

## Agenda

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|---------------|--------------------------------------|
| 7:30 - 8:00   | Registration                         |
| 8:00 - 8:45   | Presentation by Dr. Lee and Dot Weir |
| 9:45 - 10:00  | Break                                |
| 10:00 - 11:00 | Presentation by Dr. Lee and Dot Weir |
| 11:00 - 11:30 | Presentation by Dr. Guffey           |
| 11:30 - 1:00  | Lunch on your own                    |
| 1:00 - 2:30   | Presentation by Dr. Lee and Dot Weir |
| 2:30 - 2:45   | Break                                |
| 2:45 - 4:00   | Presentation by Dr. Lee and Dot Weir |
| 4:00 - 4:30   | Questions, Wrap Up and Evaluations   |

## Registration

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This conference is being provided to you FREE of charge by Arkansas State University College of Nursing and Health Professions and St. Bernards Wound Healing Center.

To register for this conference, you may call St. Bernards Education Department at 870-207-4909

For further inquiries please email Amanda McMillon at [amcmillon@sbrmc.org](mailto:amcmillon@sbrmc.org)

Registration is required!

# WOUND SYMPOSIUM 2015



## About the Conference

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Arkansas State University College of Nursing and Health Professions and St. Bernards Wound Services are proud to provide the Wound Symposium 2015! The complex world of wound care has grown exponentially and with it, an increased knowledge is required. This conference serves to provide nurses, advance practice nurses, physical therapists and other members of the healthcare team with necessary information to enhance the care of wounds in practice.

## Objectives

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- Describe the impact that chronic wounds have in healthcare.
- Differentiate common lower extremity wounds.
- Discuss the use of the biopsy as an important diagnostic tool.
- Describe the stages of pressure ulcers.
- Describe key comorbid conditions that can impair wound healing.
- Name at least 6 parameters which must be included in a comprehensive wound assessment.
- Define the levels of bacterial growth on the surface of wounds.
- Describe the optimal approach to obtaining a meaningful wound culture.
- Describe how wound characteristics should be used to determine wound treatment options.
- Differentiate between acute and chronic wounds.
- Define the concept of the moist wound dressings.
- Discuss advanced and active interventions for the non-healing wound.
- Appreciate the potential for light energy, delivered at a relatively low intensity/dose levels, to produce an inhibition of microorganisms commonly found in dermal ulcers.
- Understand the mechanisms by which light produces an inhibition of microorganisms.

## Continuing Education Credits

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6.5 CEUs will be provided for Physical Therapy by the College of Nursing and Health Professions at Arkansas State University - Jonesboro  
6.5 Nursing Contact Hours will be awarded for full attendance at the symposium.

In order to receive contact-hour credit for this CNE activity, you must:

- Be registered for the session or entire activity,
- Be present no later than five (5) minutes after starting time,
- Remain until the scheduled ending time, and
- Complete and submit the Evaluation Form(s)

St. Bernards Medical Center is an approved provider of continuing nursing education by the South Central Accreditation Program, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## Featured Speakers

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**Dr. Lee C. Ruotsi** is the Medical Director of the Catholic Health Advanced Wound Healing Centers in Buffalo, NY. He oversees three outpatient wound healing centers with hyperbaric medicine services, seeing approximately 15,000 visits per year as well as a 5 hospital, 1,200 bed in-patient wound care program. He is board certified in both Family Practice and Undersea and Hyperbaric Medicine, is a Certified Wound Specialist (CWS), and is also certified as a Diving Medical Officer by the National Oceanic and Atmospheric Administration (NOAA-DMO).

**Dot Weir** has been a registered nurse for 38 years; 34 of those dedicated to the practice of wound and ostomy care. She has practiced in acute care, home care and long term care, spent 7 years in industry, and has practiced in outpatient care since 2001. She has been Board Certified by the Wound, Ostomy and Continence Nurses Certification Board since 1985 (CWON) and the American Board of Wound Management since 2004 (CWS). She practices outpatient wound management at Osceola Regional Medical Center in Kissimmee, Florida and at Health Central Hospital in Ocoee, Florida.

**Dr. Stephen Guffey** is a tenured Professor in the Department of Physical Therapy at Arkansas State University. Dr. Guffey has been a practicing PT since 1981. He has served on the faculty of the University of Central Arkansas, Texas Tech University of Health Sciences Center and Arkansas State. Dr. Guffey has been engaged in research related to the bactericidal and fungicidal effects of visible and IR light since 2005.