

## CURRICULUM VITA

### NAME:

Charlotte Fischer Young

### CREDENTIALS:

RN, MSN (Psychiatric Mental Health Nursing )Ph.D.  
Arkansas State Board of Nursing, Registered Nurse Licensure  
Certified in Meta Synthesis by Joanna Briggs Institute Australia

### CURRENT FACULTY APPOINTMENT:

Professor

### CURRENT AND PREVIOUS EXPERIENCE :

#### **Academic:**

Professor -- Arkansas State University  
Graduate and Undergraduate program

#### **Administrative:**

Coordinator : Student psychiatric nursing clinical experience 1994-2006

### EDUCATION:

<b>Syracuse University</b> Syracuse NY	<b>PhD</b>	Education Administration/ Higher and Adult Ed.	1985
Catholic University Washington D.C.	<b>MS</b>	Major: Psychiatric/Mental Health Nursing	1965
The Citadel Charleston SC		Courses in Diagnostic- Prescriptive Teaching	1971
Nursing	<b>BSN</b>	Major: Nursing	1961

#### Certifications:

**Certification** in Evidence Based Research: Qualitative Research Meta Synthesis /  
Systematic Review 2006 (issued by Johanna Briggs Institute, Australia.)

**Certification** in Smoking Cessation Counseling 2004

#### Post Doc Education

Completion of course in International Research Editing for Journals  
Sponsored by Cochrane Collaboration and National Institute of Health 2011

#### Post Doc Certificates

Certificate in Systematic Analysis from Johanna Briggs Inc. Australia 2013

## **AWARDS & HONORS:**

- 1) Decorated by US Army twice:
  - a) Army Commendation Medal: Participated in development of Alcohol and Drug Abuse Program: Three tracks of treatment models: Fort Drum NY and Walter Reed Medical Center. 1989
  - b) Army Commendation Medal (with oak leaf cluster): Development of Educational Skill Development Program/ Plan for entire General Hospital. Unit 331, Utica NY 1980
- 2) Awarded for “Excellence in Teaching” Sigma Theta Tau : Eta Theta Chapter 2000
- 3) Awarded as outstanding “Nurse Innovator” Arkansas State Nurses Association 2001
- 4) Inducted as member into Phi Kappa Phi Honorary Society as community member. 2003
- 5) Awarded for “Excellence in Scholarship/ Research: College Award from Arkansas State University 2005
- 6) Awarded for “Excellence in Scholarship/ Research: Sigma Theta Tau Honorary Society: Eta Theta Chapter 2005
- 7) Appointed to State Advisory Board for Family Psychiatric Mental Health Nursing (graduate school: UAMS) 2005
- 8) Appointed as nurse liaison to NE Arkansas (BioTerrorism) Mental Health Response Team. 2005
- 9) 2011 Appointed Honorary Editor for healthcare online e-journal in research.2012
- 10) 2012 Selected as Contributing Editor for the International Journal of Research in Nursing 2012

## **PUBLICATIONS:(2000-present)**

### **Books and Chapters:**

**Young, C. , Moore, J, and Thielen, Joyce, Z. (2003)** “Confusion: Chapter 45” Harkreader, Helen. Fundamentals of Nursing. Philadelphia: WB Saunders. p 1256-1287. (deals with assessment /differential diagnosis between Alzheimer’s, head trauma and other types of mental illness. )

### **Journals:**

#### **Refereed Publications:**

Accepted for publication - Young, C. and Skorga, P. (2013) Interventions for tobacco use prevention in indigenous youth. Public Health Nursing.

Skorga, P. and **Young, C.** (2013), Email for the Provision of Information on Disease Prevention and Health Promotion: A Cochrane Review Summary. Public Health Nursing, 30: 379–381. doi: 10.1111/phn.12035

Skorga, P. and **Young, C.** (2012). Immediate versus delayed reconstruction following surgery for breast cancer: Cochrane Nursing Care Summary. Nursing Network News Breast Cancer Care, 10: November, 15-17.

Skorga, P. and **Young, C.** (2012). Hip Protectors for Preventing Hip Fractures in Older People: A Review Summary. Clinical Nurse Specialist Journal, 26: (6), 308-309.

Young,C and Skorga, P. (2012) Formulating a Clinical Question: A review summary of Cochrane Systematic Review Clinical Nurse Specialist Journal 26 (4) 203-204.

**Young, C. and Skorga, P. (2011) Self–Monitoring and Self-Management of Oral Anti-coagulation: A review summary. (Cochrane Nursing Care Corner) International Journal of Evidence-Based Healthcare 9:76-77.**

**Young, C. and Skorga, P. (2011) Aspirin with or without an anti-emetic for migraine headaches in adults: A review summary of Cochrane Systematic Review International Journal of Healthcare. 9: 74-75**

**Young, C. . (2010) Systematic Shortcut to Student Success. International Journal of Evidence Based Health Care ( Journal of Joanna Briggs In.). 8: (3), 244.**

**Young, C. and Skorga, P. . (2010) Reduction versus abrupt cessation in smokers who want to quit: A review summary of Cochrane Systematic Review ( Cochrane Corner) Journal of Public Health Nursing 28;(Dec.). 54-56. (DOI: 101111 1525-14462010 do920)**

**Young, C. and Skorga, P.. (2010) The “Who” safe communities’ model for the prevention of injury in whole populations: A review summary. ( Cochrane Nursing Care Corner) Online Journal of Public Health Nursing 28: (1),51-53.**

**Young, C. and Skorga, P. . (2010) Reduction versus abrupt cessation in smokers who want to quit: A review summary of Cochrane Systematic Review ( Cochrane Corner) Online Journal of Public Health Nursing 28;(Dec.). 54-56. (DOI: 101111 1525-14462010 do920)**

**Young, C. and Persell , D . (2004) " Biological, Chemical and Nuclear Terrorism Readiness: major concerns and preparedness of future nurses." Disaster Management & Response 2, (4) Oct-Dec. p 109-114..**

***(Feature Article)***

Identifies disaster readiness of student nurses

Refereed Publication

(200 reprints requested. for July 7<sup>th</sup>..This article used to develop terrorism preparedness by World Conference on Terrorism: sponsored by Seventh Day Adventist Nursing Group , Arlington Va. 2005)

Stokes, E. , Gilbert-Palmer, D., Skorga, P., **Young,C.** and Persell, D. (2004) “Chemical Agents of Terrorism :Preparing Nurse Practitioners.” The Nurse Practitioner 29, (5) p 30-41.

Skorga, D., Arangie, P., **Young, C.** et al. (2002) “Preparing for Bioterrorism.” Nursing 2002 32, (2) February p. 37-45.

Identifies bio-terrorism agents/ PTSD and new psychological effects; gives ceu credits

Persell, D., Arangie, P., **Young, C.** et. al. (2001) "Preparing for Bioterrorism: Category A Agents." The Nurse Practitioner 26, (12) Dec. p 12-29.

(Chapter 45 pages ( 1256 through 1287).

Identifies bioterrorism agents ; gives ceu credits

## **PRESENTATIONS /PUBLICATION OF PROCEEDINGS**

**Young, C. and Skorga, P. (2012)** “Culminating Graduate Experience: Transforming Graduate Students”. Presented at AACN's 2012 Master's Education Conference, San Antonio, TX., March 1-3, 2012.

Young, C (2010) Poster. Leaping the Evidence-Practice Gap. Poster. 7<sup>th</sup> Biennial Joana Briggs Colloquium: Knowledge to Action: The Next Generation of Evidence Based Practice. UMDNS-SN and the Indiana Center for Evidence Based Practice (Poster) Chicago, Ill (Published Conference papers and Purdue Webpage)(First time Cochrane came to US)

Young C. (2009) “How the US defines priorities in healthcare.” Compressed video Conference: Cochrane Priority Review Group for the Nursing Care Field. Edinburgh Scotland, Barcelona Spain, and Jonesboro Arkansas

Young C. (2008) International Podium Presentation (Special Feature) . “ Bridging Learning Barriers: Student Nurses’ Perception of psychological aspects of care”. The Albuquerque Convention Center Albuquerque, New Mexico

Young, C and Nix, E. (2007) International Podium Presentation “. Learning Disaster Preparedness: A Journey from Fear to Quiet Competence” presented to The 18<sup>th</sup> International Nursing Research Congress Focusing on Evidence-Based Practice.

Young, C and Hartwig, M.” (2007) Regional Podium Presentation The Pyramid Model of Diabetic Self-Care in a Consulting Practice.” Presented to Arkansas State Nurses Association Council of Nurse Practitioners. (Use of motivational interviewing as a process within consultation)

Young, C. and Hartwig, M. (2007) Keynote Presentation. “The Diabetic Pyramid” Diabetes Back-to-School Conference sponsored by St Bernards’ Diabetic Management Center

Young, C (2006, May) Podium Presentation. “ Plague as a Biological Weapon”. St Bernard Counseling Center. Sponsored by Northeast Arkansas Bioterrorism Mental Health Rapid Response Team.

Young, C. (2006, July21) International Podium Presentation. “Emerging Trends: Barriers to Disaster Preparedness and the Human Element. Sponsored by International Sigma Theta Tau, Honor Society of Nursing. Montreal Canada.

Young, C. ( 2006 ) Podium Presentation “PTSD: New Clinical Guidelines” BSN Juniors Nurs 5533 Sponsored by ASU Dept of Nursing.

Young, C. (2006) Podium Presentation “The Role of the Support/ Monitor in Hazmat Situations” presented to the NE Arkansas Bioterrorism Mental Health Response Team . Sponsored by St. Bernard Behavioral Health Center. (Social Work CEU’s given)

Persell, D and Young, C. (2005) Podium Presentation “Biopharmaceuticals Utilized in Treating

Victims of Biological, Chemical and Nuclear Terrorism: Preparedness of Health Professionals of Arkansas.” “Grand Rounds“ Hosted by Arkansas Department of Health, Little Rock, Arkansas.

Young, C. Burcham, S. and Snow, M. (2005, Feb.) Podium Presentation “Shared Norms Related to No Smoke Restaurants in Jonesboro Arkansas”  
Hosted by The Northeast Arkansas Tobacco Free Coalition. Jonesboro, Arkansas

Young, C. and Persell, D. ( 2005 , April) Podium Presentation just confirmed “Bridging Invisible Barriers in Developing Terrorism/ Disaster Preparedness for Health Care Professionals..” Nursing Research and Future Outcomes . Hosted by Sigma Theta Tau International : Hawaii,. USA  
Abstract to be published in Proceeding

Young, C ( 2005, July 7<sup>th</sup>) Podium Presentation “Psychological Implications of Terrorism and Terrorism Preparedness for School Nurses” St. Bernard Medical Center and NorthEast Arkansas Bioterrorism Committee sponsors. St Bernard Auditorium,  
Presentation listed as Regional event.. First of its kind in Arkansas.

Young, C (2005, Nov. ) Podium Presentation. “Psychological Implications related to Hazmat disasters”. St Bernard Counseling Center . Sponsored by Northeast Arkansas Bioterrorism Mental Health Rapid Response Team

**Young, C.** and Persell, D. (2004, April) Podium Presentation. “ Phases of Professional Recovery from Terrorism.” Nursing Research and Future Outcomes . Hosted by Tri-Chapters Sigma Theta Tau International : Jonesboro , AR. USA

Persell, D and Young, C. (2004) Podium Presentation “Terrorism Preparedness For A New Generation of Health Care Providers” Global Health: Visions and Strategies: Third International Conference of the Post FIPSE-EU Consortium. Hosted by Washburn University: Topeka, Kansas. USA.

**Young, C.** and Skorga, P. ( 2004 , April) Podium Presentation “Rural Perceptions of Health and Health Care in the Delta.” Nursing Research and Future Outcomes . Hosted by Tri-Chapters Sigma Theta Tau International : Jonesboro , AR. USA Abstract published in Proceeding

Persell, D and Young, C. (2004, Nov) Podium Presentation “Disaster Care in BSN Education Three Years After 9/11” 2004 Baccalaureate Education Conference. Hosted by the American Association of Colleges of Nursing : Sunny Isles, Florida.

Persell, D and Young, C (2004) Podium Presentation "Caring for Victims of Terrorism: A Topic for the Curriculum" Education Summit: Excellence in Nursing Education . Hosted by National League for Nursing. Orlando, Florida.

Young, C. and Persell, D. (2004) Podium Presentation "Biological, Chemical and Nuclear Terrorism Readiness: Major Concerns of Future Nurses” Sigma Theta Tau: Eta Theta Chapter. Jonesboro, Arkansas.

Young, C. and Persell (2004) Podium Presentation “Biological, Chemical and Nuclear Terrorism Readiness of Health Professionals in Arkansas.” Hosted by Northeast Arkansas Bioterrorism Committee Jonesboro, Arkansas.

## **Community Service (2004-present)**

### **University:**

Appointed to the University Disaster Preparedness Committee  
University Curriculum Committee 2005-8  
Research Committee  
IRB (Human Subjects Protection Review Board)  
Curriculum Committee  
Committee to Develop minor in Disaster/ Terrorism Preparedness  
Committee to Develop Graduate Certificate in Alcohol and Drug  
Abuse Counseling

ABI (Arkansas Biosciences Institute)(Developed research related  
to tobacco cessation used with the ABI community  
and community coalition. 2008

### **College/ Department :**

College Curriculum Committee 2007-9  
BSN faculty 1994- 2008  
MSN faculty 1994- present  
Committee to develop Nursing Masters in Administration  
Committee to develop Doctoral program in Nurse Anesthesia 2009- 2010  
Search Committee : Anesthesia ( 2012-2013)  
Search Committee : Communication Disorder 2013

### **Nursing Organizations:**

American Nurses Association  
Arkansas State Nurses Association (ARNA)  
State Continuing Education Committee (Arkansas State Nurses Association 2004-5)  
NLN: Member  
Northeast Arkansas Family Nurse Practitioners 2008- present  
Cochrane Nursing Care Field 2004- present

### **Honorary Organizations**

Sigma Theta Tau: ( Eta Theta Tau)  
Web Master for Eta Theta Web Site 1993-2009 <http://www.clt.astate.edu/stt>  
Research Selection Committee: Abstracts for Research Day 2001  
Research Committee 2006- 2009  
Phi Kappa Phi: member 2005-present  
Phi Lambda Theta : member 1985-present

### **COMMUNITY 2009-2013**

St Bernard Behavioral Health Standards Committee :  
Using HCFA Pain Assessment Standards  
St Bernard Medical Center IRB Committee: Community Representative  
Speakers Bureau: NE Arkansas Public Health Department

**\*Appointed to Board of Advisors: Graduate Program in Psychiatric Mental Health Nursing University of Arkansas Medical Center 2004- 2010**

**Community Disaster and Research -Related Committees**

NE Arkansas Bioterrorism Mental Health Response Team 2003- 2009

Tobacco-Cessation Coalition for Environmental Health (research development) (2006)

**\*Consultation (Psychiatric Nursing Education and related to JACO policy ):**

#01 St. Bernard Behavioral Health ( 1994- 2009 )(2011-2013)

#02 Blytheville Baptist Hospital (95-2000 )

#03 Forrest City Baptist Hospital ( 1995 )

**\*INTERNATIONAL NURSING ORGANIZATIONAL WORK**

**Cochrane Nursing Care Field through present 2013**

**Cochrane Nursing Care Priority Review Group ( US Representative through 2012)**

**PROFESSIONAL PEER REVIEWS**

**\*August 2011 Appointed Honorary Editor for Online research e-journals  
numerous reviews done such as seen below: 2011-2013**

August 2011 Requested by Elsevier and main editor to review nursing research for the journal Nurse Educator Today

Ms. Ref. No.: NET-D-11-00275

Title: Development a comprehensive evidence-based evaluation scales for teaching effectiveness in nursing core curricula Nurse Education Today

August 2011 Requested by Elsevier and main editor to review nursing research for the journal Nurse Educator Today

Ms. Ref. No.: NET-D-11-00275

Title: Development a comprehensive evidence-based evaluation scales for teaching effectiveness in nursing core curricula Nurse Education Today