Understanding

Addictive

Thinking

Presented by Todd Clements M.D.

October 8, 2015

St. Bernard's Auditorium 505 E. Washington, Jonesboro 72401 8:00-12:00

Registration 8:00-8:30



Purpose: To work with addicts successfully one must understand how they think. Addictive thinking processes often appear very rational and acceptable on the surface, but when applied to life they are deceptive, destructive, and usually undermine success. These thinking patterns can easily fool family members, friends, naïve counselors, clergy, law enforcement, and even the addicts themselves.

This presentation covers material from the book "Addictive Thinking" by Abraham Twerski M.D., in addition to other resources, aimed at helping those who work with addicts to achieve more success in helping them stay out of future legal trouble, stay in recovery, and rebuild their lives.

Training Objectives:

- Identify how addicts view the world and their addiction(s)
- Examine how these thinking patterns are deceptive and destructive
- Learn how to help your clients develop and maintain happy and health sober lives
- 3 FREE CEU's for Mental Health Professionals
- Connecting community programs
- Education & Resources on TBI, PTSD, & Veteran Issues

<u>For more information & to register, please contact</u>: Mary Williams, 870-972-2624; mawilliams@astate.edu

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