. A set of overriding goals, specific objectives, and techniques will be outlined for the various areas of campus. A recent benchmarking road trip to the University of North Alabama, Middle Tennessee State, and Vanderbilt University by Bill Hall, Wade Smith, Brian Pettie, and Al Stoverink is helping to inform us as we develop the strategy for ASU.

### CONSTRUCTION PROJECTS

Since the Post Office has completed its move into the Stu-

dent Union, asbestos abatement will begin on the old building and demolition will occur this summer.

Chickasaw Renovation will be complete later this summer, with moves by Tony Bittle and company of occupants of the Smith Center and the Ellis House, along with the Social Work Department from ISC. When the moves are complete from the Smith Center, that building will be demolished. The future of the Ellis House is still to be determined. Remodel of the ISC is underway and will be completed following the move of the Social Work Department.

Construction contracts are currently being executed for the Apartment Complex north of North Park Quad and the Honors Hall Project on Whitaker Street, with scheduled completion in August next year.

The Student Recreation Center construction start has been delayed due to budget and design issues, but should get started later this summer or early fall finish by the end of next year or early in 2010.

Information Technology Services staff have been installing a new fiber optic loop on the east side of campus to serve the above new buildings. Facilities Management will be taking bids in the next few weeks for installation of the expansion to the North Chilled Water Loop to serve this same facilities.

On the west side of campus, construction of the new Delta Center building for the College of Business has begun. Rerouting of West Loop traffic will occur soon. Caution should be exercised while driving in this area.

The West Side Overpass project has been delayed due to right of way acquisition problems along the railroad. This should be resolved and construction started in earnest by later this summer or early fall.

## KEY PERFORMANCE INDICA-TORS

"The biggest obstacle to greatness is the satisfaction of being good."(Unknown author) move beyond just being good, we need to be measuring what we are doing and drilling down to understand what root causes exist for any metrics that do not meet our goals. Defects must be identified and rooted out. Wayne Grommet left us a legacy of all kinds of reports generated from FAMIS and the ability to measure almost all aspects of our work flow. Let's make it happen!

#### SOFTBALL TOURNAMENT

Although my team was only a "second loser" in the final standings, we were winners in spirit and fun. I appreciate the level of participation and camaraderie exhibited by all in attendance. This 3rd annual event was once again a success and represents the kind of team effort and spirit that we want to exhibit through our day to day work flow and service to each other and our customers on campus. It was a good and well deserved break from the hard work generated by this department over that last year. Thanks to the organizing committee and all who participated and thanks especially to those who stayed on duty with phones or other activities and responded to our customer needs on campus!



Facilities Management



## **FM Voice Staff**

Al Stoverink astoverink@astate.edu Allison Jordan ajordan@astate.edu **Doug Mathis** imathis@astate.edu Helen McCov hmccoy@astate.edu Jerilyn Miller imiller@astate.edu Jon Carvell jcarvell@astate.edu **Kathy Hicks** kathyhicks@astate.edu **Lanny Tinker** ltinker@astate.edu Michelle Summers msummers@astate.edu Terri Reithemever treithemeyer@astate.edu

Page 4 Volume 6, Issue 3



Facilities Management



# 2008 FM Scholarships

#### - Allison Jordan

The 2008 Facilities Management Scholarships have been awarded to Lauren "Alex" Brewer and William "Austin" Summers. The scholarships are awarded every year to one incoming freshman and one returning student. Eligible applicants must be a dependant/ grandchild or child of either a current employee or retiree of the Facilities Management Department.

Alex Brewer, daughter of Shawn Brewer, graduated May 15th as an honor student from Hoxie High School and will begin her fall semester at ASU with plans of pursuing a

degree in radiology or another nursing field. Alex also plans to work as a part-time student here at Facilities in the Engineering office for David Handwork and Jon Carvell. She will be doing field research and computer data entry for our FAMIS work order system.

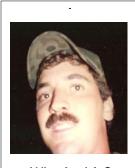
Austin Summers, son of Michelle Summers, is a returning student who plans to graduate from ASU with an Exercise Science Degree. He is very thankful and fortunate to have been awarded the Facilities Management Scholarship for three consecutive years.

CONGRATULATIONS to these employees and the recipients.





# Distinguished Performance & Service Awards



Who is this? Rusty Stroud





Arkansas State University held employee received a plaque its 15th annual Service Recognition and Distinguished Performance Awards Program Monday, May 5. The ceremony was held in the Student Union Auditorium, and was followed by a reception in the Heritage Lounge. This program was initiated in 1994 to recognize outstanding job performance and long-time service by the university's non-faculty employees.

Three employees from Facilities Management received Distinguished Performance Awards in their respective employment categories.

The employees and their employment categories are: Clay Hurn, Central Receiving, clerical/secretarial; David Handwork, Engineering Services, non-faculty professional and Hester Hall, Custodial Services, service/maintenance. Each

and savings bond.

There were also five retirees from Facilities honored. Those individuals are: Kenneth Burrow, Dorothy Brown, Ann Ford and Linda Hester.

The following employees were recognized for their years of service: Lanny Tinker was cited for 30 years of service with Facilities Management. Shelia Hill was recognized for 25 years of service. Mark Clark and Rusty Stroud were recognized for 20 years of service. David Atherton, Richard Bergener, Michelle Morgan, Jimmy Crocker and Danna Evans were recognized for 10 years of service.

Congratulations for a job well

## **EMPLOYEE SUGGESTION PROGRAM**

#### - Michelle Summers

Managers usually overlook the company's most valuable asset and source of informationtheir employees. Employee suggestion programs can be a positive force to motivate, improve performance, productivity, safety, and contribute to the bottom line. According to Chicago-based National Association of Suggestion Systems (NASS), employee suggestion programs have saved organizations more than \$2 billion. Some employees have very high-quality suggestions that can impact major bottom-line efficiencies while finding newer, better, and faster ways of doing things.

Facilities Management now has an employee suggestion box in the FM meeting room (lunch room) directly below the plasma screen TV (northeast corner).

Staff may place their suggestion on the printed suggestion cards (which are located at the suggestion box) or write/type on a piece of paper and place in the suggestion box. A QUIP team member will forward all suggestions to Al Stoverink every week for consideration and actions.

Al Stoverink will serve as the administrator for the employee suggestion program and will keep staff informed as to the progress and accomplishments of the pro-

Suggestions should include:

- · Description of your idea
- The benefits of your idea
- Additional comments or suggestions
- Employee's name (Optional Will be used for recognition purposes)

Suggestion topics should include issues that will affect cost savings, quality, productivity, process improvements, revenuegeneration and morale-enhancement. While a full blown action plan is not necessary, the suggestion should describe "why" and "how" the idea will impact Facilities Management.



Facilities Management



# National Electrical Code Update Seminar in April



## - Joe Phillips

Arkansas State University held its third National Electric-Code meeting on April 29 & 30 on the ASU campus, sponsored by ASU Facilities Management and electrical vendors from the area.

There were 45 electricians in attendance to receive continuing education training on the 2008 National Electric Code revisions. Richard Loyd, taught the class which was approved by the Arkansas Department of Labor for the required CEU credits for

renewal of license.

This two day in-depth class covered changes in the National Electrical Code up-dates which included a 2008 NEC Analyst Workbook for all attendees to take home with them for review. Lunch was provided both days and all attendees enjoyed the beautiful weather and training that was provided.

ASU will continue to hold these types of training seminars in the future to continue to stay ahead on the educational and training curve.



"The game of life is the game of boomerangs. Our thoughts, deeds and words return to us sooner or latter, with astounding accuracy."

-Florence Shinn







Page 6 Volume 6, Issue 3



Facilities Management



## A Call for Volunteers

### -Jon Carvell

The annual Staff Senate Picnic and Silent Auction provide funds for a noble cause. Each year proceeds from the event help a number of non-faculty employees or their dependents pay for a class, books or other educational expenses through the Staff Senate Educational Stipend. The Staff Senate Educational Stipend Committee consists of 11 individuals representing all EEO categories who review applications for the awards and select recipients.

Stipend committee members serve two year terms and as such bids adieu to seven members this year. A few have already indicated their willingness to serve for the next two years, but empty seats still remain.

The stipend committee provides an excellent opportunity for staff members interested in academia to become involved in a program that helps their peers and colleagues achieve educational goals.

While the committee meets briefly in the early part of the fall semester to introduce new members, the brunt of work done within the committee involves the review of applications, and occurs between September and November. Members review each application on their own and rate them based mostly on GPA and a formal essay. The committee then compares these ratings collectively to determine the winners.

Last semester the Staff Senate awarded nine stipends of \$250. In the past the committee has seen up to 41 appli-

cants and hopes to continue this type of success. With the continued support of the Staff Senate Picnic, Silent Auction and donations through Torchbearers and the ASU Foundation, continued success in this regard is possible. However, none of it would happen without dedicated and enthusiastic individuals serving on the selection committee. Any nonfaculty member is eligible to serve on the Staff Senate Educational Stipend committee, so there is no need to be involved with Staff Senate prior to becoming involved with the committee.

Anyone interesting in serving can contact Jon Carvell, Staff Senate Educational Stipend Committee Chair, at icarvell@astate.edu or Shawn

<u>icarvell@astate.edu</u> or Shawn Smee, Staff Senate President, at smee@astate.edu.

## Be The Best Of Whatever You Are

#### - Douglas Malloch

If you can't be a pine on the top of the hill,

Be a scrub in the valley - but be the best little scrub by the side of the rill:

Be a bush if you can't be a tree

If you can't be a bush be a bit of grass,

And some highway happier make;

If you can't be a muskie then just be a bass -

But the liveliest bass in the lake!

We can't all be captains, we've got to be crew

There's something for all of us here,

There's big work to do, and there's lesser to do, And the task you must do is the near.

If you can't be a highway then just be a trail,

If you can't be the sun be a star;

It isn't by size that you win or fail -



## **Custodial Training Institute 2008**



#### - Helen McCoy

On June 2, 2008 Facilities hosted their seventh annual Custodial Training Institute. For seven years we have held a training seminar for custodians across Northeast Arkansas and other parts of the state as well as Southern Missouri.

We started with 40 people in our FM break room and have grown to 227 this year. The training institute is now held in the auditorium at the Student Union to accommodate our attendees, venders and training staff.

The institute features some mandatory training such as bloodborne pathogens and chemical safety. We also have hands on training of procedures such as restroom cleaning, classroom cleaning, and daily gym floor cleaning.

Each attendee who completed the training course was awarded a certificate of completion. This certificate certifies the completion of the annual Federal and State mandatory training requirements.

This year there were some new faces and many who have been with us every year. We had people from as far away as Fayetteville and as close as

Jonesboro. We enjoyed the opportunity to network with others in our chosen profession. We enjoy exchanging ideas and solutions to common problems we encounter on a daily basis in our profession.

We held a small vendor show and had them demonstrate their machines on the floors and restrooms inside the Student Union. Our attendees had a lot of fun teasing the vendors about their skills or lack thereof.





Facilities Management



# IT'S HOT! HOT! HOT!!!!!!

Every year I write an article about what to look for if you think someone is in heat related distress. I'm doing it again, but with more emphasis on how to avoid it in the first place.



- Helen McCoy

Signs and symptoms of heat related distress:

- Sweaty
- Weak or tired, possibly giddy
- Nausea
- Normal or slightly higher body temperature
- Pale, clammy skin (sometimes flushed)
- Mental confusion, delirium, fainting, or seizures

- Body temperature
   106°F or higher
- Hot, dry skin, usually red or bluish color

**How to avoid with Clothing:** Wear loose-fitting, lightweight clothing.

Drinking: Drink plenty of liquids

**Work Schedule:** If possible, heavy work should be scheduled during the cooler parts of the day.

Acclimatization: New employees and workers returning from an absence of two weeks or more should have 5 days to get used to the heat.

**Body Weighing:** Workers may be at greater risk of heat stress

if they lose more than 1.5% of their body weight in a single day from sweating.

## Personal Protective Equipment

**Heat reflective clothing** may alleviate the problem of radiant heat sources.

Ice vests or cooling vests, ice head bands remove heat from the skin.

**Liquid cooling systems** also remove heat from the skin.





Zac Minton enjoying his wellness time.

Page 8 Volume 6, Issue 3



Facilities Management

"Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative activity.

- John F. Kennedy

# Local Pharmacies Offering Reduced Co-Pays for Generic Medications

Wal-Mart
Kroger
Gibson's Pharmacy
Medicine Shoppe
Soo's Drug
Super D Pharmacy
Walgreen Pharmacy

Check Out Your Local pharmacy!

# Generic Drugs: What are the Benefits?



- Chris Enger

Many people are hesitant to request or take a generic prescription. A reluctance to use generics may be because people question the quality and effectiveness of generic drugs. Also, when at the doctor's office, patients will often accept the prescription the physician writes for their particular condition without question.

As a patient, you have the right to request a generic form of a particular prescription and the right to ask if there is a generic alternative to medications that are prescribed to you.

There are several benefits of using generic medications. Ask your doctor if there is a generic option that is right for you. Some facts about generic medications are listed below.

Generics are more cost effective than brand-name drugs. They cost the user less money and health insurance plans less money.

Several local pharmacies are now offering reduced co-pays for generic medications (see the list in the left-hand column). Generics contain the same active ingredients as brand-2. name drugs. This is mandated by the U.S. Food and Drug Administration (FDA). Generic medications must meet FDA guidelines to insure that they are the same quality, strength, and purity as brand-name drugs.

Often, there are generic equivalents or alternatives available to prescribed brand-name medications. Visit <a href="http://www.fda.gov/cder/ob/default.htm">http://www.fda.gov/cder/ob/default.htm</a> to search for generic options for brand-name drugs. First enter the brand-name, then go back and search for it by the active ingredient to find a generic form.

# FACILITIES MANAGEMENT MISSION STATEMENT

"We are committed to excellence in customer service, safety and integrity. We provide an environment that promotes quality learning through effective leadership and innovative development of Arkansas State University Facilities."

# Landscaping ASU Paragould:





# **Implosion Of Twin Towers**



Seminole Twin Towers, generally known as Twin Towers residence halls were demolished by a controlled implosion on Sunday, May 25. Twin Towers was used as a resident's hall from 1967 to 2006 and had the capability of housing approximately 1,129 students.

The average occupancy was around 700 students at one time. During the life of the building there were approximately 23,600 rooms rented.

An implosion is not "blowing up the building," but rather the use of a minimal amount of small, strategically placed explosive charges. These charges are placed in selected reinforced concrete columns to sequentially disable the columns allowing the building's weight and construction to control its failure in a predetermined area.

Controlled Demolition Incorpo-

rated (CDI) of Phoenix Maryland utilized approximately 200 pounds of nitroglycerine-based explosives, which was placed in 1,100 borehole locations on four levels of the building. The implosion took about 15 seconds and produced approximately an 18 foot high cloud of debris.

On average about 360 tons of debris usually fall per pound of explosives used. It will take approximately three months to clear all of the debris. The debris will become hard fill and will not go to a landfill.



Facilities Management



- Construction cost: \$2,964,597
- Total cost of demolition: \$1,036,000
- Length of time to build: Approximately six months
- Length of time for implosion:
   Approximately 15 seconds
- Debris removal timeframe:
   Approximately three months
- Building weight: Approximately 72,000 tons.
- Building height:100 feet tall
- Debris field: Approximately 18 feet high







Page 10 Volume 6, Issue 3





Allison Jordan April 21



Jarrod Riley April 21



Glynna Greene April 28



Adam Elam May 12



Nick Powers May 19



Glenn Bobo May 19



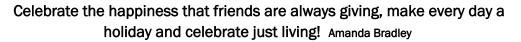
Seth Broadaway May 19



Jeff Ball May 19

## **EMPLOYEE BIRTHDAYS**

June			July		
Mark Wade	Engineering	3rd	Christopher Cambron	Skilled Trades	2nd
Glen Broadway	Skilled Trades	5th	Andy Hill	Construction	6th
Doug Mathis	Business	8th	Geraldine Jones	Custodial	6th
Jane Atherton	Custodial	8th	Michael McWilliams	Custodial	6th
Judy Hass	Custodial	9th	Michael Gosa	Custodial	7th
Mary Tolley	Custodial	10th	Penny Kirksey	Custodial	7th
Charles Atherton	Skilled Trades	<b>13</b> th	Seth Broadway	Landscape	9th
Terry Carty	Construction	14th	Dean Collins	Skilled Trades	<b>11</b> th
Teresa Coles	Custodial	16th	Wayne Swartzlander	Landscape	<b>12</b> th
Michael VanWinkle	Skilled Trades	16th	Dennis Ball	Motor Pool	<b>13</b> th
Sharon Milligan	Custodial	17th	Ruth Ann Miles	Custodial	13th
Joseph Thornton	Landscape	25th	Kerri Pulver	Custodial	17th
Bill Hall	Planner	28th	Jerilyn Miller	Engineering	18th
		_	Greg Beeler	Skilled trades	22nd
			Patricia Runyon	Landscape	25th
			Adam Prestidge	Landscape	25th
20 20 2		<b>P</b> 1	Martha Baldinger	Custodial	26th
1			Andrea Ferguson	Custodial	28th
			Gene Gann	Skilled Trades	30th



# YEARS OF SERVICE

June			July		
Justin Tittle	Skilled Trades	1st	Anthony Turturro	Landscape	2nd
Jason Jernigan	Skilled Trades	1st	John Kern	Custodial	2nd
Randy Merrill	Skilled Trades	1st	Thomas Chaplain	Landscape	2nd
Martha Phillips	Custodial	2nd	Patsy Puckett	Custodial	3rd
Steven Fleetwood	Landscape	2nd	Sam Brown	Custodial	3rd
Cameron Martin	Skilled Trades	2nd	Michelle Summers	Administration	4th
Wendy Hollowell	Custodial	3rd	Mark Osborn	Custodial	4th
Billy Reid	Custodial	4th	Dorothy Flynn	Custodial	4th
Paula Broadway	Custodial	4th	Kaye Childs	Engineering	5th
Ozie Brown	Custodial	8th	Donald Elliott	Custodial	7th
David Gray	Custodial	8th	Larry Darr	Landscape	7th
Cheryl Richey	Custodial	9th	Michelle Brown	Business	15th
Greg Beeler	Skilled Trades	18th	Robert Wrather	Skilled trades	15th
Gary Holder	Skilled Trades	21st	Mike Ring	Skilled Trades	15th
			Emily Bailey	Custodial	17th
			James Upton	Custodial	<b>18</b> th
14141			Martin Bryant	Skilled Trades	<b>19</b> th
	XIII		Jeff Gulley	Skilled Trades	23rd
			Jessie Washington	Landscape	28th
ונת ד	A /1	1	Clint Halcom	Skilled Trades	30th
1 1/1/1/	WAN	1 71	Lanny Tinker	Administration	31st



Facilities Management



Share our similarities, celebrate our differences.

M. Scott Peck

Volume 6, Issue 3 Page 12

# 2008 FM Softball Game



