

CURRICULUM VITAE
Ashley B. Thrasher, EdD, LAT, ATC, CSCS
abthrasher@astate.edu

EDUCATION

Edd	Ball State University Adult, Higher, and Community Education Cognate: Biomechanics Research Area: Professional Socialization	Muncie, IN	2011-2014
MS	Western Michigan University Major: Exercise and Sports Medicine: Athletic Training	Kalamazoo, MI	2009-2011
BA	Anderson University Majors: Athletic Training and Biology	Anderson, IN	2005-2009

PROFESSIONAL TEACHING EXPERIENCE

Arkansas State University Assistant Professor		Jonesboro, AR	2014-present
<ul style="list-style-type: none">• AT 2311: Clinical Experience I• AT 2883: Foundations of Athletic Training• AT 3311: Clinical Experience III• AT 3731: Advanced Assessment of Athletic Injuries Lab• AT 3733: Advanced Assessment of Athletic Injuries• ES 3543: Fundamentals of Motion• ES 3633: Nutrition for Health, Sport, and Exercise• ES 3743: Research and Statistics in Exercise Science			
Arkansas State University Guest Lecturer		Jonesboro, AR	2014
<ul style="list-style-type: none">• HLTH 4643: Health Promotion Implementation and Evaluation			
Ball State University Instructor		Muncie, IN	2011 – 2014
<ul style="list-style-type: none">• AT 196: Introduction to Athletic Training Lab• AT 240: Prevention and Care of Musculoskeletal Injuries Lab• AT 371: Upper Extremity Orthopedic Evaluation in Athletic Training Lab• PFW 103: Walking			
Ball State University Teaching Assistant/Co-instructor		Muncie, IN	2011 – 2014
<ul style="list-style-type: none">• AT 196: Introduction to Athletic Training Lab• AT 340: Prevention and Care of Athletic Injuries Lab• AT 495: Medical and Pharmacological Aspect of Athletic Training Lab			

Ball State University Muncie, IN 2011 – 2014
Guest Lecturer

- AT 370: Lower Extremity Orthopedic Evaluation in Athletic Training
- AT 371: Upper Extremity Orthopedic Evaluation in Athletic Training
- AT 373: Therapeutic Exercise and Techniques in Athletic Training
- AT 374: Organization and Administration in Athletic Training
- AT 497: Clinical Decision Making in Athletic Training

Western Michigan University Kalamazoo, MI 2009-2011
Instructor

- HPER 3800: Foundations of Sports Injuries
- PEGN 1770: Health and Wellness: Wall Climbing
- PEGN 1630: Volleyball
- HPER 2950: Functional Anatomy and Biomechanics Lab

Western Michigan University Kalamazoo, MI 2010-2011
Teaching Assistant and Instructor

- HPER 2950: Functional Anatomy and Biomechanics

PROFESSIONAL CLINICAL EXPERIENCE

Western Michigan University Kalamazoo, MI 2009-2011
Athletic Trainer

- Provided orthopedic injury evaluation, treatments, and implemented rehabilitation plans for dancers, intramural and club athletes, and students at the recreation center.
- Provided on-site patient care during dance performances and intramural sporting events
- Served as Approved Clinical Instructor (ACI) for athletic training students

Martin High School Martin, MI 2009-2011
Part-time athletic trainer for Martin High School

- Provided patient care to middle school and high school athletics
- Communicated with athletes, coaches, athletic directors, and parents

Undergraduate Athletic Training Student

- **Anderson University** Anderson, IN 2005-2009
 - Anderson University NCAA Division III Sports Medicine Clinic, men's basketball, football
 - Athletic Training Student for Anderson High School
 - Completed internship with Central Indiana Orthopedics
- **American Chiropractic and Wellness** Anderson, IN 2008
 - Rehabilitation aide responsible for evaluation of patients and implementation and supervision of physical therapy exercises, therapeutic modalities, x-ray processing maintaining patient flow and a clean atmosphere
- **Columbus Destroyers Athletic Training Intern** Columbus, OH 2007
 - Athletic training student with professional Arena League football team

- Assisted certified athletic trainers with modalities, wound control, taping, injury prevention, injury evaluation and rehabilitation.
- **Mohican Sports Medicine Athletic Training Intern** Mt. Vernon, OH 2006-2007
 - Athletic training student observed certified athletic trainers and physical therapists in an outpatient clinical setting and also assisted in injury evaluation, administrative tasks, modalities, and injury prevention in a high school setting.

LICENSES AND CERTIFICATIONS

- BOC Certified Athletic Trainer (#2000000827) Current
- Licensed Athletic Trainer in the State of Arkansas (#661) Current
- National Strength and Conditioning Association Certified Strength and Conditioning Specialist (#201073110) Current
- American Heart Association Current
 - Basic Life Support for the Healthcare Provider (CPR and AED)
 - Basic Life Support and Heartsaver CPR Instructor

PROFESSIONAL AFFILIATIONS

- Southwest Athletic Trainers' Association, Member 2014 – present
- Arkansas Athletic Trainers' Association, Member 2014 – present
- National Strength and Conditioning Association, Member 2010 – present
- National Athletic Trainers' Association, Member 2008 – present
- Great Lakes Athletic Trainers' Association, Member 2008 – 2014
- Indiana Athletic Trainers' Association, Member 2008 – 2014

GRANTS

- Byrnes K, **Thrasher AB**. *Effects of subcutaneous adipose tissue on cooling rates of intramuscular tissue using various cold modalities*. Arkansas Student Undergraduate Research Fellowship. Role: Faculty mentor. Funded \$4000.
- Wheeler AA, **Thrasher AB**. *The effects of subcutaneous adipose tissue on cooling rates using ice immersion and commercial cold packs*. Arkansas State University Provost's Scholar Award Faculty Seed Grant. October, 2014. Role: Co-principal investigator. Funded \$4200
- Walker SE, **Thrasher AB**. *The Professional Socialization and Transition to Practice of Newly Certified Athletic Trainers*. Great Lakes Athletic Trainers' Association, September 2013. Role: Co-principle investigator. Funded \$712.66.
- **Thrasher AB**, Walker SE, Hankemeier DA. *The Professional Socialization of Graduate Assistant Athletic Trainers in Collegiate Setting*. Great Lakes Athletic Trainers' Association, March 2012. Role: Principal Investigator. Funded \$1494.
- **Thrasher AB**, Krasinski DJ. *The Effects of Pressure on Intramuscular Temperature during Continuous Ultrasound*. Western Michigan University Graduate Student Research Fund, October 2010. Role: Co-principle investigator. Funded \$1000.

PUBLICATIONS

Peer Reviewed Publications

- **Thrasher AB**, Walker SE, Hankemeier DA, Pitney WA. Supervising athletic trainers perceptions of professional preparation of graduate assistant athletic trainers in the collegiate setting. *Athletic Training Education Journal*. [Accepted].
- Mazerolle SM, Walker SE, **Thrasher AB**. Transition to practice initiative of post-professional athletic training programs. *Journal of Athletic Training*. [Accepted].
- Walker SE, Weidner TG, **Thrasher AB**. Small group standardized patient encounter improves athletic training students' psychosocial intervention and referral skills. *Athletic Training Education Journal*. [under review]
- **Thrasher AB**, Walker SE, Hankemeier DA, Pitney WA. Supervising athletic trainers perceptions of professional socialization of graduate assistant athletic trainers in the collegiate setting. *Journal of Athletic Training*. [Online early].
- Hankemeier DA, **Thrasher AB**. Relationship between the weight bearing lunge and non-weight bearing dorsiflexion range of motion. *Athletic Training and Sports Health Care*. 2014;6(3):128-134.
- Judge LW, Bellar D, Craig B, Gilreath E, Cappos S, **Thrasher A**. The influence of post activation potentiation on shot put performance of collegiate throwers. *Journal of Strength and Conditioning Research*. 2013. Publish Ahead of Print, DOI: 10.1519/JSC.0b013e3182a74488
- Krasinski DJ, **Thrasher AB**, Miller MG, Holcomb WR. Effects of transducer mass on intramuscular temperature during ultrasound treatments. *Journal of Sport Rehabilitation* 2013;22(4):296-300.
- Walker SE, **Thrasher AB**. Use of simulation to develop clinical skills: Part 1, low-fidelity simulators. *International Journal of Athletic Therapy and Training*. 2013. 18(2):20-23.
- Judge LW, Bellar D, **Thrasher AB**, Simon L, Hindawi OS, Wanless EA. A pilot study exploring the quadratic nature of the relationship of strength to performance among shot putters. *International Journal of Exercise and Science*. 2013;26(2):171-179.

Published Abstracts

- **Thrasher AB**, Walker SE, Hankemeier DA. Perceptions of professional socialization of graduate assistant athletic trainers in the collegiate setting. *Journal of Athletic Training*. 2014;49(3S):S-114. [National/Competitive].
- **Thrasher AB**, Walker SE, Hankemeier DA, Pitney WA. Supervising athletic trainers perceptions of professional socialization of graduate assistant athletic trainers in the collegiate setting. *Journal of Athletic Training*. 2013;48(3S):S-63. [National/Competitive].
- Walker SE, **Thrasher AB**. A Small group standardized patient encounter improves athletic training students' psychosocial intervention and referral skills. *Journal of Athletic Training*. 2013;48(3S):S-72. [National/Competitive].
- Hankemeier DA, **Thrasher AB**. Relationship between weight bearing lunge and non-weight bearing dorsiflexion range of motion measures. *Journal of Athletic Training*. 2013;48(3S):S-207. [National/Competitive].

- Krasinski DJ, **Thrasher AB**, Miller MG, Holcomb WR. Effects of applied pressure on intramuscular temperature during ultrasound treatments. *Journal of Athletic Training*. 2013;48(3S):S-246. [National/Competitive].
- **Thrasher AB**, Walker SE. Utilizing simulations to teach acute care of injuries and illnesses. *Athletic Training Education Journal*. 2013;8(1S); S17. [National/Competitive].

PRESENTATIONS

National

- **Thrasher AB**, Walker SE, Hankemeier DA. Perceptions of professional socialization of graduate assistant athletic trainers in the collegiate setting. 2014 NATA Annual Meeting and Clinical Symposium, Free Communications Oral Presentation, June 26, 2014.
- **Thrasher AB**, Walker SE, Hankemeier DA, Pitney WA. Supervising athletic trainers perceptions of professional socialization of graduate assistant athletic trainers in the collegiate setting. 2013 NATA Annual Meeting and Clinical Symposium, Free Communications Oral Presentation, June 27, 2013.
- Hankemeier DA, **Thrasher AB**. Relationship between weight bearing lunge and non-weight bearing dorsiflexion range of motion measures. 2013 NATA Annual Meeting and Clinical Symposium, Poster Presentation, June 27, 2013.
- Krasinski DJ, **Thrasher AB**, Miller MG, Holcomb WR. Effects of applied pressure on intramuscular temperature during ultrasound treatments. 2013 NATA Annual Meeting and Clinical Symposium, Poster Presentation, June 27, 2013.
- Walker SE, **Thrasher AB**. A Small group standardized patient encounter improves athletic training students' psychosocial intervention and referral skills. 2013 NATA Annual Meeting and Clinical Symposium, Free Communications Oral Presentation, June 25, 2013.
- **Thrasher AB**, Walker SE. Utilizing simulations to teach acute care of injuries and illnesses. 2013 NATA Athletic Training Educators' Conference, Dallas, TX, Poster Presentation, January 12, 2013.

Regional/State

- **Thrasher AB**, Walker SE, Hankemeier DA. Perceptions of professional socialization of graduate assistant athletic trainers in the collegiate setting, Great Lake Athletic Trainers' Association, Great Lake Athletic Trainers' Association Annual Meeting, Wheeling, IL, Oral Presentation, March 13, 2014.
- **Thrasher AB**, Walker SE, Hankemeier DA, Pitney WA. Supervising athletic trainers' perspectives on the professional socialization of graduate assistant athletic trainers in the collegiate setting, Great Lake Athletic Trainers' Association, Great Lake Athletic Trainers' Association Annual Meeting, Wheeling, IL, Oral Presentation, March 15, 2013.

PROFESSIONAL SERVICE

- Arkansas State University Athletic Training Club Co-faculty advisor 2014 – present
- Indiana Athletic Trainers' Association Education Committee 2013 – present
- Article Reviewer
Athletic Training Education Journal 2014 – present

- | | |
|-----------------------------------------------------------------------------------|----------------|
| Journal of Athletic Training | 2013 – present |
| • Ball State University AHCE Doctoral Student Advisory Group | 2013-2014 |
| • Great Lakes Athletic Trainers' Association Young Professionals Round Table | 2013, 2014 |
| • Indiana Athletic Trainers' Association Student Quiz Bowl Skills Challenge Judge | 2013 |

VOLUNTEER and TOURNAMENT EXPERIENCE

- | | |
|------------------------------------------------------------|------------|
| • Ball State University Chase Charlie 5k | 2013 |
| • Camp for the Visually Impaired | 2011 |
| • United States Tennis Association National Championship | 2009, 2010 |
| • Kalamazoo College Green Hornet Volleyball Invitational | 2010 |
| • Rocket Football | 2009, 2010 |
| • Kalamazoo Invitational Soccer Showcase | 2010 |
| • American Red Cross Blood Drive | 2005-2008 |
| • Indiana State Wrestling Association Wrestling Tournament | 2008 |
| • Fishers Halloween Classic | 2006 |

CONTINUING EDUCATION

- | | |
|-------------------------------------------------------------------------------------------------|------|
| • National Athletic Trainers' Association Annual Meeting & Clinical Symposium, Indianapolis, IN | 2014 |
| • Great Lakes Athletic Trainers' Association Annual Meeting & Clinical Symposium, Wheeling, IL | 2014 |
| • Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN | 2013 |
| • National Athletic Trainers' Association Annual Meeting & Clinical Symposium, Las Vegas, NV | 2013 |
| • Great Lakes Athletic Trainers' Association Annual Meeting & Clinical Symposium, Wheeling, IL | 2013 |
| • National Athletic Trainers' Association Educator's Conference, Dallas, TX | 2013 |
| • Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN | 2012 |
| • Great Lakes Athletic Trainers' Association Annual Meeting & Clinical Symposium, Wheeling, IL | 2012 |
| • Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN | 2011 |
| • Indiana Athletic Trainers' Association Fall Symposium, Indianapolis, IN | 2008 |

COMMUNITY SERVICE

- | | |
|------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|
| • Short term mission trip to Ukraine | 2000, 2003-2006, 2008, 2010 |
| • Collaborated with members of Grace Church in Brovary, Ukraine to teach English classes and planned and executed adventure camps for children | |
| • Short term mission trip to Belize | 2006 |
| • Worked with members of local churches to construct church buildings | |

HONORS AND AWARDS

- | |
|-----------------------------------------------------------------------------------------|
| • 2013 Great Lakes Athletic Trainers' Association Living Memorial Scholarship Recipient |
|-----------------------------------------------------------------------------------------|