

**Volleyball Captain’s Quiz**

**Arkansas State University**

**Make sure that all of your teammates have been added to the team roster prior to the first game! All participants will be required to present a valid student ID at each game!**

**All quizzes must be turned in to the Intramural Office (107) in the Red W.O.L.F. Center before your team will be approved to play!**

1. What is the time limit for an individual match?
   1. 30 Minute Max
   2. Best 2 out of 3
   3. Both a and b
2. In what direction must a team rotate?
3. Clockwise
4. Counter-clockwise
5. If necessary, what is the third and final game played to?
6. 10
7. 12
8. 15
9. When can a team substitute?
10. When Play is Stopped
11. When an Umpire Acknowledges Substitution
12. Both a and b
13. Please name two illegal actions in regards to the net.

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1. How many timeouts does each team receive during a game?
2. 1
3. 2
4. 3
5. 0
6. Please describe the rule for legal contact of the volleyball.

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1. How many times is a team allowed to hit the ball before sending it back over the net?
2. 1
3. 2
4. 3
5. 4
6. The ball is allowed to be kicked only when the foot is in contact with the floor.
7. True
8. False
9. What is the ball allowed to be played off of?

1. Net
2. Anything on the Side of the Court Where the Ball was Last Hit
3. Both a and b

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_