

**Arkansas State University  
Professional Education Faculty Vita  
Blair Dean**

**ACADEMIC DEGREES**

- |         |  |      |
|---------|--|------|
| ▪ Ph.D. | University of Arkansas<br>Major: Kinesiology           | 2000 |
| ▪ M.S.E | Arkansas State University<br>Major: Physical Education | 1992 |
| ▪ B.S.E | Arkansas State University<br>Major: Physical Education | 1991 |

**PROFESSIONAL EXPERIENCE**

- Associate Professor of the Department of Health, Physical Education and Sport Sciences, Arkansas State University, Jonesboro, Arkansas (August, 2005 to present).
- Assistant Professor of the Department of Health, Physical Education and Sport Sciences, Arkansas State University, Jonesboro, Arkansas (August, 2000 to 2005).
- Instructor of the Department of Health, Physical Education, and Sport Sciences, Arkansas State University, Jonesboro, Arkansas (August, 1996 to 2000).
- Teacher, Jonesboro Public School District, Jonesboro, Arkansas, physical educator for grades 1-5, (August 1995-June 1996).
- Teacher, The Cathedral School, Little Rock, Arkansas, physical educator for grades K-6, (August 1992- June 1995).

**LIST OF ALL COURSES TAUGHT**

- Research Methods (*PE 6673*)
- University Supervisor for Physical Education Interns (*ED 4825*)
- Methods/Materials for Teaching Physical Education (*EDPE 5583*)
- Motor Skill Development (*PE 4663*)
- Rhythmical Activity for Elementary Physical Education (*PE 3823*)
- Theory and Practice of Teaching Leisure Sports (*PE 3842*)
- PE for Elementary Grades (*PE 3802*)
- First Aid and Safety (*H 2523*)
- Principals of Personal Health (*H 2513*)
- Concepts of Fitness (*PE 1002*)

**PUBLICATIONS**

▪ **Journal Articles**

1. Parkinson, D., Dean, B. (2010). Fit body: Children on the move. *Natural Awakenings*, 8, 14-15.
2. Dean, B. *Academotion: 100 Action-packed Activities for Teachers of Young Children* (2009). Dubuque, IA: Kendall Hunt.
3. Dean, B. Fit for life: An educator's call for raising the bar. *Community Health Care*, v 3, (1) 32-33. Summer 2007
4. Watkins, S., Dean, B. The face of fitness. *Occasions*, v 4, (6) 8-10, January 2007.
5. Dean, B. Integration through movement activities. *Teaching Elementary Physical Education*, v 16, (4) 17-19, July 2005.
6. Dean, B., Adams, T.M., & Comeau, M. The effect of a female physical educator's physical appearance on physical fitness knowledge and attitudes of junior high students. *The Physical Educator*, v 62, (1) 14-25, March 2005.

▪ **Other Publications**

7. Dean, B. Nutrition and Physical Activity Advisory committee (NPAAC): A guide for local school personnel (33). September 2004. The development of this document was coordinated by the Child Health Advisory Committee in support of Act 1220 and Healthy Arkansas.

**PRESENTATIONS AT LEARNED FORUMS (since 2004)**

▪ **National/International**

1. Raspberry, C., Cook, D., Dean, B. (2012, October 11). Evaluation of a School-based Asthma Management Program. Conference session presented at the American School Health Association Conference, San Antonio, TX.
2. Cheung, K., Dean, B. (2012, October 25). Mixed-Methods Evaluation in a School Setting: Challenges and Insights. Conference session presented at the American Evaluation Association, Minneapolis, MN.
3. Dean, B. (2010, March). *Academotion: Active approach to academic learning.* Workshop presented at the annual early childhood conference of the Michigan Association for the Education of Young Children, Grand Rapids, MI.
4. Dean, B. (2010, March). Move to Connect: This is your brain on exercise. MiAEYC Early Childhood Conference, Grand Rapids, MI.
5. Dean, B. *Academotion: Physical Activities for Teachers of Young Children.* AIESEP Specialist Symposium. September 24-26, 2009, Pensacola, FL.
6. Dean, B. Arkansas Youth Fitness. National Association for Health and Fitness Conference. Los, Angeles, CA. April 28, 2007
7. Dean, B. (2006, June). *New Dimensions in Movement and Fitness: Through Integration.* Athens Institute for Education and Research: 2nd International Conference on Physical

Education, Coaching and Health Fitness, Athens, Greece.

8. Dean, B. and Sibrava, A. New Dimensions in Movement and Fitness Through Integration. Share The Wealth Convention, Jekyll Island, GA, January 27-29, 2005.
9. Dean, B. New Ideas in Movement and Fitness for Elementary Physical Education. Hawaii International Conference on Education. Honolulu, Hawaii, January 3-6, 2004.

▪ **Regional**

1. Dean, B. (2011, January). Academotion: Active approach to academic learning. Conference session presented at the 62nd annual Southern Early Childhood Association conference, Savannah, GA.
2. Dean, B. and Mooneyhan, A. Southern District Association of Health, Physical Education, Recreation and Dance Convention. Kona, HI. June 19, 2008.
3. Dean, B. Women in Health: Cardio Concerns. Regional Health and Wellness Seminar. Eastern Shore, AL. April 11, 2008.
4. Dean, B. Catch the Physical Activity Epidemic. National Association of Junior Auxiliary Regional Conference. Memphis, TN. August 25, 2007.
5. Dean, B. Catch the Physical Activity Epidemic. National Association of Junior Auxiliary Regional Conference. Russellville, AR. September 8, 2007
6. Dean, B. Catch the Physical Activity Epidemic. National Association of Junior Auxiliary Regional Conference. Pearl, MS, September 29, 2007.
7. Dean, B. Catch the Physical Activity Epidemic. National Association of Junior Auxiliary Regional Conference. Hammond, LA, October 27, 2007.
8. Baine B., Farris, J., Dean, B., Graves, M., Stahura, K., Adams, T. and Stillwell, J. Body Mass Index and Fitness of Elementary and Middle School Age Children. Southern District of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Convention and Exposition. Little Rock, AR, March 3, 2005.

▪ **State**

1. Dean, B. Seven Habits of Highly Effective Physical Educators. Keynote Speaker. Physical Education Symposium. Sponsored by Arkansas Department of Education office of Coordinated School Health. June 17, 2010, Bauxite, AR.
2. Dean, B. Physical Education For the Next Generation. Physical Education Symposium. Sponsored by Arkansas Department of Education office of Coordinated School Health. June 17, 2010, Bauxite, AR.
3. Dean, B. Blue and You Fitness Challenge. Keynote Speaker. Little Rock, AR. June 30, 2009.
4. Dean, B. Health in Action. Arkansas Public Health Association Conference. Hot Springs, AR. May 8, 2008.

5. Dean, B. Travel to Wellness. Arkansas Children's Hospital Fitness Awards Banquet. Little Rock, AR. January 17, 2008
  6. Dean, B. Keep Arkansas Active. Governor's Council on Fitness Leadership Awards Banquet. Little Rock, AR. April 12, 2007.
  7. Dean, B. Get Up and Go. Arkansas Blue Cross and Blue Shield: Fitness Challenge. Little Rock, AR. February 22, 2007.
  8. Dean, B., and Harrell, T. Nutrition and Physical Education Recommendations. Arkansas Association of Health, Physical Education, Recreation and Dance (ArkAHPERD) Convention, Eureka Springs, AR. November 3, 2005.
  9. Hilson, V., Dean, B., Stillwell, J. and Adams, T. The Status of Physical Education in Arkansas Public Schools. ArkAHPERD Convention, Eureka Springs, AR, November 4, 2005.
  10. Dean, B. and J.L. Stillwell. Integration in Physical Education. Arkansas Childhood Obesity Conference, Little Rock, AR. August 10, 2004.
  11. Dean, B. Keynote Address. Little Rock School for the Blind Honors Banquet. Little Rock, AR. May 6 2004.
- **Local**
    1. Dean, B. Academotion. The 5<sup>th</sup> Annual NEA Health Education Conference. Arkansas State University, Jonesboro, AR. July 28, 2008.
    2. Dean, B. Childhood Obesity: Growing Concern. St. Bernard's Women's Advisory Council Meeting. Jonesboro, AR. November 7, 2007.
    3. Dean, B. Academotion. The 4<sup>th</sup> Annual NEA Health Education Conference. Arkansas State University, Jonesboro, AR. July 31, 2007.
    4. Dean, B. Getting Back to the Basics: Healthy Living. Healthy Families Coalition. St. Bernard's Auditorium, Jonesboro, AR. January 20, 2007.
    5. Dean, B. Save PE in School. Ridge Rider Athletic Club. YMCA, Jonesboro, AR. February 13, 2007.
    6. Dean, B. Millennium Folk Dancing. District IV Workshop, Arkansas State University, State University, AR, April 7, 2005.
    7. Dean, B. Rhythmical Activities for Young Children: Rocky. District IV Arkansas AHPERD. Jonesboro, AR, April 8, 2004.

#### **FUNDED GRANTS (since 2004)**

1. Dean, B. Collaborated with personnel from the Healthy Children's Coalition to prepare a grant proposal entitle, *Camp Ready, Set Go*. Arkansas Blue Cross Blue Shield/Blue and You Foundation. Funded, \$75,082.

2. Dean, B. (July 2004) Bonnie's Fit-ware, Inc. Funding amount, \$400.00 Software Site Computer License. Competitive Technology Grant. Elementary Physical Education Dictionary. Involvement: Grant writer and Principal Investigator.

## **SERVICE (since 2004)**

- **University**
  1. Institutional Review Board, 2007-2010
- **College**
  1. NCATE Standard V, 2008-present.
  2. Unit Assessment, 2007-present.
  3. Faculty Affairs Professional Education Standing Committee, 2005.
- **Department**
  1. Faculty Search, Sports Management Assistant Professor, 2005.
  2. Graduate Committee, 2005-2007.
  3. BSE Degree Coordinator/Director, 2005-present.
  4. Goals and Objectives Committee, 2004-2005.
  5. UCC, 2006-present.
  6. PRT, 2007-present
- **Community**
  1. Dean, B. Kids in the Kitchen. An after school health and fitness workshop. Coalition for Healthy Families. Health, Wellness and Environmental Studies Magnet School. Jonesboro, AR. February 4-8, 2008.
  2. Dean, B. Hillcrest Elementary School. Involvement: Taught third grade integrated physical activity lessons for math and language arts. Jonesboro, AR., August 12, 14 and 21, 2005.
  3. Dean, B. Souper Sunday Physical Activity Day. Healthy Children's Coalition. February 20, 2005.
  4. Dean, B. Integrating Physical Activity: After School Tutoring. Valley View Public School. Jonesboro, AR., October 11, 2005.
  5. Dean, B. Hillcrest Elementary School. Involvement: Taught first grade physical education. Jonesboro, AR, August 23-27, 2004.
- **Offices in State, Regional and National Professional Organizations**
  - A. **National**
    1. Dean, B. National Coalition for Promoting Physical Activity – State Chair, 2001-present.
    2. Dean, B. National Association for Health and Fitness – Member at Large; Southern District Committee, 2006-2008.
  - B. **Regional**
    1. Dean, B. Human Resources Committee Member for the Southern District of American Alliance for Health, Physical Education, Recreation and Dance, 2002—2005.
    2. Dean, B. Visibility Committee Member for the Southern District of American Alliance for Health, Physical Education, Recreation and Dance, 2005-2006.
  - C. **State**
    1. Dean, B. Governor's Council on Fitness – Chair, 2002-present.
    2. Dean, B. Elementary Physical Education – Chair: Arkansas Association for Health, Physical Education, Recreation and Dance, 2003-2005
    3. Dean, B. Arkansas Child Health Advisory Board – Chair Physical Activity Sub-Committee, 2002-2006.

4. Dean, B. Little Rock Marathon – Pace Director, 2004-2011.

#### **D. Local**

1. Dean, B. Water Park Task Force: Parks and Recreation, 2008-2011.
2. Dean, B. Coalition for Healthy Children – Chair Nutrition and Physical Activity Sub-Committee, 2004-2011.
3. Dean, B. Jonesboro Parks and Recreation Advisory Board – Chair, 2005-2011.
4. Dean, B. Hillcrest Elementary School: Jonesboro Public School. PATHS committee member: Chair End of the Year Festival, 2005.

#### **PROFESSIONAL MEMBERSHIPS (current)**

1. Arkansas Association for Health, Physical Education, Recreation, & Dance
2. American Alliance for Health, Physical Education, Recreation, and Dance
3. National Association for Health and Fitness
4. National Recreation and Parks Association

#### **HONORS (since 2005)**

1. Dean, B. Arkansas State University, College of Education Award for Excellence in Service. August 19, 2010
2. Dean, B. Arkansas Association for Health, Physical Education, Recreation and Dance Honor Award for Outstanding Leadership. November 4, 2009.
3. Dean, B. Outstanding Individual Leadership Award. Governor’s Council on Physical Fitness. March 17, 2005

#### **PRESENTATIONS AND PROFESSIONAL SERVICE ACTIVITIES TO GROUPS**

##### **▪ 2013**

1. Dean, B. (2013, June). Increased levels of physical activity for youth in public schools. Southeast Arkansas Education Service Cooperative Annual Health Luau Training, Monticello, AR.
2. Dean, B. (2013, June). Physical Activity Fuel Up to Play 60. Midwest Dairy Council Conference, Springdale, AR.

##### **▪ 2012**

1. Dean, B. (2012, September). Physical Activity Basic Training Principles. Coordinated School Health AmeriCorps Training Workshop, Monticello, AR.
2. Dean, B. (2012, August). Make and Take: Manipulatives for the Mind. Ozarks Unlimited Resource Educational Service Cooperative Early Childhood Education Conference, Harrison, AR.
3. Dean, B. (2012, July). Physical Education Activities. Great Arkansas Rivers Cooperative Childhood Education Conference, Forrest City, AR.

##### **▪ 2011**

1. Dean, B. (2011, August). Active approach to early childhood brain development. Ozark Unlimited Resource Educational Service Cooperative Early Childhood Education Training, Harrison, AR.
2. Dean, B. (2011, August). Seven habits of highly effective physical educators; take the dread out of physical fitness testing; z-ball and jump band skills for success. Southeast Arkansas Education Service Cooperative Annual Health Luau Training, Monticello, AR.
3. Dean, B. (2011, September). Physical activity basic training principles. Coordinated School Health Workshop, Monticello, AR.

▪ **2010**

1. Dean, B. (2010, February 26). *Full Throttle*. Keynote speaker at the Go Red for Women Banquet, Batesville, AR.
2. Dean, B. (2010, June). *Academotion: Active approach to academic learning*. Workshop presented at the Benton school district in-service conference, Benton, AR.
3. Dean, B. (2010, June). *Ten habits of highly effective physical educators*. Keynote address presented at the Physical Education Symposium, Bauxite, AR.
4. Dean, B. (2010, June). *Elementary movement activities*. Workshop presented at the Physical Education Symposium, Bauxite, AR.
5. Dean, B. (2010, August). *Academotion*. Workshop presented at the 40<sup>th</sup> Annual Statewide Early Childhood Education Conference, Jonesboro, AR.
6. Dean, B. (2010, August). *Best practices in physical education*. Workshop presented at the AmeriCorps Training Conference, Monticello, AR.
7. Dean, B. (2010, September). *Professional team building I*. Conference session presented at the annual future professional leadership development conference of the Southern District American Alliance for Health, Physical Education, Recreation and Dance, Johnson City, TN.
8. Dean, B. (2010, September). *Professional team building II*. Conference session presented at the annual future professional leadership development conference of the Southern District American Alliance for Health, Physical Education, Recreation and Dance, Johnson City, TN.
9. Dean, B. (2010, October). *Injury prevention and conflict resolution in physical education setting*. Workshop presented at the AmeriCorps Training Conference, Monticello, AR.
10. Dean, B. (2010, October). *Elementary physical education movement activities*. Workshop presented at 18<sup>th</sup> annual Southwest Georgia RESA Physical Education Conference, Camilla, GA.

▪ **2009**

1. Dean, B. *Academotion*. Great Rivers Educational Cooperative. West Helena, AR. May 13, 2009.

▪ **2008**

1. Dean, B. *Academotion*. T.K. Martin Center for Technology and Disability Conference. Starkville, MS. January 25, 2008.
2. Dean, B. *School Health Wellness*. Southwest Education Service Cooperative. Monticello, AR. June 4, 2008.
3. Dean, B. *Academotion*. Great Rivers Educational Cooperative. West Helena, AR. June 11, 2008.
4. Dean, B. *Academotion*. Tupelo School District. Tupelo, MS. June 26, 2008.
5. Dean, B. *Academotion*. Gravette School District. Gravette, AR. August 6, 2008.
6. Dean, B. *New Physical Education in School*. West Memphis School District. West Memphis, AR. August 13, 2008.

▪ **2007**

1. Dean, B. *Health Happens*. Arkansas River Education Service Cooperative. Pine Bluff, AR. June 4, 2007.
2. Dean, B. *Academotion*. Southwest Education Service Cooperative. Monticello, AR. June 5, 2007.
3. Dean, B. *Academotion*. Crowley's Ridge Service Cooperative. Harrisburg, AR. June 15, 2007.
4. Dean, B. *Academotion*. Lamar School District. Lamar, AR. July 17, 2007.

5. Dean, B. Academotion. South-Arkansas Cooperative. Hope, AR. July 30, 2007.
6. Dean, B. Academotion. Western Arkansas Education Service Cooperative. Alma, AR. August 2, 2007.
7. Dean, B. Academotion. Jonesboro Public School District. Jonesboro, AR. August 7, 2007.
8. Dean, B. Academotion. Great Rivers Educational Cooperative. West Helena, AR. December 12, 2007.

▪ **2006**

1. Dean, B. Curriculum Integration. Arkansas Public Health Association Conference. Hot Springs, AR. May 11, 2006.
2. Dean, B. Tutoring with a Twist. S.T.A.R.S Summer Leadership Training (Session 1 and Session 2). Ferndale, AR. May 31, 2006.
3. Dean, B. Movement Activities for Children II. Northeast Arkansas Educational Cooperative. Walnut Ridge, AR. June 5, 2006.
4. Dean, B. Movement Activities for Children II. Arkansas River Education Service Cooperative. PineBluff, AR. June 7, 2006.
5. Dean, B. Keynote Speaker: Worksite Wellness. Southeast Arkansas Education Service Center. Monticello, AR. June 9, 2006.
6. Dean, B. Movement Activities for Children II. South Central Service Cooperative. Camden, AR. June 13, 2006.
7. Dean, B. Movement Activities for Children II. Southwest Arkansas Education Cooperative. Hope, AR. June 15, 2006.
8. Dean, B. Movement Activities for Children II. Crowley's Ridge Educational Cooperative. Harrisburg, AR. July 17, 2006.
9. Dean, B. Movement Activities for Children II. Western Arkansas Cooperative. Alma, AR. July 27, 2006.

▪ **2005**

1. Dean, B. Movement Activities for Children. Benton School District. Benton, AR., April 22, 2005.
2. Dean, B. Let's Get Physical. ASU Childhood Services. Jonesboro, AR., April 23, 2005.
3. Dean, B. Let's Get Physical (Part2). ASU Childhood Services. Jonesboro, AR., April 23, 2005.
4. Dean, B. Oodles of Noodles. Great Arkansas Workout. Governor's Council on Physical Fitness. Little Rock, AR., May 3, 2005.
5. Dean, B. and Stillwell, J. Movement Activities for Children. DeQueen Education Co-op. Wickes, AR., June 15, 2005.
6. Dean, B. and Stillwell, J. Movement Activities for Children. South Central Education Co-op. Camden, AR., June 16, 2005.
7. Dean, B. and Stillwell, J. Movement Activities for Children. Southwest Arkansas Education Co-op. Southwest Arkansas Education Co-op. Hope, AR., June 20, 2005.
8. Dean, B. and Stillwell, J. Movement Activities for Children. Dawson Education Co-op. Malvern, AR., June 21, 2005.
9. Dean, B. and Stillwell, J. Movement Activities for Children. Southeast Arkansas Education Co-op. Monticello, AR., June 30, 2005.
10. Dean, B. and Stillwell, J. Movement Activities for Children. Northwest Arkansas Education Co-op. Farmington, AR., July 11, 2005.
11. Dean, B. and Stillwell, J. Movement Activities for Children. Harrison Education Co-op. Alpena, AR., July 20, 2005.
12. Dean, B. and Stillwell, J. Movement Activities for Children. Wilbur Mills Co-op. Beebe, AR., July 21, 2005.



13. Dean, B. Movement Activities for Children. Walnut Ridge Education Co-op. Walnut Ridge, AR., July 28, 2005.
14. Dean, B. and Stillwell, J. Movement Activities for Children. Arkansas River Education Co-op. Pine Bluff, AR., August 11, 2005.

▪ **2004**

1. Dean, B. Health Arkansas Initiative. Involvement: Consultant for developing an action plan for reducing obesity among Arkansas' low-income children on Medicaid. Arkansas Department of Health, Little Rock, AR, November 4, 2004.
2. Dean, B. and Farris, J. Focus on Health: Act 1220. Arkansas State University KASU Radio Show. Jonesboro, AR, September 24, 2004.
3. Dean, B. Increasing Learning through Movement Integration. Valley View Public Schools: Tutoring Program. Jonesboro, AR, October 19, 2004.
4. Dean, B. Secondary Physical Education Workshop. Little Rock Public School District, Little Rock, AR, August 12, 2004.
5. Dean, B. and Stillwell, J. Movement Activities for Children. Thirty-Fourth Annual Early Childhood Education Conference. Arkansas State University, Jonesboro, AR, August 11, 2004.
6. Dean, B. and Stillwell, J. Movement Activities for Children. Crowley's Ridge Education Cooperative. Harrisburg, AR, August 5, 2004.
7. Dean, B. and Stillwell, J. Movement Activities for Children. Dawson Education Cooperative. Malvern, AR, July 30, 2004.
8. Dean, B. and Stillwell, J. Movement Activities for Children. Southwest AR Education Cooperative. Texarkana, AR, July 29, 2004.
9. Dean, B. and Stillwell, J. Movement Activities for Children. Ozarks Unlimited Resources Cooperative. St Joy, AR, July 28, 2004.
10. Dean, B. and Stillwell, J. Movement Activities for Children. Northwest Education Service Cooperative. Springdale, AR, July 27, 2004.
11. Dean, B. and Stillwell, J. Movement Activities for Children. Northcentral Arkansas Education Service Center. Melbourne, AR, July 26, 2004.
12. Dean, B. and Stillwell, J. Movement Activities for Children. Arch Ford Education Service Cooperative. Plummerville, AR, May 10, 2004.
13. Dean, B. Keep Children Moving: Promoting Physical Activity throughout the Curriculum. Atlanta Georgia Public Schools. Atlanta, GA, May 3, 2004.
14. Dean, B. and Stillwell, J. Movement Activities for Children. Northeast Arkansas Education Cooperative. Walnut Ridge, AR, April 22, 2004.
15. Dean, B. Rhythmical Activities for Secondary Physical Education. Sheridan Public School. Sheridan, AR, March 8, 2004.