

## THE DEMANDING, PASSIVE STUDENT

No amount of time and energy given to these students is enough; they often seek to control your time and unconsciously believe that the amount of time they receive is a reflection of their worth. Frequently advice is met with a declaration of inadequacy or a "yeah, but" response.

### **DO:**

- Let them, as much as possible, make their own decisions.
- Set limits with them, e.g., "Excuse me, I need to attend to other things".

### **DON'T:**

- Let them use you as their only source of support.
- Get trapped into giving advice, "Why don't you, etc.?" This behavior often triggers our "parental" responses.

\* Adapted from: Helping the Emotionally Distressed Student. Organization of Counseling Center Directors in Higher Education; 1999