

**Arkansas State University  
Professional Education Faculty Vita**

**VALARIE L. HILSON**

**ACADEMIC DEGREES**

Arkansas State University, Jonesboro, Arkansas  
Specialist in Community College Teaching (SCCT)  
Emphasis: Community College Administration  
May 2008

Arkansas State University, Jonesboro, Arkansas  
Master of Science in Education (MSE)  
Emphasis: Physical Education  
December 2005

Arkansas State University, Jonesboro, Arkansas,  
Bachelor of Science in Education (BSE)  
Emphasis: Physical Education  
December 2003

**PROFESSIONAL EXPERIENCE**

Instructor, Department of Health, Physical Education, and Sport Sciences  
Arkansas State University, Jonesboro, Arkansas  
2005- Present

Physical Education Teacher/Coach,  
Wynne Jr. High School, Wynne, Arkansas  
2004-2005

Graduate Assistant, Department of Health, Physical Education, and Sport Sciences  
Arkansas State University, Jonesboro, Arkansas  
2004

**LIST OF ALL COURSES TAUGHT**

- PE 1002- Concepts of Fitness
- PE 1131- Aerobic Exercise
- PE 1411- Track & Field
- PE 1461- Archery
- PE 1601- Soccer
- PE 1611- Basketball
- PE 1621- Volleyball
- PE 3842- Theory and Practice of Teaching Leisure Sports
- PE 4703- Adaptive Physical Education and Sport
- PE 4842- Theory and Practice of Coaching Track and Field
- HLTH 2513- Principles of Personal Health

## **CREATIVE RESEARCH**

*Team Based Learning: Bank or Bust in the Facilitation of Student Engagement in the Community College Classroom.* (2008).

*An Investigation of Issues that Impact Northeast Arkansas Community Colleges.* (2007).

*The Power of Teamwork and Learning: A Perspective of Team-Based Learning in the Community College Classroom.* (2007).

*Incorporating Service into Learning: An Investigation of Service-Learning in Higher Education.* (2007).

*An Exploration of the Impact of Service on Learning.* (2007).

*Utilization of the VARK Learning Styles Inventory to Ascertain Student Learning Preferences.* (2006).

## **PRESENTATIONS AT LEARNED FORUMS**

- **State**

- Mooneyhan, A.B. & Hilson, V. L. (2010, November). *Integrating Math in Physical Education.* 2010 ArkAHPERD State Convention, Little Rock, AR.
- Hilson, V. L. & Mooneyhan, A.B. (2010, November). *A Survey of General Nutrition Knowledge of Students enrolled in an undergraduate Principles of Personal Health Course.* Poster session presented at the 2010 ArkAHPERD State Convention, Little Rock, AR.
- Hilson, V.L. (2009, November). *Incorporating Diversity into the Curriculum.* 2009 ArkAHPERD State Convention, Eureka Springs, AR.
- Hilson, V.L. (2008, November). *How to Cultivate Student Success.* 2008 ArkAHPERD State Convention, Little Rock, AR.
- Hilson, V.L. (2007, November). *Incorporating Service into Learning.* 2007 ArkAHPERD State Convention, Eureka Springs, AR.
- Hilson, V.L. (2006, November). *Instituting a Fitness Walking Program for grades 5-8.* 2006 ArkAHPERD State Convention, Hot Springs, AR.
- Hilson, V.L. (2005, November). *Officiating 101: How to Become a Successful Sports Official.* 2005 ArkAHPERD State Convention, Eureka Springs, AR.

- **Local**

- Hilson, V.L. (2012, October). *Capstone Narrative.* Presentation for ED Leadership Graduate Faculty: Cohort XIX, Arkansas State University, Jonesboro, AR
- Hilson, V.L. (2012, October). *Preparing for College.* Presentation for AAMEN/CYM participants: First Baptist Church, Jonesboro, AR
- Hilson, V.L. (2012, April). *Morocco.* Seminar Presentation for ELAD 8343: Cohort XIX, Arkansas State University, Jonesboro, AR
- Hilson, V.L. (2011, December). *Faculty Perception of their Preparedness to Deliver Web Accessible Online Instruction to*

- Students with Disabilities*. Seminar Presentation for ELFN 8773: Cohort XIX, Arkansas State University, Jonesboro, AR.
- Hilson, V.L. (2011, September). *Research Instruments*. Seminar Presentation for ELFN 8773: Cohort XIX, Arkansas State University, Jonesboro, AR
  - Hilson, V.L. (2011, June). *Agenda Construction*. Seminar Presentation for ELAD 8203: Cohort XIX, Arkansas State University, Jonesboro, AR.
  - Hilson, V.L. (2011, March). *Language and Culture*. Seminar Presentation for ELFN 8763: Cohort XIX, Arkansas State University, Jonesboro, AR.
  - Hilson, V. L. (2010, October). *Conflict*. Seminar Presentation for ELAD 8043: Cohort XIX, Arkansas State University, Jonesboro, AR.
  - Special Olympics, Area 7, Athletics Clinic, Arkansas State University Track Complex, Jonesboro, AR (Nov. 2009-Present).
  - Special Olympics, Area 7, Basketball Clinic, Arkansas State University, HPESS Complex, Jonesboro, AR (Feb. 2009-2012)
  - Special Olympics, Area 7, Athletics Clinic, Arkansas State University Track Complex, Jonesboro, AR (Nov. 2008).
  - Utilization of the VARK Learning Styles Inventory to Ascertain Student Learning Preferences. ELSE Semi Annual Conference, Jonesboro, AR (Dec. 2006).

## **SERVICE**

- **University**
  - Diversity and Affirmative Action (2006-2007)
- **College**
  - Unit Assessment Committee (2011-Present)
  - Diversity Committee
  - Faculty Affairs (2009)
- **Department**
  - Diversity Committee
  - Recruitment Committee
  - Faculty Search Committee
  - Physical Education Teacher Education (PETE)
  - Faculty Affairs (2006-2007)
- **Community**
  - Craighead County Local Council for the Prevention of Child Abuse and Neglect (2012- Present)
  - Special Olympics, Area 7, Training Director (2011-Present)
  - PACES Board Member (2011-Present)
  - Special Olympics, Area 7, Management Planning Committee (May 2008-Present)
  - Special Olympics, Area 7, Challenge Day. Jonesboro Human Development Center (September 2008-Present).
  - Special Olympics, Area 7, Bowling Tournaments. Jonesboro Bowling Center (November 2008-Present).
  - Special Olympics, Area 7 Games Track Official (2006-Present).
  - Baseball Coach, 8 year old Rookie National League-Devil Rays (2006).
  - Youth Leader for Fresh Waters Ministries (2005-2008).

- Assistant Girls Basketball Coach, City Stars (2005).
- Judge for City Team Youth Ministries talent show (2005).
- **Other**
  - Special Olympics Arkansas Leadership Conference, Conway, AR (August 3-5 2012).
  - Special Olympics, 2011 South Regional Conference, Branson, Missouri (October 7-9 2011).
  - Special Olympics, 2008 South Regional Conference, Shreveport, Louisiana (October 3-5, 2008).
  - AHPERD Southern District Conference, Chattanooga, Tennessee (2006).
  - Arkansas Department of Education Curriculum Revision, Health and Physical Education, Little Rock, Arkansas (July- December 2005).

**PROFESSIONAL MEMBERSHIPS (current)**

ArkAHPERD

AAHPERD

USATF

**HONORS**

Research Award, ArkAHPERD Convention, Eureka Springs, AR (Nov. 4, 2005)