

**Arkansas State University
Professional Education Faculty Vita**

VALARIE L. HILSON

ACADEMIC DEGREES

Arkansas State University, Jonesboro, Arkansas
Specialist in Community College Teaching (SCCT)
Emphasis: Community College Administration
May 2008

Arkansas State University, Jonesboro, Arkansas
Master of Science in Education (MSE)
Emphasis: Physical Education
December 2005

Arkansas State University, Jonesboro, Arkansas,
Bachelor of Science in Education (BSE)
Emphasis: Physical Education
December 2003

PROFESSIONAL EXPERIENCE

Instructor, Department of Health, Physical Education, and Sport Sciences
Arkansas State University, Jonesboro, Arkansas
2005- Present

Physical Education Teacher/Coach,
Wynne Jr. High School, Wynne, Arkansas
2004-2005

Graduate Assistant, Department of Health, Physical Education, and Sport Sciences
Arkansas State University, Jonesboro, Arkansas
2004

LIST OF ALL COURSES TAUGHT

- PE 1002- Concepts of Fitness
- PE 1131- Aerobic Exercise
- PE 1411- Track & Field
- PE 1461- Archery
- PE 1601- Soccer
- PE 1611- Basketball
- PE 1621- Volleyball
- PE 3842- Theory and Practice of Teaching Leisure Sports
- PE 4703- Adaptive Physical Education and Sport
- PE 4842- Theory and Practice of Coaching Track and Field
- HLTH 2513- Principles of Personal Health

CREATIVE RESEARCH

Team Based Learning: Bank or Bust in the Facilitation of Student Engagement in the Community College Classroom. (2008).

An Investigation of Issues that Impact Northeast Arkansas Community Colleges. (2007).

The Power of Teamwork and Learning: A Perspective of Team-Based Learning in the Community College Classroom. (2007).

Incorporating Service into Learning: An Investigation of Service-Learning in Higher Education. (2007).

An Exploration of the Impact of Service on Learning. (2007).

Utilization of the VARK Learning Styles Inventory to Ascertain Student Learning Preferences. (2006).

PRESENTATIONS AT LEARNED FORUMS

- **State**

- Mooneyhan, A.B. & Hilson, V. L. (2010, November). *Integrating Math in Physical Education.* 2010 ArkAHPERD State Convention, Little Rock, AR.
- Hilson, V. L. & Mooneyhan, A.B. (2010, November). *A Survey of General Nutrition Knowledge of Students enrolled in an undergraduate Principles of Personal Health Course.* Poster session presented at the 2010 ArkAHPERD State Convention, Little Rock, AR.
- Hilson, V.L. (2009, November). *Incorporating Diversity into the Curriculum.* 2009 ArkAHPERD State Convention, Eureka Springs, AR.
- Hilson, V.L. (2008, November). *How to Cultivate Student Success.* 2008 ArkAHPERD State Convention, Little Rock, AR.
- Hilson, V.L. (2007, November). *Incorporating Service into Learning.* 2007 ArkAHPERD State Convention, Eureka Springs, AR.
- Hilson, V.L. (2006, November). *Instituting a Fitness Walking Program for grades 5-8.* 2006 ArkAHPERD State Convention, Hot Springs, AR.
- Hilson, V.L. (2005, November). *Officiating 101: How to Become a Successful Sports Official.* 2005 ArkAHPERD State Convention, Eureka Springs, AR.

- **Local**

- Hilson, V.L. (2012, October). *Capstone Narrative.* Presentation for ED Leadership Graduate Faculty: Cohort XIX, Arkansas State University, Jonesboro, AR
- Hilson, V.L. (2012, October). *Preparing for College.* Presentation for AAMEN/CYM participants: First Baptist Church, Jonesboro, AR
- Hilson, V.L. (2012, April). *Morocco.* Seminar Presentation for ELAD 8343: Cohort XIX, Arkansas State University, Jonesboro, AR
- Hilson, V.L. (2011, December). *Faculty Perception of their Preparedness to Deliver Web Accessible Online Instruction to*

- Students with Disabilities*. Seminar Presentation for ELFN 8773: Cohort XIX, Arkansas State University, Jonesboro, AR.
- Hilson, V.L. (2011, September). *Research Instruments*. Seminar Presentation for ELFN 8773: Cohort XIX, Arkansas State University, Jonesboro, AR
 - Hilson, V.L. (2011, June). *Agenda Construction*. Seminar Presentation for ELAD 8203: Cohort XIX, Arkansas State University, Jonesboro, AR.
 - Hilson, V.L. (2011, March). *Language and Culture*. Seminar Presentation for ELFN 8763: Cohort XIX, Arkansas State University, Jonesboro, AR.
 - Hilson, V. L. (2010, October). *Conflict*. Seminar Presentation for ELAD 8043: Cohort XIX, Arkansas State University, Jonesboro, AR.
 - Special Olympics, Area 7, Athletics Clinic, Arkansas State University Track Complex, Jonesboro, AR (Nov. 2009-Present).
 - Special Olympics, Area 7, Basketball Clinic, Arkansas State University, HPESS Complex, Jonesboro, AR (Feb. 2009-2012)
 - Special Olympics, Area 7, Athletics Clinic, Arkansas State University Track Complex, Jonesboro, AR (Nov. 2008).
 - Utilization of the VARK Learning Styles Inventory to Ascertain Student Learning Preferences. ELSE Semi Annual Conference, Jonesboro, AR (Dec. 2006).

SERVICE

- **University**
 - Diversity and Affirmative Action (2006-2007)
- **College**
 - Unit Assessment Committee (2011-Present)
 - Diversity Committee
 - Faculty Affairs (2009)
- **Department**
 - Diversity Committee
 - Recruitment Committee
 - Faculty Search Committee
 - Physical Education Teacher Education (PETE)
 - Faculty Affairs (2006-2007)
- **Community**
 - Craighead County Local Council for the Prevention of Child Abuse and Neglect (2012- Present)
 - Special Olympics, Area 7, Training Director (2011-Present)
 - PACES Board Member (2011-Present)
 - Special Olympics, Area 7, Management Planning Committee (May 2008-Present)
 - Special Olympics, Area 7, Challenge Day. Jonesboro Human Development Center (September 2008-Present).
 - Special Olympics, Area 7, Bowling Tournaments. Jonesboro Bowling Center (November 2008-Present).
 - Special Olympics, Area 7 Games Track Official (2006-Present).
 - Baseball Coach, 8 year old Rookie National League-Devil Rays (2006).
 - Youth Leader for Fresh Waters Ministries (2005-2008).

- Assistant Girls Basketball Coach, City Stars (2005).
- Judge for City Team Youth Ministries talent show (2005).
- **Other**
 - Special Olympics Arkansas Leadership Conference, Conway, AR (August 3-5 2012).
 - Special Olympics, 2011 South Regional Conference, Branson, Missouri (October 7-9 2011).
 - Special Olympics, 2008 South Regional Conference, Shreveport, Louisiana (October 3-5, 2008).
 - AHPERD Southern District Conference, Chattanooga, Tennessee (2006).
 - Arkansas Department of Education Curriculum Revision, Health and Physical Education, Little Rock, Arkansas (July- December 2005).

PROFESSIONAL MEMBERSHIPS (current)

ArkAHPERD

AAHPERD

USATF

HONORS

Research Award, ArkAHPERD Convention, Eureka Springs, AR (Nov. 4, 2005)