**Pamela C. Towery, EdS, RD, LD**

**Business Address:** Arkansas State University College of Nursing and Health Professions PO Box 910, State University, AR 72467

**Phone:** (870)-680-8598

**E-mail:** [ptowery@astate.edu](mailto:ptowery@astate.edu)

**Education:** Mississippi University for Women, Columbus, MS

1977 EdS Secondary Education

1972 MS Home Economics

1971 Home Economics Education

**Employment:**

**April, 2011 – Present** Assistant Professor

Director, Coordinated Program in Dietetics

College of Nursing and Health Professions

Arkansas State University

**1997 – 2011** Registered Dietitian in Private Practice

The Nutrition Company, 915 – B South Main, Jonesboro, AR

Contracts for Nutrition Services:

NEA Baptist Clinic Dialysis, Jonesboro, AR

Baptist Health, Little Rock, AR

Arkansas Methodist Medical Center, Paragould, AR

Jonesboro Surgical Associates, Jonesboro, AR

US Renal Care, Paragould, AR

St. Bernard’s Medical Center, Jonesboro, AR

**1988 – 1997** Clinical Dietitian

Healthsouth Rehabilitation Hospital, Jonesboro, AR

**1988 – 1991** Clinical Dietitian

NEA Baptist Clinic, Jonesboro, AR

**1986 – 1988** Clinical Dietitian

Alvin C. York VA Medical Center, Murfreesboro, TN

**1985 – 1986**  Program Specialist, Division of Nutrition

Department of Health and Environment, Nashville, TN

**1985** WIC Nutritionist

Mississippi Department of Health, Lowndes County, MS

**1984 – 1985** Work Experience for ADA Registration

WIC Nutritionist: Mississippi Department of Health,

Monroe County, MS

Staff Dietitian: Columbus Hospital, Columbus, MS

**Professional Certification:** Registered Dietitian, Commission on Dietetic Registration

Academy of Nutrition and Dietetics, 1985 – current

Licensed Dietitian, State of Arkansas Dietetics Licensing Board

1988 – current

**Professional Affiliations:** Academy of Nutrition and Dietetics

Nutrition and Dietetics Educators and Practitioners Practice Group

of the Academy of Nutrition and Dietetics

Arkansas Academy of Nutrition and Dietetics; Board of Directors;

Nutrition Care Process Coordinator

**Professional Experiences:** Healthy Ager interdisciplinary service-learning project, Nutrition/

Dietetics component, Arkansas State University, Spring, 2013.

PepsiCo Healthy Lifestyle Innovation Research Grant:

Academy of Nutrition and Dietetics Foundation, Primary

Investigator, Award Date 11/29, 2012, $5000.

ASU Diabetes Self-Management Program: RD Services ongoing

College of Nursing & Health Professions Committees: Interdisciplinary

Activities and Assessment, Disaster Camp

ASU: Adjunct Instructor, Department of Nursing, College of

Nursing & Health Professions, Course Title: Advanced

Nutritional Concepts and Therapeutic Interventions (5+ years)

**Presentations:** “Growing Students in Global Awareness,” Poster Presentation

2013 Arkansas Dietetic Association Annual Meeting and

Exhibition, Little Rock, AR, April 4, 2013.

“Engaging Students in Active Learning,” Arkansas State

University Global Teaching Conference, Arkansas State

University, March 27, 2013.

“Portion Control - Don’t Overdo It!” Women’s Health Conference,

Cardiology Community Health Foundation. March 9, 2013.

“Eat Your Herbs,” Master Gardener Training, Craighead County

Cooperative Extension Service, January 26, 2013.

“Nutritional Management in Chronic Renal Failure,” Food

and Nutrition Services, Arkansas Methodist Medical Center,

November 29, 2012.

“Diabetes Meal Planning and Carbohydrate Counting,” Diabetes

Update for the Health Care Provider Workshop, May 9, 2012.

“Lighten up Your Shopping Cart,” “Healthy Shopping on a

Budget, ASU Employee Health & Wellness, Nutrition Month

Webinars, March 2012.

“Making the Move: From Practitioner to Educator,” 3rd Annual

Online & Distance Education Regional Conference,

Interactive Teaching and Technology Center, Arkansas State

University, September 30, 2011.

“Sensitive to Food: Allergy or Intolerance?” and “Healthy Eating:

Resources for Parents.” 41st Annual Statewide Early Childhood

Education Conference, Childhood Services, Arkansas State

University, August 8 – 10, 2011.

**Community Service:** Community Health Fair, Harrisburg, AR, April 25, 2013

ASU Care Health Fair, October 27, 2012

Heart and Sole, Cardiology Community Healthcare Foundation,

ASU College of Nursing and Health Professions Team,

September 29, 2012

Kids’ Eat Right Campaign Volunteer, Academy of Nutrition

and Dietetics

Diabetes Lecture Series: Nutrition Management, 11/16/2011

ASU Department of Wellness and Health Promotion

Women’s Discovery Center volunteer

Cooperative Extension Service, Craighead County, volunteer Program Presenter: clinical/community nutrition, worksite

wellness, stress management, child nutrition

Tour Guide: The Nutrition Company’s Supermarket Tour