Are you a Non-traditional Student?

Non-traditional students are:

Students 25 years or older,

Students returning to school after 5 years,

Students who are full-time working professionals,

Students who are married or single with a child/children,

Students who are veterans,

Students who commute 30 miles to and from the university,
CAMPUS CONTACTS

ASU Bookstore
870-972-2058
The bookstore provides textbook and course work material, digital books, book rental, general books and ASU apparel.

Career Services
870-972-3025
http://www.astate.edu/careers/
ASU Career Management Center is dedicated to helping students realize their career and life goals, and to providing quality services and programs.

Childhood Services
870-972-3055
http://www2.astate.edu/a/chs/

Counseling Services
870-972-2318
http://www2.astate.edu/student-affairs/counseling/
The Counseling center’s goal is to help students deal with their concerns before they develop into more serious problems. Come to the counseling center where we specialize in helping students perform better academically, cope with their emotions, or be more effective in their relationships with others.

Dining Services
870-680-4189
http://www.astate.edu/a/student-affairs/dining
Dining services provides affordable and convenient meal plans for commuter students and catering for ASU events.

Commuter students and those who live Collegiate Park Apartments, Red Wolf Den Apartments, and the Village have the option of purchasing a meal plan. All plans are available for these students; however, the Voluntary Meal Plans (VMPs) are available only to these students.

VMP options for 2011/2012
Plan 1: 80 Block meals + $100 flex = $575.00
Plan 2: 50 Block meals + $75 flex = $380.00
Plan 3: 25 Block meals + $75 flex = $230.00

Flex Dollars operates like a declining balance account that can be used at any of our dining venues, including Acansa Dining Hall, the Food Court, the Campus Store, Starbucks, and Simply to Go. Flex is tax-exempt, offering a savings of 8.5% in Craighead County. Customers may add up to $150.00 additional Flex Dollars per semester to any dining plan with a Flex feature.

Express Dollars is also a declining balance account that can be used at all our dining venues, as listed above. They can also be used in the ASU Bookstore and off campus at local retailers.

Visit the Residence Life office to purchase a Meal Plan. Meal Plans are billed to your student account, and then may be paid by cash or credit.

Disability Services
870-972-3964
http://www.astate.edu/a/student-affairs/disability/
Disability Services focuses on facilitating opportunities to stimulate and create a barrier free environment, eliminating academic, social, and physical obstacles which impede students' access to a higher education.
Financial Aid
870-972-2310
http://www.astate.edu/finaid/
Financial Aid office provides guidance through the financial aid/scholarship process.

Health Center
870-972-2054
http://www2.astate.edu/healthcare/
The Student Health Center has an array of medical services from treating minor illnesses & injuries to providing physical exams, immunizations, female exams (including pap smears), health education, and pre/post-test HIV Counseling (includes blood draw).

Housing
870-972-2042
http://www.astate.edu/a/student-affairs/residence-life/home/
Residence Life provides a safe, diverse, and well-maintained environment that complements and supports the academic mission of the University. We create a dynamic living/learning experience that promotes and inspires individuals to become empowered community members.

Information Technology Services (ITS)
870-972-3933
http://www.astate.edu/a/finance-admin/its
ITS provides general information regarding various application accounts (i.e.: Blackboard, Banner, E-Mail, Emergency Notifications). ITS has a list of software packages available for download or special pricing. We also provide various communication services offered to the University community (ie: Phones, Cellular, Long Distance, Network Lines).

Learning Support Center (Tutoring)
870-972-3451
http://www.astate.edu/a/university-college/lss/lsc/
LSC tutors are able to help students in almost all 1000- and 2000-level general education courses and some upper division core courses. Services are for students in ASU-Jonesboro courses only. The Learning Support Center is located on the first floor of Dean B. Ellis Library in Room 100. Enter through the Honors College/Learning Support Center entrance on the parking lot side of the library (across from the Education/Communications Building).

Library
870-972-2460
http://www.library.astate.edu/

Museum
870-972-2074
http://www.astate.edu/museum/
The Museum holds significant historic, archaeological, and natural history collections hailing primarily from the state of Arkansas. The Museum also hosts hands-on children’s exhibits.

Office of University Police
870-972-2093
http://www.astate.edu/a/student-affairs/police/

Parking Services
870-972-2945
http://www.astate.edu/parking/
Order parking permits online, general parking information on ASU campus.
Post Office
870-932-7192
Provides post office boxes, money orders and your general mailing needs

Student Support Services
870-972-2320
http://www.astate.edu/a/university-college/sss/
Student Support Services (SSS) is a comprehensive program designed to promote retention and academic success in college. SSS provides participants with academic and support services in a caring environment that seeks to ensure their successful completion of a baccalaureate degree at Arkansas State University. These services are FREE to participants and include tutoring, academic advising, counseling, mentoring, workshops, and cultural enrichment trips. To be considered for SSS you must meet eligibility requirements.

Wolf Recreation Center
870-972-3800
http://www.astate.edu/a/student-affairs/union/rec-center/
Fitness and wellness programs, Family Fun Nights where you can bring your children to participate in various events while you work out.
COMMUNITY RESOURCES

Counseling and Family therapy

Arkansas Counseling Assoc
- Counseling for adults and children
- Medicaid clinic only
Phone: (870) 268-8875

Better Life Counseling Center
- Pre-marital counseling
- Employee assistance program
- Parenting separately
- It's not my Fault (for children going through divorce)
Website: www.betterlife.org
Phone: 870-935-4673

Families, Inc. Services
- Couples Counseling
- Family Therapy
- Group Therapy
- Individual Therapy
- Mental Health Paraprofessional Intervention
- Play Therapy
- Psychiatric Services
- Psychological Evaluation
- School-Based Services
Website: www.familiesinc.net
Phone: 870.933.6886

Community Services

Hispanic Community Services, Inc
- gateway to socioeconomic success and total well being for the Hispanic community of Northeast Arkansas
Website: www.jhcsi.org
Phone: 870-931-1884

Department of Human Services

Department of Human Services
- Family services
- Children services (daycare, child abuse)
- Senior citizens
- Disabled Services
- Health services (Medicaid)
- Citizens in need (food stamps, shelter)
- Website: http://www.state.ar.us/dhs
Phone: 870-972-1732
Food Bank

Foodbank of NEA
Website: www.foodbankofnea.org
Phone: 870-932-3663
(see below for Jonesboro locations)

Helping Neighbors
900 West Monroe (entrance at Corner of Huntington and Vine)
Phone: 870-932-7298
10AM – 2PM. Monday through Thursday

Jonesboro First Baptist – Care Center
200 W. Matthews (Corner of Union and Matthews – Old Best Western Motel)
Phone: 870-932-1872
10AM – 1:15PM. Monday through Thursday
10AM – 11:45PM on Friday
Lunch Served Daily
Clothes Closet Available

Southwest Church Of Christ
1610 James Street (Located behind YMCA)
Phone: 870-932-9254
10AM – 2PM. Monday and Thursday

Community Service Center
911 Magnolia Road
Phone: 870-931-9434
9AM – 12PM. Monday & 4PM – 5PM
Wednesday **also by emergency

United Christian Fellowship Outreach
528 W. Monroe
Phone: 870-934-1077 or 243-7365
12PM – 1:30PM. Tuesday ONLY

First Assembly of God
1404 Stone Street
Phone: 870-932-3914
10AM – 2:30PM. Tuesday and Thursday

Temple Baptist Church
2405 Stadium Blvd
Phone: 870-935-7250
10AM – 2PM. 2nd Friday of every month
ONLY

Nettleton Baptist
4701 E. Nettleton
Phone: 870-932-4960
1:30PM – 3:30PM. 3rd Wednesday **also by emergency

Salvation Army
800 Cate Street
Phone: 870-932-3785
Food Assistance 9AM – 2PM. Tuesday and Thursday
5:30-PM 7days a week hot meal
Assistance Programs 10AM – 4PM
Shelter 5PM – 8AM. Monday through Saturday
5PM – 7PM Sunday

Christ Way United Methodist Church
3400 Stadium (behind Fletcher Dodge)
Phone: 870-882-5106 **by emergency

Victory General Baptist
1611 Duncan Road
Phone: 870-972-6018 **by emergency

Deliverance Family Worship
403 Scott Street
Phone: 870-931-5453
9AM – 3PM Tuesday and Thursday **by appointment only
Housing and Utility Assistance

Crowley Ridge Development Center
- Housing
- Weatherization
- Utility Assistance
- Food Pantry
- Substance Abuse Treatment
- Energy Conservation training
- Household budgeting training
- USDA Child Care Food Program
Website: www.crdcnea.org
Phone: 870-802-7107

Housing Authority
- Rental assistance
- Utilities
- Fill out application on-site; once application is filled you will talk to counselors on that day.
- Walk-in’s Monday – Thursday
Website: www.jurha.org
Phones: 870-935-9800

Pregnancy Programs

Pregnancy Resource Center
- Free and confidential pregnancy center offering information that is factual about the different options available
Website: www.jonesboroprc.com
Phone: 870-932-6644

PACES
- Help parents raise healthy children
- Young mother case management
- Peer-led parent education
- Support groups
Website: www.paces4parents.org
Phone: 870-932-1166

Transportation

JETS
- Transport around the city
- Around campus free with ASU I.D
Website: www.ridejets.com
Phone: 870-935-5387

City Cab Co.
- Transportation in the Jonesboro area
Phone: (870) 972-9722
Veterans
Arkansas Departments of Veterans Affairs
- Benefits and Services
- Health and Well-Being
- Burial and Memorials
Website: http://www.va.gov
Phone: 1-800-827-1000

Beck Pride Center
- Beck PRIDE Center is focused on Personal Rehabilitation, Individual Development and Education
Website: http://www2.astate.edu/cpi/beckpride/
Phone: 870-972-2624

Work Assistance
Workforce
- Unemployment services
- Job services
- Other departments onsite with different services
Website: www.arjoblink.arkansas.gov
Phone: 870-935-5594

People Source
- Job services
Phone: (870) 336-7800

Arkansas Rehabilitation
- Help get back those with disabilities into the workforce
- Retrain
- Help find jobs that goes with the disability
Website: www.ace.arkansas.gov/arRehabServices
Phone: 870-972-0025

Youth Programs
Head Start Serving Northeast Arkansas
- Non-Profit pre-school agency serving 558 children and their families.
Website: www.nwaheadstart.org
Phone: 870-931-1172

City Youth Ministries
- Meeting the physical, emotional, and spiritual needs of at-risk youth
- helping children through the delivery of spiritual, educational and recreational programs that develop personal responsibility and spiritual value
Website: www.cityyouthmin.com
Phone: 870-932-9398
Non-Traditional Student Services

STUDENT LOUNGE SUITE 2067

FOR MORE INFORMATION
CONTACT 870.680.4052
OR COME TO THE
MULTICULTURAL CENTER
SUITE 3003

ARE YOU A Non-Trad STUDENT?
- Students who are 25 years or older
- Students who did not enter college after high school
- Students who are married or single with children
- Students who commute 30 miles from the university
- Students who are working professionals