



Fall 2016

A-State PT Buizz

Volume 7, Issue 7

Arkansas State University, Department of Physical Therapy

IN THE SPOTLIGHT

A-State PTA Program Celebrates 20 years!

In conjunction with the 6th Annual PTA Alumni Day, the Physical Therapist Assistant Program at A-State celebrated its 20th anniversary on Saturday, October 15th. Approximately 65 participants attended a day full of activities including free CEUs presented by Rhonda Boeckman, PTA. A cake & punch reception was held as well as a tailgate party preceding the A-State Homecoming football game.

The PTA Class of 2017 organized a food drive to support the campus food pantry as a part of the National PT Day of Caring. The students asked the attendees to donate non-perishable food in lieu of paying a registration fee for the CEUs. A total of 245.2 pounds of food was collected at this event!



PTA Class of 2017 students (left to right): Fiona Dudley, Mel Singh, Jonathan Hamilton, Robby Elliott, Tom Nichols, and Carissa Cook



(Pictured above: Brian Lewis and Becky Keith, PTA Director)

OPTimize 2016

The second annual OPTimize Conference & Exhibition was held September 24 & 25, 2016 put on by the Arkansas Physical Therapy Association in Little Rock, Arkansas.

The Kerry Williams Memorial PTA Award for the state of Arkansas was bestowed on Brian Lewis, PTA, in recognition of his contributions to the profession at PAC the Night Away. Brian graduated from our PTA program in 2005 and has worked at NEA Baptist Clinic Physical Therapy since his graduation. Brian practices primarily in the outpatient setting and focuses on manual therapy with a whole-body approach. He also earned the PTA Recognition of Advanced Proficiency in Musculoskeletal PT in 2012. Brian was the first A-State alumnus to receive this recognition from the APTA!

Brian has served as a clinical instructor for A-State and Ball State since 2006. He also serves as a member of the PTA Advisory Committee. Brian participates in many community service activities including the annual United Way Day of Caring, food drives for the Food Bank, and fundraising for Miracle League. In addition, Brian is an active fundraiser for the Harrisburg Chamber of Commerce. In his spare time, Brian enjoys golf, running, and taking care of his cows. The Department of Physical Therapy thanks Brian for the support he has given us, the university, and the community!

PTA Caucus Report:

If you haven't already heard, during the ArPTA Business Meeting the motion to extend a full vote for physical therapist assistants was passed. PTA Caucus Rep Zan Jackson was instrumental in getting this bylaw change made and we thank her for her service. Zan is stepping down as PTA Caucus Rep to focus on her family and clinic. Sherry Bell has been appointed by President Bo Renshaw to fulfill the remainder of Zan's term.

ArPTA SSIG Elections:

The Student Special Interest Group held their first statewide elections at OPTimize 2016. The SSIG began at the University of Central Arkansas but now has members in all 4 DPT programs in the state and, for the first time ever, now has leadership from outside UCA. The new SSIG Chair is Scott Van Camp who is attending UAMS NW Campus. Also, Angela Lewis, PTA, SPT, was elected as Director, who is attending Arkansas State University.

Continuing Education at A-State

Recently, former A-State faculty member Staffan Elgelid, PT, PhD, GCFP, RYT-500, C-IAYT returned to present a CEU entitled Yoga in Physical Therapy about incorporating the essence of yoga into what we already do in Physical Therapy. PTSA sponsored the program and attendees greatly enjoyed the program.

Rhonda Boeckman, PTA, former student of Dean Hanrahan, presented Movement Patterns in the Geriatric Patient to both the current PTA and DPT students, as well as to the PTA Alumni in conjunction with PTA Alumni day.

Thanks to all those who have attended or assisted with the Clinical Education Seminars held at our A-State Jonesboro Campus!

UPCOMING CEU: Kinesio Taping Fundamental Concepts, Advanced Concepts and Corrective Techniques (KT 1 & 2) Toward Certification, February 24-25, 2017. [See the brochure >>>](#) or email Kristie Vinson at kvinson@astate.edu for further details.



(Above: Dr. Susan Hanrahan, Dean of the College of Nursing & Health Professions, Angela Lewis, and Dr. Roy Aldridge)

Scholarly Presentations

Roy Lee Aldridge, Jr., PT, Ed.D and Angela Lewis, PTA, SPT, CYI, gave a platform presentation, "Therapeutic Treatment of Veterans through Yoga," October 20th at the 2016 Annual Conference of the Association of Schools of Allied Health Professions in New Orleans, LA. Crystal Andrew, SPT and Lynda Nash, MSW, Director of the Beck PRIDE Center for America's Wounded Veterans were also authors on the presentation. The research presented demonstrated significant improvements in Veterans' physical function, self-efficacy, and disability through therapeutic yoga as compared to aerobic exercise. Research is ongoing and Veterans interested in participating may email Dr. Roy Aldridge at raldridge@astate.edu.



Keith's Research Analyzes Licensing Exam Results

Becky Keith, Associate Professor and Director of the Physical Therapist Assistant program, made a presentation at the American Physical Therapy Association Educational Leadership Conference in Phoenix. She discussed findings from her multi-year study on how including assessment of reading comprehension, as a component of students' application process for the physical therapist assistant program, positively impacts pass rates on their licensure examinations.

Hippotherapy Program Featured on A-State's Main Page



One of the unique services available through the Physical Therapy program is hippotherapy. This treatment utilizes work with horses and patients to connect and receive emotional help in addition to physical treatment through equine movement. It is also available to veterans through the Beck PRIDE Center.

The horse provides a base of support that aids in achieving control, balance, building endurance and other movement responses. Students have the opportunity to interact in actual sessions with patients involved in research with trained faculty members. All hippotherapy sessions are held at the Equine Center on campus. The hippotherapy program is under the supervision of Dr. Roy Aldridge, Professor of Physical Therapy. Anyone wishing to watch the video produced for this feature may do so at <https://vimeo.com/188842243>.



Introducing Dr. Treadwell

We would like to welcome Dr. Dartell Treadwell, Temporary Assistant Professor in Physical Therapy, who started with us this Fall 2016!

Dartell is happily married to his wife of 14 years and has 2 daughters and a son. He played college football at UT Martin and is a proud member of his 30-year membership with Omega Psi Phi. Dr. Treadwell also has a background in law enforcement and has served in the Marine Corp. He has a great sense of humor and we have greatly enjoyed his presence here this semester!

He is teaching Movement Science and Special Topics with a focus on Geriatrics this fall and will be teaching Fundamentals of Patient Care and assisting Dr. Shawn Drake in the spring with the Healthy Agers program. We are so happy he joined our team!

2016 Donors

Donations help us tremendously with the purchasing of equipment and needed supplies. They also help support our students in the way of scholarships and academic travel. We would like to give special thanks to the following for their donations to our program!

** The donations listed below were received between January 1, 2016 - December 7, 2016.*

Scoliosis Rehabilitation Therapy

Kathleen Foppiano

Physical Therapy Foundation Account

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The Arkansas State Physical Therapy Program would like you to consider providing a tax-deductible donation to the program. Having a healthy budget ensures the viability of the physical therapy program. Our goal is to achieve \$100,000 in the next 5 years and to date we have raised \$28,685. We have approximately 765 alumni. If each alumni gave \$50/year for the next 5 years, we would surpass this goal. We encourage each person to consider giving \$50/year. Donations enable us to provide scholarships to students, buy needed equipment for our labs and update classrooms, just to name a few things. Send us your ideas on what would have enhanced your experience if we had "more money" when you were a student! We would love to hear your ideas! Donations can be made by clicking the *Donate* button below. Please be sure to designate your donation to "Physical Therapy Program" or one of the programs listed in our donation section above.

[Donate to the Department of Physical Therapy](#)

THANK YOU FOR YOUR SUPPORT OVER THE PAST YEAR!!!

For more information on our Healthy Aged or Scoliosis programs, please contact Dr. Drake at sdrake@astate.edu.

For more information on our Hippotherapy program, please contact Dr. Aldridge at raldrige@astate.edu.

For more information on our PT programs and much more, come visit us at www.astate.edu/conhp/pt or call us at 870-972-3591

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