Code # Enter text…

**Bulletin / Banner Change Transmittal Form**

**[ x] Undergraduate Curriculum Council**

**[ ] Graduate Council**

Signed paper copies of proposals submitted for consideration are no longer required. Please type approver name and enter date of approval.

Email completed proposals to [curriculum@astate.edu](mailto:curriculum@astate.edu) for inclusion in curriculum committee agenda.

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| --- | --- | --- | --- | --- | --- |
| |  |  | | --- | --- | | Amanda A. wheeler | 5/24/2017 |   **Department Curriculum Committee Chair** | |  |  | | --- | --- | | N/A | Enter date |   **COPE Chair (if applicable)** |
| |  |  | | --- | --- | | Paul Finnicum | 5/22/2017 |   **Department Chair:** | |  |  | | --- | --- | | N/A | Enter date |   **Head of Unit (If applicable)** |
| |  |  | | --- | --- | | Wayne W. Wilkinson | 8/28/2017 |   **College Curriculum Committee Chair** | |  |  | | --- | --- | | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Enter date |   **Undergraduate Curriculum Council Chair** |
| |  |  | | --- | --- | | Mary Jane Bradley | 8/31/2017 |   **College Dean** | |  |  | | --- | --- | | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Enter date |   **Graduate Curriculum Committee Chair** |
| |  |  | | --- | --- | | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Enter date |   **General Education Committee Chair (If applicable)** | |  |  | | --- | --- | | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Enter date |   **Vice Chancellor for Academic Affairs** |

**1.Contact Person** (Name, Email Address, Phone Number)

[pfinnicu@astate.edu](mailto:pfinnicu@astate.edu), 680.8113

**2.Proposed Change**

Delete insurance statement for HPES 4863, 4893, 4896.

**3.Effective Date**

immediately

**4.Justification –** *Please provide details as to why this change is necessary.*

Student are purchasing their insurance on their own.

**Bulletin Changes**

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| **Instructions** |
| **Please visit** [**http://www.astate.edu/a/registrar/students/bulletins/index.dot**](http://www.astate.edu/a/registrar/students/bulletins/index.dot) **and select the most recent version of the bulletin. Copy and paste all bulletin pages this proposal affects below. Follow the following guidelines for indicating necessary changes.**  **\*Please note: Courses are often listed in multiple sections of the bulletin. To ensure that all affected sections have been located, please search the bulletin (ctrl+F) for the appropriate courses before submission of this form.**  - Deleted courses/credit hours should be marked with a red strike-through (~~red strikethrough~~)  - New credit hours and text changes should be listed in blue using enlarged font (blue using enlarged font).  - Any new courses should be listed in blue bold italics using enlarged font (***blue bold italics using enlarged font***)  *You can easily apply any of these changes by selecting the example text in the instructions above, double-clicking the ‘format painter’ icon 🡪 , and selecting the text you would like to apply the change to.*  *Please visit* [*https://youtu.be/yjdL2n4lZm4*](https://youtu.be/yjdL2n4lZm4) *for more detailed instructions.* |

**Health, Physical Education, Exercise Science (HPES)**

**HPES 1013. Introduction to Health, Physical Education and Sport Sciences** Required course for all first-semester freshmen interested in the area of Health, Physical Education, and Sport Sciences, HPESS. Course content will focus on the historical perspective of physical education, professional and vocational opportunities, and skills/knowledge needed to be a successful student. C or better required. Fall.

**HPES 1883. Foundations of Health, Physical Education and Sport Sciences** Introductory course for the prospective HPESS major. Provides insight to the history, sociological impact, and objectives of physical education and sport, with emphasis on current professional literature and vocational opportunities. HPESS majors must make a C or better in this course. Spring.

**HPES 3001. Student Leadership in Service Learning** This course introduces students to academic service-learning as an approach to experiential learning. Students actively participate in meaningful civic service-learning experiences that meet community needs and are coordinated with university and community partner organizations. Spring, Fall.

**HPES 4863. Internship in HPESS I** Capstone experience for Exercise Science, Health Promo­tion, Sport Management majors. Enrollment must occur during the last semester of the degree program. Must have completed all departmental requirements, including C or better in all major courses. ~~Insurance fee of $17.50~~. Prerequisite for Exercise Science majors only, ES 4843. Fall, Spring, Summer.

**HPES 4893. Internship in HPESS II** Capstone experience for Exercise Science, Health Pro­motion, Sport Management majors. Enrollment must occur during the last semester of the degree program. Must have all departmental requirements, including C or better in all major courses. ~~Insurance fee of $17.50.~~ Prerequisites for Exercise Science majors only, ES 4843. Fall, Spring, Summer.

**HPES 4896. Internship in HPESS** Capstone experience for Exercise Science, Health Promo­tion, and Sport Management majors. Enrollment must occur during the last semester of degree program. Must have completed all departmental requirements, including C or better in all major courses. ~~Insurance fee of $17.50~~. Prerequisites, ES 4843 for Exercise Science majors only. Fall, Spring, Summer.

**Physical Education (PE)**

**PE 1002. Concepts of Fitness** Provides knowledge and appreciation of the importance of physical fitness for lifelong health, wellness, and a quality life, and opportunities for psychomotor development. Fall, Spring, Summer.

**PE 1011 Pilates and Fitness Yoga** TThe principles and concepts of Pilates and Fitness Yoga in developing overall body flexibility, strength and endurance as well as enhancing good body posture. Fall, Spring, Summer.

**PE 1021. Self Defense** Gain an understanding of the terminology and the physical techniques associated with self defense against kicks, strikes, grabs, and ground fighting. Fall, Spring.

**PE 1111. Physical Conditioning** Basic conditioning. The course includes weight training, circuit training, cardiovascular and respiratory activity. Fall, Spring, Summer.

**PE 1121. Figure Control** The principles and concepts of exercise as related to enhancement of personal appearance. Fall, Spring.

**PE 1131. Aerobic Exercise** Basic conditioning involving continuous rhythmical movement. Individualized fitness programs are developed for each student. Fall, Spring.

**PE 1141. Beginning Rugby** Introduction to the basic skills, rules, and strategy of rugby. Fall.

**PE 1151. Ultimate Frisbee** This course is designed to introduce students to the basic knowl­edge of the rules, nature, techniques and strategies of ultimate Frisbee as well as provide the opportunity to develop personals skills essential for the game. Spring.

The bulletin can be accessed at <http://www.astate.edu/a/registrar/students/>

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