



ASSESSMENT

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BS-Exercise Science
Program-Level Student Learning Outcomes

- Identify the anatomical, physiological, and biomechanical concepts of human movement
- Identify appropriate behaviors associated with a healthy lifestyle
- Assess health, fitness, and performance of individuals from diverse populations
- Design and implement appropriate exercise programs for both apparently healthy individuals and those with chronic diseases
- Apply knowledge of exercise science in a practical setting
- Recognize ethical behavior in the exercise profession