

Cathy L. Young, DNSc, FNP- BC
Family Nurse Practitioner

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EDUCATION

<u>Year</u>	<u>Institution – City, State</u>	<u>Degree/Major</u>
2002	University of Tennessee Memphis, Tennessee	Doctorate of Nurse Science
1994	University of Tennessee Memphis, Tennessee	Post Master’s Certificate
1992	University of Missouri Kansas City, Missouri	Masters of Science in Nursing
1989	Webster University St. Louis, Missouri	Bachelor of Science in Nursing
1981	Mississippi County Community College Blytheville, Arkansas	Associate Degree in Nursing

Additional Education/Certificates

American Nurses Credentialing Center (ANCC), Family Nurse Practitioner – 1995-2014

International Association of Forensic Nurses (IAFN), Sexual Assault Nurse Examiner, A – 2002-2007

National Certification of Gynecologic Reproductive Health, 2002 - 2007

PROFESSIONAL EXPERIENCE

<u>Year</u>	<u>Institution</u>	<u>Position/Title</u>
2011- present	Arkansas State University Jonesboro, Arkansas	FNP Coordinator
2012 – present	CR Doc 2700 W Kingshighway Paragould, AR 72450	Family Nurse Practitioner

2010-2011	Total Care 1005 South Crowley Road Crowley, Texas 76036	Family Nurse Practitioner
2009-2010	University of Texas at Arlington Student Health Center Arlington, Texas	Family Nurse Practitioner
2007-2009	Texas Tech University Health Sciences Center School of Nursing Lubbock, Texas	Associate Professor
2006	Southeast Missouri Hospital Regional Heart Center Cape Girardeau, Missouri	Advanced Practice Registered Nurse, Cardiac and Vascular Surgeons
1996-2006	Southeast Missouri State University Cape Girardeau, Missouri	Assistant Professor
1995-97	University of Missouri Columbia, Missouri	Clinical Preceptor
1995-96	University of Missouri Columbia, Missouri	Instructor of Clinical Nursing
1994-95	Rural Health Clinic Dexter, Missouri	Family Nurse Practitioner
1994-95	University of Missouri St. Louis, Missouri	Clinical Preceptor
1994-95	University of Tennessee Memphis, Tennessee	Clinical Preceptor
1993-94	Doctors Regional Medical Center Poplar Bluff, Missouri	Clinical Nurse Specialist
1994	University of Missouri St. Louis, Missouri	Instructor, Advanced Physical Assessment
1989-93	Three Rivers Community College Poplar Bluff, Missouri	Instructor
1989	Lucy Lee Hospital Poplar Bluff, Missouri	Supervisor of Surgical Services
1986-88	Southeast Hospital Cape Girardeau, Missouri	Utilization Review
1982-86	Twin Rivers Regional Medical Center Kennett, Missouri	Emergency Room Staff Nurse, Emergency Department

HONORS

Southeast Missouri State University

- Excellence in Practice Award – Sigma Theta Tau, Lambda Theta Chapter - 2003
- Service of the Year Award for the Department of Nursing and the College of Health and Human Services – 2001
- Faculty of the Year Award by Student Development – 2001
- Excellence in Community Service, Department of Nursing, Southeast Missouri State University – 2000
- Outstanding Service Provider, College of Health and Human Service, Southeast Missouri State University – 2000
- Served as a Member of Nurse Practitioner Delegation to South Africa – 2000
- Excellence in Community Service, Department of Nursing, Southeast Missouri State University – 1999
- Receipt of The University of Tennessee National Alumni Association Scholarship – 1999
- Nursing Honors, Webster University, St. Louis, Missouri – 1988
- Featured in Women in Business, *Daily American Republic* – 1994
- Inducted into Sigma Theta Tau – 1992

SCHOLARLY ACTIVITIES

Development of Graduate Nursing Programs.

1996	Wrote, developed and implemented the Family Nurse Practitioner track of the MSN in the Department of Nursing, Southeast Missouri State University
2012	Assisted in the development of the Doctor of Nursing Practice, Arkansas State University School of Nursing and Health Professions

Grants and Contracts

Funded Grants (as Principal or Co-Principal Investigator)

- 2007 **SON Seed Grant**, Study of body art. TTUHSC SON, Co-Investigator. Funded: \$2,000.00
- 2007 **SON Seed Grant**, Study of body piercing. TTUHSC SON, Co-Investigator. Funded: \$600.00

Southeast Missouri State University

- 2003 **Advance Education Nursing – Rural Linkages.** The Bureau of Health Professions, Department of Health & Human Services, Washington, D.C. Co-Investigator. Funded: \$750,000.
- 1996 **Southeast Missouri Rural Nurse Practitioner Program.** The Bureau of Health Professions, Department of Health & Human Services. Washington, D.C. Co-Investigator. Funded: \$679,000.
- 1995 Opened a Nursing Center on the campus of Moberly Community College, Moberly, MO. The Bureau of Health Profession, Department of Health & Human Services Washington, D.C. Funded (University of Missouri – Columbia) Funded: \$1,200,000.

Policy

- 1996 Testified before the Missouri Senate and House Rules Committee, Jefferson City, MO., on impact of House Bill 564, representing Family Nurse Practitioner Advanced Practice Role
- 1995 Testified before the Joint Board of Health Arts and Board of Nursing Hearings on Implementation of House Bill 564, St. Louis, MO

Practice

- 2012 - present Family Nurse Practitioner, CR Doc, Paragould, AR
- 2010-2011 Family Nurse Practitioner. Total Care Crowley, Texas
- 2009-2010 Family Nurse Practitioner. UT at Arlington, Arlington, Texas
- 2007-2009 Family Nurse Practitioner. Larry Combest Center, Lubbock, Texas
- 2003-2007 Family Nurse Practitioner. CR Doc, Paragould, Arkansas.
- 2002-03 Family Nurse Practitioner. Hornersville Medical Center, Hornersville, Missouri.
- 1996-2006 SAFE/SANE Provider. SEMO-NASV, Cape Girardeau, Missouri and Kennett, Missouri.
- 1996-2002 Family Nurse Practitioner. Center for Health and Counseling, Southeast Missouri State University, Cape Girardeau, Missouri
- 1995-96 Family Nurse Practitioner. Nursing Center, Moberly, Missouri.
- 1994-1996 Family Nurse Practitioner, Doctor's Hospital Rural Health Clinic, Dexter, MO

Dissertation

Barriers to reporting sexual assault. University of Tennessee, Memphis, Tennessee – 2002.

Publications

National/International Refereed Journals

Young, C, & Hogan, L. (accepted for publication). Recantation in child sexual abuse cases. *Journal of Forensic Nursing.*

Nelius, T., Armstrong, M., Rinard, K., Young, C., Hogan, L., & Angel, E. (2011). Genital piercings: Diagnostic and therapeutic implications for urologists. *Ambulatory and Office Urology*

78(5), 998-1008.

Hogan, L., Young, C., Gabbert, W., & Armstrong, M. (2011). Unique predisposing factors for male urinary tract infections. *Journal of the American Academy of Nurse Practitioners*, 23(10). 525-530.

Hogan, LaMicha, Katherine Rinard, Cathy Young, Alden E. Roberts, Myrna L. Armstrong, and Thomas Nelius. (2010). "A Cross-Sectional Study of Men With Genital Piercings." *British Journal of Medical Practitioners*, 3(2).

Rinard, K., Nelius, T. Hogan, L., Young, C., Roberts, A.E., Armstrong, M.L., (2010). Cross sectional study Examining Four Types of male penile and urethral "Play". *Urology* 76(6), 1326-1333.

Young, C. Armstrong, M, Roberts, A, & Mello, I. (2010). A Triad of Evidence For Care Of Women With Genital Piercings. *Journal of the American Academy of Nurse Practitioners*, 22(2), 70-80.

Young, C., & Armstrong, M. (2008). What nurses need to know when caring for women with genital piercings. *Nursing for Women's Health* 12(2) 130-137.

Young, C., & Jackson, E. (2007). The nurse's role in child sexual abuse: A learning activity for RN-BSN students. *Journal of Nursing Education*, 46(4), 196.

Morris, B., & Young, C. (2000). Emergency contraceptive. *American Journal of Nursing*, 100(9), 46-48.

Thornton, C.L., (September 1996) Nurse Practitioner in a Rural Health Clinic. *Nursing Clinics of North America* (Refereed)

Book Chapters

Young, C. (2010). Physical assessment of female and male genitalia and rectum and domestic violence. In J. Weber, *Nurses' Handbook of Health Assessment* (7th.), Philadelphia, PA: Lippincott Williams & Wilkins.

Young, C. (2010). Assessment of female genitalia, physical assessment of male genitalia, physical assessment of anus, rectum, and prostate and domestic violence. In J. Weber & J. Kelley, *Health Assessment in Nursing* (4th ed.), 109-123, 452-523. Philadelphia, PA: Lippincott Williams & Wilkins.

Young, C. (2007). Physical assessment of female and male genitalia and rectum and domestic violence. In J. Weber, *Nurses' Handbook of Health Assessment* (6th), 345-385 & 539-556. Philadelphia, PA: Lippincott Williams & Wilkins.

Young, C. (2006). Physical assessment of female genitalia, physical assessment of male genitalia, physical assessment of anus, rectum, and prostate and domestic violence. In J. Weber & J. Kelley, *Health Assessment in Nursing* (3rd ed.), 895-909. Philadelphia, PA: Lippincott Williams & Wilkins.

Young, C. (2004). Physical assessment of female and male genitalia and rectum. In J. Weber, *Nurses' Handbook of Health Assessment*, 296-316. Philadelphia, PA: Lippincott Williams & Wilkins.

Young, C. (2003). Physical assessment of female genitalia, physical assessment of male genitalia, and physical assessment of anus, rectum, and prostate. In J. Weber & J. Kelley, *Health Assessment in Nursing* (2nd ed), 411-495. Philadelphia, PA: Lippincott Williams & Wilkins.

State/District Nursing Publications

Thornton, C. (1993). *Rural Health Clinic Policy and Procedure Manual for Certification of Rural Health Clinics, 1*, 1-107.

Thornton, C. (1992). Missouri Department of Health. *Blood Pressure Screening Manual*, 1-22.

Editorials

Thornton, C. (1995). Advanced practice rules for HB564. *Arkansas Missouri Association of Nurse Practitioner Newsletter*.

Book Reviewer

Henderson, F. (1996). *The making of a nursing center*. Alcorn State University, Jackson, Mississippi. Natchez Printing.

Academic Presentations

International

All the king's horses and all the king's men couldn't put Humpty Dumpty back together again: The phenomenon of recantation in child sexual abuse. (Podium Presentation). 20th Annual Scientific Assembly, International Association of Forensic Nurses, Fajardo, Puerto Rico, October 10, 2012.

Male Penile/Urethral "Play" or "sounding". 20th World Congress for sexual health, Glasgow, United Kingdom-June 14, 2011.

Barriers to Reporting Sexual Assault/Abuse. International Association of Forensic Nurses, Minneapolis, Minnesota – October, 2002.

Smoking Cessation. American College Health Association, Toronto, Canada – June, 2000.

Contraception. American College Health Association, Toronto, Canada – June, 2000.

National

Separating Facts from Myths of Dietary supplements. (Accepted for podium Presentation). American Academy of Nurse Practitioners. Las Vegas, NV. June 2013.

Unique Predisposing factors for Male Urinary Tract Infections. American Academy of Nurse Practitioners. Orlando, Florida. June 2012

Caring for Women with Intimate Body Piercings. Nevada Association of Women's Health Obstetric and Neonatal Nurses. Reno, Nevada October 2009

Caring for Women with Intimate Body Piercings. California Association of Women's Health Obstetric and Neonatal Nurses. Sacramento, CA April 2009

Providing Health Care for women with genital Piercings. Drexel University Women's Health Conference: Bridging the Culture Gap: Challenges & Opportunities in Women's Health. Atlantic City, NJ. February 2009.

What Nurses Need to know when caring for women with genital piercings. Association of Women's Health Obstetric and Neonatal Nurses. Los Angeles, CA June 2008.

The Nurse's Role in Child Sexual Abuse: A Learning Activity for RN-BSN Students. 11th Annual Nursing and Health Professions Educator Conference, Evansville, Indiana – October, 2006.

Bacterial Vaginosis: Why Is It Important. American College Health Association, Philadelphia, Pennsylvania – June, 1999.

Regional/Local

Incidence Child Abuse, Exchange Club, Paragould, AR – April 2012

Family Violence during pregnancy. Texas Association of Women's Health Obstetric and Neonatal Nurse. Corpus Christi TX - October 2008

Women with genital piercings Are you ready to take care of them? Texas Association of Women's Health Obstetric and Neonatal Nurse Corpus Christi, TX – October, 2008

Women with Genital Piercings. Texas Association of Women Health Obstetric and Neonatal Nurses, San Antonio, TX – September 2007.

The ABC's of Child Abuse. Kennett Area Higher Educational Center, Kennett, Missouri – May, 2006.

Nursing! What was I Thinking? Missouri Area Higher Education Center Nursing Camp, Cape Girardeau, Missouri – July, 2005.

Assessment of the Ear. Sikeston Public School Nurses, Sikeston, Missouri – April, 2005.

Recognizing Signs and Symptoms of Sexual Abuse. Dunklin County School Nurses, Kennett, Missouri – April, 2005.

Understanding the Sexual Assault Forensic Examination. Children's Division and the Arkansas State Police, Jonesboro, Arkansas – November, 2004.

Violence Prevention. Child Abuse and Domestic Violence Conference, Poplar Bluff, Missouri – October, 2004.

Domestic Violence. Child Abuse and Domestic Violence Conference, Poplar Bluff, Missouri – October, 2004.

Sexual Abuse in Missouri. Partners Preventing Child Sexual Abuse, Jefferson City, Missouri – September, 2004.

Working with Victims, A Collaborative Effort. The Southeast Missouri Network Against Sexual Violence Training for Law Enforcement, Hayti, Missouri – August, 2004.

Working with Victims, A Collaborative Effort. The Southeast Missouri Network Against Sexual Violence Training for Law Enforcement, New Madrid, Missouri – August, 2004.

Differentiating Between Normal and Abnormal in the ENT Assessment. 8th Annual Health Issues of the School Age Child, Southeast Missouri Hospital, Cape Girardeau, Missouri – August, 2004.

National Health Service Corporation. Southeast Missouri Pre-Med, Cape Girardeau, Missouri – January, 2003.

Sexual Assault & Abuse. Community Counseling Center, Kennett, Missouri – October, 2002.

Physical Assessment of the Male & Female Genitalia. RNs, Poplar Bluff, Missouri – October, 2002.

Healthcare System in South Africa. Missouri Nurses Association, Cape Girardeau, Missouri – May, 2001.

Sexual Assault & Abuse. Sigma Theta Tau, Cape Girardeau, Missouri – October, 2000.

Vaginitis. Missouri Nurses Association Advanced Practice Nurses Special Interest Group, (MONA-APN-SIG), Jefferson City, Missouri – July, 2000.

I Think I Have Vaginitis....Now What? Missouri Nurses Association Advanced Practice Nurses Special Interest Group, (MONA-APN-SIG), Jefferson City, Missouri – July, 1999.

Historical Perspective of Advanced Practice Nurses. Southeast Missouri State University, Cape Girardeau, Missouri – November, 1998.

Posters

Arkansas State University

Young, C. (2012, [June]) *Unique predisposing factors for male urinary tract infections.* American Academy of Nurse Practitioners, Orlando, FL (June 2011).

TTUHSC

Young, C. (2008, [June]) *Health care needs of women with genital piercings*. American Academy of Nurse Practitioners, Washington, DC. (June 2008).

Southeast Missouri State University

Young, C. (1999, [June]). *Smoking cessation*. American College Health Associates, Philadelphia, Pennsylvania.

Media

Interviews

KFVS Television, Cape Girardeau, Missouri, Mike Shain: *Problem of Sexual Abuse* – 2000.

SERVICE

Professional

2013-present	<i>Volunteer at Church clinic, Paragould, AR</i>
2012-present	<i>Arkansas Nurses Association. Member</i>
2008 – 2011	<i>Nurse Practitioners in Women’s Health. Member</i>
2007- present	<i>Texas Nurses Association. Member</i>
2011- present	<i>American Academy of Nurse Practitioners</i>
1999-Present	<i>International Association of Forensic Nurses. Member</i>
1995-Present	<i>American Nurses Association. Member.</i>
1995-Present	<i>National Organization of Nurse Practitioner Faculty. Member.</i>
1995-2007	<i>Missouri Nurses Association. Member.</i>
2011-2012	<i>American College of Nurse Practitioners</i>

University

2012	Chair search committee for faculty for the Family Nurse Practitioner Option, College of Nursing and Health Professions, Arkansas State University
2008-2009	Co-Chair search committee for the Endowed Chair Women’s Health, TTUHSC
2008- 2009	Executive Council for the TTUHSC LWBIWH-Lubbock. Member
2007- 2009	TTUHSC Committee on Pharmaceutical Industry Policy
2001-2003	Southeast Missouri State University Traffic and Parking Committee

School of Nursing

2011-2012	Graduate Nursing Committee - member
2008-2009	SON Faculty and Clinical Services Committee - member
2008- 2009	SON Women’s Health Advisory Council. Co-Chair
2007-2008	Graduate Program Committee. Vice-Chair, Chair (2007-2008)
2007-2009	DNP Taskforce. Member
2007	By-Laws Revision Taskforce. Recording secretary.
2005-06	Department of Nursing Tenure and Promotion Committee. Southeast Missouri

- 2002-06 State University, Girardeau, Missouri. Member.
RN-BSN Nursing Advisory Council. Kennett Area Higher Education Center,
Kennett, Missouri. Member.
- 2000 Master of Science in Nursing Accreditation Committee. Southeast Missouri State
University, Girardeau, Missouri. Director of Family Nurse Practitioner Program.
- 1996-2000 Department Affairs Committee. Southeast Missouri State University. Member.
- 1996-2006 Family Nurse Practitioner Track, Master of Science in Nursing Program.
Southeast Missouri State University, Girardeau, Missouri. Coordinator.

Community

- 2012 Served as Expert witness on Child Recantation for Greene County Arkansas
Prosecuting Attorney
- 2007-2012 Served as Consultant for Police Investigators in Child Abuse Cases, review
pictures, files, etc.
- 2003-2007 Conducted Sexual Abuse Examinations on Children for State of Arkansas,
Testified in court and filed reports

ACADEMIC COURSES TAUGHT

Arkansas State University College of Nursing and Health Professions

Spring 2013

- NURS 6753 – FNP Synthesis Seminar
- NURS 6513 – FNP Clinical Management I
- NURS 6514 – FNP Clinical Management I Practicum

Fall 2012

- NURS 6013 – Advanced Clinical Pharmacology
- NURS 6613 – FNP Clinical Management II
- NURS 6614 – FNP Clinical Practicum II
- NURS 6023 – Advanced Health Assessment

Spring 2012

- NURS 6514 – FNP Clinical Management I Practicum
- NURS 6753 – FNP Synthesis Seminar
- NURS 6818 – FNP Clinical Synthesis

Fall 2011

- NURS 6013 – Advanced Clinical Pharmacology
- NURS 6613 – FNP Clinical Management II
- NURS 6614 – FNP Clinical Practicum II

Texas Tech University Health Sciences Center SON

- N5342 – *Advanced Health Assessment*. Texas Tech University Health Sciences Center. Summer 2007 & Spring, 2008 - Course Facilitator; Fall, 2007 to spring 2009 – faculty.
- N5301 – *Primary Care II*. Texas Tech University Health Sciences Center. Spring 2008& 2009. Faculty
- N5340 – *Primary Care I*. Texas Tech University Health Sciences Center. Fall 2007 & 2008. Faculty
- N5222 – *Diagnostic Methods*. Texas Tech University Health Sciences Center. Summer 2007 & Summer 2008. Faculty

N5302 – *Community Health*. Texas Tech University Health Sciences Center. Spring 2007.& 2008 Faculty.

Southeast Missouri State University

NS 628 – *Advanced Health Assessment*. Southeast Missouri State University Department of Nursing. Summer 1997- 2000; Course Facilitator.

NS 638 – *Primary Care I – Family Health*. Southeast Missouri State University Department of Nursing. Fall 1997-2000; Course Facilitator 1997; Co-course facilitator 1998-2000.

NS 648 – *Primary Care II – Family Health*. Southeast Missouri State University Department of Nursing. Spring 1998-2006; Course Facilitator 1998 thru 2006.

NS 639 – *Primary Care I – Family Health Practicum*. Southeast Missouri State University Department of Nursing. Fall 1997-2000; Course Facilitator 1997; Co-course facilitator 1998-2000.

NS 649 – *Primary Care II – Family Health Practicum*. Southeast Missouri State University Department of Nursing. Spring 1998-2006; Course Facilitator 1998; Co-course facilitator 1999-2006.

NS 659 – *Primary Care III – Clinical Role Practicum*. Southeast Missouri State University Department of Nursing. Spring 1998-2006; Course Facilitator 1998; Co-course facilitator 1999-2006.

NS 380 – *Health Assessment*. RN-BSN. Southeast Missouri State University Department of Nursing. Spring 1997-2006. Course Facilitator 1997-2006.

Thesis Committees

Southeast Missouri State University

Gooden, Janet (2003). *The Level of Knowledge and Confidence Possessed by Registered Nurses Toward Nurse Practitioners in Southern Illinois*. Southeast Missouri State University. Member.

McLain, Jane (1999). *Attitudes of Rural Health Care Consumers Toward Family Nurse Practitioners*. Southeast Missouri State University. Member.